



# **Cílená léčba život ohrožujícího krvácení dle trombelastometrie (koncentráty koagulačních faktorů)**

**ivana zýková**

# Cílená léčba koncentráty koagulačních faktorů dle trombelastometrie v doporučených postupech



## Guidelines on the management of severe perioperative bleeding

Sibylle A. Kozek-Langenecker<sup>1</sup>, Arash Afshari<sup>2</sup>, Pierre Albaladejo<sup>3</sup>, Cesar Aldecoa Alvarez Santullano<sup>4</sup>, Edoardo De Robertis<sup>5</sup>, Daniela C. Filipescu<sup>6</sup>, Dietmar Fries<sup>7</sup>, Klaus Görlinger<sup>8</sup>, Thorsten Haas<sup>9</sup>, Georgina Imberger<sup>10</sup>, Matthias Jacob<sup>11</sup>, Marcus Lancé<sup>12</sup>, Juan Llau<sup>13</sup>, Sue Mallett<sup>14</sup>, Jens Meier<sup>15</sup>, Niels Rahe-Meyer<sup>16</sup>, Charles Marc Samama<sup>17</sup>, Andrew Smith<sup>18</sup>, Cristina Solomon<sup>19</sup>, Philippe Van der Linden<sup>20</sup>, Anne Juul Wikkelsø<sup>21</sup>, Patrick Wouters<sup>22</sup>, Piet Wyffels<sup>22</sup>



Spahn et al. Crit Care  
<http://ccforum.com>



RESEARCH

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## Management of bleeding and coagulopathy following major trauma: an updated European guideline

Donat R Spahn<sup>1</sup>, Bertil Bouillon<sup>2</sup>, Vladimir Cerny<sup>3,4</sup>, Timothy J Coats<sup>5</sup>, Jacques Duranteau<sup>6</sup>, Enrique Fernández-Mondéjar<sup>7</sup>, Daniela Filipescu<sup>8</sup>, Beverley J Hunt<sup>9</sup>, Radko Komadina<sup>10</sup>, Giuseppe Nardi<sup>11</sup>, Edmund Neugebauer<sup>12</sup>, Yves Ozier<sup>13</sup>, Louis Riddez<sup>14</sup>, Arthur Schultz<sup>15</sup>, Jean-Louis Vincent<sup>16</sup> and Rolf Rossaint<sup>17\*</sup>

## Coagulation monitoring

### Recommendation 12

We recommend that routine practice to **detect post-traumatic coagulopathy** include the repeated and complete measurement of prothrombin time (PT), activated partial thromboplastin time (APTT), fibrinogen, and platelets. (Grade 1C)

We recommend that **viscoelastic methods** also be performed to assist in characterising the coagulopathy and in guiding haemostatic therapy. (Grade 1C)

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**použití viskoelastických metod**

**kyselina tranexamová**

# V. Management krváčení a koagulace

## Plasma

### *Recommendation 26*

We recommend the initial transfusion of plasma

(fresh frozen plasma or cryoprecipitate-depleted plasma) (Grade 2C)

in patients with acute bleeding

and a plasma

**FFP nebo fibrinogen**

ratio of at least **1:2**. (Grade 2C)

that plasma transfusion be avoided in patients with acute bleeding without substantial bleeding. (Grade 1B)

## Prothrombin complex concentrate

*Recommendation 31*

We recommend the early use of prothrombin complex concentrate for emergency reversal of vitamin K antagonist therapy.

If a concomitant thrombocytopenia is present, we suggest that PCC be used in addition to thromboelastometric evidence of delayed clotting.

Thromboelastometry appears to be a useful tool to guide

therapy in patients with traumatic coagulopathy.

**PCC při prodloužení iniciace**

# Outo

- Bleeding

**Cílená léčba koncentráty koagulačních faktorů snižuje počet podaných transfuzních přípravků**

**Cílená léčba koncentráty koagulačních faktorů snižuje ICU dny, délku UPV i počet infekčních komplikací**

# Cena, komplikace

- Implementation of **transfusion and coagulation management algorithms** (based on TEG/ROTEM) to **reduce transfusion-associated mortality** in **major surgery and liver transplantation**.

- **Goal-directed transfusion** and **coagulation management**

**Pokles nákladů**

associated with

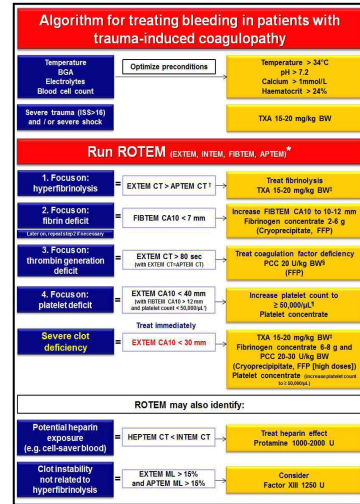
and post-hospital costs. B

**therapy with fibrinogen and/or PCC guided by TEG/ROTEM is not associated with an increased incidence of thromboembolic events. C**

**naše evoluce**







**2008 2009 2010 2011 2012 2013 2014**

**Implementace systému  
časného a rutinního POC vyšetření  
koagulace je  
stěžejní**

**(2009 až dnes)**



# „denní praxe“

Život ohrožující krvácení = přítomnost anesteziologa

Trauma tým

Operační sály

Porodnické krvácení

Urgentní příjem

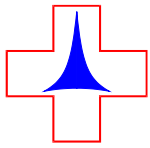
ICU, .....

Rotem je umístěn na lůžkové stanici ARO (2 přístroje a Platelet)

Vzorky jsou přinášeny na ARO z celé nemocnice

**Všichni lékaři na ICU provádějí vyšetření a analýzu křivek s doporučením další terapie**





## Organizace urgentního traumatologického příjmu KNL



**Triage pozitivní pacient**

**Standardní postup  
15 minut (ATLS)**

**Diagnostika a terapie  
Vyloučení či vyřešení život ohrožujících stavů**



**Dýchací cesty  
Zdroje velkého krvácení: hemothorax, hemoperitoneum,  
nestabilní pánev, fraktury dlouhých kostí, zevní krvácení  
Tenzní pneumothorax  
Tamponáda srdeční**

**Oběhově stabilní x nestabilní pacient**

**CT v režimu polytrauma**

**Zástava krvácení:  
OR, AG,...**



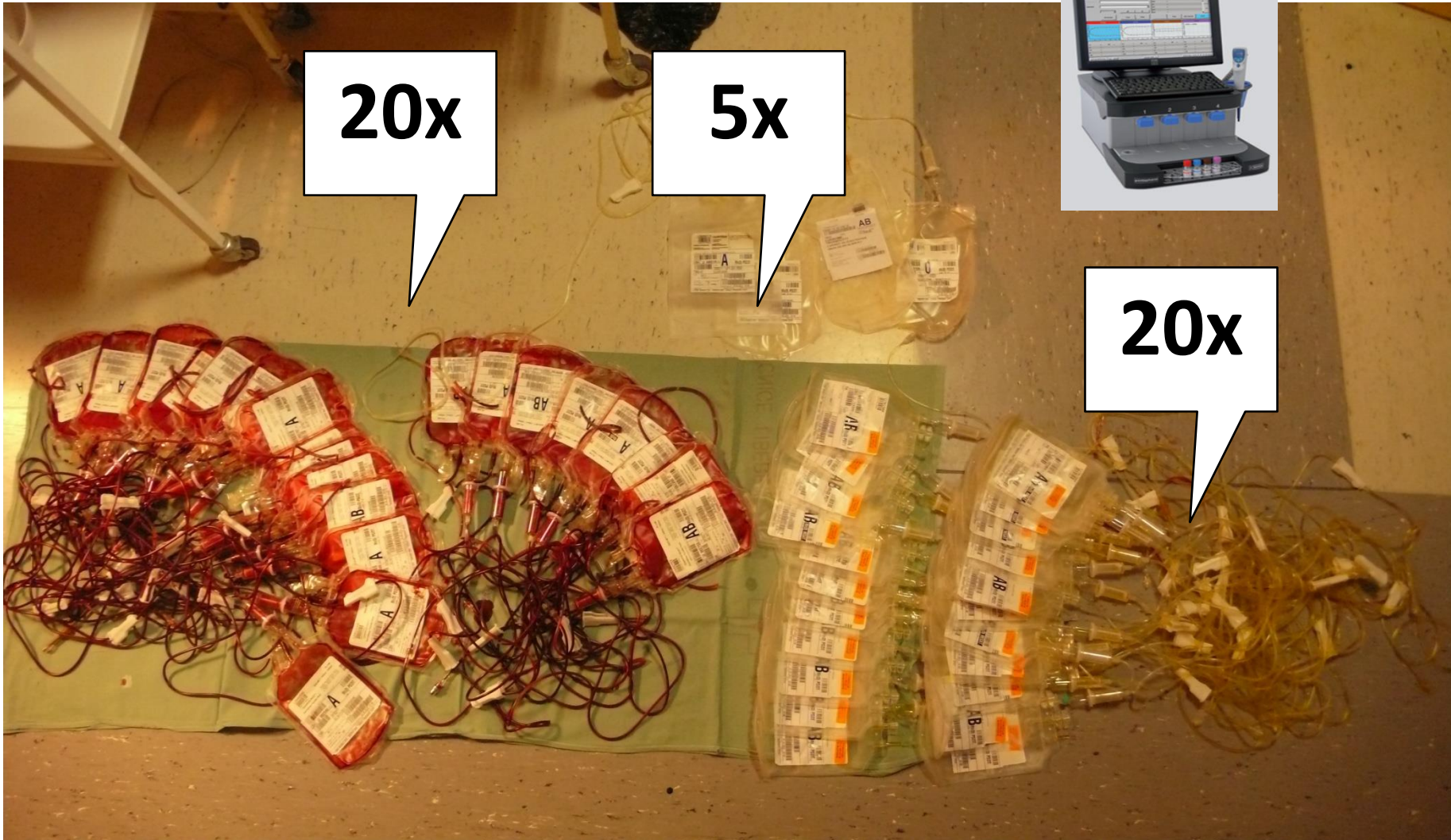
**naše evoluce**



**20x**

**5x**

**20x**



# **kasuistika**

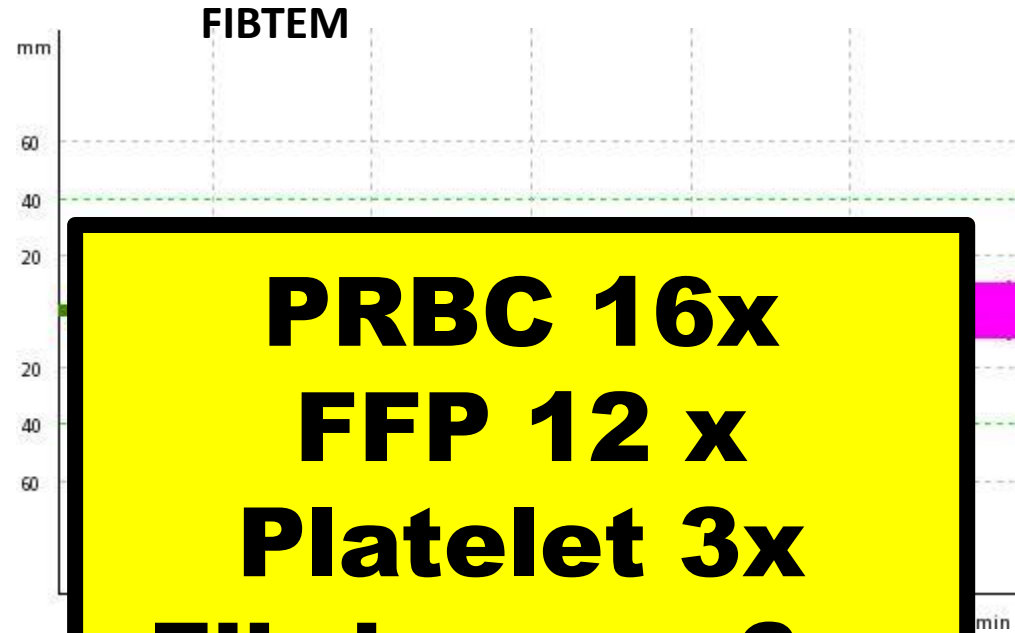
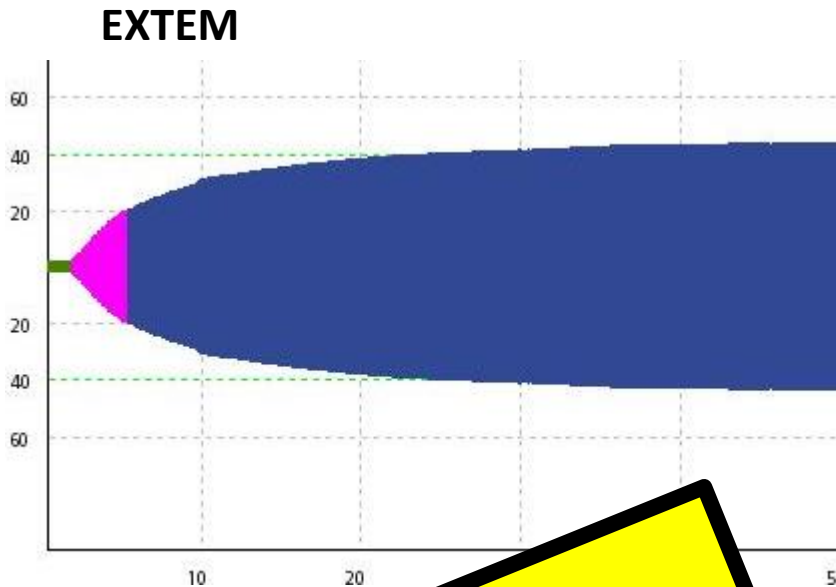
## **after ROTEM/before algorithm**

- **Female, 21 years, collision with a car on a motorcycle**
- **BP 65/30, P 140/min on admission**
- **FAST – haemoperitoneum, pelvic fracture**
- **taken to OR**
- **external pelvic fixation, laparotomy, splenic rupture, splenectomy, tamponade**
- **CT scan**
- **Leak from cauda pancreatis and splenic hilus**
- **Relaparotomy, tamponade**



**2010**

# case report after ROTEM/before algorithm



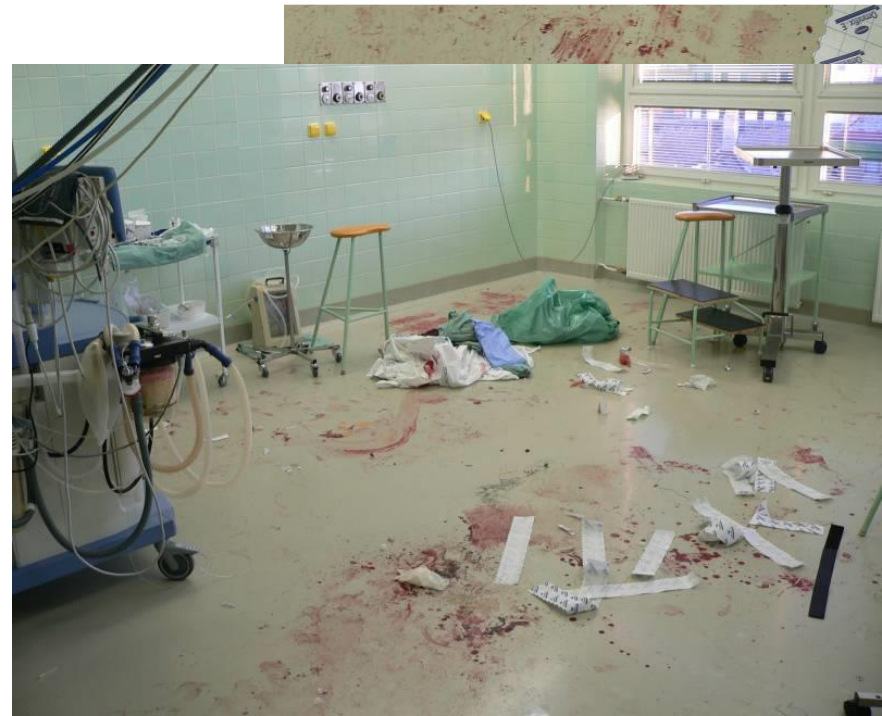
**2010**

**PRBC 16x**  
**FFP 12 x**  
**Platelet 3x**  
**Fibrinogen 6 g**  
**PCC 1500 i.u.**





# Masivní transfuzní protokol a fibrinogen dle ROTEM

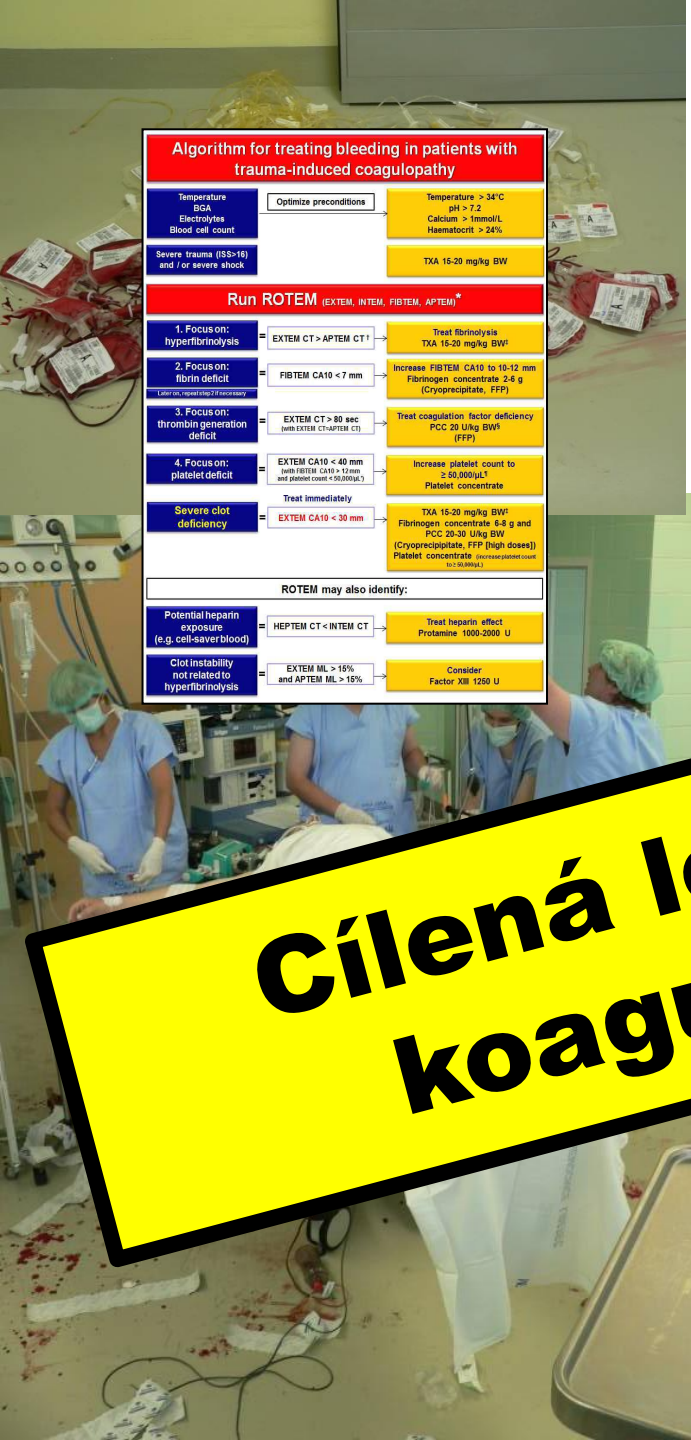


**Algorithm for treating bleeding in patients with trauma-induced coagulopathy**



**Cílená léčba koncentráty koagulačních faktorů**

**2014**



REVIEW

Open Access

# Early and individualized goal-directed therapy for trauma-induced coagulopathy

Herbert Schöchl<sup>1,2\*</sup>, Marc Maegele<sup>3</sup>, Cristina Solomon<sup>1</sup>, Klaus Görlinger<sup>4</sup> and Wolfgang Voelckel<sup>2</sup>

### Abstract

Severe trauma-related bleeding is associated with high mortality. Standard coagulation tests provide limited information on the underlying coagulation disorder. Whole-blood viscoelastic tests such as rotational thromboelastometry or thrombelastography offer a more comprehensive insight into the coagulation system in trauma. The results are available within minutes and they provide information about the initiation of the speed of clot formation, and the quality and stability of the clot. Viscoelastic tests help to tailor coagulation therapy according to the actual needs of each patient, reducing the risk of over- and under-treatment. The concept of early, individualized and goal-directed therapy is explored. A hospital algorithm for managing trauma-induced coagulopathy is presented.

**Keywords:** ROTEM, TEG, trauma, goal-directed coagulation therapy

### Introduction

Major brain injury and uncontrolled bleeding are the primary causes of death in trauma patients [1-3]. One-quarter of all trauma patients die from massive bleeding [4].

**Na našem pracovišti je od poloviny roku 2013 používán AUVA protokol v léčbě život ohrožujícího krvácení, vytvořený v Trauma hospital Salzburg, Austria.**



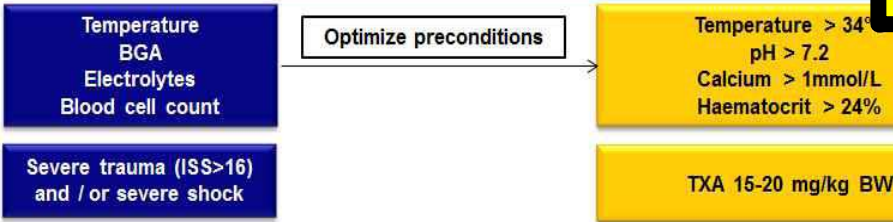
## AUVA PROTOKOL



\* Correspondence: [herbert.schoechl@salzburger-landesklinik.at](mailto:herbert.schoechl@salzburger-landesklinik.at)  
<sup>1</sup>Ludwig Boltzmann Institute for Trauma and Disaster Medicine, Salzburg, Austria  
Full list of author information is available at the end of the article

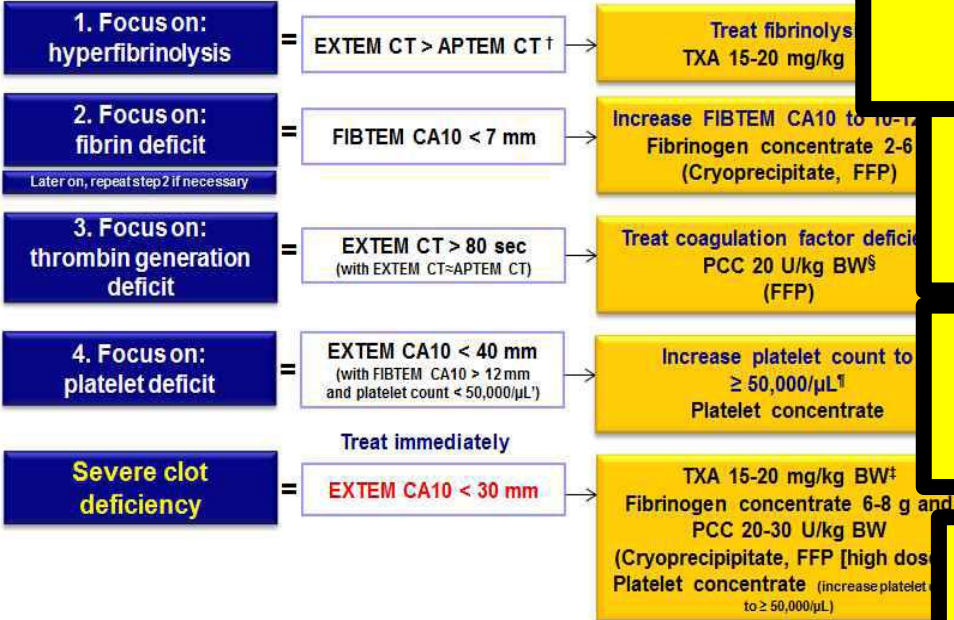
# Algorithm for treating bleeding in patients with trauma-induced coagulopathy

**Optimalizace podmínek**



**Hyperfibrinolýza**

## Run ROTEM (EXTEM, INTEM, FIBTEM, APTEM)\*



**Fibrinogen**

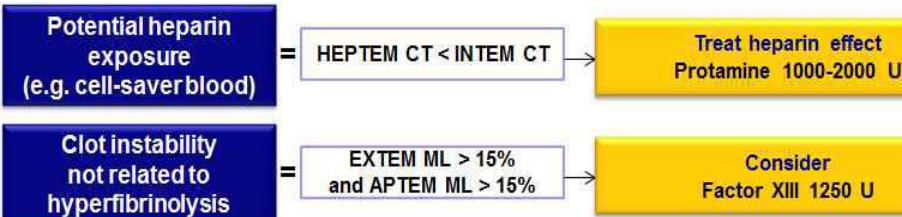
**PCC při prodloužení iniciace**

**Trombocyty**

**Těžká porucha koagulace**

**FXIII**

### ROTEM may also identify:



# F XIII

RESEARCH

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## Management of bleeding and coagulopathy following major trauma: an updated European guideline

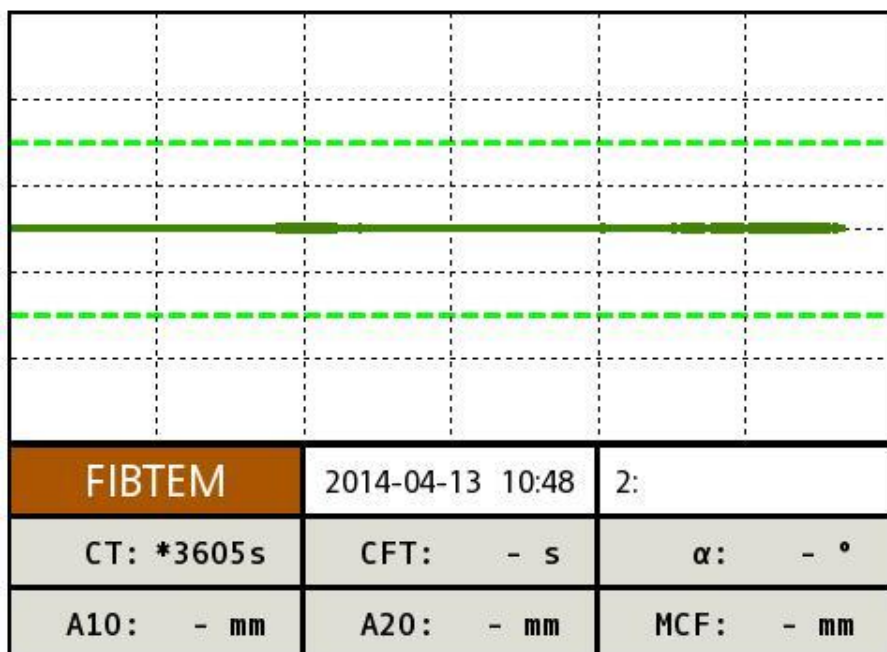
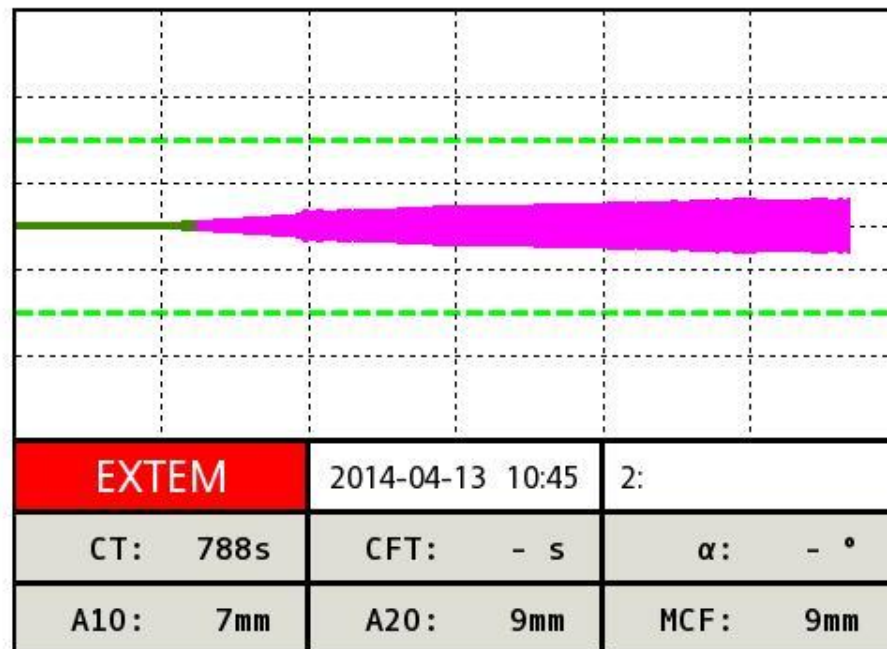
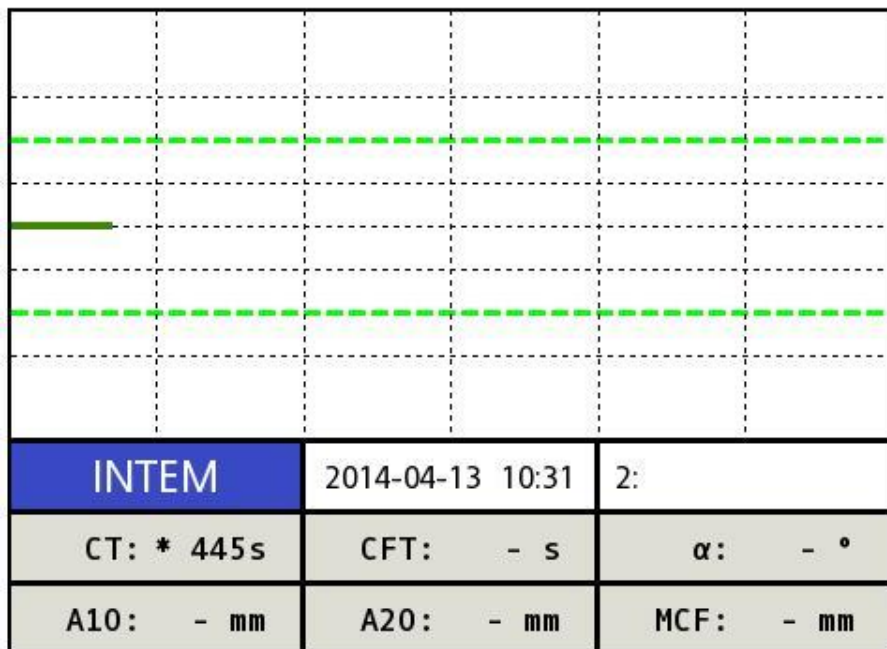
Donat R Spahn<sup>1</sup>, Bertil Bouillon<sup>2</sup>, Vladimir Cerny<sup>3,4</sup>, Timothy J Coats<sup>5</sup>, Jacques Duranseau<sup>6</sup>, Enrique Fernández-Mondéjar<sup>7</sup>, Daniela Filipescu<sup>8</sup>, Beverley J Hunt<sup>9</sup>, Radko Komadina<sup>10</sup>, Giuseppe Nardi<sup>11</sup>, Edmund Neugebauer<sup>12</sup>, Yves Ozier<sup>13</sup>, Louis Riddez<sup>14</sup>, Arthur Schultz<sup>15</sup>, Jean-Louis Vincent<sup>16</sup> and Rolf Rossaint<sup>17\*</sup>

- In cases of **ongoing or diffuse bleeding** and **low clot strength despite adequate fibrinogen concentrations**, it is likely that FXIII activity is critically reduced. In cases of significant deficiency (i.e. **<60%** concentration)

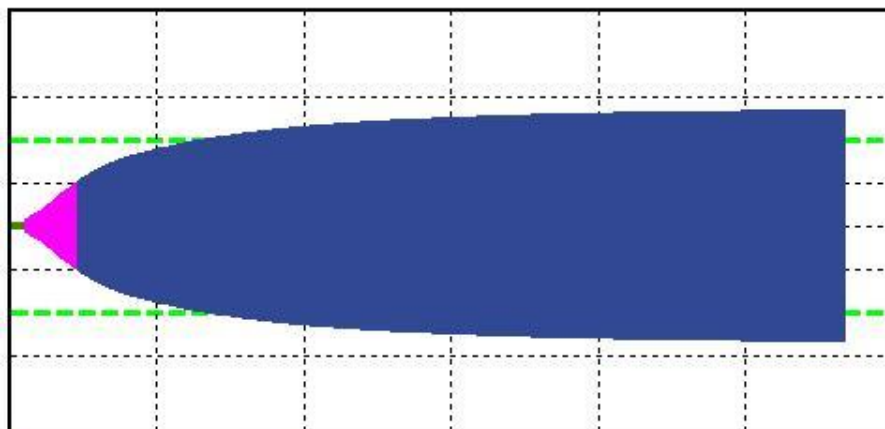
**Vyšetření dostupné : 24/7  
Koncentrát dostupný/zatím  
nepodán**

# **Kasuistika - PPH**

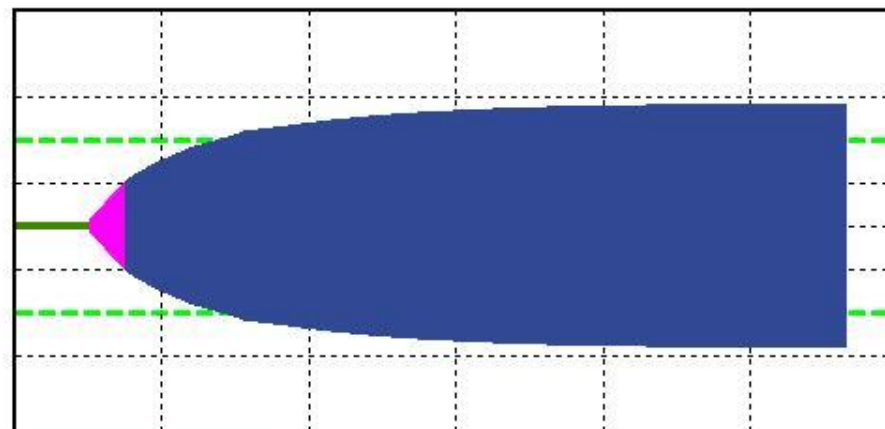
# melkova 1



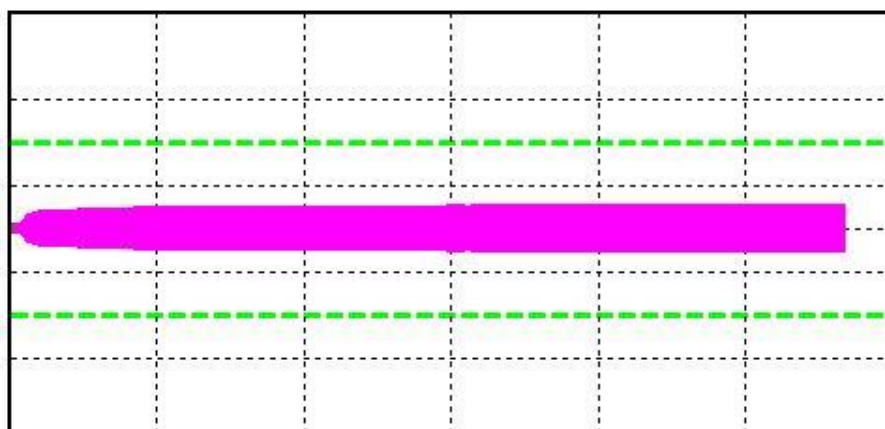
melkova 3a



<b>APTEM</b>	2014-04-13 12:49	2:
CT: 70s	CFT: 226s	$\alpha$ : 51°
A10: 36mm	A20: 46mm	MCF: 53mm



<b>INTEM</b>	2014-04-13 12:46	2:
CT: 327s	CFT: 156s	$\alpha$ : 61°
A10: 41mm	A20: 50mm	MCF: 56mm



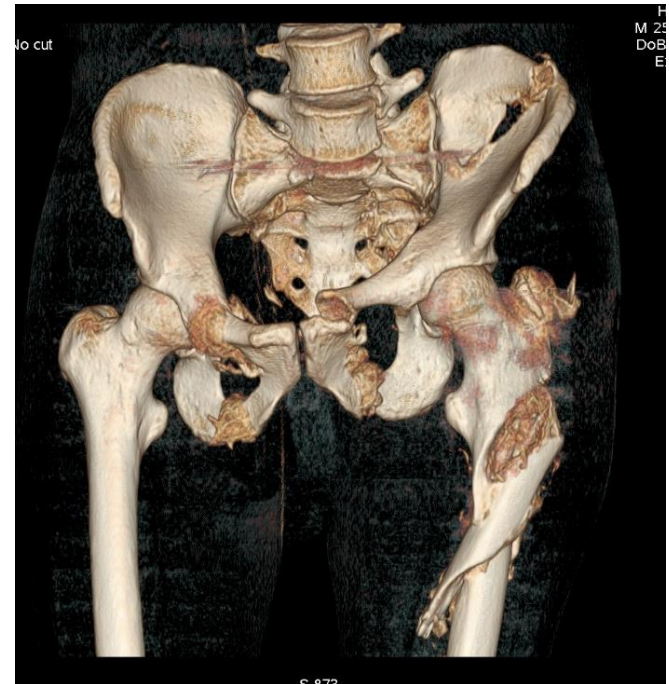
<b>FIBTEM</b>	2014-04-13 12:48	2:
CT: 22s	CFT: - s	$\alpha$ : 47°
A10: 10mm	A20: 10mm	MCF: 10mm

**TXA 1500 mg**  
**Fibrinogen 10 g**  
**PCC 2500 i.u.**  
**1 j. Trombo**  
**5 x PRBC**

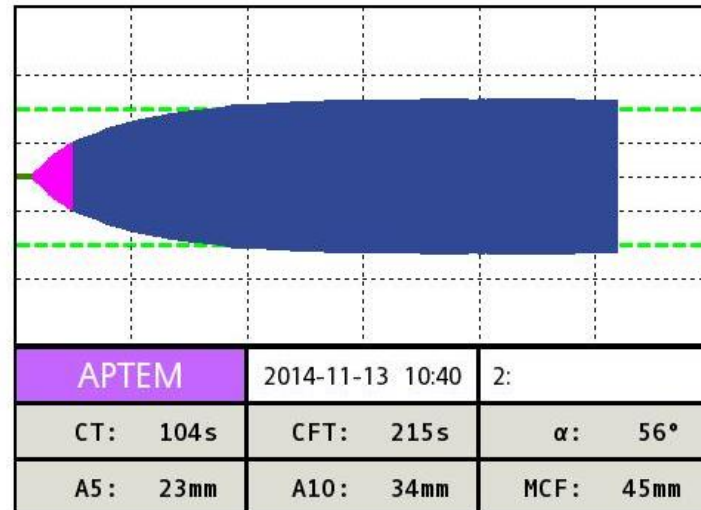
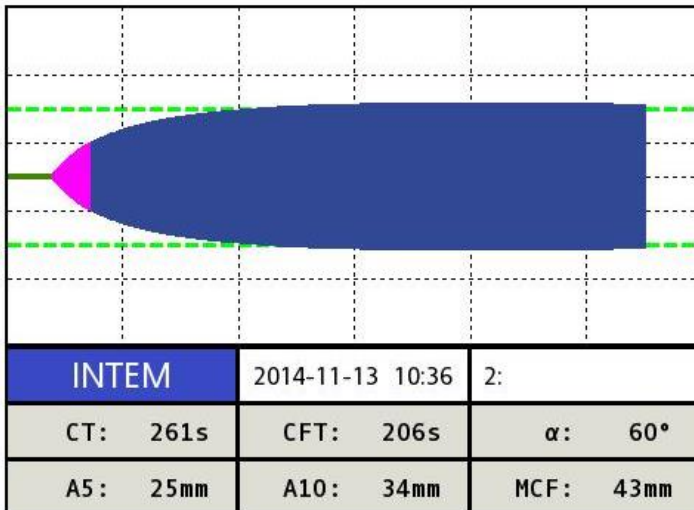
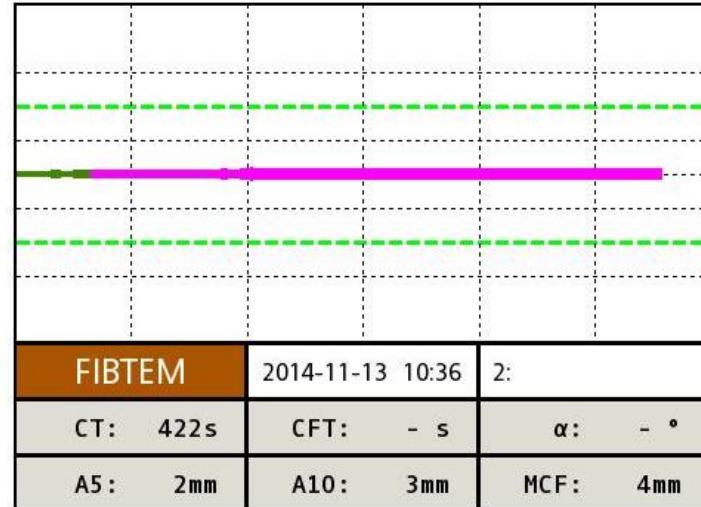
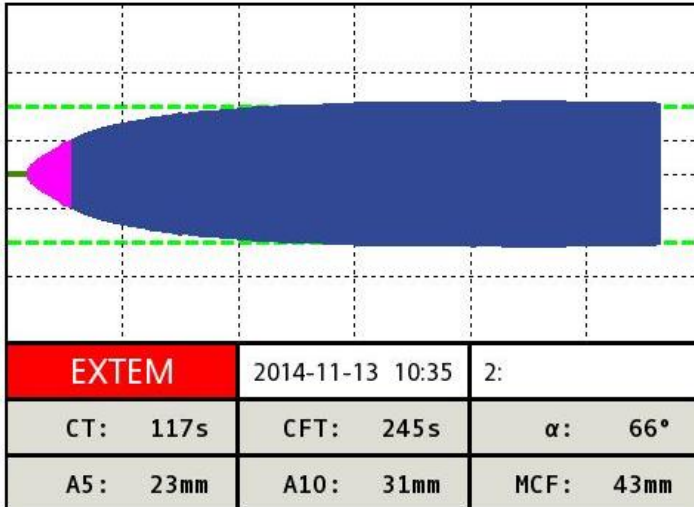


# kazuistika trauma

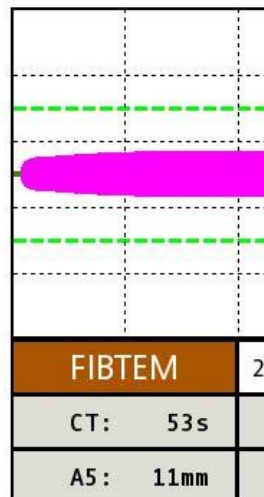
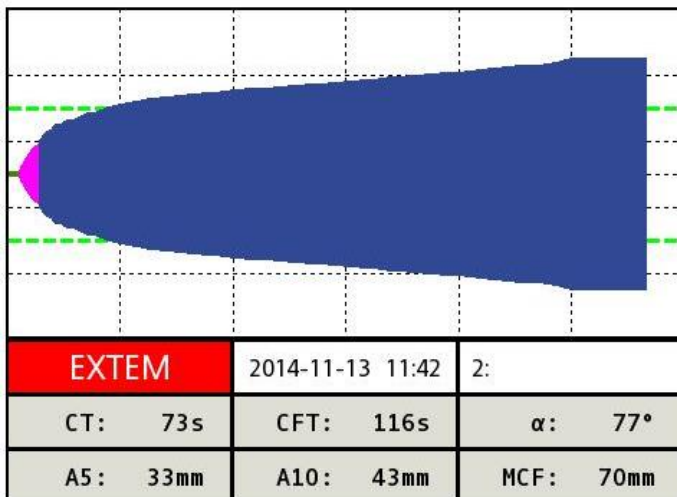
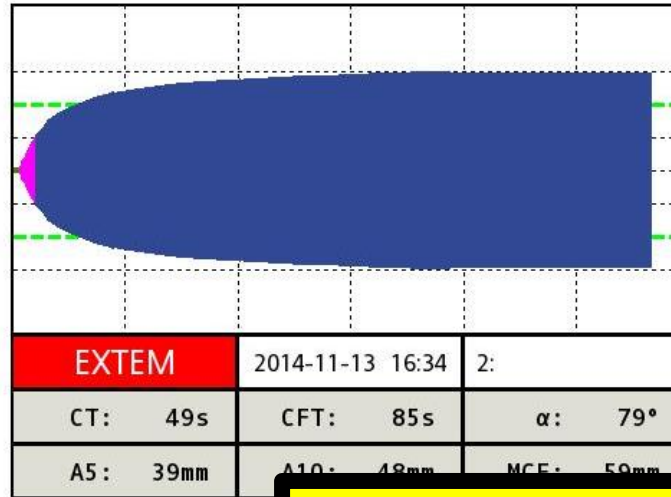
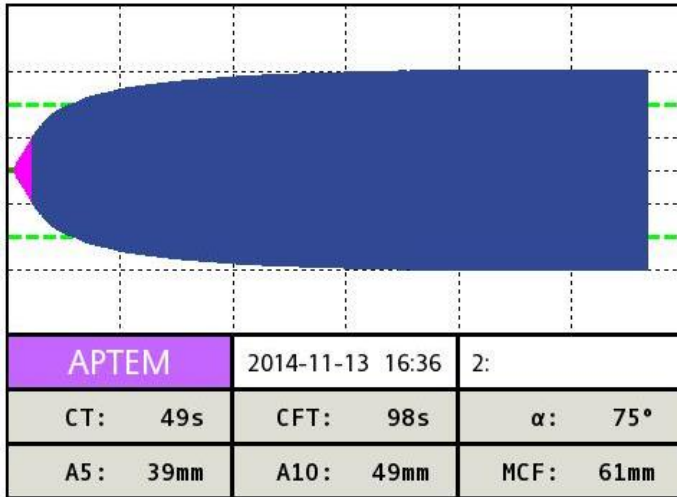
- Muž 30 let
- Pád z výšky na hlavu, z 2. patra
- SDH FTP I.sin., rruptura sleziny, fr. pánve, fr. colli fem.



# kazuistika trauma



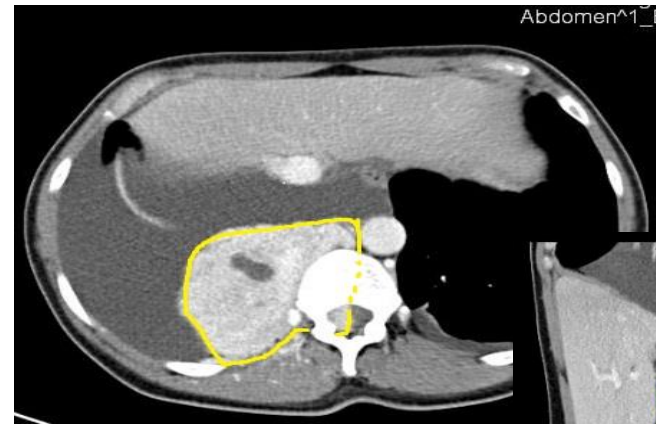
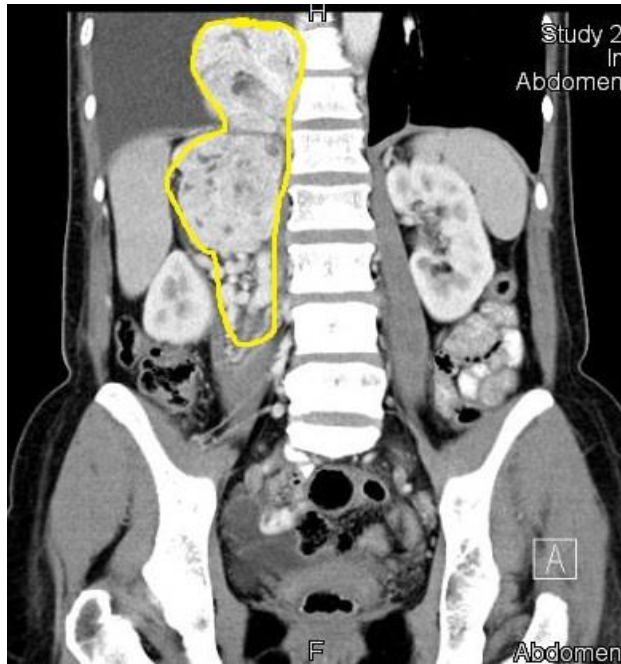
# kazuistika trauma



**TXA 2000 mg**  
**Fibrinogen 8 g**  
**PCC 1800 i.u.**  
**4 x PBRC**


# elektivní operace

- **Fibrozní tumor prorůstající z mediastina do retroperitonea**
- **2 plánované operace**



# 1. operace

**TXA 1000 mg**  
**Fibrinogen 6 g**  
**1 x trombo**  
**6 x PRBC**



<b>INTEM</b>	2014-03-05 12:32	2:
CT: 191s	CFT: 81s	$\alpha$ : 74°
A10: 52mm	A20: 58mm	MCF: 60mm

<b>FIBTEM</b>	2014-03-05 12:32	2:
CT: 57s	CFT: - s	$\alpha$ : 62°
A10: 9mm	A20: 10mm	MCF: 9mm

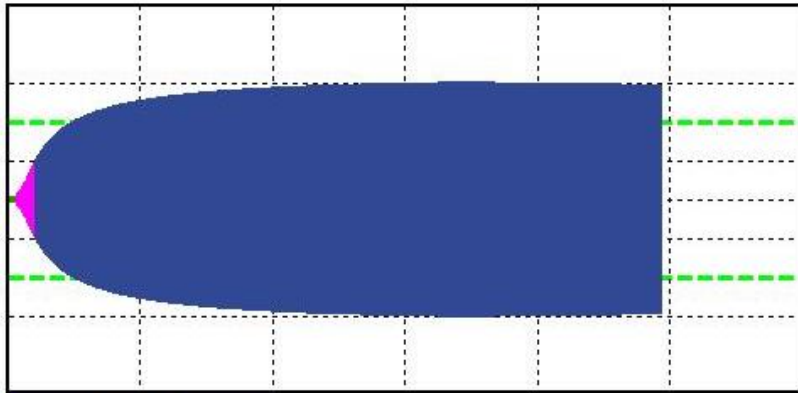
**Krevní  
ztráta  
6300 ml**

erace

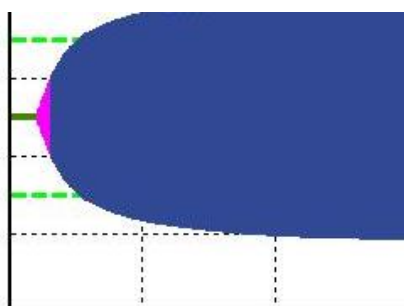
**Fibrinogen 4 g  
11 x PRBC**



<b>EXTEM</b>	2014-03-25 12:15	2:
CT: 64s	CFT: 85s	$\alpha$ : 76°
A10: 51mm	A20: 58mm	MCF: 60mm



<b>APTEM</b>	2014-03-25 12:31	2:
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<u>Before operation</u> Hbg 115 g/l platelets 570 tis./ $\mu$ l Fbg 5,5 g/l		
<b>INTEM</b>	2014-03-25 12:17	2:
CT: 133s	CFT: 67s	$\alpha$ : 76°
A10: 55mm	A20: 61mm	MCF: 63mm

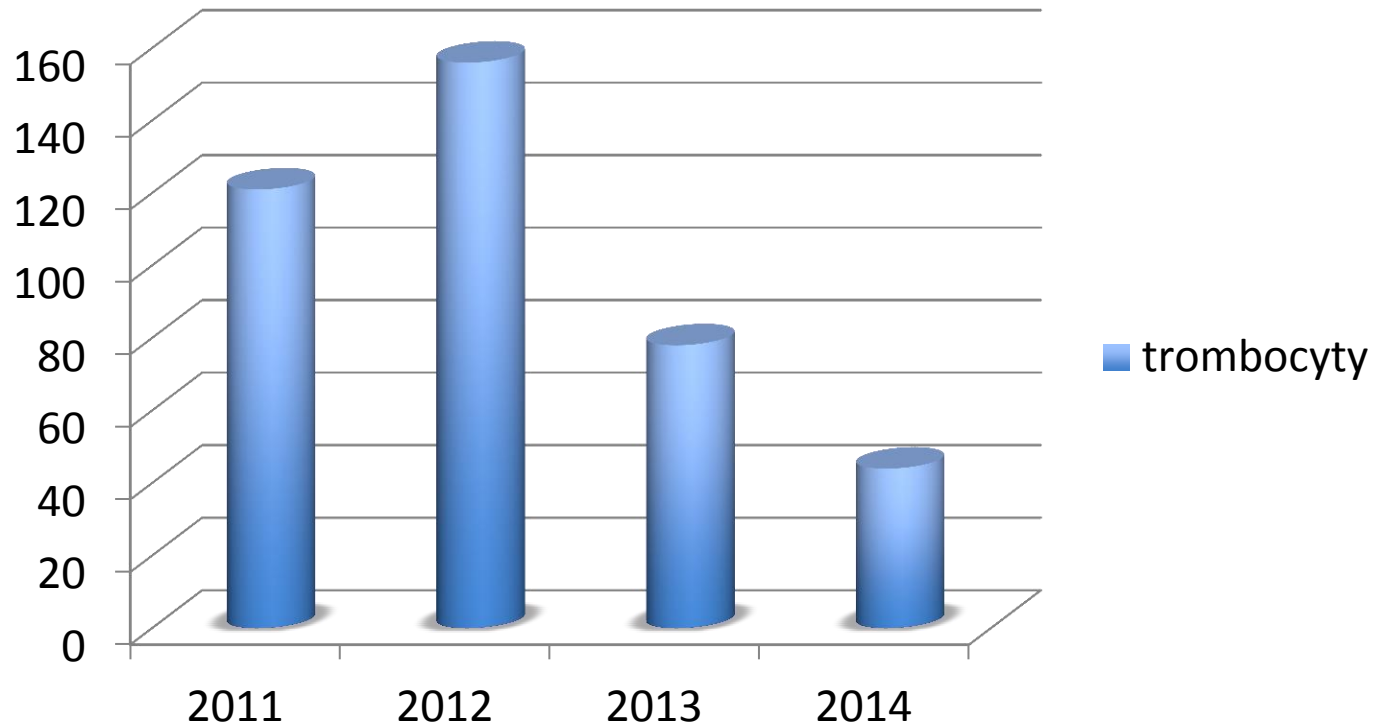
**Krevní  
ztráta  
7500 ml**

# **předběžná data**



# trombocyty

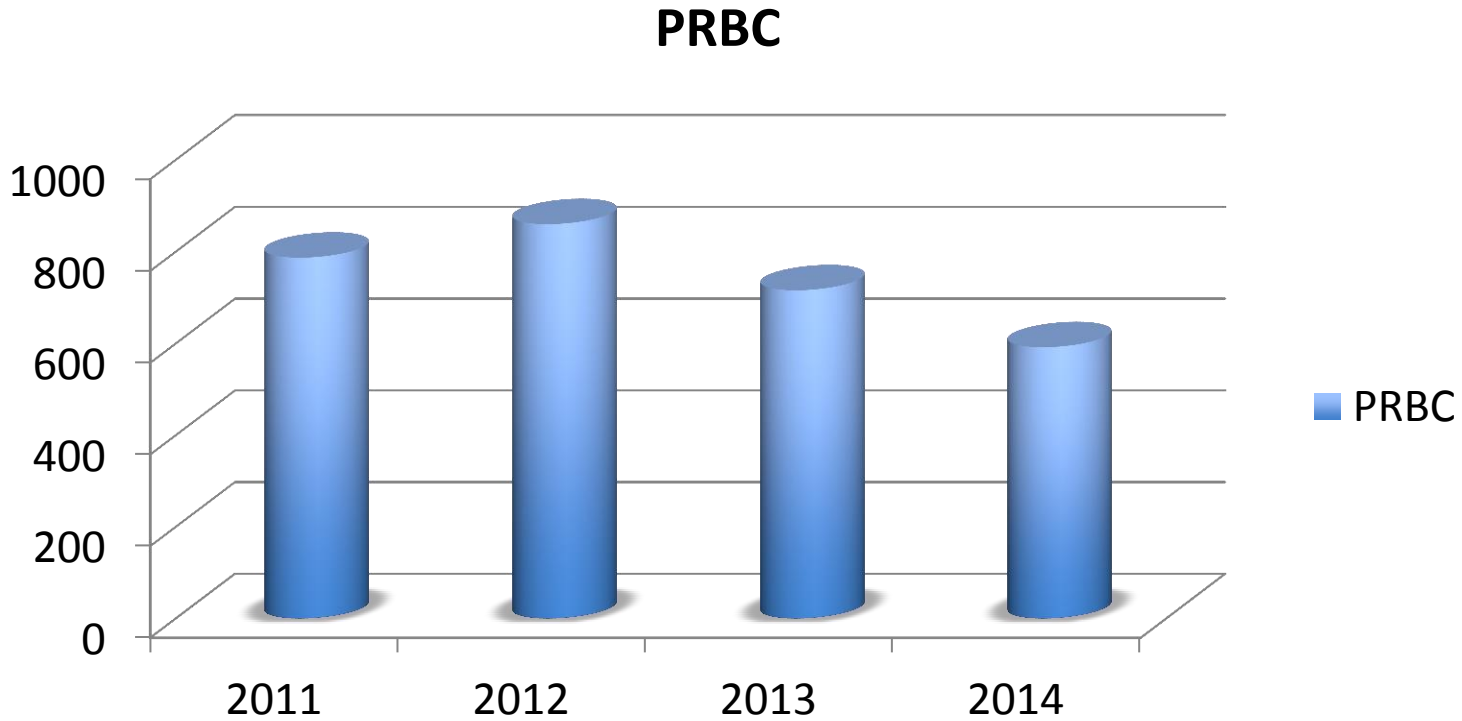
trombocyty



**Pokles o 44 %**

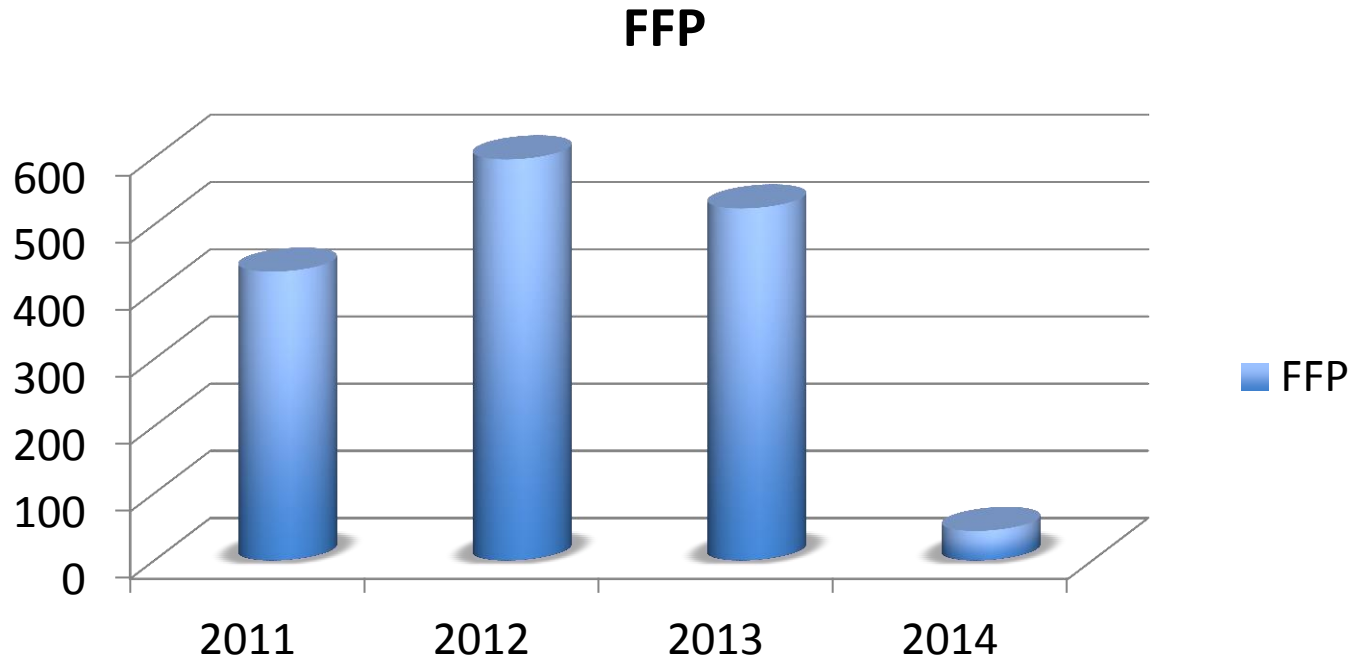


# PRBC



**Pokles o 18 %**

# FFP



**Pokles o více než 90%**

# Závěr



**léčba krvácení: časná, rychlá, cílená**

**„one size does not fit all“**

**„masivní transfuzní protokol a podávání plasmy je lepší než nic“**

**nutná je implementace časného POC testování**

**implementace léčebného algoritmu je nutná (a přináší pokles nákladů)**

# děkuji za pozornost

**Pozvánka na**

**KURZ POUŽITÍ ROTAČNÍ TROMBELASTOMETRIE  
V PERIOPERAČNÍ A INTENZIVNÍ MEDICÍNĚ**

Anesteziologicko - resuscitační oddělení Krajské nemocnice Liberec, a.s. si Vás dovoluje pozvat na workshop praktického použití rotační trombelastometrie v perioperační a intenzivní medicíně.

**Nyní v termínech 24.3.2015 a 21.4.2015**

**registrace a info na [ivana.zykova@nemlib.cz](mailto:ivana.zykova@nemlib.cz)  
[paya.sedlak@gmail.com](mailto:paya.sedlak@gmail.com)**

**Tel. 485 312 125**

*Těšíme se na vás*

