


ANESTEZIE U CÍSAŘSKÉHO ŘEZU



Takhle to
dělám já ...
a vím proč.

JAN BLÁHA
KLINIKA ANESTEZIOLOGIE, RESUSCITACE A INTENZIVNÍ MEDICÍNY



1. LÉKAŘSKÁ
FAKULTA
Univerzita Karlova



VŠEOBECNÁ FAKULTNÍ
NEMOCNICE V PRAZE

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AKUTNÍ nebo **AKUTNÍ!** ?

- bradykardie plodu
- prolaps pupečníku
- masivní krvácení
- eklampsie
- ...

THE ASPIRATION OF STOMACH CONTENTS INTO THE LUNGS DURING OBSTETRIC ANESTHESIA*

CURTIS L. MENDELSON, M.D., NEW YORK, N. Y.

(From the Department of Obstetrics and Gynecology, Cornell University Medical College and New York Hospital)

Summary

Sixty-six cases of aspiration of stomach contents into the lungs during obstetric anesthesia are analyzed. The incidence of this complication is 0.15 per cent in 44,016 pregnancies at the New York Lying-In Hospital from 1932 to 1945.

Am J Obstet Gynecol 1945;49:554-66.

Table 7 Reported incidence of aspiration in obstetric and general surgical populations

Study	No. of cases	Patient group characteristics	Incidence of aspiration [no. of cases]
This study	1870	Obstetric; peripartum; nonintubated	0.053% [1]
Kranz & Edwards [3]	37 282	Obstetric; vaginal delivery; nonintubated	0.013% [5]
Kranz & Edwards [3]	3076	Obstetric; Caesarean section; intubated	0.228% [7]
Olsson <i>et al.</i> [2]	2643	Obstetric; Caesarean section; intubated	0.15% [4]
Olsson <i>et al.</i> [2]	111 215	General surgery; nonintubated	0.018% [20]
Olsson <i>et al.</i> [2]	74 143	General surgery; intubated	0.085% [63]
Cohen <i>et al.</i> [5]	112 000	General surgery; intubated and nonintubated	0.064% [72]
Kallar [6]	529 150	Outpatients; intubated and nonintubated	0.017% [90]
Warner <i>et al.</i> [4]	13 427	General surgery; emergency	0.112% [15]
Warner <i>et al.</i> [4]	202 061	General surgery; elective	0.0257% [52]

Ezri *et al.* Anaesthesia 2000; 55:421-426

Forum

An evaluation of gastric emptying times in pregnancy and the puerperium

E. M. Whitehead,* BSc, FFARCS, Research Registrar, M. Smith,† MB, BS, FFARCS, Y. Dean, MB, BS, FRCA, Senior Registrars, G. O'Sullivan, MD, FFARCS, Consultant Anaesthetist, St Thomas' Hospital, Lambeth Palace Road, London SE1 7EH.

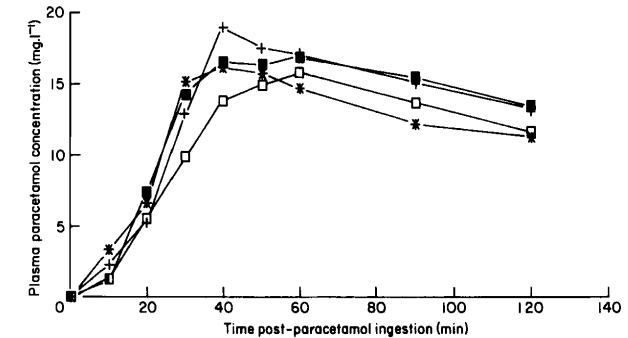


Fig. 1. Plasma paracetamol concentration vs time postparacetamol ingestion for the control (■), first (+), second (*) and third (□) trimester groups. Plasma paracetamol concentrations are expressed as median values.

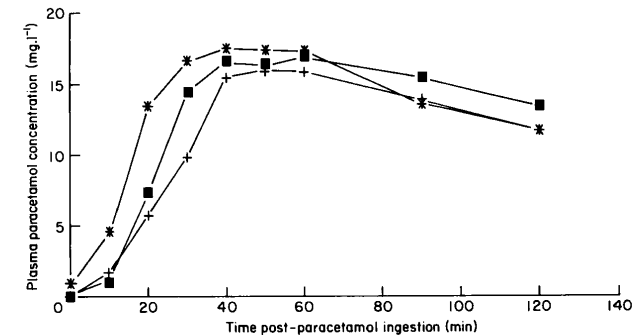


Fig. 2. Plasma paracetamol concentration vs time postparacetamol ingestion for the control group (■) and 30 females during the third trimester of pregnancy (+) and postdelivery between 18 and 48 h (*). Plasma paracetamol concentrations are expressed as median values.



Všeobecná fakultní nemocnice v Praze
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Formulář
F-KARIM-044

Strana 1 z 2
Verze číslo: 2

POROD Z POHLEDU ANESTEZIOLOGA – INFORMACE PRO RODIČKY

PLÁNOVANÝ CÍSAŘSKÝ ŘEZ

V případech, kdy je jasné, že porod nebude veden spontánně, provádí se plánovaný císařský řez. Rodička je na něj předem připravena. Má kompletní předoperační vyšetření, je poučena o nutnosti lačnění, dostane léky snižující riziko komplikací během operace. Vyplní *Anesteziologický dotazník (F-KARIM-049)* a podepíše *Informovaný souhlas s anestezií a následnou poanestetickou péčí (IS-KARIM-001)*.

Jídlo a pití před operací:

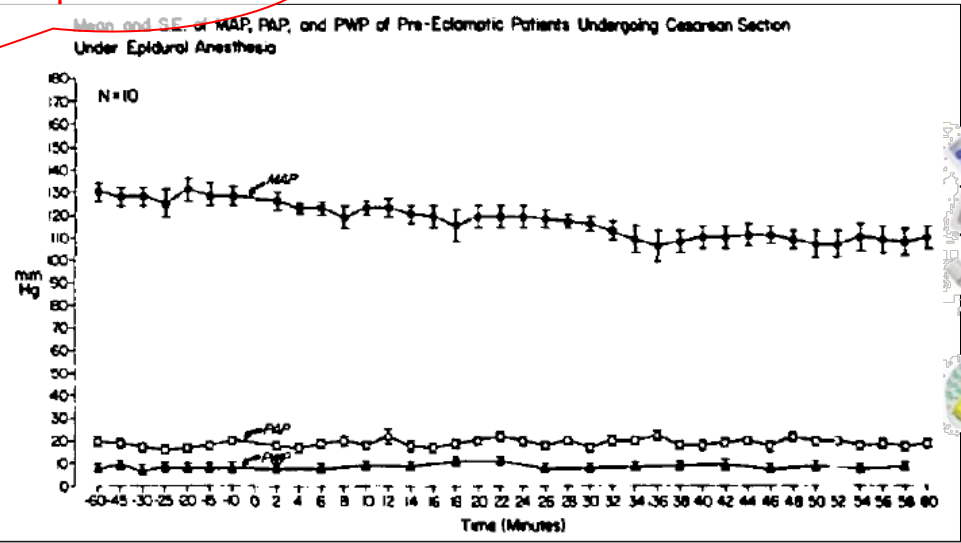
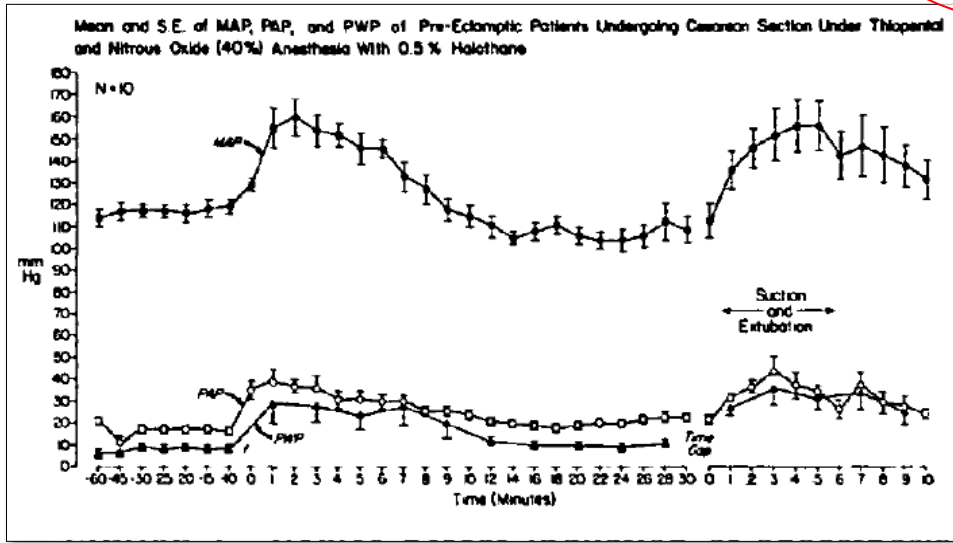
Den před výkonem rodička jí a pije normálně, a to až do půlnoci. Pokud se s anesteziologem nedohodne jinak, od **03:00** by již neměla jíst, především nesnídat. Pít může rodička volně do 6 hodin ráno, poté již jen po malých doušcích maximálně 200 ml v průběhu každé celé hodiny. Doporučuje se čistá voda, nesycená minerálka, slabý čaj. Tekutiny mohou být ochucené, sladké, je možno si ráno dát i kávu s mlékem. V žádném případě nepít sycené („bublinkové“) vody, kyselé džusy, mléko.

Ostatní příprava:

Ráno před operací, po příjmu na porodní sál, je rodičce podána tableta ranitidinu a tableta metoklopramidu, oboje pro prevenci zvracení a snížení kyselosti žaludečního obsahu.

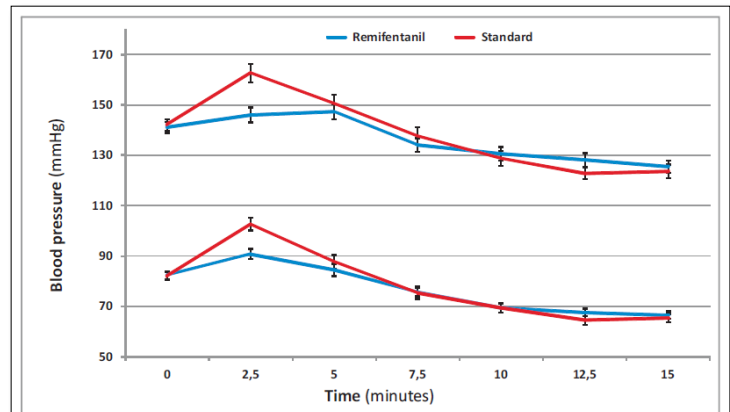
Jasný rozdíl je v stresové hemodynamické odpovědi !!!

Hodkinson et al. Can J Anesth 1980 27: 389-394.

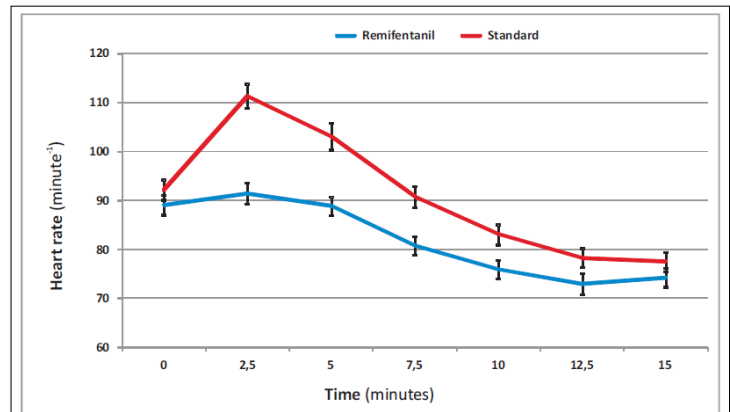


remifentanil

1 µg/kg před úvodem do celkové anestezie



Graph 1: Blood pressure changes (systolic, diastolic). Data are shown as means±SEM.



Graph 2: Heart rate changes. Data are shown as means±SEM.

Nosková, Bláha et al. BMC Anesthesiology 2015



INTUBACE

INCIZE

„REVIZE“ BŘICHA

XXIX.
kongres České společnosti
anesteziologie, resuscitace
a intenzivní medicíny



5.-7. října 2023

CLARION CONGRESS HOTEL PRAGUE

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Čas podání relaxace!

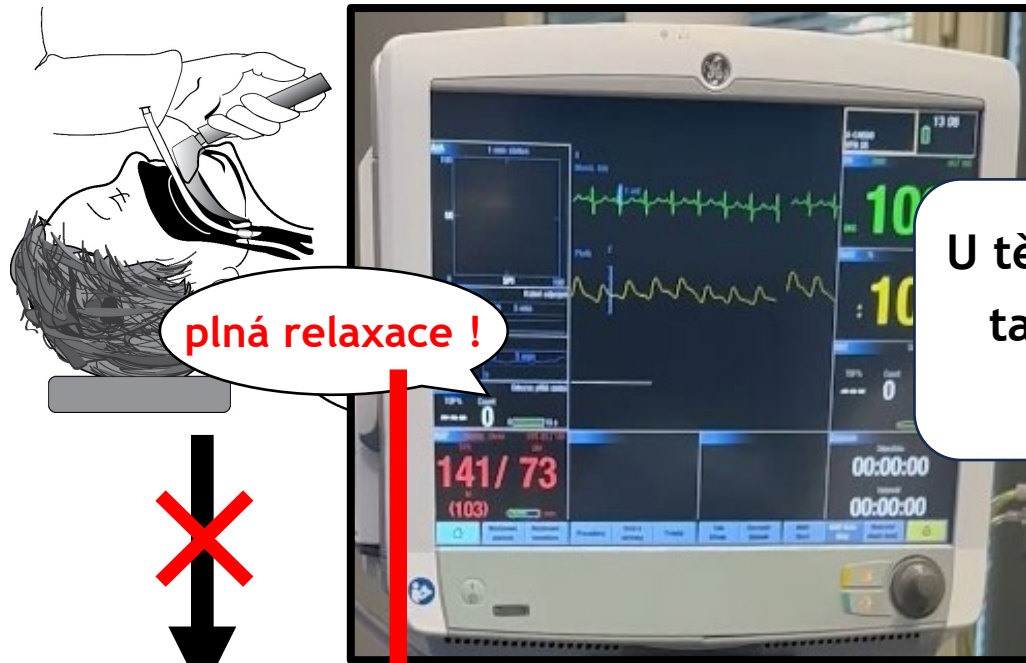
Na nástup účinku relaxace!





Na nástup účinku relaxace!





plná relaxace !

U těhotné je 10x vyšší riziko obtížné intubace, tak si musíme vytvořit optimální podmínky, a ne nedostatečné!



Onset

Stop surgery



Begin anesthesia administration

Surgical anesthesia begins

Stop anesthesia administration

Begin anesthesia administration

Stop anesthesia administration

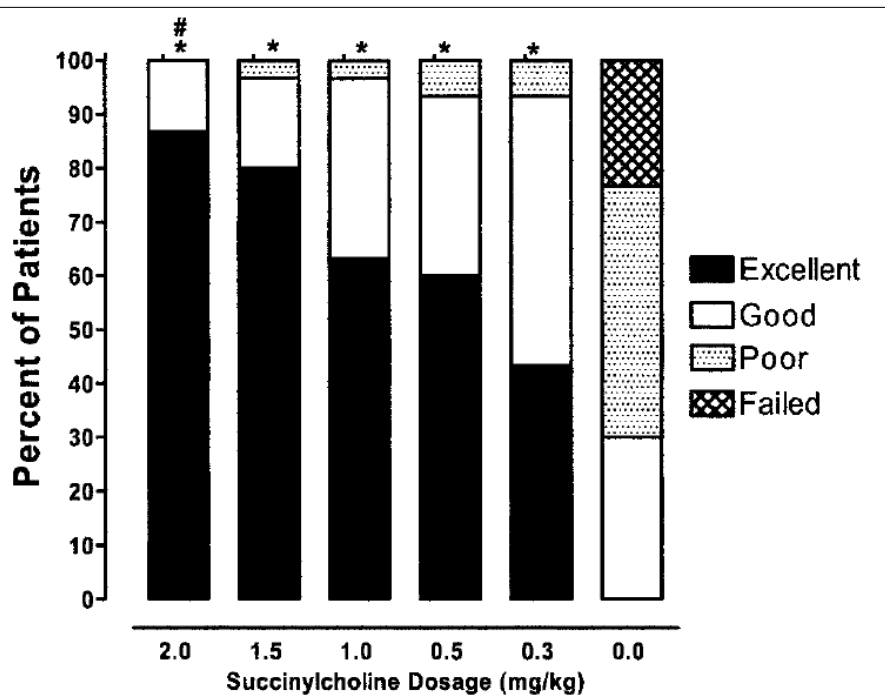


Figure 1. Intubating conditions with different doses of succinylcholine ($n = 30$ in each group). The incidence of excellent intubating conditions was significantly more frequent ($*P < 0.001$) in patients receiving succinylcholine than in those of the control group and in the 2.0 mg/kg succinylcholine group ($\#P < 0.05$) than in the 0.3 mg/kg succinylcholine group (Kruskal-Wallis test for multiple comparisons).



Table 3. Onset Times and Durations of Neuromuscular Block

Succinylcholine dose (mg/kg)	Onset time(s)	Duration of block (min)	<i>n</i>
0.3	72 ± 30	4.4 ± 1.4	13
0.5	68 ± 44	5.2 ± 1.8	27
1.0	53 ± 23	5.9 ± 1.9†	30
1.5	56 ± 31	7.2 ± 2*	30
2.0	52 ± 21	7.5 ± 1.7*	30

Values are means ± SD.
 $*P < 0.01$ versus succinylcholine 0.3, 0.5, and 1.0 mg/kg groups; $\dagger P < 0.05$ versus succinylcholine 0.3 mg/kg group.

Doba nástupu účinku i čas do intubace jsou na dávce závislé !

Naguib M et al. Anesth Analg 2006;102:151-5

TABLE 24-1 COMMON WEIGHT SCALARS

Name	Equations
Ideal body weight	Male: 50 kg + 2.3 kg for each 2.54 cm (1 in) over 152 cm (5 ft) Female: 45.5 kg + 2.3 kg for each 2.54 cm (1 in) over 152 cm (5 ft)
Lean body mass	Male: $1.1 \times TBW - 128 \times (TBW \div Ht)^2$ Female: $1.07 \times TBW - 148 \times (TBW \div Ht)^2$
Fat free mass ³⁵	Male: $(9.27 \times 10^3 \times TBW) \div (6.68 \times 10^3 + 216 \times BMI)$ Female: $(9.27 \times 10^3 \times TBW) \div (8.78 \times 10^3 + 244 \times BMI)$
Pharmacokinetic mass ^{36,37}	$52 \div [1 + (196.4 \times e^{-0.025 \times TBW} - 53.66) \div 100]$ (fentanyl only)
Corrected body weight ^{38,39}	$IBW + 0.4 \times (TBW - IBW)$

BMI, Body mass index; FFM, fat-free mass; Ht, height in centimeters; IBW, ideal body weight; LBM, lean body mass; MFFM, modified fat-free mass; TBW, total body weight in kg.

*The dose/kg using IBW, TBW, or FFM in an obese person are all less than the dose/kg using TBW in a nonobese patient.

TABLE 24-2 DOSING WEIGHTS BASED ON VARIOUS DOSING SCALARS

Dosing Scalar	176-cm (6-ft) Male	
	68 kg (BMI = 22)	185 kg (BMI = 66)
Total body weight (TBW)	68	185
Ideal body weight (IBW)	71	71
Lean body mass (LBM)	55	62
Fat-free mass (FFM)	55	87
Corrected body weight (CBW)	68	115

MI, Body mass index (kg/m²)

Table 2.1 Utilization of total body weight (TBW), lean body weight (LBW) or ideal body weight (IBW) to calculate dosing schemes in morbidly obese patients

Drug	Recommended dosing	References ^a
Propofol	Induction: IBW Induction: LBW assessed by BIA Maintenance: TBW or IBW + 0.4 excess weight	Kirby. <i>Anaesthesia</i> 1987; 42:1125–1126 Ingrande. <i>Anesth Analg</i> 2011; 113:57–62 Servin. <i>Anesthesiology</i> 1993; 78:657–665 Albertin. <i>Br J Anaesth</i> 2007; 98:66–75
Thiopental	7.5 mg/kg IBW TBW	Buckley. <i>Can J Anaesth</i> 1994; 41:R94–R100 Jung. <i>Anesthesiology</i> 1982; 56:269–274
Midazolam	TBW for initial dose IBW for continuous dose	Greenblatt. <i>Anesthesiology</i> 1984; 61:27–35 Reves. <i>Anesthesiology</i> 1985; 62:310–324
Vecoronium	IBW	Weinstein. <i>Anesth Analg</i> 1988; 67:1149–1153
Cisatracurium	TBW IBW	Kirkegaard-Nielsen. <i>Anesth Analg</i> 1996; 83:1076–1080 Leykin. <i>Anesth Analg</i> 2004; 99:1090–1094
Rocuronium	IBW	Leykin. <i>Anesth Analg</i> 2004; 99:1086–1089
Succinylcholine	TBW	Bentley. <i>Anesthesiology</i> 1982; 57:48–49
Neostigmine	TBW	Kirkegaard-Nielsen. <i>Can J Anaesth</i> 1998; 45:39–41
Suggamadex	IBW + 40% excess weight	Van Lancker. <i>Anaesthesia</i> 2011; 66:721–725
Alfentanil	IBW or corrected weight TBW	Bentley. <i>Anesth Analg</i> 1983; 62:245–262 Salihoglu. <i>EJA</i> 2002; 19:125–128 Maitre. <i>Anesthesiology</i> 1987; 66:3–12
Fentanyl	TBW Corrected weight = $IBW + (0.4 \times \text{excess weight})$ pharmacokinetic mass = $52/[1 + (196.4 \times e^{-0.025 \times TBW} - 53.66)/100]$	Bentley. <i>Anesth Analg</i> 1981; 60:548–551 Salihoglu. <i>EJA</i> 2002; 19:125–128 Shibutani. <i>Anesthesiology</i> 2004; 101: 603–613
Sufentanil	TBW Corrected weight BMI >40	Schwartz. <i>Anesth Analg</i> 1991; 73:790–793 Slepchenko. <i>Anesthesiology</i> 2003; 98:65–73
Remifentanil	LBM (James equation) LBM (Janmahasatian equation)	Egan. <i>Anesthesiology</i> 1998; 89:562–573 La Colla. <i>Clin Pharmacokinet</i> 2010; 49:131–139
Morphine	IBW	Choi. <i>Obes Surg</i> 2000; 10:154–159
Paracetamol	IBW	Lee. <i>J Clin Pharmacol</i> 1981; 21: 284–287

^a First author, journal abbreviation, year of publication, volume, pages



ELSEVIER

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ORIGINAL ARTICLE

Surgical conditions with rocuronium versus suxamethonium in cesarean section: a randomized trial

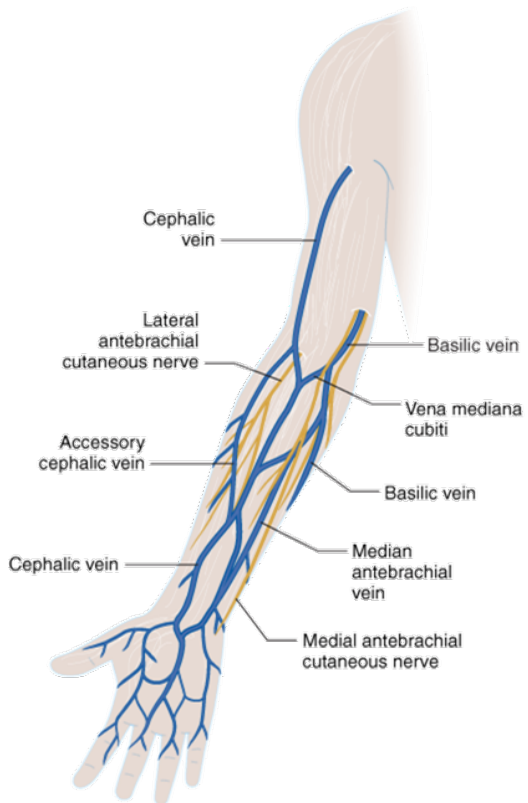
J. Bláha,^{a,†} P. Nosková,^{a,†} K. Hlinecká,^b V. Krakovská,^c V. Fundová,^a T. Bartošová,^a
P. Michálek,^a M. Stříteský^a

Čas nástupu účinku sukcinylu je alespoň 50-60 sec!

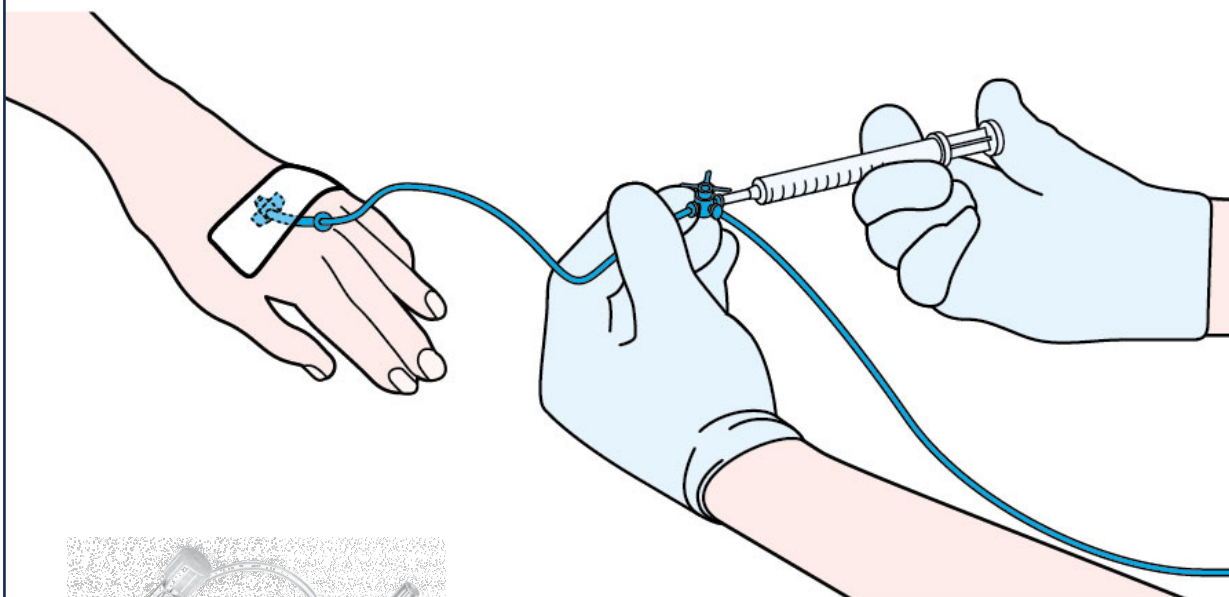
Table 2 Times from induction of anesthesia to end of surgery; and induction characteristics.

	Rocuronium group		Suxamethonium group		Difference in means	P-value
	Mean	Median	mean	median		
Induction – delivery interval (s)	268.4 (72.9)	265 (223–330)	275.6 (63.4)	267 (239–400)	–7.2 (–39.5 to 19.3)	0.62
Induction – intubation interval (s)	105.8 (33.7)	108 (77–134)	67.6 (32.1)	63 (50–123)	38.2 (24.4 to 52.0)	<0.001
Incision – delivery interval (s)	146.6 (68.3)	130 (99–179)	196.2 (50.7)	201 (167–277)	–49.7 (–74.8 to –24.4)	0.0002
Intubation – incision interval (min)	15.8 (6.9)	15 (4–43)	11.7 (6.4)	10 (3–29)	4.1 (0.4 to 7.8)	0.061
Length of surgery (min)	39.3 (8.9)	39 (27–53)	39.4 (9.6)	38 (26–54)	0.1 (–4.0 to 3.8)	0.976
End of surgery to extubation (min)	5.2 (4.6)	4 (0–13)	8.8 (5.8)	8 (2–19)	–3.5 (–5.8 to 1.4)	0.002
SRSD (points)	3.73 (0.53)	4 (3–5)	2.77 (0.55)	3 (2–4)	1.0 (–0.01 to 0.20)	<0.001
Blood loss (mL)	533 (76)	500 (500–600)	538 (98)	500 (500–650)	–5 (–38 to 28)	0.859
Thiopental (mg/kg)	4.7 (0.16)	4.7 (4.5–5.1)	4.7 (0.21)	4.7 (4.5–5.3)		0.471
Muscle relaxant dose (mL/kg)	0.092 (0.01)	0.093 (0.090–0.106)	0.095 (0.00)	0.094 (0.09–0.106)		0.072
Muscle relaxant dose (mg/kg)	0.55 (0.05)	0.56 (0.54–0.65)	0.95 (0.04)	0.94 (0.9–0.11)		0.177

Data are presented as mean (SD) or median (range). Difference between the groups is expressed as median (95% confidence interval). SRSD: Surgical rating scale for delivery.

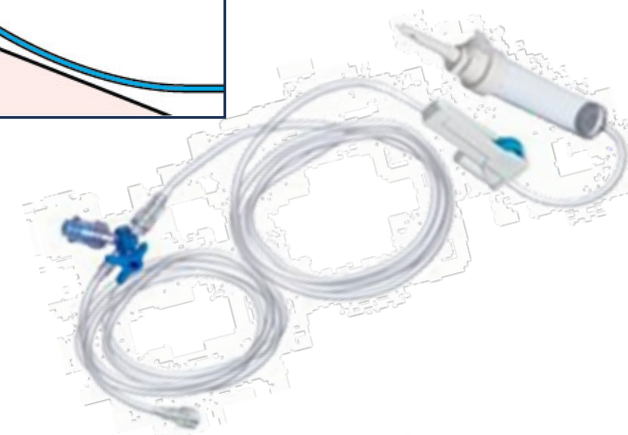
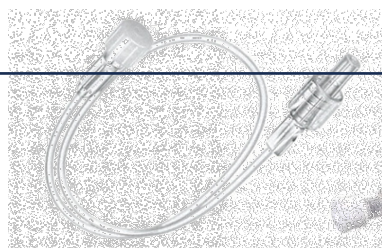


Doba nástupu účinku myorelaxancia závisí ale i na způsobu aplikace !!

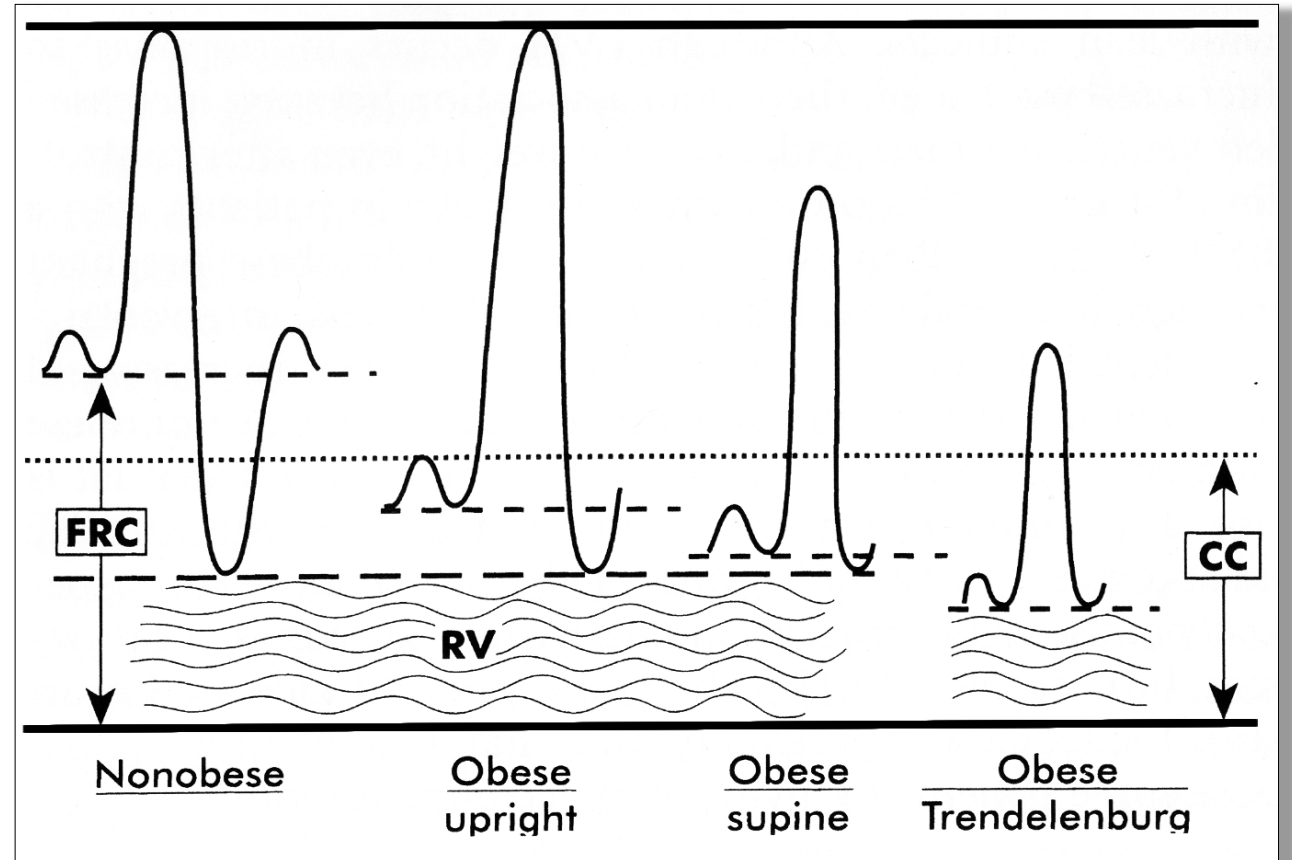
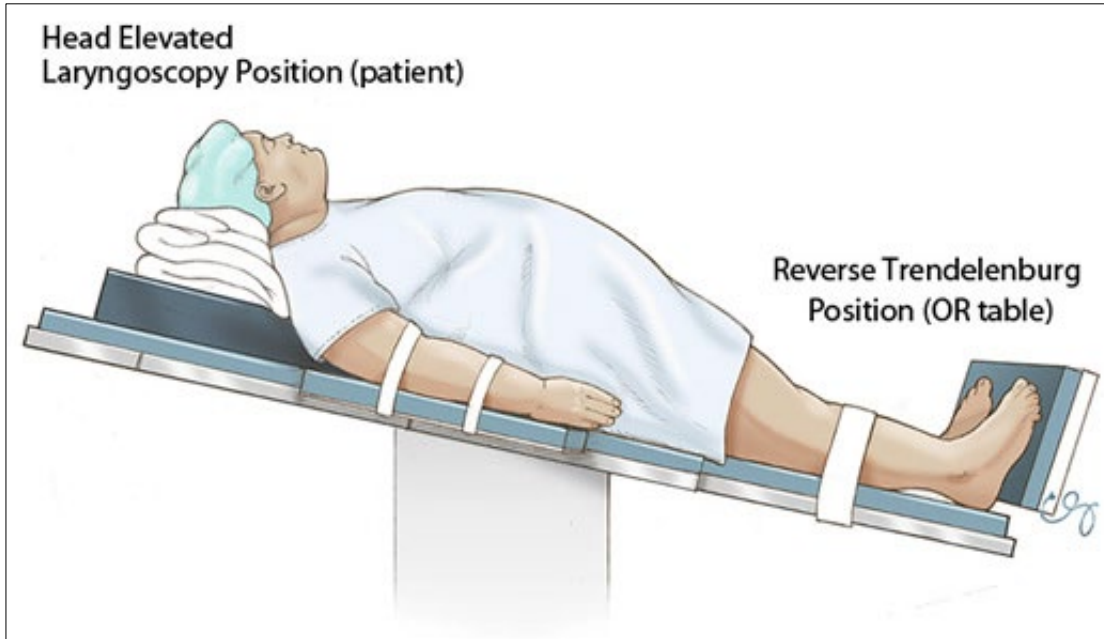


IV CATHETER SIZES AND FLOW RATES

ORANGE	14G				240 ML/MIN 1 LITER = 4 MINUTES
GRAY	16G				180 ML/MIN 1 LITER = 5.5 MINUTES
GREEN	18G				90 ML/MIN 1 LITER = 11 MINUTES
PINK	20G				60 ML/MIN 1 LITER = 17 MINUTES
BLUE	22G				36 ML/MIN 1 LITER = 28 MINUTES
YELLOW	24G				20 ML/MIN 1 LITER = 50 MINUTES
VIOLET	26G				13 ML/MIN 1 LITER = 77 MINUTES



EFFECT OF POSITION ON LUNG VOLUMES



In Brown BR, editor. *Anesthesia and the Obese Patient*. Philadelphia, FA Davis 1082:26.



THE LANCET

Preliminary Communications

CRICOID PRESSURE TO CONTROL REGURGITATION OF STOMACH CONTENTS DURING INDUCTION OF ANÆSTHESIA

WHEN the contents of stomach or œsophagus gain access to the air-passages during anæsthesia the consequences are disastrous. In spite of modern anæsthetic techniques—or sometimes, regrettably, because of them—regurgitation is still a considerable hazard during the induction of anæsthesia, particularly for operative obstetrics and emergency general surgery.¹⁻⁸

By a simple manœuvre during induction of anæsthesia, regurgitation of gastric or œsophageal contents can be controlled until intubation with a cuffed endotracheal tube is completed. The same manœuvre may also be used to prevent inflation of the stomach (a potent cause of regurgitation) resulting from positive-pressure ventilation

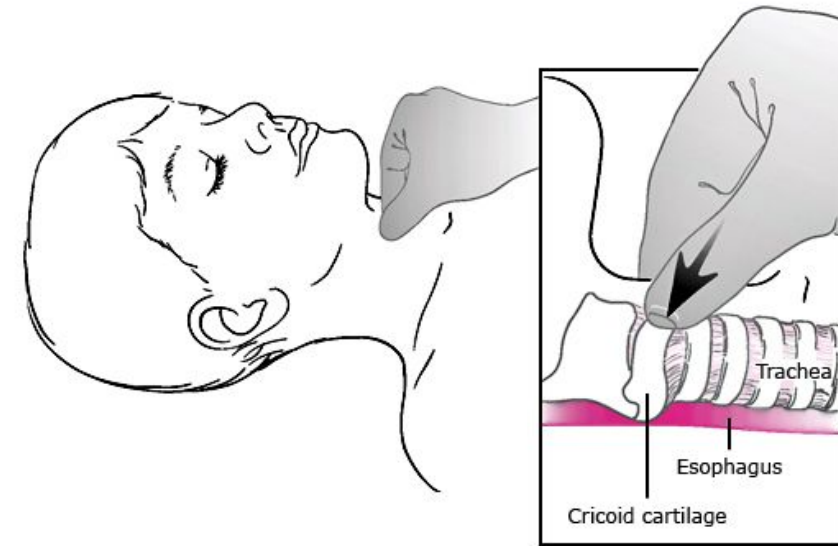
1. De Lee, J. B., Greenhill, J. P. Principles and Practice of Obstetrics; p. 255. Philadelphia, 1951.
2. Mendelson, C. L. *Amer. J. Obstet. Gynec.* 1946, **52**, 191.
3. Morton, H. J. V., Wylie, W. D. *Anæsthesia*, 1951, **6**, 190.
4. Coleman, D. J., Day, B. L. *Lancet*, 1956, **i**, 708.
5. Edwards, G., Morton, H. J. V., et al. *Anæsthesia*, 1956, **ii**, 194.
6. *Lancet*, 1956, **i**, 734.
7. *Rep. Publ. Hlth med. Subj., Lond.* no. 97, 1957.
8. Reports on Confidential Enquiries into Maternal Deaths in England and Wales, 1952-54 and 1955-57. H.M. Stationery Office



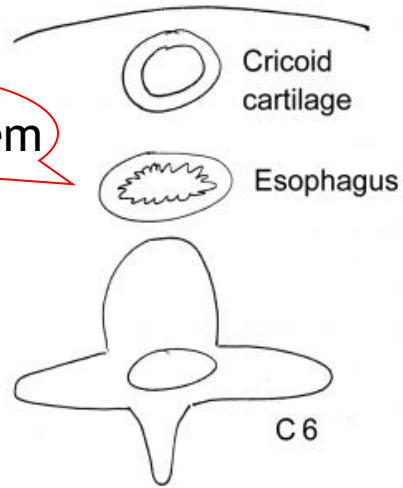
Sellick B. The Lancet 1961;2:404



Teorie je jasná...



před Sellickem



se Sellickem

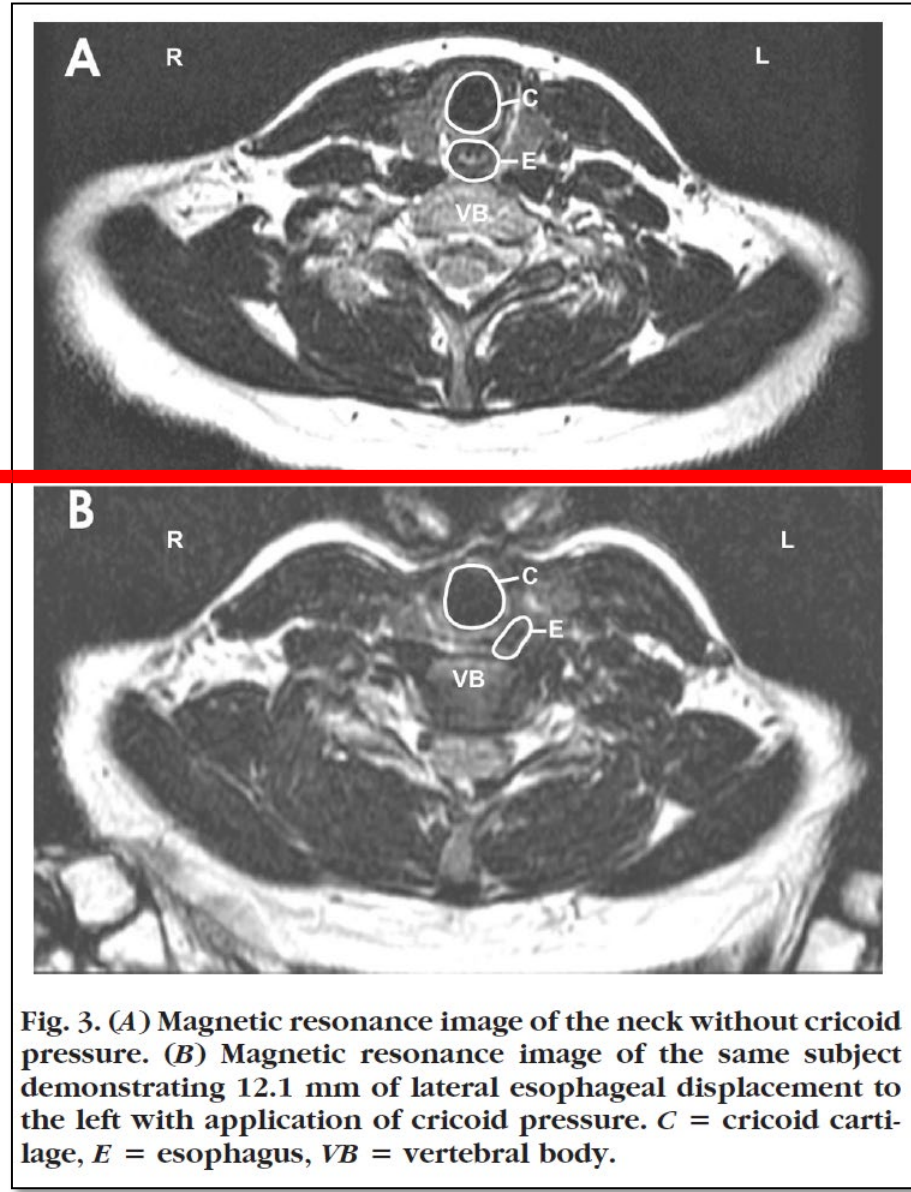
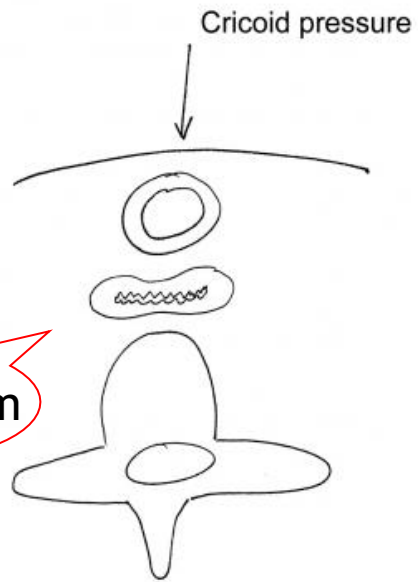
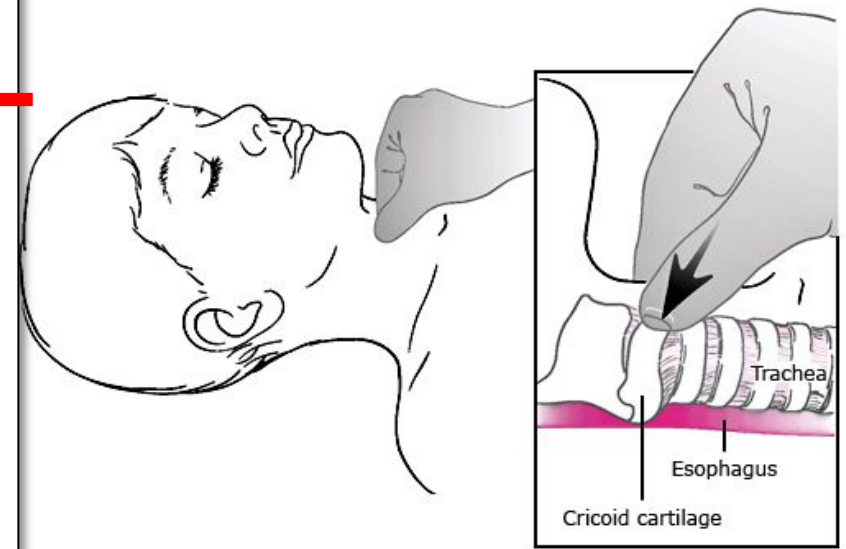
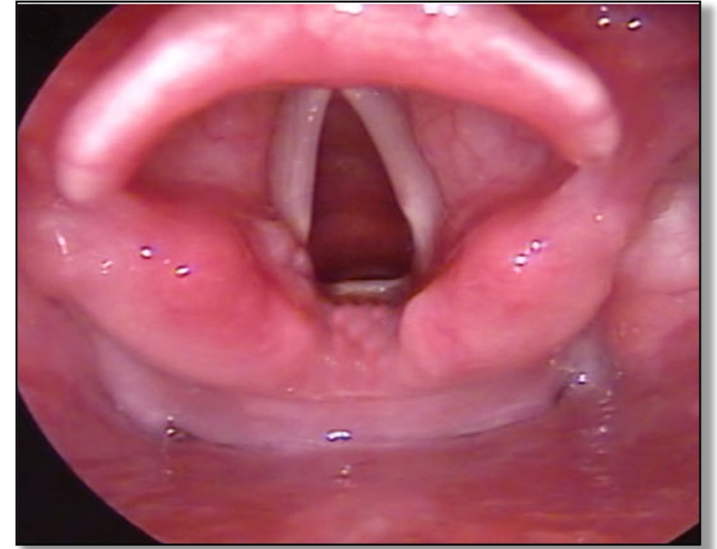
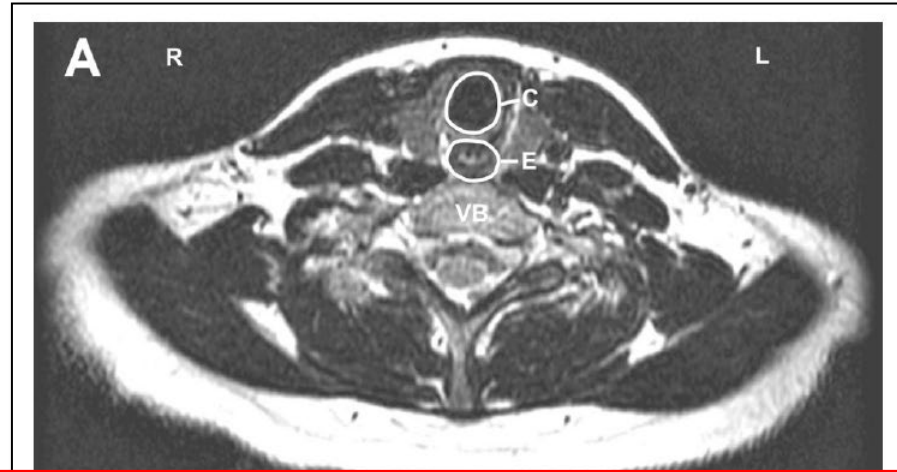
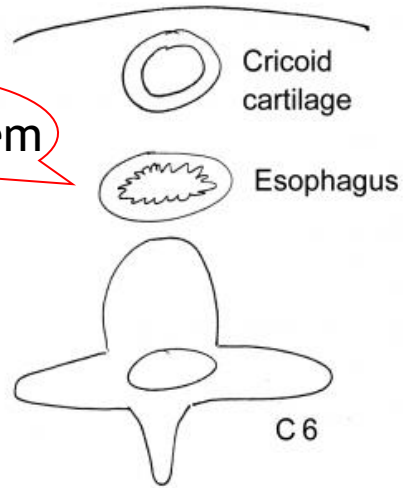


Fig. 3. (A) Magnetic resonance image of the neck without cricoid pressure. (B) Magnetic resonance image of the same subject demonstrating 12.1 mm of lateral esophageal displacement to the left with application of cricoid pressure. C = cricoid cartilage, E = esophagus, VB = vertebral body.



Teorie je jasná...

před Sellickem



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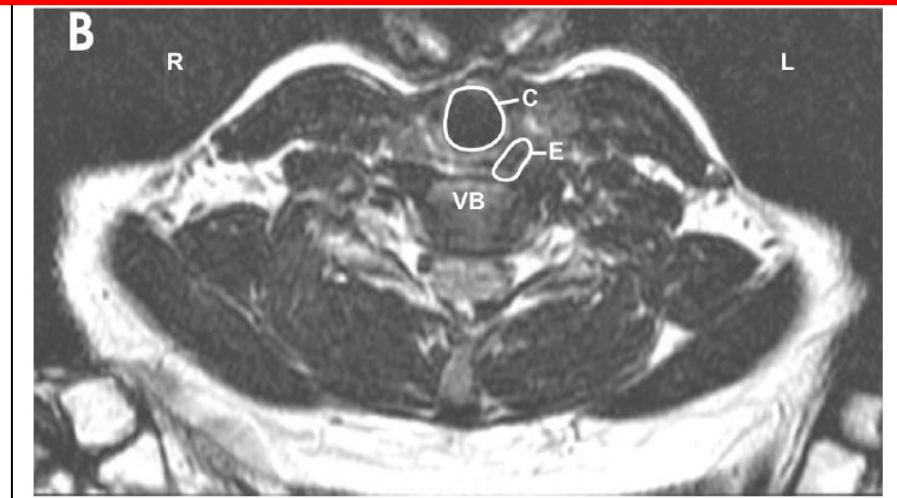
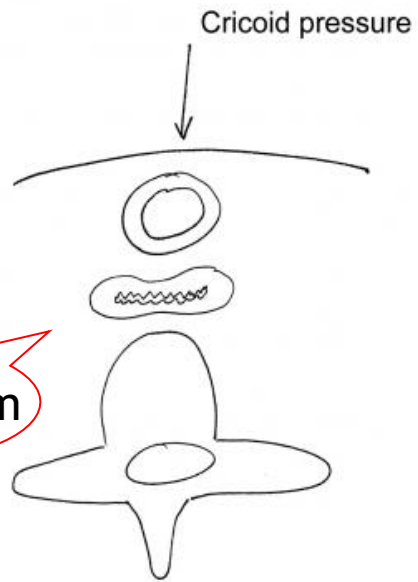
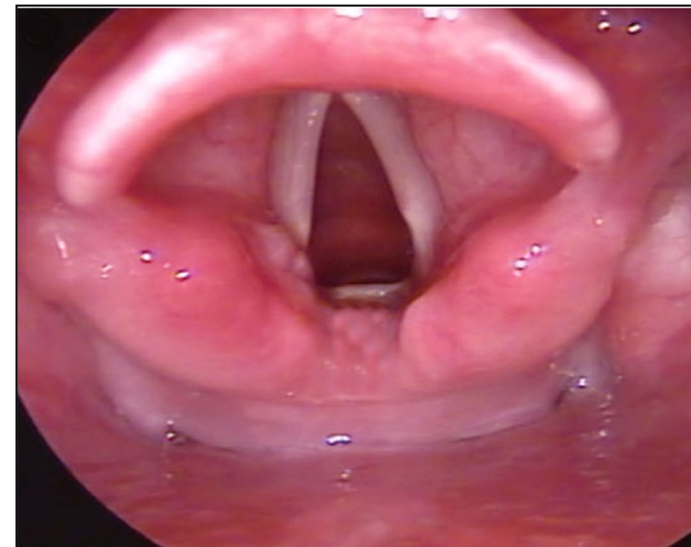
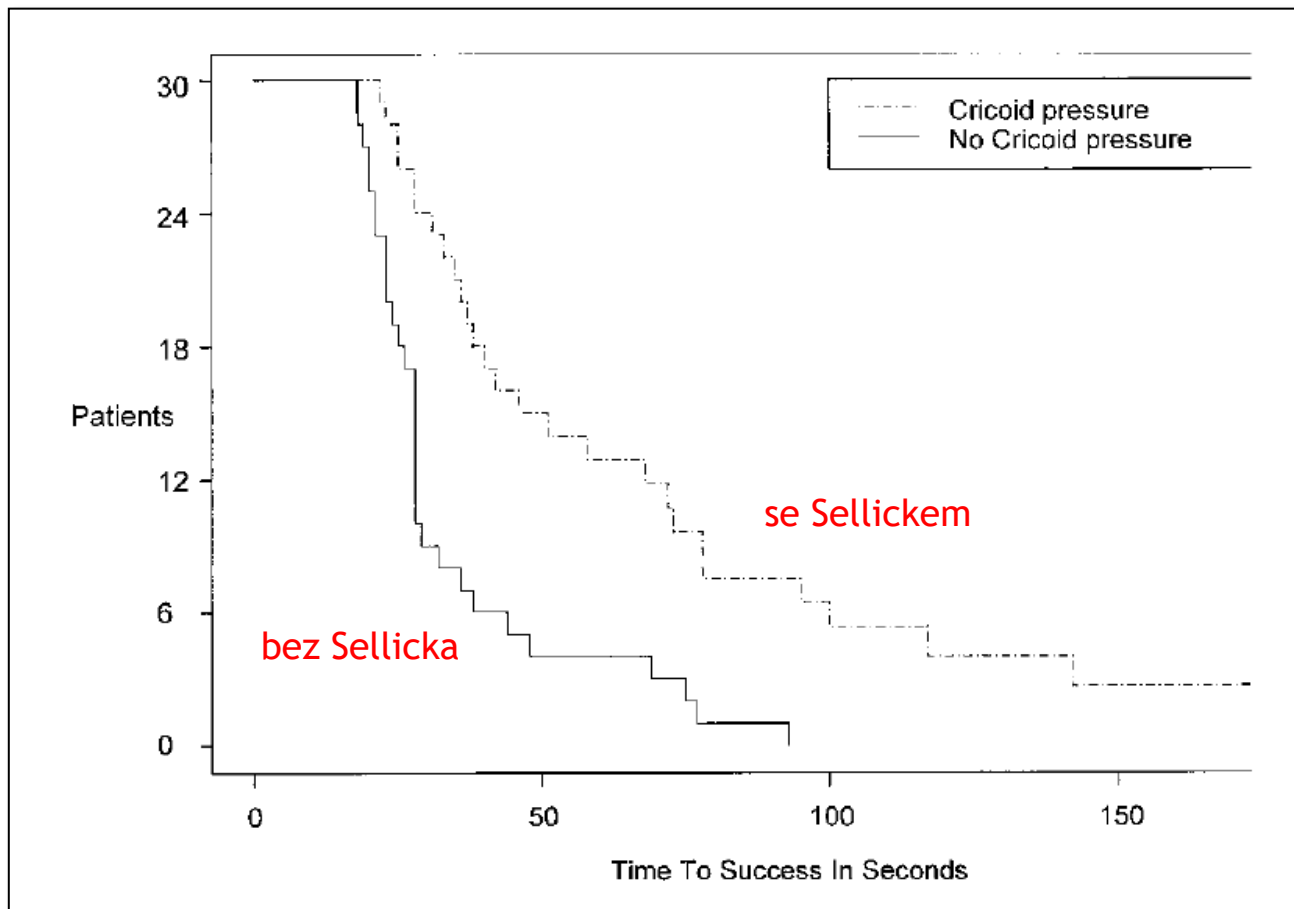


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Smith KJ et al. *Anesthesiology* 2003; 99:60-4
 Rice et al. *Anesth Analg* 2009;109:1546-52
 Haslam et al. *Anaesthesia* 2005; 60: 41-47

Effect of Cricoid Pressure on the Success of Endotracheal Intubation with a Lightwand

R. Eric Hodgson, M.B., Ch.B.(Hons.), F.C.A.(S.A.)(Crit. Care),* P. Dean Gopalan, M.B., Ch.B., F.C.A.(S.A.),* Richard C. Burrows, M.B., Ch.B., F.C.A.(S.A.)(Crit. Care),† Khangelani Zuma, M.Sc.‡



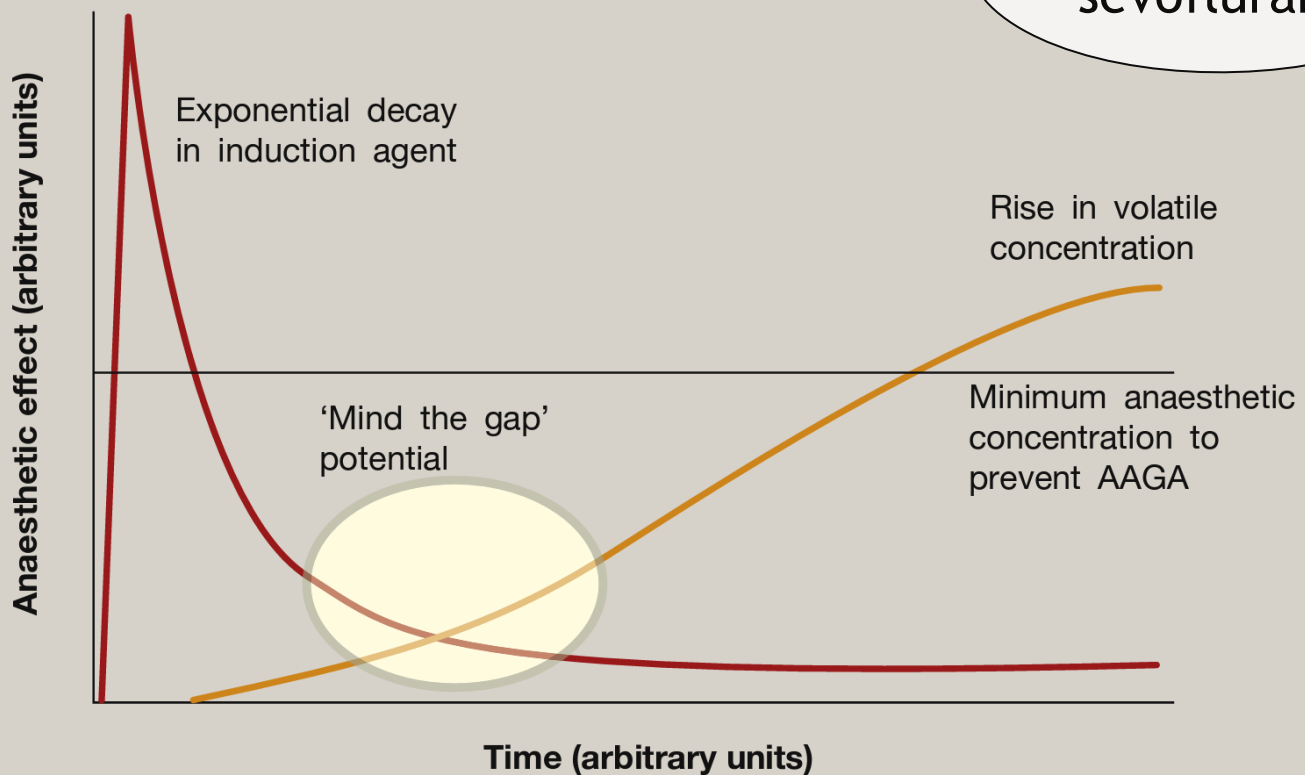
Hodgson. Anesthesiology 2001; 94:259-62

Smith KJ et al. Anesthesiology 2003; 99:60-4

Rice et al. Anesth Analg 2009;109:1546-52

Haslam et al. Anaesthesia 2005; 60: 41-47

Depth of anaesthesia 'gap'



A hned pustit sevofluran !



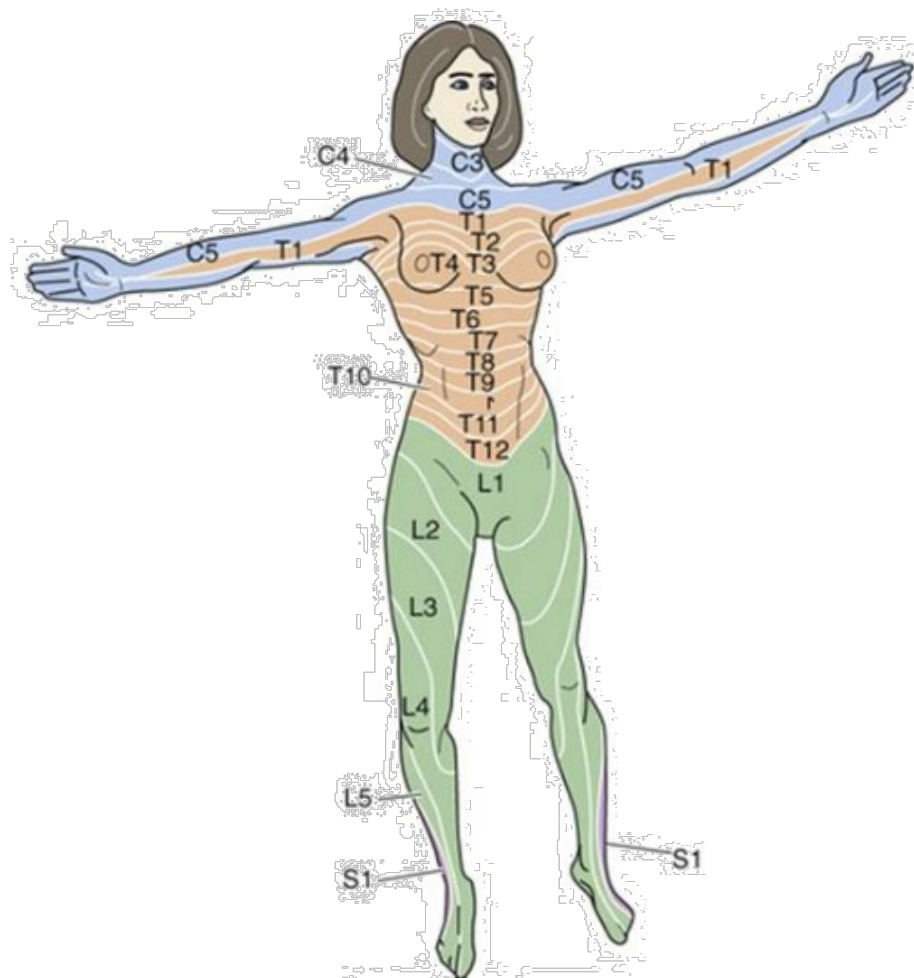
Dean Ch. RoyalCollegeofAnaesthetistsCPDMatrix:1A02,1E06,2A03



Prodýchávání maskou u sekce?

A PROČ NE?

jan.blaha@vfn.cz



Potřebný rozsah znecitlivění: až **Th₅₋₆**



midazolam

efedrin

27G

„normální hrot“

zavaděč

fenylefrin

stříkačka 2 ml

inzulinka

heavy bupivacain 0,5%

“Atraumatic” Sprotte needle reduces the incidence of post-lumbar puncture headaches

Article abstract—Post-lumbar puncture headache (PLPH) is best explained by spinal fluid leakage due to delayed closure of a dural defect. In a prospective, randomized, double-blind study, taking into consideration all known methodological problems, the authors compared the incidence of PLPH using the “atraumatic” Sprotte needle vs the “traumatic” Quincke needle. Of the 230 patients included in the final analysis, 24.4% of patients in the “traumatic” group developed PLPH, whereas only 12.2% of patients in the “atraumatic” group did ($p < 0.05$). Therefore, use of the “atraumatic” Sprotte needle for lumbar puncture is recommended.

NEUROLOGY 2001;57:2310–2312

M. Strupp, MD; O. Schueler, MD; A. Straube, MD; S. Von Stuckrad-Barre; and T. Brandt, MD, FRCP

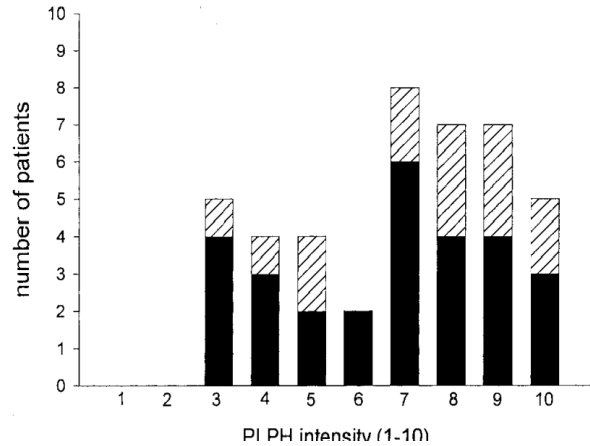


Figure 2. Intensity of the post-lumbar puncture headaches (PLPH). The complaints of the patients (mainly headache) were graded from 0 (no complaints) to 10 (major complaints). The mean value of the intensity of complaints (\pm SD) of the patients with the “traumatic needle” was 6.4 ± 2.3 ($n = 28$); it was 7.5 ± 2.2 for the patients with the “atraumatic needle” ($n = 14$), i.e., not significantly different. ■ = “traumatic needle”; ▨ = “atraumatic needle.”

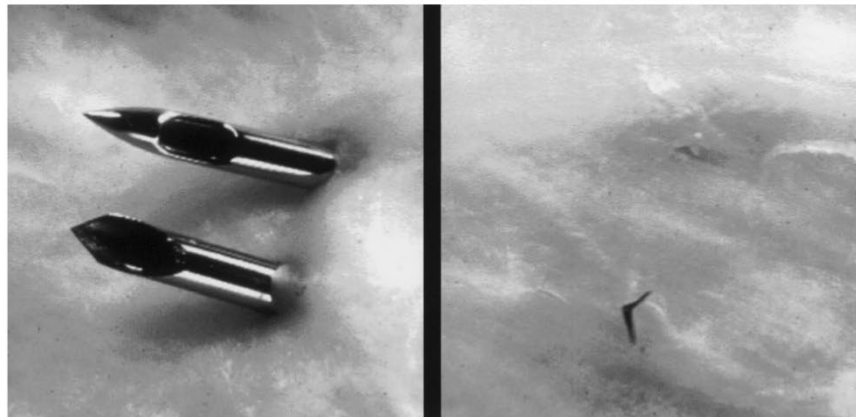
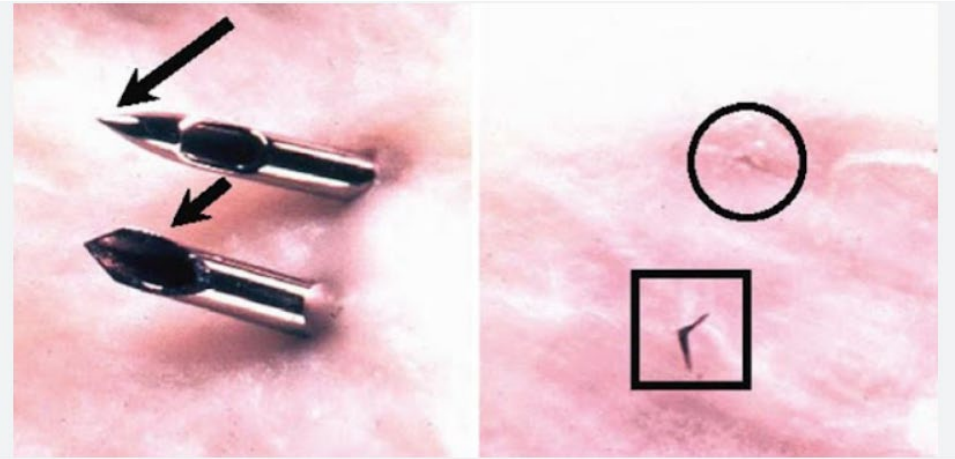


Figure 1. Two types of spinal needle tips: “Atraumatic Sprotte needle” (upper) and “traumatic Quincke needle” (lower) of the same diameter (left). As shown on the right, the atraumatic needle causes a smaller dural defect (upper) than the traumatic needle (lower). The smaller defect should theoretically result in a lower incidence of post-lumbar puncture headache.



Multiple Sclerosis Research: It's OK to ask for an atraumatic needle

Navštívit

Autor: kschiemer

Zajímá vás, odkud tyto informace pocházejí? [Další informace](#)
Na obrázky se mohou vztahovat autorská práva. [Další informace](#)

Související obsah

QUINCKE **SPROTTE**

Upon withdrawal, a Quincke (cutting) needle leaves a marked opening in the skin and tissue layers with resultant CSF loss. The Sprotte (atraumatic) needle by comparison displaces tissue rather than cutting it – causing minimal injury.⁽⁵⁾ Upon withdrawal of the needle the multi-layered dura, consisting of collagen and elastic fibres, closes again.

Neurology - Neurology.org
Atraumatic” Sprotte needle reduc...

IJSIT
REVIEW: COMPARISON...

CLINICAL COMPARISON OF SPROTTE VS QUINCKE®
Sprotte: Evidence class 1, recommendation level A^{1,6,7,8}

Sprotte – atraumatic needle
Leading technology for decreasing the incidence of post-lumbar puncture headaches?

Quincke – cutting needle
One risk factor for post-lumbar puncture headaches is the use of a Quincke needle.

Quincke cannula – cutting SPROTTE® cannula – atraumatic
Images courtesy of PAUNIK® company

Fujirebio
How to perform a lumbar puncture | Fujirebio

ResearchGate
Hole in dural sac caused by penci...

“Atraumatic” Sprotte needle reduces the incidence of post-lumbar puncture headaches

Article abstract—Post-lumbar puncture headache (PLPH) is best explained by spinal fluid leakage due to delayed closure of a dural defect. In a prospective, randomized, double-blind study, taking into consideration all known methodological problems, the authors compared the incidence of PLPH using the “atraumatic” Sprotte needle vs the “traumatic” Quincke needle. Of the 230 patients included in the final analysis, 24.4% of patients in the “traumatic” group developed PLPH, whereas only 12.2% of patients in the “atraumatic” group did ($p < 0.05$). Therefore, use of the “atraumatic” Sprotte needle for lumbar puncture is recommended.

NEUROLOGY 2001;57:2310–2312

M. Strupp, MD; O. Schueler, MD; A. Straube, MD; S. Von Stuckrad–Barre; and T. Brandt, MD, FRCP

LP was performed with either an “atraumatic” Sprotte needle⁵ (22 Gauge 0.80 mm, 90 mm; Pajunk Geisingen, Germany) or a “traumatic” Quincke needle⁴ (22 Gauge, 0.80 mm, 90 mm; Braun, Melsungen, Germany) (see figure 1) while the patient was in a sitting position. All LP were performed by experienced neurologists who were unaware of the type of needle.

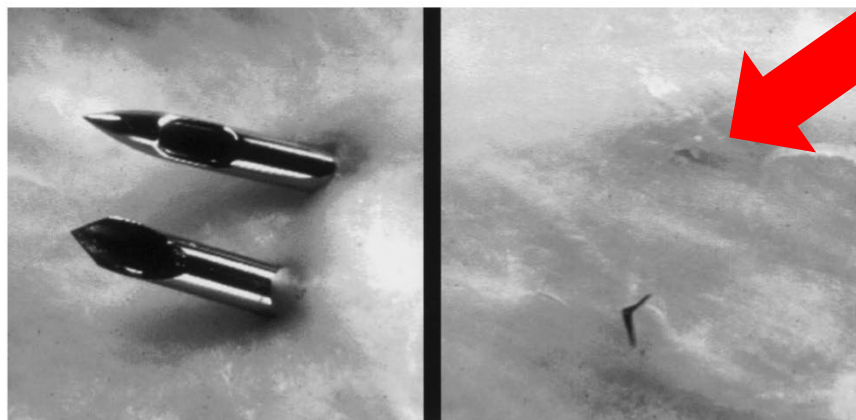


Figure 1. Two types of spinal needle tips: “Atraumatic Sprotte needle” (upper) and “traumatic Quincke needle” (lower) of the same diameter (left). As shown on the right, the atraumatic needle causes a smaller dural defect (upper) than the traumatic needle (lower). The smaller defect should theoretically result in a lower incidence of post-lumbar puncture headache.

Table Baseline characteristics and symptoms of patients undergoing lumbar puncture with atraumatic or standard needles

Characteristic	Needle type	
	“atraumatic,” n = 115	“traumatic,” n = 115
Age, y	39.8 (12.8)	40.7 (11.5)
Females, %	64	63
Males, %	36	37
Body mass index, kg/m ²	23.3 (3.8)	23.3 (3.6)
Coffee consumption, cups/day		
Usually	1.6 (1.5)	1.8 (1.9)
Day of lumbar puncture	1.0 (1.2)	1.3 (1.8)
Days after lumbar puncture	1.4 (2.1)	1.6 (2.2)
Relative prevalence of migraine, %	21.3	24.6
Severity and prevalence of PLPH		
Mean	7.5 (2.2)	6.4 (2.3)
None, %	87.8	75.6
Mild, %	0.0	4.1
Moderate, %	4.9	12.2
Severe, %	7.3	8.1

Values are means (\pm SD) unless stated otherwise.

PLPH = Post-lumbar puncture headache.

U spinálu jehla „matters“,
ale ne hrot nýbrž velikost!



HUBER POINT



Edward B. Tuchy
(1908–1959, USA)



Robert F. Husted
(1928–2008, USA)

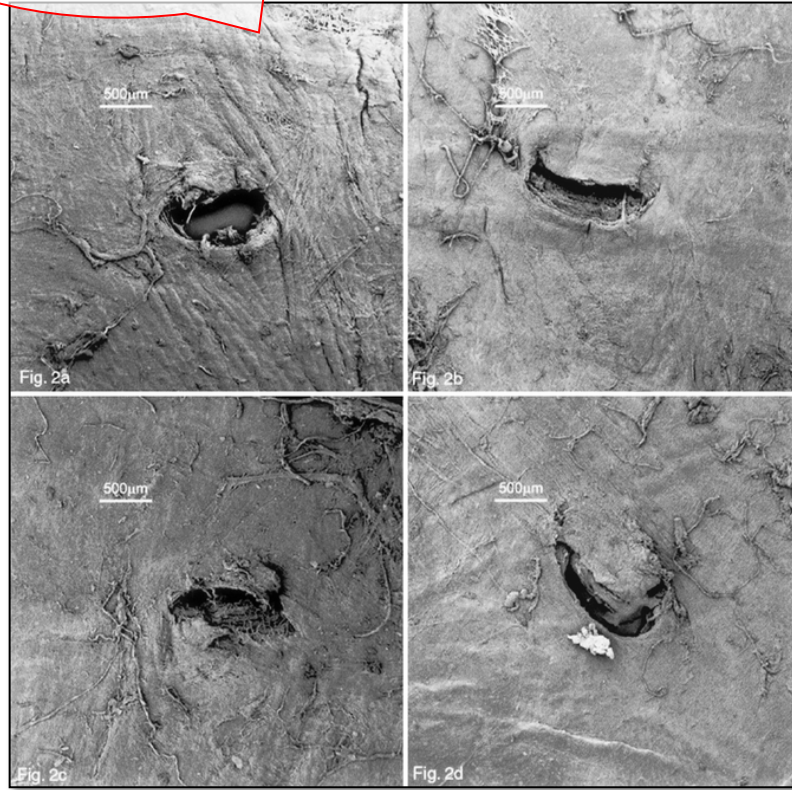
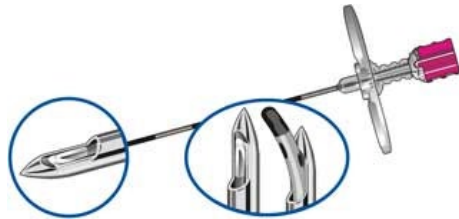


Fig. 2. Scanning electron microscopic images of (a) a 17-gauge Husted epidural needle puncture (bevel parallel, 90° angle), (b) a 17-gauge Tuchy epidural needle puncture (bevel parallel, 90° angle), (c) an 18-gauge Special Sprotte® epidural needle puncture (90° angle), and (d) an 18-gauge Crawford epidural needle puncture (bevel parallel, 90° angle).

Pamela J. Angle et al. Anesthesiology. 2003;99(6):1376-1382

Original Article

Influence of needle diameter on spinal anaesthesia puncture failures for caesarean section: A prospective, randomised, experimental study

Fausto Fama^{b,1,*}, Cecile Linard^{b,1}, Damien Bierlaire^a, Maria Gioffre'-Florio^b, Jacques Fusciardi^a, Marc Laffon^a

^a University Hospital of Tours, Department of Anaesthesiology and Intensive Care, Hôpital Bretonneau, 2, boulevard Tonnellé, 37044 Tours cedex 9, France

^b University Hospital of Messina, Department of Human Pathology, Via Consolare Valeria, 1, 98125 Messina, Italy

27 G více selhání,
26 G více PDPH

Table 2

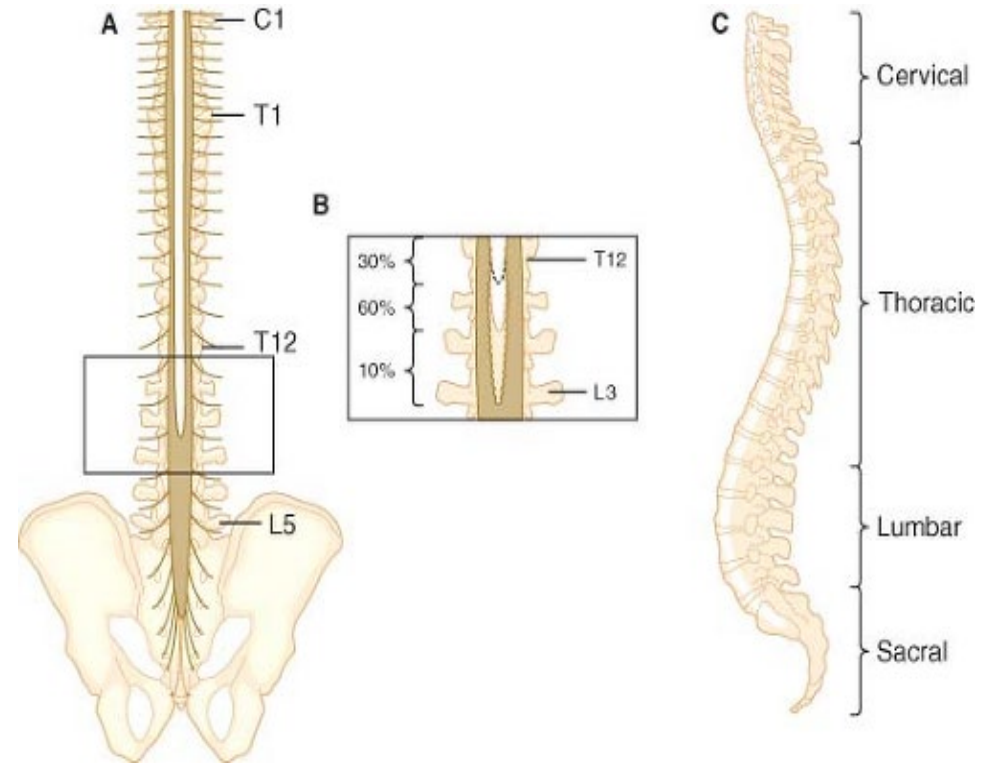
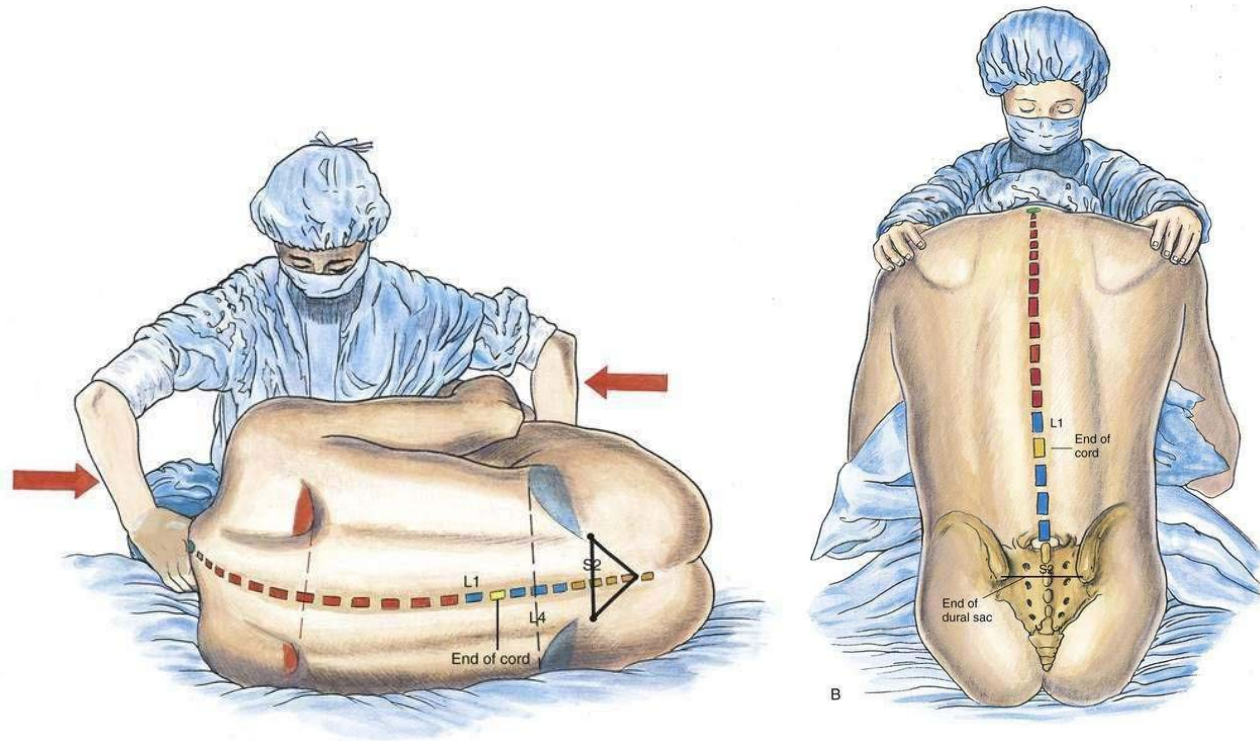
Spinal puncture failures and incidence of postdural puncture headache. The number of puncture failures was statistically significant in the 27 G group ($P=0.006$ versus the 25 G group, $P<0.001$ versus the 26 G group). No statistically significant difference was found between the 25 G and 26 G groups ($P=0.606$). Only 2 general anaesthesia procedures were carried out after 25 G attempt failures.

Group	25 G	26 G	27 G
Number of patients: <i>n</i>	109	121	98
Failure: <i>n</i> (%)	2 (1.8) ^a	1 (0.9) ^a	12 (10.9)
Headache: <i>n</i> (%)	5 (4.6)	3 (2.5)	2 (2.0)
Blood patch: <i>n</i>	1	1	0

^a $P < 0.05$, 27 G vs. 25G and 26G.







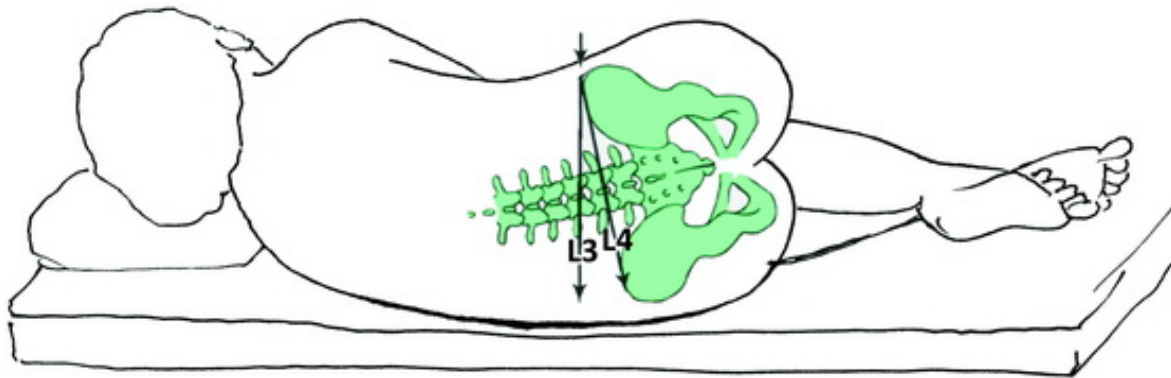
Posterior (A) and lateral (C) views of the human spinal column. Note the inset (B), which depicts the variability in vertebral level at which the spinal cord terminates.

Bernards ChM. aneskey.com/epidural-and-spinal-anesthesia-2

Table 2. Mean Depth from the Skin to the Lumbar Epidural Space

Variable	Mean ± SD	Median	Range
BMI			
< 25	4.40 ± 0.81	4.5	3.0–7.0
25–29	4.80 ± 0.85	5.0	3.0–11.0
30–34	5.30 ± 0.93	5.0	3.0–10.0
35–39	6.2 ± 1.2	6.0	3.0–10.5
40–44	6.6 ± 1.3	7.0	3.0–11.0
45–49	7.2 ± 1.2	7.5	4.0–11.0
> 50	7.5 ± 1.2	7.5	5.0–11.0

BMI: body mass index (kg/m²). Modified from the article of Clinkscates et al. (Int J Obstet Anesth 2007; 16: 323-7)



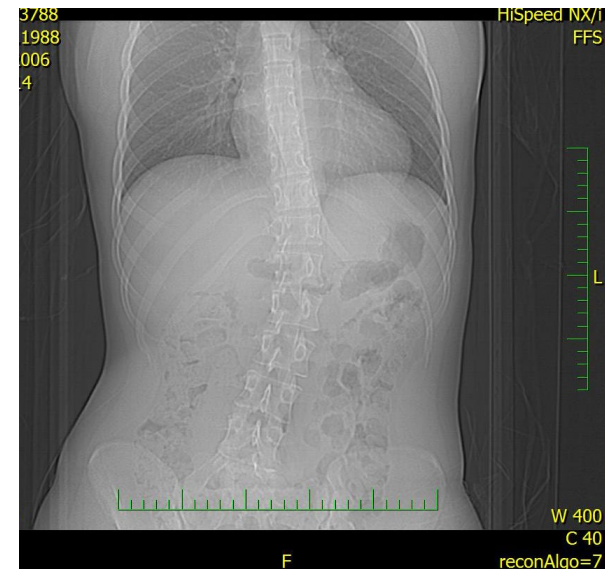
Obr 1. Projekce spojnice obou iliakálních křist u ležící těhotné ženy.

VYŠETŘENÍ ZAD

- stav kůže
- infekční komplikace
- tetování nevadí ! (chemicky indukovaná arachnoiditis neprokázána)

Frédéric J, Mercier. Tattooing and various piercing: anest. considerations . Curr Opin Anaesthesiol 22(3):436-41 (2009)

- **páteř** (průběh po celé délce)
- obezita, preeklampsie → **ultrazvuk**

















RESEARCH ARTICLE

Open Access



Leg elevation decreases the incidence of post-spinal hypotension in cesarean section: a randomized controlled trial

Ahmed Hasanin¹, Ahmed Aiyad¹, Ahmed Elsakka¹, Atef Kamel¹, Reham Foudad², Mohamed Osman¹, Ali Mokhtar¹, Sherin Refaat¹ and Yasmin Hassabelnaby^{1*}



Abstract

Background: Maternal hypotension is a common complication after spinal anesthesia for cesarean section (CS). In this study we investigated the role of leg elevation (LE) as a method for prevention of post-spinal hypotension (PSH) for cesarean section.

Methods: One hundred and fifty full term parturients scheduled for CS were included in the study. Patients were randomized into two groups: Group LE (leg elevation group, n = 75) and group C (Control group, n = 75). Spinal block was performed in sitting position after administration of 10 mL/Kg Ringer's lactate as fluid preload. After successful intrathecal injection of local anesthetic, Patients were positioned in the supine position. Leg elevation was performed for LE group directly after spinal anesthesia and maintained till skin incision. Intraoperative hemodynamic parameters (Arterial blood pressure and heart rate), intra-operative ephedrine consumption, incidence of PSH, and incidence of nausea and vomiting were reported.

Results: LE group showed lower incidence of PSH (34.7% Vs 58.7%, P = 0.005) compared to the control group. Arterial blood pressure was higher in the LE group compared to the control group in the first two readings after spinal block. Other readings showed comparable arterial blood pressure and heart rate values between both study groups; however, LE showed less ephedrine consumption (4.9 ± 7.8 mg Vs 10 ± 11 mg, P = 0.001).

Conclusion: LE performed immediately after spinal block reduced the incidence of PSH in parturients undergoing CS.

Trial registration: The study was registered at Pan African Clinical Trials Registry system on 5/10/2015 with trial number PACTR201510001295348.

Keywords: Hypotension, Spinal anesthesia, Cesarean section, Leg elevation

Table 1 Demographic data and patients' outcomes

	LE group (n = 75)	Control group (n = 75)	P value
Age (years)	29 ± 4	30 ± 4	0.13
Weight (Kg)	69 ± 7	72 ± 8	0.02*
Total infused volume (mL)	1790 ± 408	1865 ± 450	0.29
Urine output (mL)	570 ± 90	590 ± 69	0.12
Incidence of hypotension	26(34.7%)	44(58.7%)	0.005*
Ephedrine consumption (mg)	4.9 ± 7.8	10 ± 11	0.001*
Nausea & vomiting	8(10.7%)	14(18.7%)	0.24
Incidence of bradycardia	4(5.3%)	7(9.3%)	0.53

LE leg elevation, SAB subarachnoid block, NS not significant

*denotes statistical significance (P value < 0.05)

Data are presented as mean ± standard deviation and frequency (%)

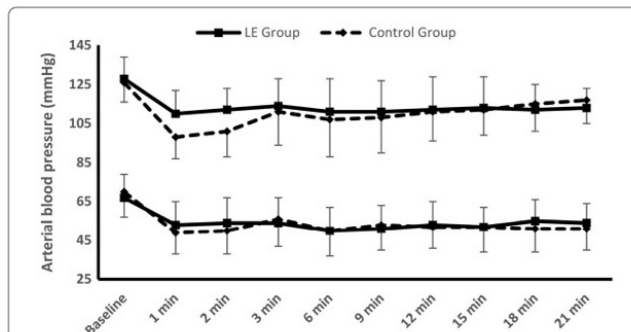
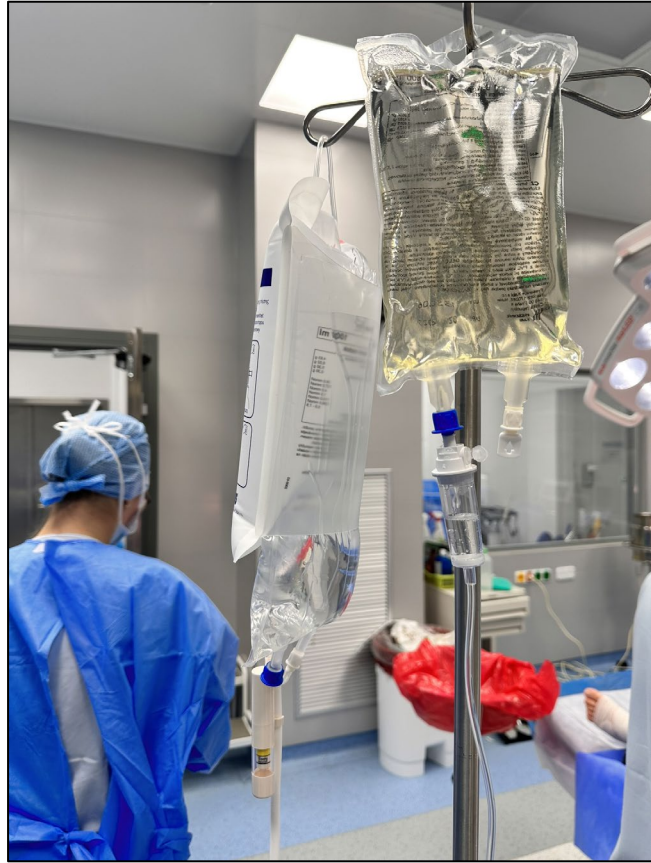


Fig. 2 Systolic and diastolic blood pressure. Data are means, error bars are standard deviations. LE: Leg elevation. *denotes statistical significance between the two groups

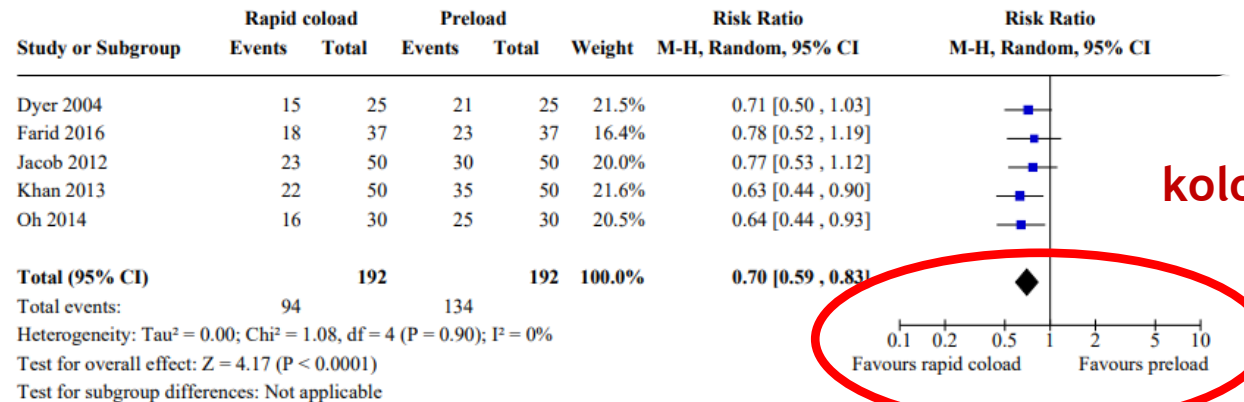


Techniques for preventing hypotension during spinal anaesthesia for caesarean section (Review)

Chooi C, Cox JJ, Lumb RS, Middleton P, Chemali M, Emmett RS, Simmons SW, Cyna AM

Cochrane Database of Systematic Reviews 2020, Issue 7. Art. No.: CD002251.
DOI: 10.1002/14651858.CD002251.pub4.

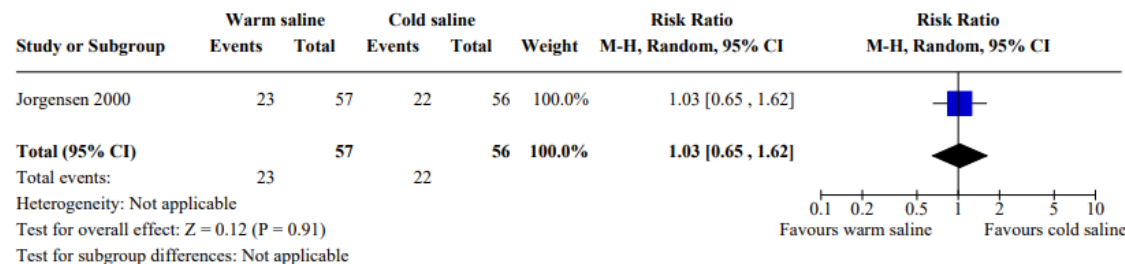
Analysis 4.1. Comparison 4: Crystalloid: rapid coload vs preload, Outcome 1: Women with hypotension requiring intervention



krystaloidy koload vs. preload



Analysis 5.1. Comparison 5: Crystalloid: warm vs cold, Outcome 1: Women with hypotension requiring intervention



krystaloidy teplé vs. studené

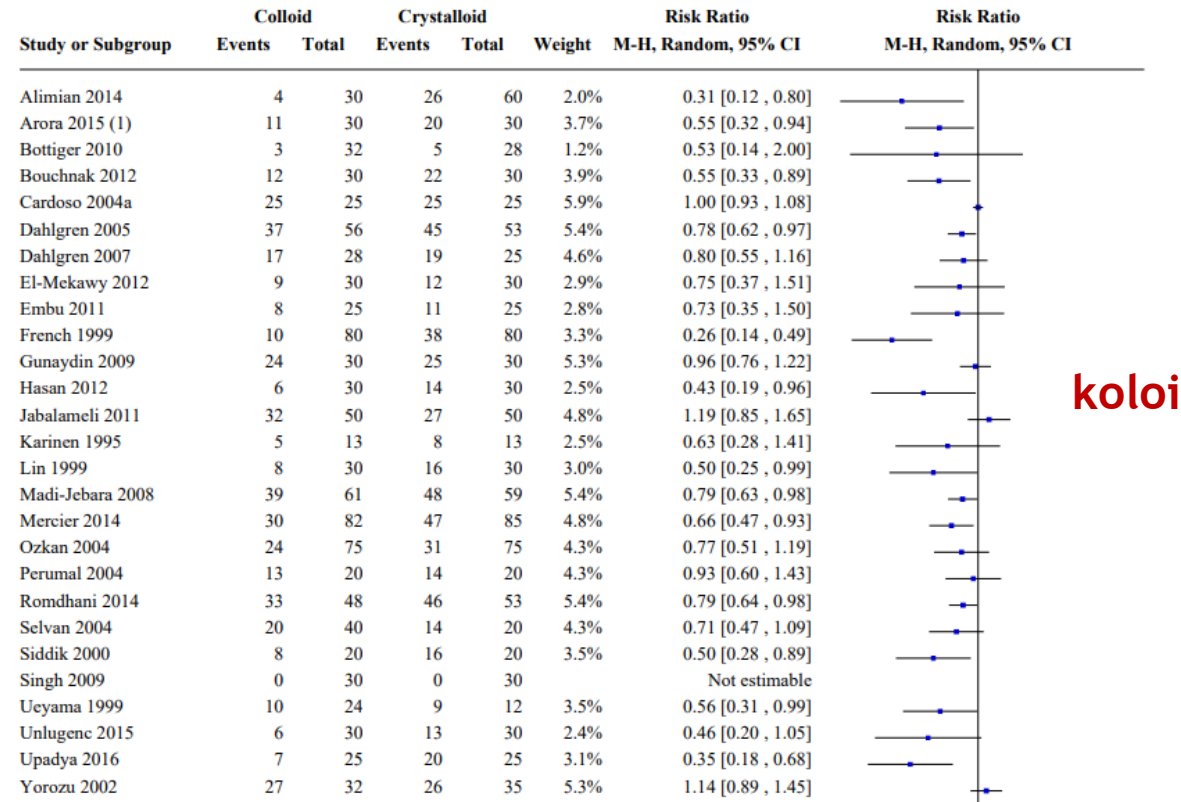
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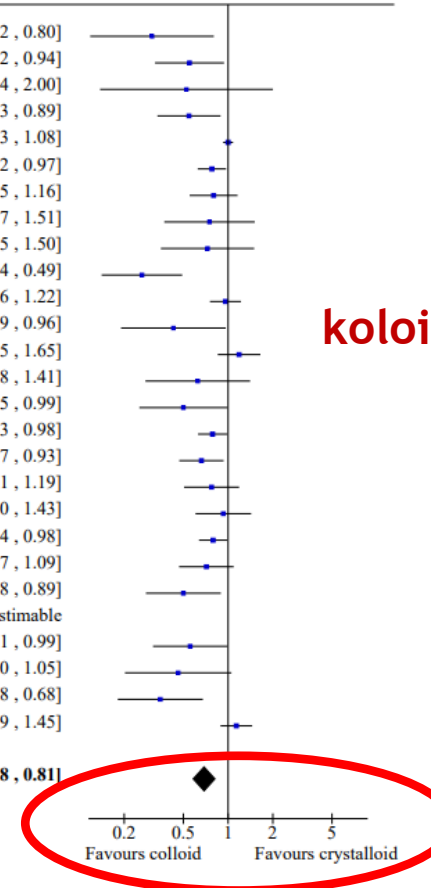


Analysis 7.1. Comparison 7: Colloid vs crystalloid, Outcome 1: Women with hypotension requiring intervention



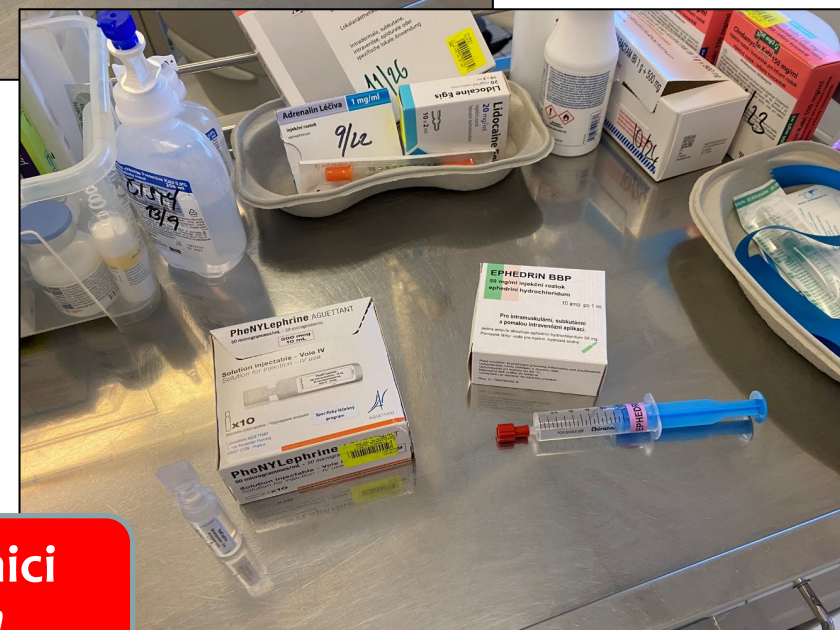
koloidy vs. krystaloidy

Total (95% CI) 1006 1003 100.0% **0.69 [0.58, 0.81]**
 Total events: 428 597
 Heterogeneity: Tau² = 0.12; Chi² = 140.36, df = 25 (P < 0.00001); I² = 82%
 Test for overall effect: Z = 4.37 (P < 0.0001)
 Test for subgroup differences: Not applicable

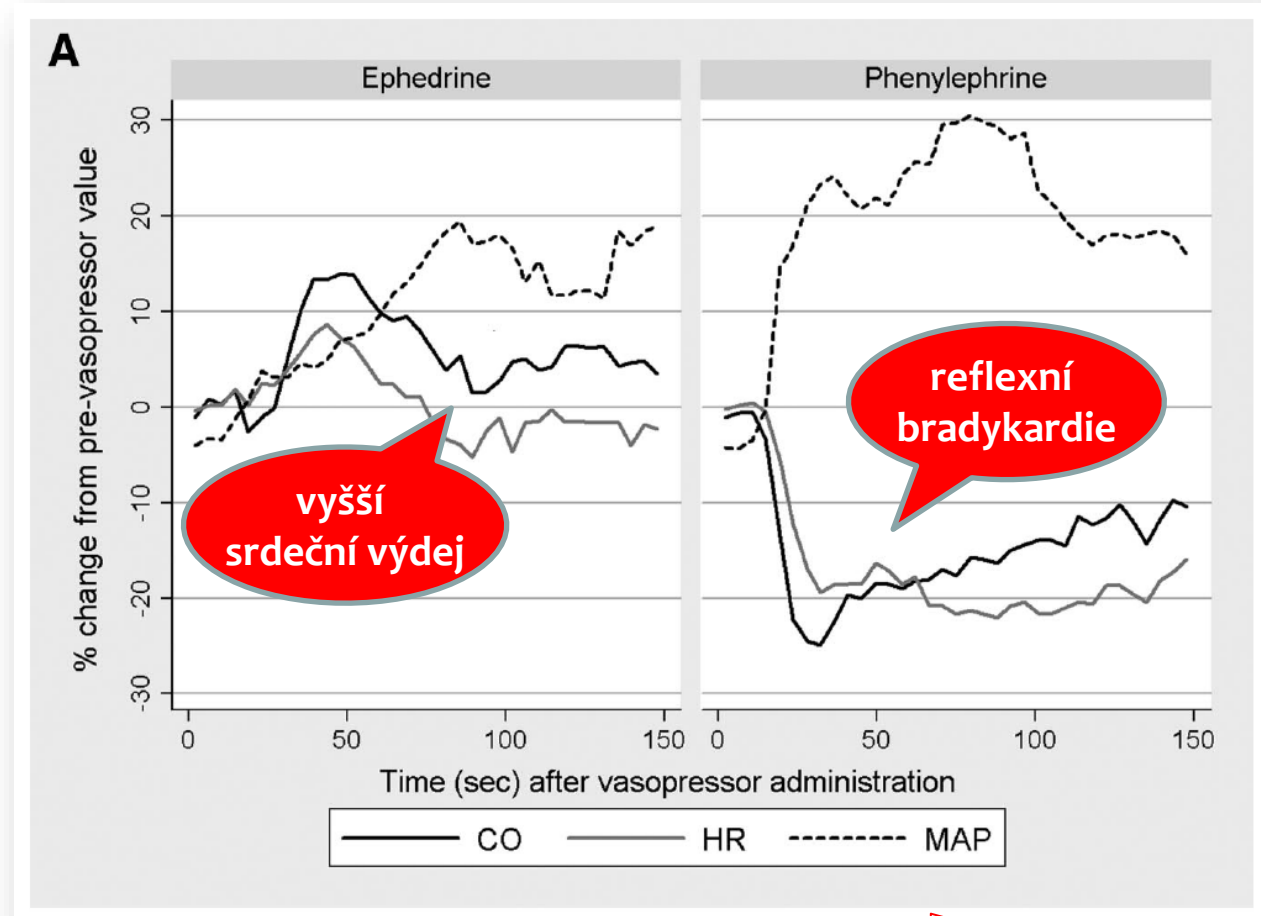




Kontinuálně !
(0,05-0,075 $\mu\text{g}/\text{kg}/\text{min}$)



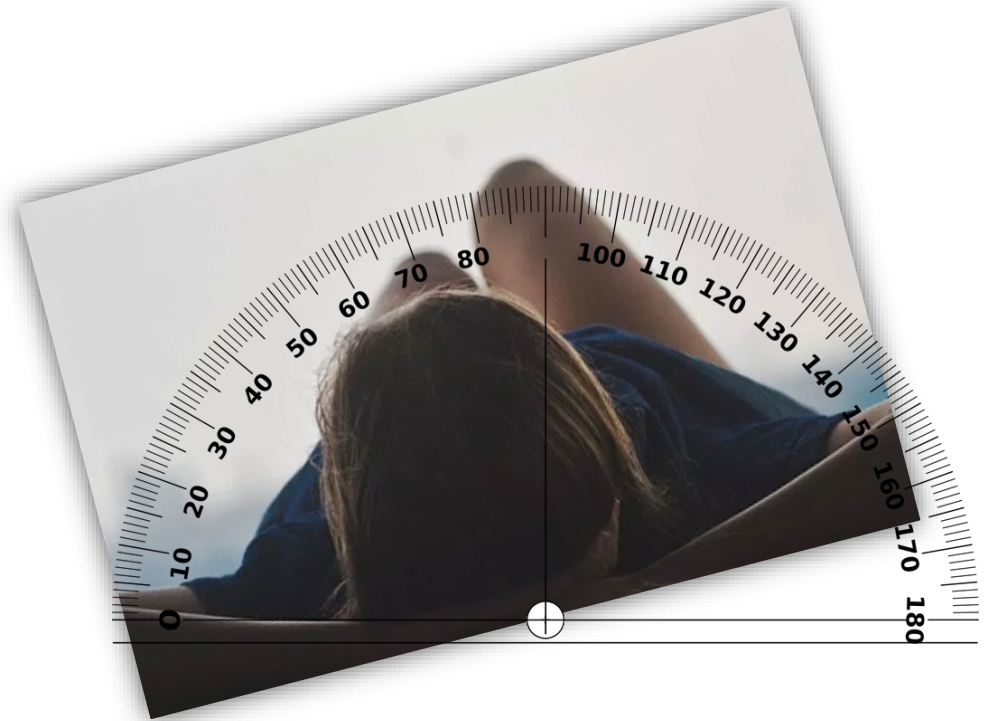
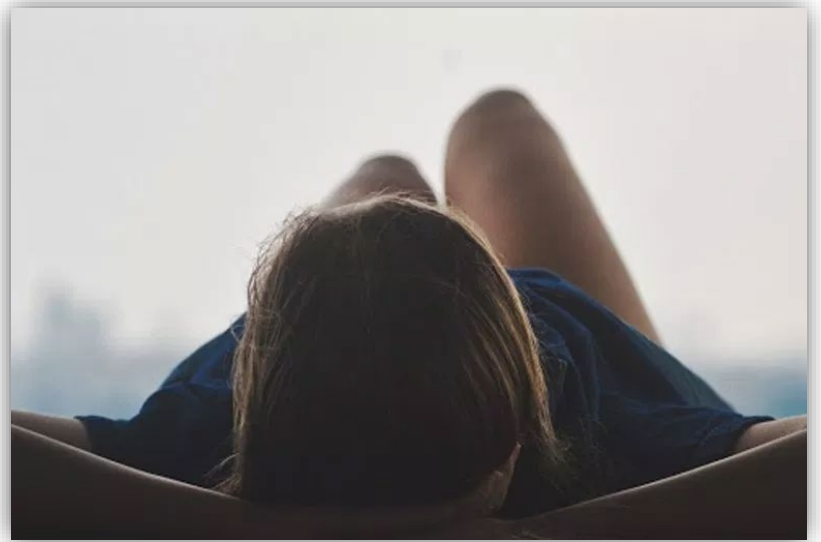
**Phenylephrin je na porodnici
absolutní POVINNOST !!!**

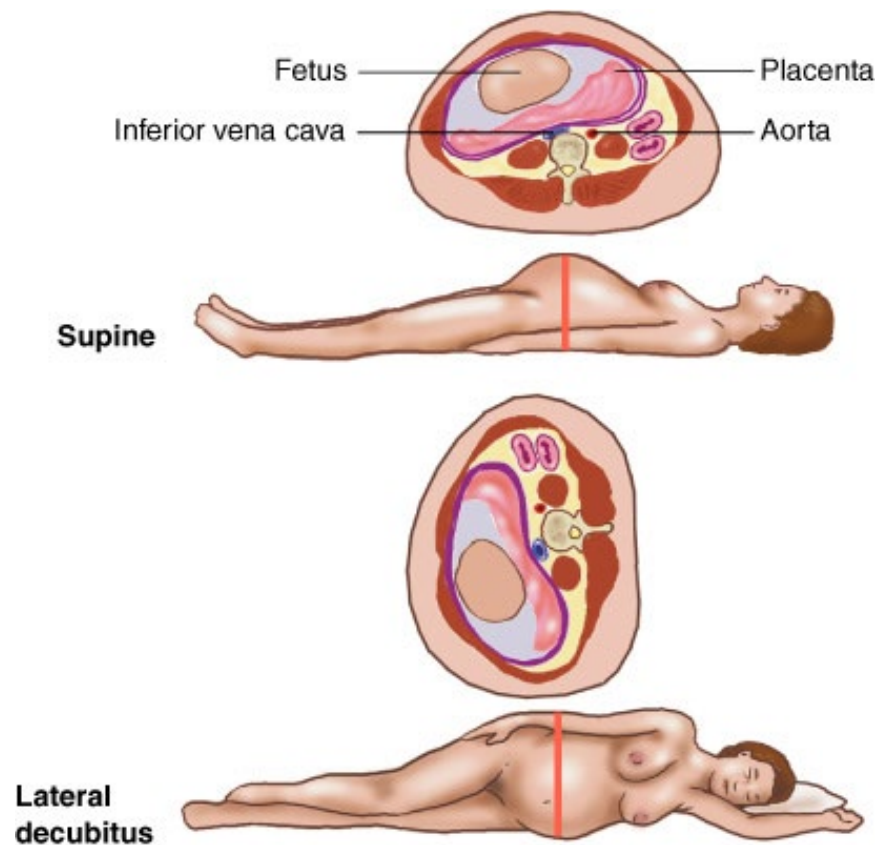


vyšší
srdeční výdej

reflexní
bradycardie

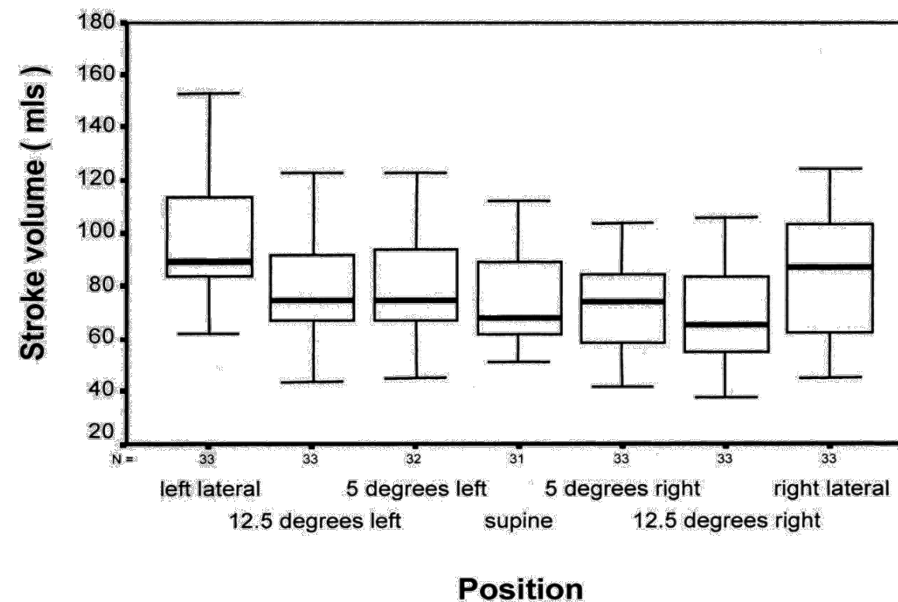
Phenylephrin je jasně
lepší u tachykardie!



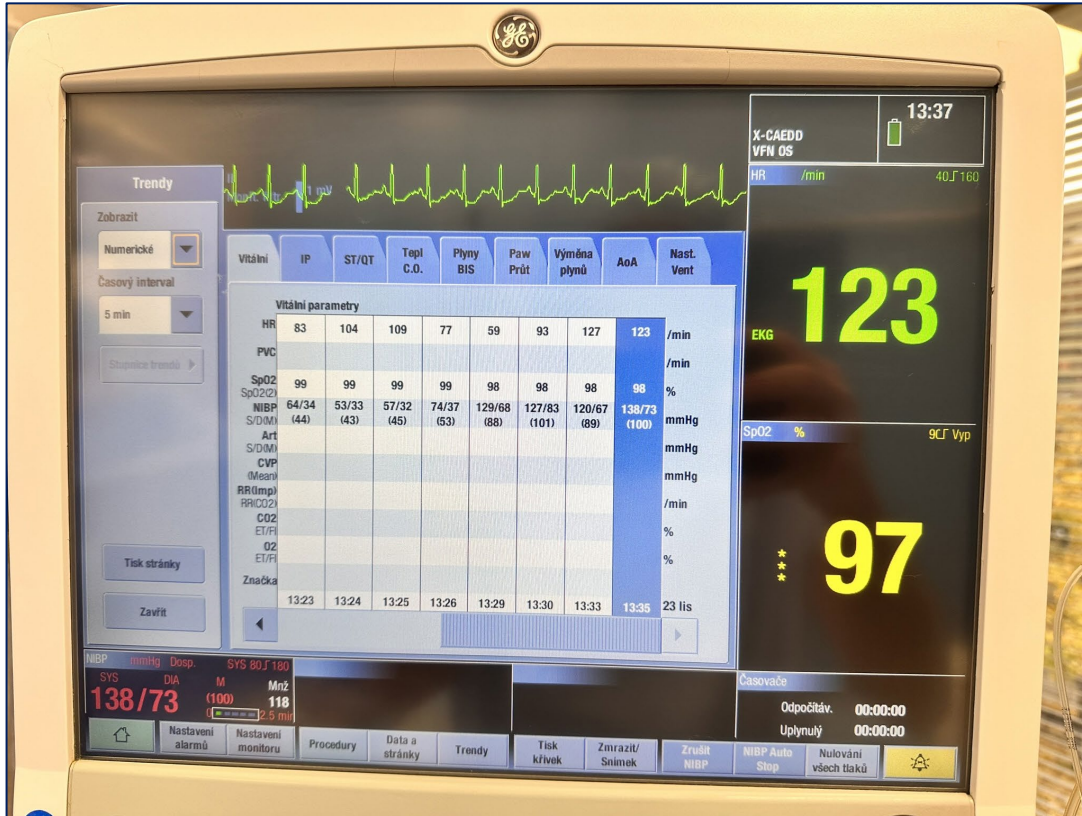


SEMILATERÁLNÍ POLOHA

naklonění trupu o 5-15 stupňů
= prevence aortokavální komprese



Bamber, J. H. et al. Anesth Analg 2003;97:256-258



Epidurál: do jehly nebo do katetru...?



Všeobecná fakultní nemocnice v Praze U Nemocnice 499/2, 128 08 Praha 2 IČ 00054165, tel. 22496 1111 Klinika anesteziologie, resuscitace a intenzivní medicíny Přednosta: Doc. MUDr. Martin Štíhlý, CSc. První lékař: MUDr. Jan Králík		ANESTEZIOLOGICKÝ ZÁZNAM číslo: 452/152 /operativní sál:	
F.KARIM: 058 strana 1/7 verze 2015/1/0	výška (cm) 165 váha (kg) 165/200 ASA III Riziko glauzomu: HTL datum 10.8.17 riziko - střední - vysoká	6P3 DG: 235.8 VFN Praha 2 IČP: 02004377 NS: odb. 6P3 POR-PJIP	
anesteziolog: BLAHA anesteziologická asistenta: Mgr. Daniela Snajdrová operativní lékař: PAČIŽEK		operátor výkonu:	

Podpsaný Informovaný souhlas s anestezií.

ALERGIE: křs. acetysalicylová, ovce, jedlý

PŘEDOPERAČNÍ ANESTEZIOLOGICKÉ VYŠETŘENÍ:

Arter. hypertenze
 Astma bronchiální - nyní bez léčby; al.
 - astma při infekci
 Divize k. glauzom, katarakt, TL a
 ještě není k. diopie

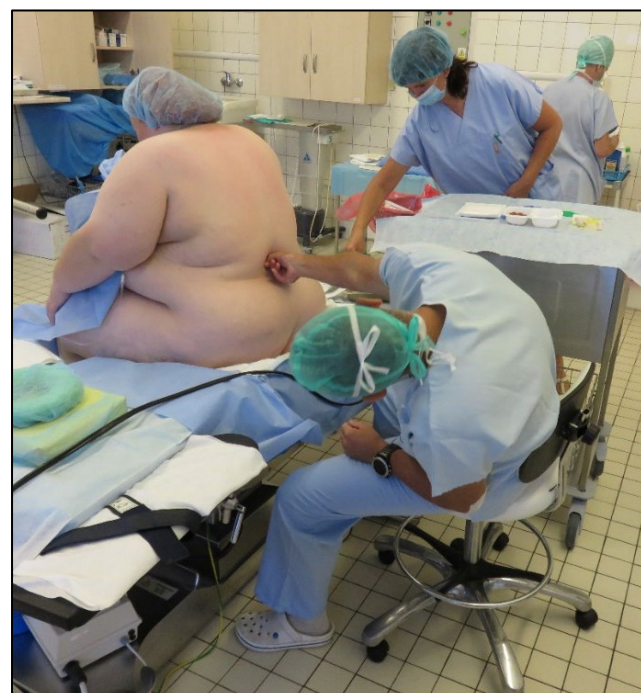
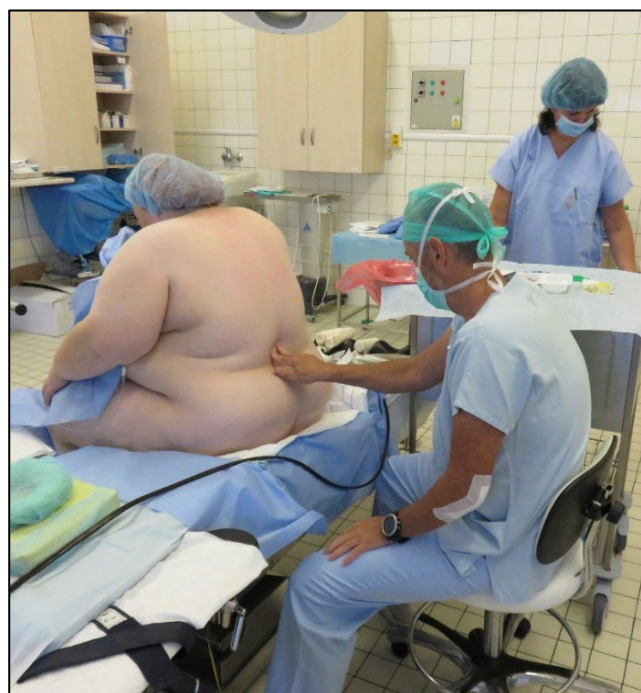
Menstruační stěh, 8/11 73
Smíšená se směsí typu aortokoe

PICC zaveden 7.8. se LHK

CHRONICKÁ MEDIKACE:
 Dopagef 2x 140

POZOR! Pacient(ka) nerozumí český. Hovoří těmito jazyky:

VOLBA ANESTEZIE: celková epidurální spinální kombinovaná



PŘEDOPERAČNÍ DOPORUČENÍ:
 - 2x 7u EBR do deht
 - nálo 1 den v.c. perorální fofal 10 mg
 Jitka Jandysková porodní asistentka
 9.8.17 14:00
 MUDr. Jana Kubátová
 1639

ZÁVĚR: Schopen(a) anesteziologického výkonu. Datum, čas a podpis:

Ostatní viz Předoperační protokol Akutní výkon bez Předoperačního protokolu

POLOHA PACIENTA	
MONITORACE	
<input type="checkbox"/> EKG	<input type="checkbox"/> NIBP
<input type="checkbox"/> ETCO ₂	<input type="checkbox"/> SpO ₂
<input type="checkbox"/> ST šok	<input type="checkbox"/> %O ₂
<input type="checkbox"/> BIS	<input type="checkbox"/> %VA
	<input type="checkbox"/> CYP
	<input type="checkbox"/> TOF

Všeobecná fakultní nemocnice v Praze
 U Nemocnice 499/2, 128 08 Praha 2 IČ 00054165, tel. 22496 1111
 Klinika anesteziologie, resuscitace a intenzivní medicíny
 Přednosta: Doc. MUDr. Martin Štíhlavský, CSc. První lékař: MUDr. Jan Králík

83 6P3 DG: 235.8
 VFN Praha 2 IČP: 02004377
 NS: odb. 6P3 POR-PJJP

anestezik: **BLAHA** Mgr. Daniela Šnábl

Podepsaný Informovaný souhlas s anestezií.

ALERGIE:
 křs. acetysalicylová, ovce, pedang

PŘEDOPERAČNÍ ANESTEZIOLOGICKÉ VYŠETŘENÍ:
 Arter. hypotenze
 Arteriovenózní - nyní křs. krev
 - dýchání při šokem
 nízká křs. pletka, 7L
 ještě není dýchání

Morfin 10mg, 8711 73
Sulfam. se vč. typ. anestetika

PICC zaveden 7.8. se LHK

CHRONICKÁ MEDIKACE:
 Dozregyl 2x 140

POZOR! Pacient(ka) nerozumí český. Hovoří těmito jazyky:

VOLBA ANESTEZIE: celková epidurální spinální kombinovaná

PŘEDOPERAČNÍ DOPORUČENÍ:
 2x 7u EBR do de
 - jako 1 den v.c. prvního jehla de
 Jitka Jagnysková porodní asistentka

ZÁVĚR: Schopen(a) anesteziologického výkonu. Datum, čas a podpis: 9.8.17 14:00

Ostatní viz Předoperační protokol Akutní výkon bez



Stav pacienta se shoduje s anesteziologickým vyšetřením: ANO NE (podrobnosti jsou uvedeny v dekretu).

VĚDOMÍ: normální GCS **OBĚHOVĚ:** stabilní nestabilní **DÝCHÁNÍ:** eupnoe dyspnoe UPIV

11 12 13

REGIONÁLNÍ ANESTEZIE katetr
 oblast / typ: L3-4 (?) / EPID
 Pokusy: 1x jehla: 187
 ztráta odpor krev: -
 hloubka: 5cm

Test katetru: *boles* aspirace:
 Aplikována: do fraktury:
 Lidocain 2% 18ml
 Sulfam 2cm
 Adrenalin 0.1mg

EFEKTI: -
INFÚZE: 1. nádobka při SAB krevní EX

1) PlasmaLyte 1000
 2) Celoplazma 500 (příjem)
 3) PlasmaLyte 1000 (příjem)
 4) PlasmaLyte 1000

Mož:
 Krevní ztráty: ledová
 PRŮJEM krystaloidů koloidů

SpO₂, ETCO₂

10 15 15 15 10 10

1135

EPID **SAB**

1142 brzdění
 burabov - 1000

SAB/L3-4
 1 polna
 křs. 25 Quicid
 mox 20mg
 2. Pálka 0.1mg
 0.1mg
 EPR 1

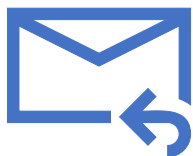
13.2 hod sestř. lékař na PACU
 JIP G5
 oddělení /
 doc. MUDr. Jan Bláha, Ph.D.

7K 113/53 P 103/min SpO₂ 97% při 10, vdech

PODPIS ANESTEZIOLOGA: **BLAHA** PACIENTA(KU) PŘEVZAL(A):



Difficult Spinal in Obese Patient- Crash course with Dr. Hadzic



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