

# Psychická zátěž při nasazení TT ČR na místě katastrofy

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# Traumateam České republiky

předsunutá zdravotnická jednotka zasahující v bezprostřední blízkosti mimořádné události, či katastrofy



# Kdo je členem Traumateamu ČR?



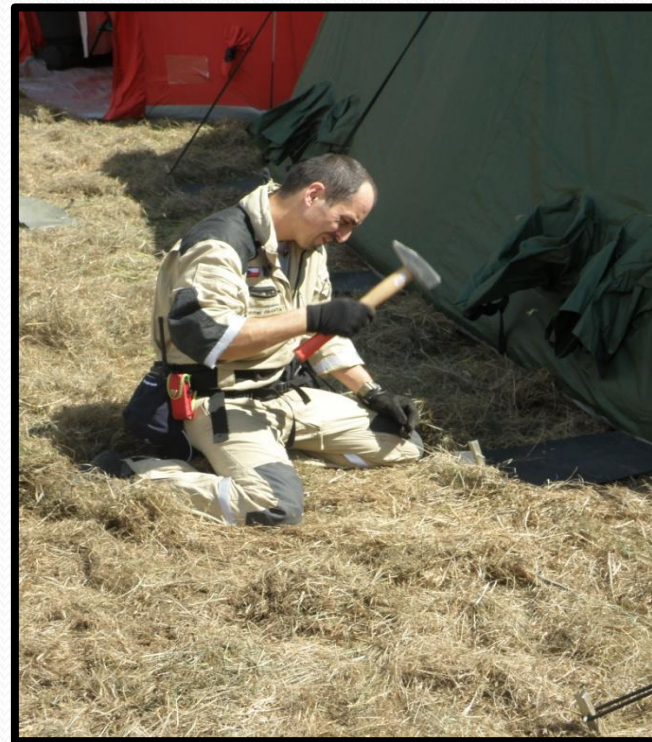
# Lékař



# NLZP



# Hasič



# Mimořádná událost

je škodlivé působení sil a jevů vyvolaných činností člověka, přírodními vlivy, havárie, které ohrožují život, zdraví, majetek nebo životní prostředí a vyžadují provedení záchranných a likvidačních prací.

[§2 písm. b) zákon č. 239/2000 Sb. ]

# Katastrofy

Přírodně – klimatické



Sociálně - ekonomické



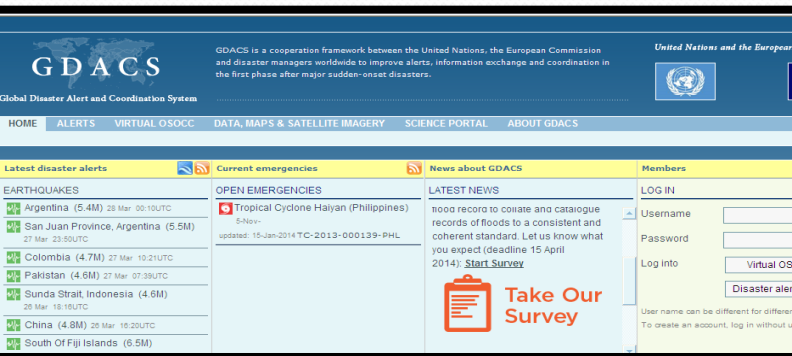


# Nejčastější otázky ???

- situace v místě nasazení
- klimatické podmínky
- bezpečnostní situace
- pracovní situace
- komunikace s ČR
- náboženství - místní zvyky

# GDACS

( Global Disaster Alert and Coordination System)



The screenshot shows the top section of the GDACS website. It features a dark blue header with the GDACS logo and a brief description: "GDACS is a cooperation framework between the United Nations, the European Commission and disaster managers worldwide to improve alerts, information exchange and coordination in the first phase after major sudden-onset disasters." Below the header is a navigation menu with links for HOME, ALERTS, VIRTUAL OSOCC, DATA, MAPS & SATELLITE IMAGERY, SCIENCE PORTAL, and ABOUT GDACS. The main content area is divided into four columns: "Latest disaster alerts" (listing earthquakes in Argentina, Colombia, Pakistan, Sunda Strait, China, and South Of Fiji Islands), "Current emergencies" (highlighting Tropical Cyclone Haiyan in the Philippines), "News about GDACS" (with a "Take Our Survey" button), and "Members" (with a "LOG IN" section).

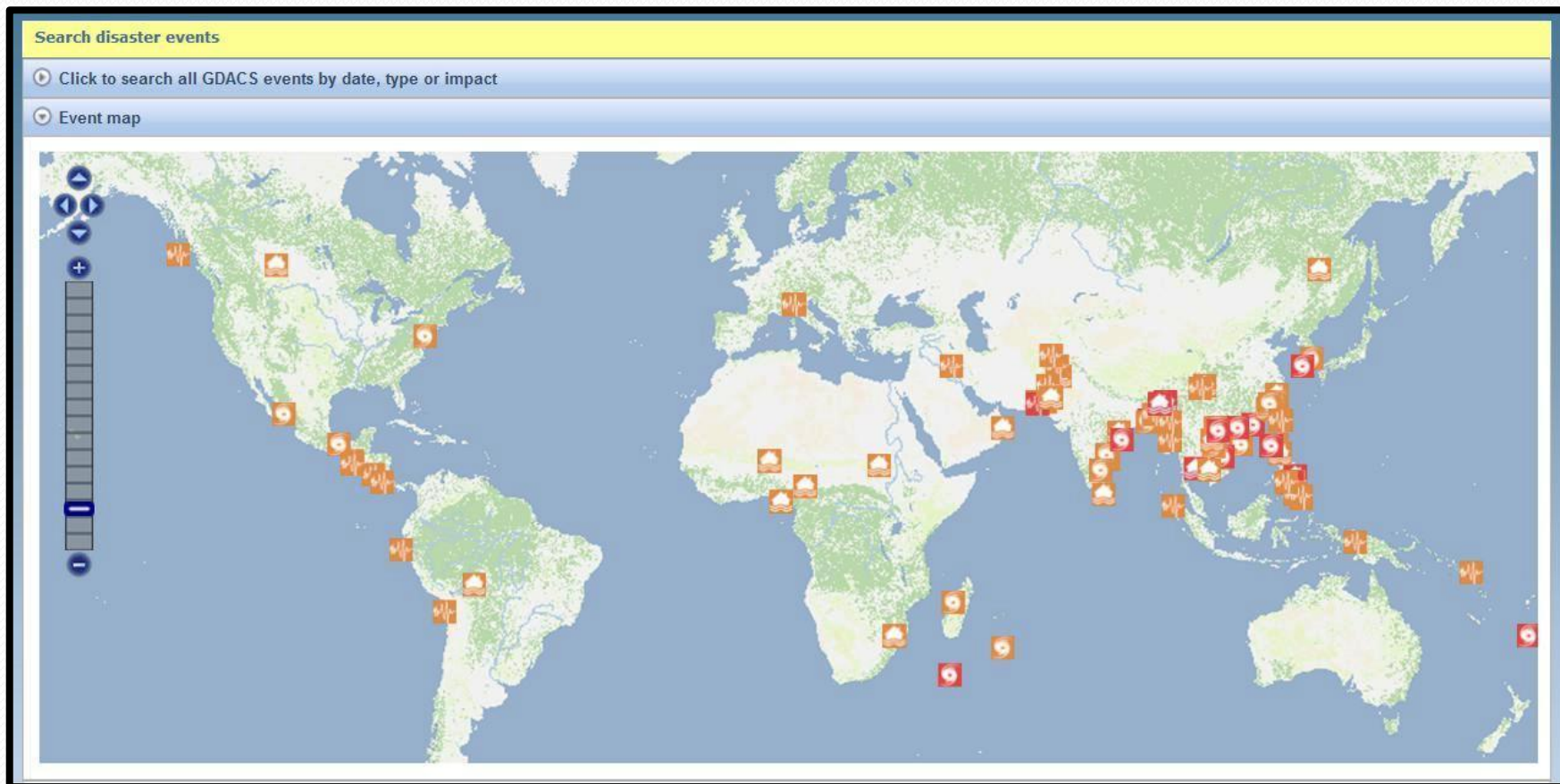


<http://www.gdacs.org>



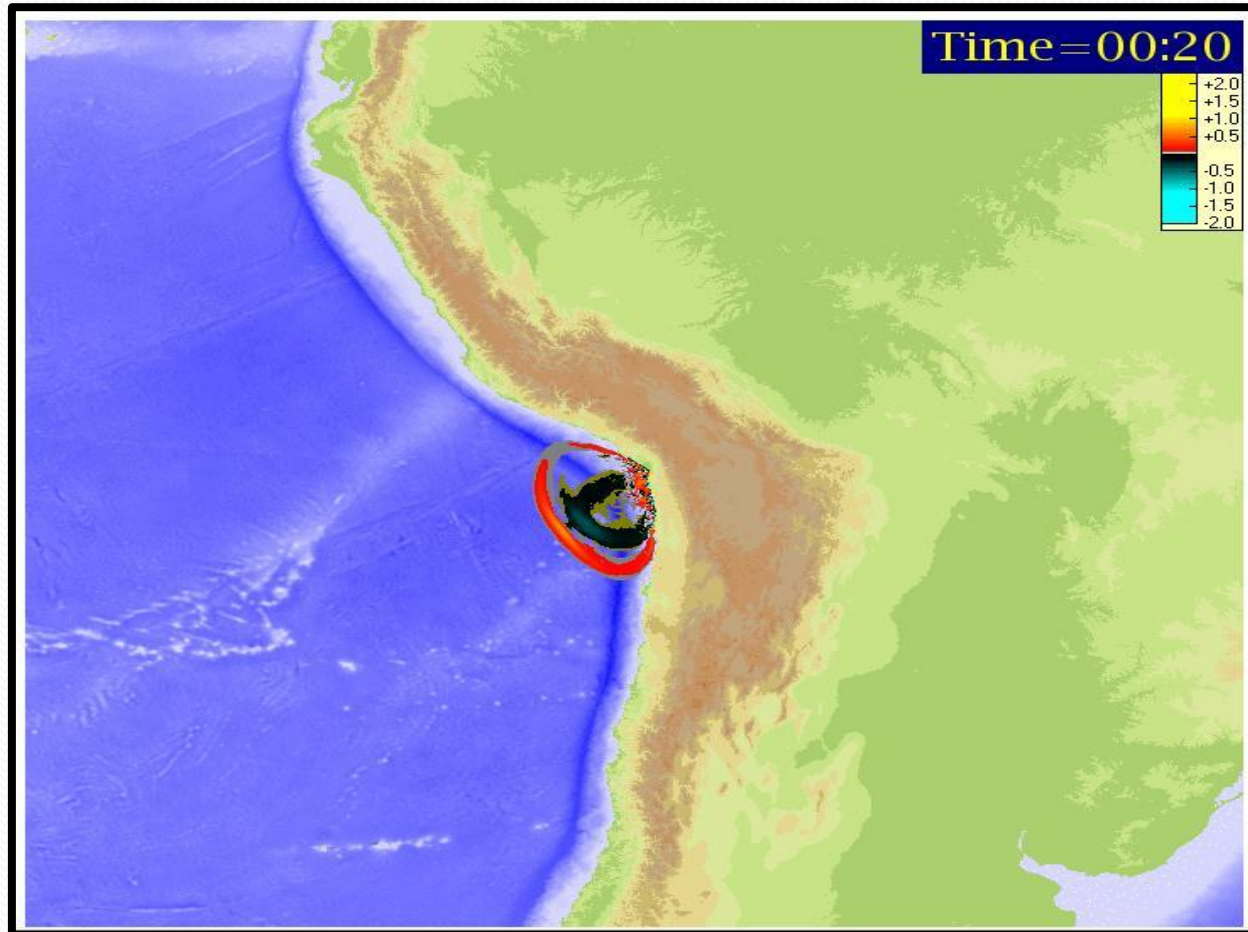
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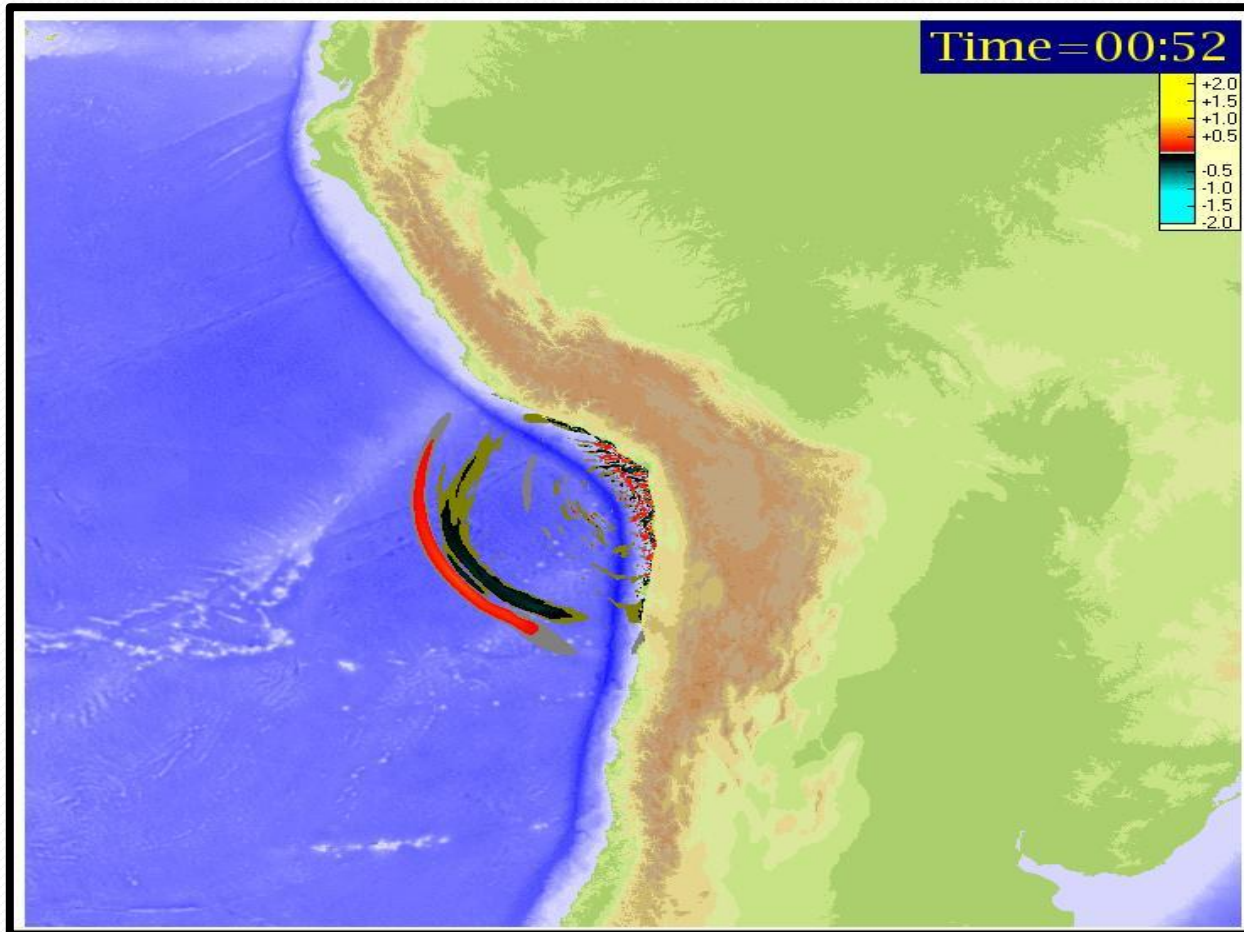
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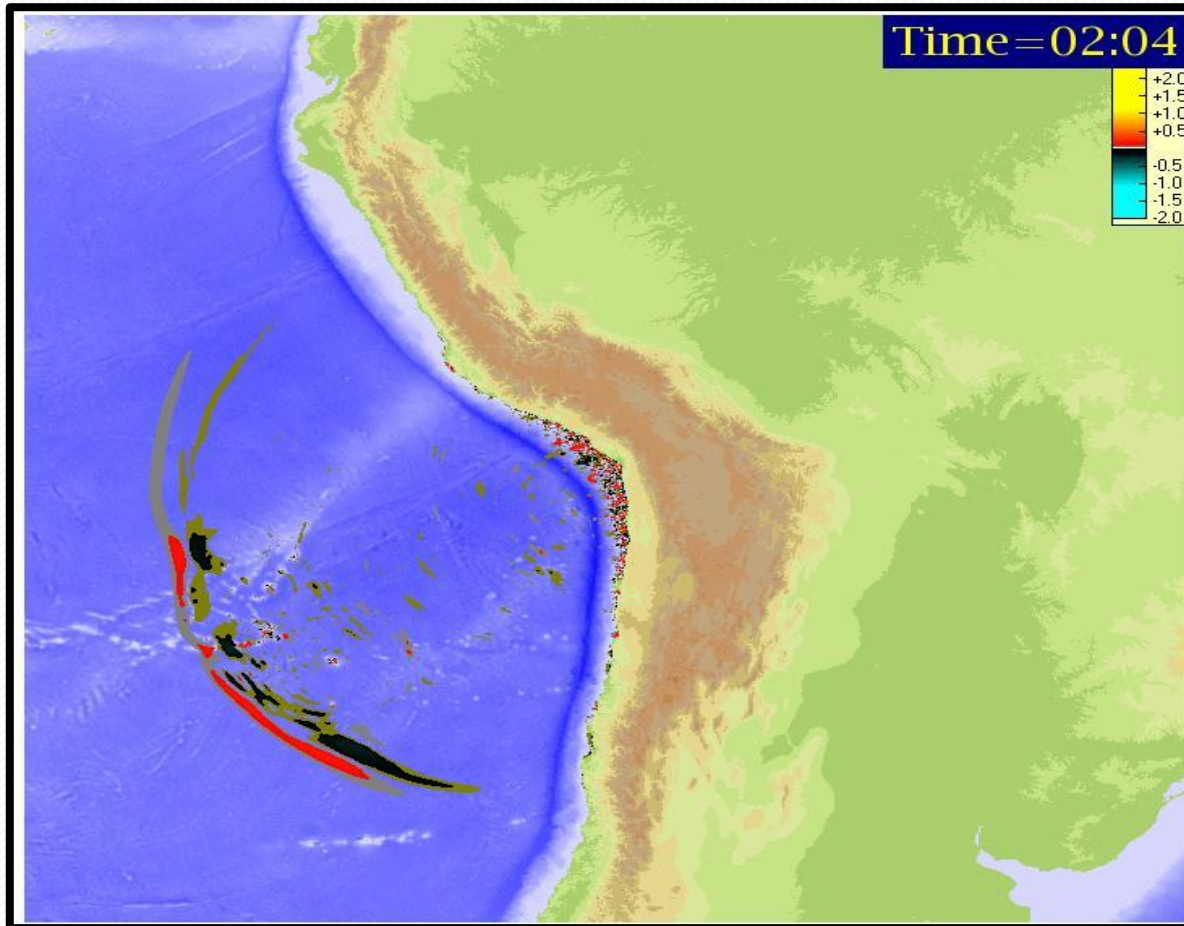
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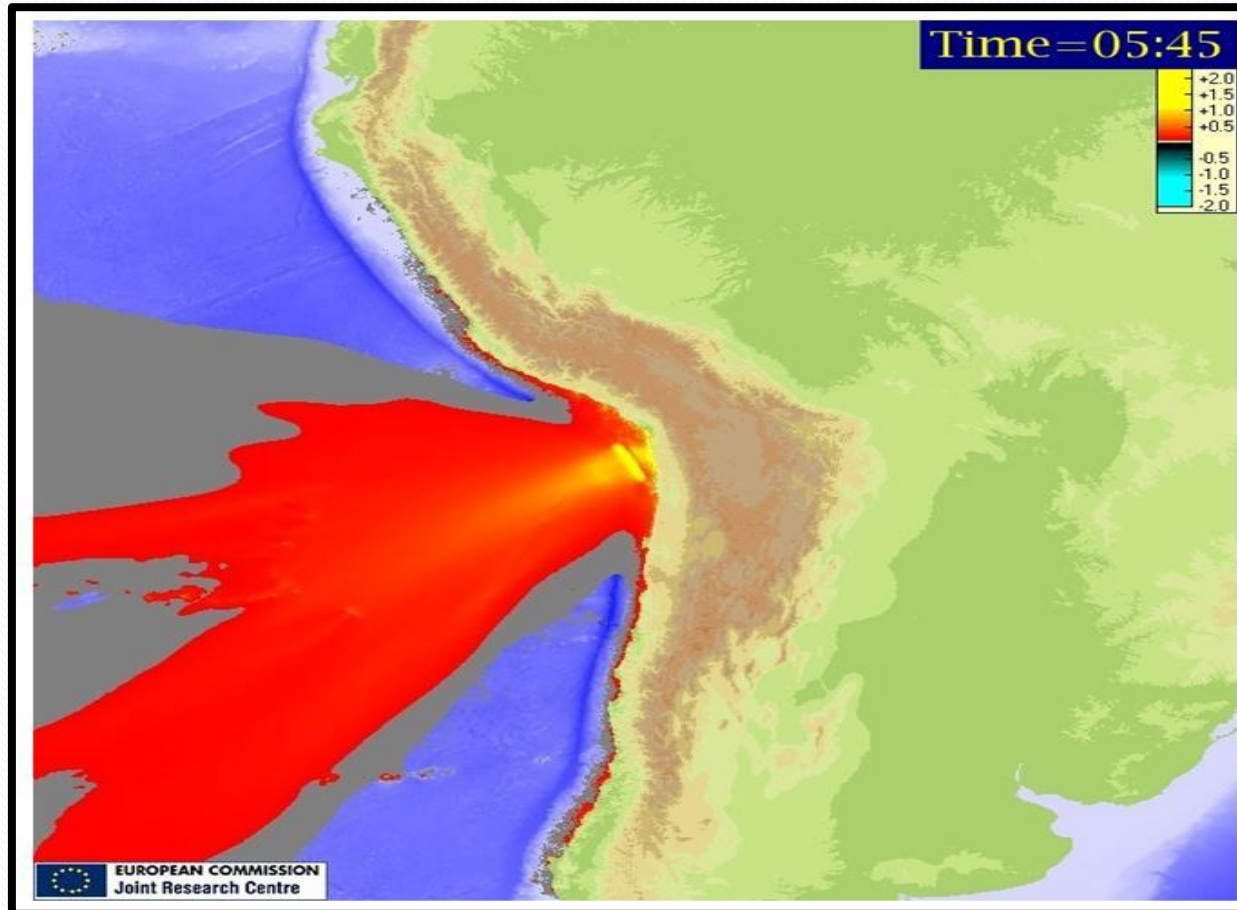
# GDACS

( Global Disaster Alert and Coordination System)



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( Global Disaster Alert and Coordination System)



# GDACS

( Global Disaster Alert and Coordination System)

## Situation

Country baseline information - Marcin Kedra (Poland) 1:57 hrs ago

[view/add comments](#)



**Country name:** Nibyland

**Time zone:** UTC+1

**Population:** 500.000

**Capital:** Boleslawiec

**Administrative division:** Republic of Nibyland has its capital in Boleslawiec and this is the main city of the country. Nibyland is not the biggest country its administrative division consists of a formation of independent cities called "województwo", there is just 6 such structures with the capitals in Zagan, Szporotawa, Pstraze, Chojnów, Dabrowa Bolesalwiecka, Polkowice and the 7th in the capital city.

**Ethnic groups:** Polish (98%), Slovaks (0,2%), Turkish (0,2%), Ukrainians (0,2%), Germans (0,1%), Czech (0,1%).

**Languages:** Polish and English (3 % of society), Russian (1% of society)

**Religion:** Religion: muslim (90%) and catholics (9%)

**Currency:** Polish Zloty

**International dial code:** +48

**Medical advice and vaccinations:** Medical advice and vaccinations: as specified by WHO for Middle and East Europe

Situation overview - Marcin Kedra (Poland) 1:34 hrs ago

[view/add comments](#)

An earthquake of 7,1 Magnitude at Richter scale hit the territory of Nibyland at 6:27 am. Epicenter of the earthquake was located 2km south east from the capital city of Boleslawiec (depth 9km).

The first assessment of the local Police and Firefighters says that the capital city of the Republic was severely damaged. More than 50% of the buildings (public, commercial and governmental) are destroyed. Two (out of four) hospitals are still running. Roads in the city are also severely damaged. Travelling between cities is at this stage impossible - only heavy equipment and aerial transport is possible. The number of casualties and homeless is unknown. Proper assessment stands as highest priority - says Gen. Wieslaw Ladniakiewicz - Head of Governmental Rescue Board.

According to the Mayor's Spokeperson - the city of Zagan - second biggest city of the Republic, was also badly damaged. More than 40% of the buildings was destroyed. Thousands of citizens became homeless. Local media (based on the Police reports) say about more than 300 dead.

All rescue forces, Police troops and Army was mobilized and sent to those two cities. It seems that those resources would be sufficient.

Pstraze - the mother town of the President of the Republic.

The most destroyed city - according to local Voluntary Rescue Brigade. There is more than 300 dead, 2500 are missing and more than 5000 become homeless (numbers not confirmed yet).

There is more than 250 buildings completely destroyed. Two schools, hospital and local chemical factory are severely damaged.

Only minor voluntary rescue organizations are on working on site. All professional Police and rescue troops were sent to the capital of the Republic and to the city of Zagan - says Mr. Wladyslaw Kuliwicky from Voluntary Fire Brigade "Pstraze Male".

Status of request of assistance

[view/add comments](#)

Assessments - Marcin Kedra (Poland) 1:22 hrs ago

[view/add comments](#)

There is no contact with local rescue forces nor Police troops. GPS network is not working at the moment. Radio communication is too weak to reach cities not destroyed by the earthquake - said Mr. Orafan from Orange Poland - the biggest GSM provider in Nybyland. The technical assistance was send to the most destroyed area but it will take hours if not days to restore communication.

Roads to the stricken area of Zagan were reported to be passable but some minor roads are in a very bad shape. Also some bridges were reported to be broken but no exact location was reported.

There are groups of homeless people leaving the cities in Nibyland in hundreds - local radio Pogoda reporter Marcin Kopa said. They are despair, hungry and in shock. They left everything behind and escaped with the fear of aftershocks.

## Situation

[Country baseline information](#)

[Situation overview](#)

[Status of request of assistance](#)

[Assessments](#)

[Security](#)

[Comments](#)

[Additional information](#)

## Response and Coordination

[National response](#)

[International response](#)

[Civil-Military coordination](#)

[Clusters](#)

[Coordination setup and meetings](#)

[Additional information](#)

## Customs, movement and logistics

[Communications](#)

[Critical infrastructure](#)

[Immigration and customs](#)

[Entry points \(airports, ports, ..\)](#)

[Additional information](#)

## Relief Teams

[Additional information](#)

## Relief Items

[Additional information](#)

## Maps and Satellite Images

[Additional information](#)

## Contacts

[Additional information](#)



# GDACS

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# GDACS

## ( Global Disaster Alert and Coordination System)

### The Military Armed Forces

Today, the army has got 10,000 men under arms at its command. They defend the country against external and internal enemies. For instance, army forces have recently arrested two members of the so-called Nibyland liberation front at their house near the South border not far away from the town of Trzebien. Thus the army has prevented potential terrorist attacks and they will carry on eliminating these disuniting elements. The army does not only fight against human enemies but in its medical centers and hospitals doctors and nurses are proud to treat people against illness and in case of injury. The citizens of Zagan, Trzebien and Pstraze are grateful for the cleanliness of their towns thanks to the city sanitation and garbage collection service.

### Rescue forces

The National Rescue system in Nibyland is well organized. The rescue forces in Nibyland together with public order services deal with crisis of any kind from fighting the fires through technical, chemical and ecological rescue. The services rescue victims from high buildings and constructions as well as from debris. They can perform any rescue activities in any environment but there is not enough rescuers to deal with disaster evolving huge numbers of casualties.

### Medical service

The health care system is maintained as public and free of charge for all citizens. There are several hospitals located in different part of Nibyland. Four of them are placed in the capital. Although the medical system is sufficient for ordinary days it is not prepared to deal with huge number casualties disasters.

### Travel

#### Domestic travel

There is no road public transportation on the territory of Nibyland. In order to travel across the country private cars should be used. The public roads and highways in Nibyland are all free of charge. The road network connects each and every town in the country, as well as the main villages and towns in the neighboring countries (via border crossings). The national railway connects Boleslawiec, Zagan, Pstraze with several villages in the country. It is used for public transportation as well as by goods trains to transport chemicals to a chemical plant in Pstraze.

#### International Travel

The only way of reaching Nibylands is traveling by road. The only border crossing point is located next to Trzebien on international road connecting Poland and Nibyland.

#### Travel requirements

Foreign nationals entering the territory of Nibyland must carry a valid passport or equivalent document. A visa must be obtained beforehand from the competent diplomatic representation of Nibyland. Exceptions may be granted in special cases, certain restrictions may apply then. The immigration authority officers shall issue a separate permit to allow entry or departure. The issuance of entry permits is restricted to persons who are not banned from entering Nibyland. A temporary limited entry permit shall be granted to foreign nationals.

## Možná rizika

- alimentární nákaza ( jídlo, pití, zvyklosti stravování)
- únos
- náboženství
- kontakt s agresory – psychika postižených , „ žebrota “
- izolace od rodiny
- možnost úrazu, zdravotní komplikace
- deficit spánku
- klimatické podmínky – výskyt nebezpečných zvířat
- bezpečnostní situace
- snižující se zásoby – zdravotnický materiál, léky, potraviny...



- Alimentární nákaza



# • ÚNOS



- Náboženství



- Psychika postižených – kontakt s agresory „žebrota“



- Izolace od rodiny, možnost úrazu, deficit spánku





- Klimatické podmínky – výskyt nebezpečných zvířat





- Snižující se zásoby



# Reakce na stres

- akutní reakce na stres – A a B reakce
- posttraumatická stresová porucha  
3 a více měsíců po traumatické události

# Psychosociální podpora

- SPIS
- vyškolení peři – členové TT ČR
- podpora při reakci členů na stressové situace
  - na místě nasazení
  - následné reakce po návratu domů



# Psychosociální podpora

- SPIS
- vyškolení pečeři – členové TT ČR
- pečeři
  - aktivity vně
  - psychické reakce postižených zasažených
  - nutná spolupráce s tlumočníkem

PSYCHOSOCIÁLNÍ  
INTERVENČNÍ  
PÉČE PO PROŽITÝCH  
PROFESNĚ NÁROČNÝCH  
SITUACÍCH



Podoby péče,  
kterých můžete využít:

- Skupinová péče o zasahující profesionály i operátorky
- Individuální kontakt s vycvičeným kolegou či odborníkem na duševní zdraví

Základní pravidla při  
poskytování intervenční  
péče:

- Účast je dobrovolná
- Nekritizujeme
- Nehodnotíme
- Zachováváme důvěrnost a anonymitu
- Nic se nezapisuje



Další informace naleznete na:

[www.spismz.cz](http://www.spismz.cz)

Kontakt na koordinátora:

# DĚKUJI ZA POZORNOST

