

**JAN BLÁHA**

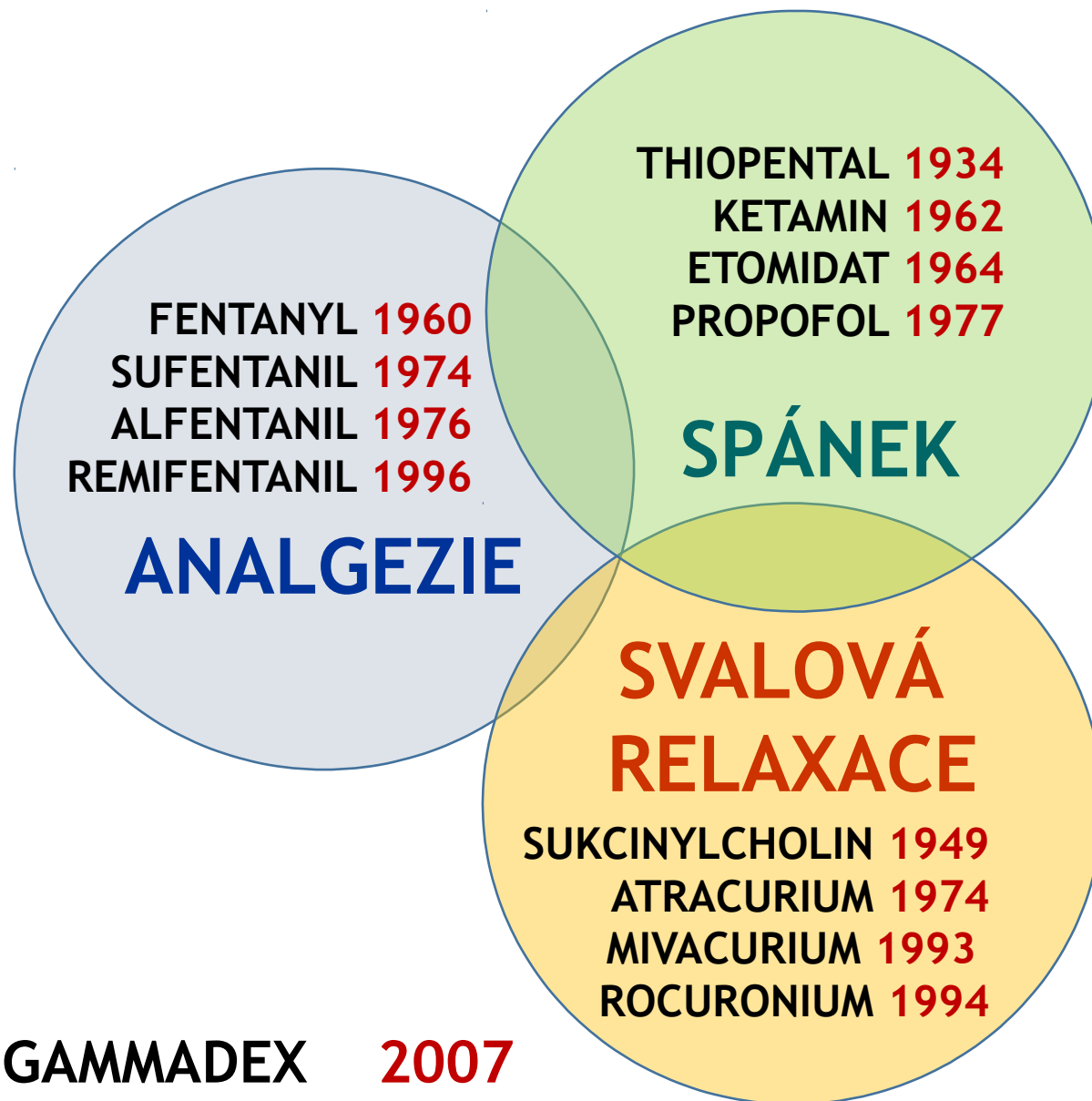
**Klinika anesteziologie, resuscitace  
a intenzivní medicíny**

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Všeobecná fakultní nemocnice v Praze



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**O ČEM SE (LETOS)  
MLUVÍ...**





Silva Mt al. Local Reg Anesth. 2010; 3: 143–153



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# DIAGNOSTIKA A LÉČBA PERIPARTÁLNÍHO ŽIVOT OHROŽUJÍCÍHO KRVÁCENÍ

## ČESKO-SLOVENSKÝ MEZIOBOROVÝ DOPORUČENÝ POSTUP

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**AKTUALIZACE 2018**

### 1. Úvod

V předloženém dokumentu jsou formulována doporučení pro diagnostický a léčebný postup u pacientek s rozvojem život ohrožujícího krvácení v souvislosti s těhotenstvím a/nebo porodem se zaměřením na tzv. peripartální život ohrožující krvácení. Jednotlivá doporučení vycházejí z dostupných publikovaných odborných zdrojů k dané problematice a názorů členů pracovní skupiny, včetně externích oponentů. Implementace v textu formulovaných doporučení musí být vždy zvažována v aktuálním klinickém kontextu a z pohledu poměru přínosu a rizika jednotlivých konkrétních postupů. Dokument nenahrazuje základní odborné zdroje dané problematiky a neuvádí povinnosti zdravotnických pracovníků určené zákonnými normami.

## GUIDELINES

## Management of severe perioperative bleeding: guidelines from the European Society of Anaesthesiology

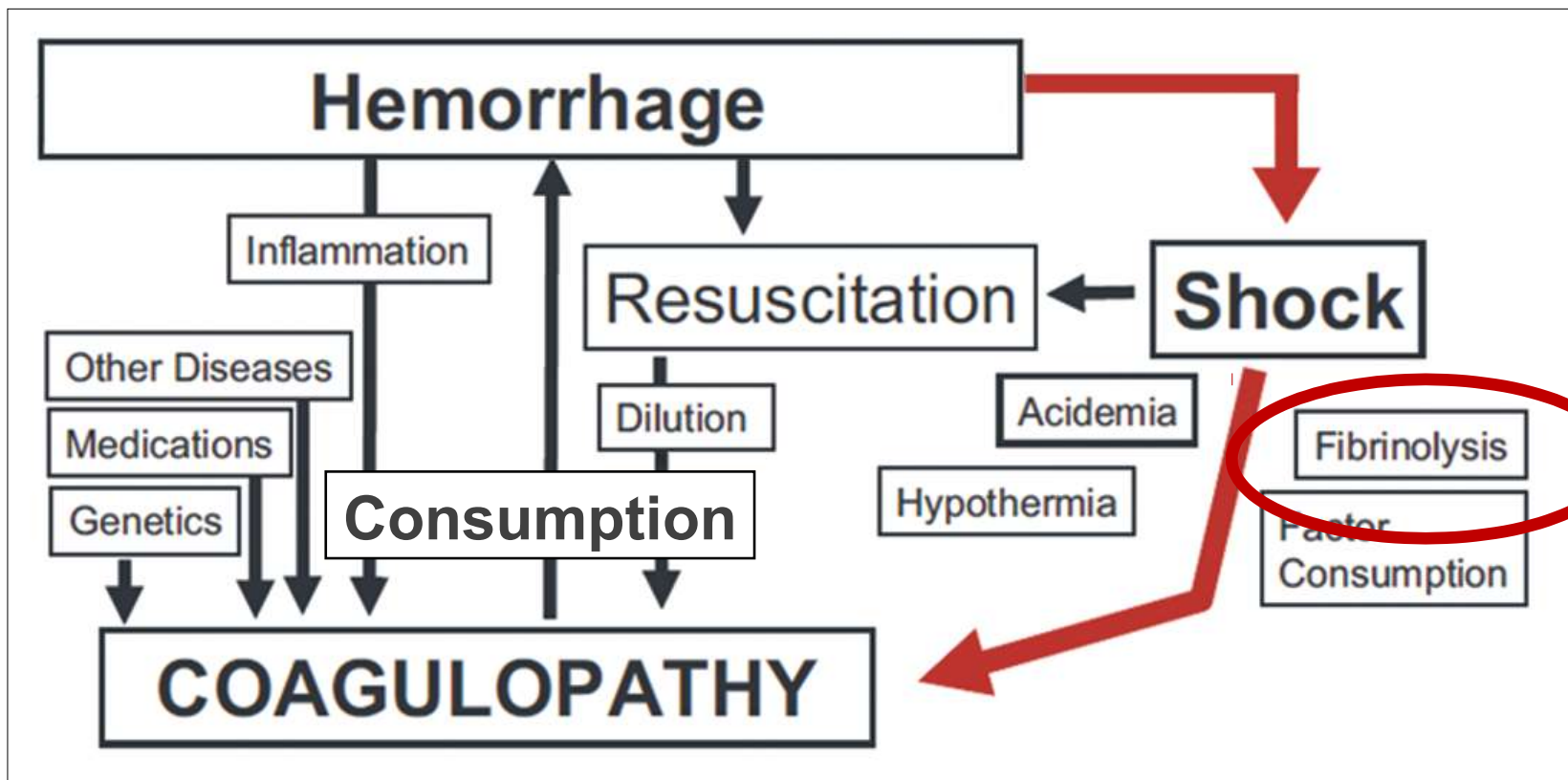
*First update 2016*

Sibylle A. Kozek-Langenecker, Aamer B. Ahmed, Arash Afshari, Pierre Albaladejo, Cesar Aldecoa, Guidrius Barauskas, Edoardo De Robertis, David Faraoni, Daniela C. Filipescu, Dietmar Fries, Thorsten Haas, Matthias Jacob, Marcus D. Lancé, Juan V.L. Pitarch, Susan Mallett, Jens Meier, Zsolt L. Molnar, Niels Rahe-Meyer, Charles M. Samama, Jakob Stensballe, Philippe J.F. Van der Linden, Anne J. Wikkelsø, Patrick Wouters, Piet Wyffels and Kai Zacharowski



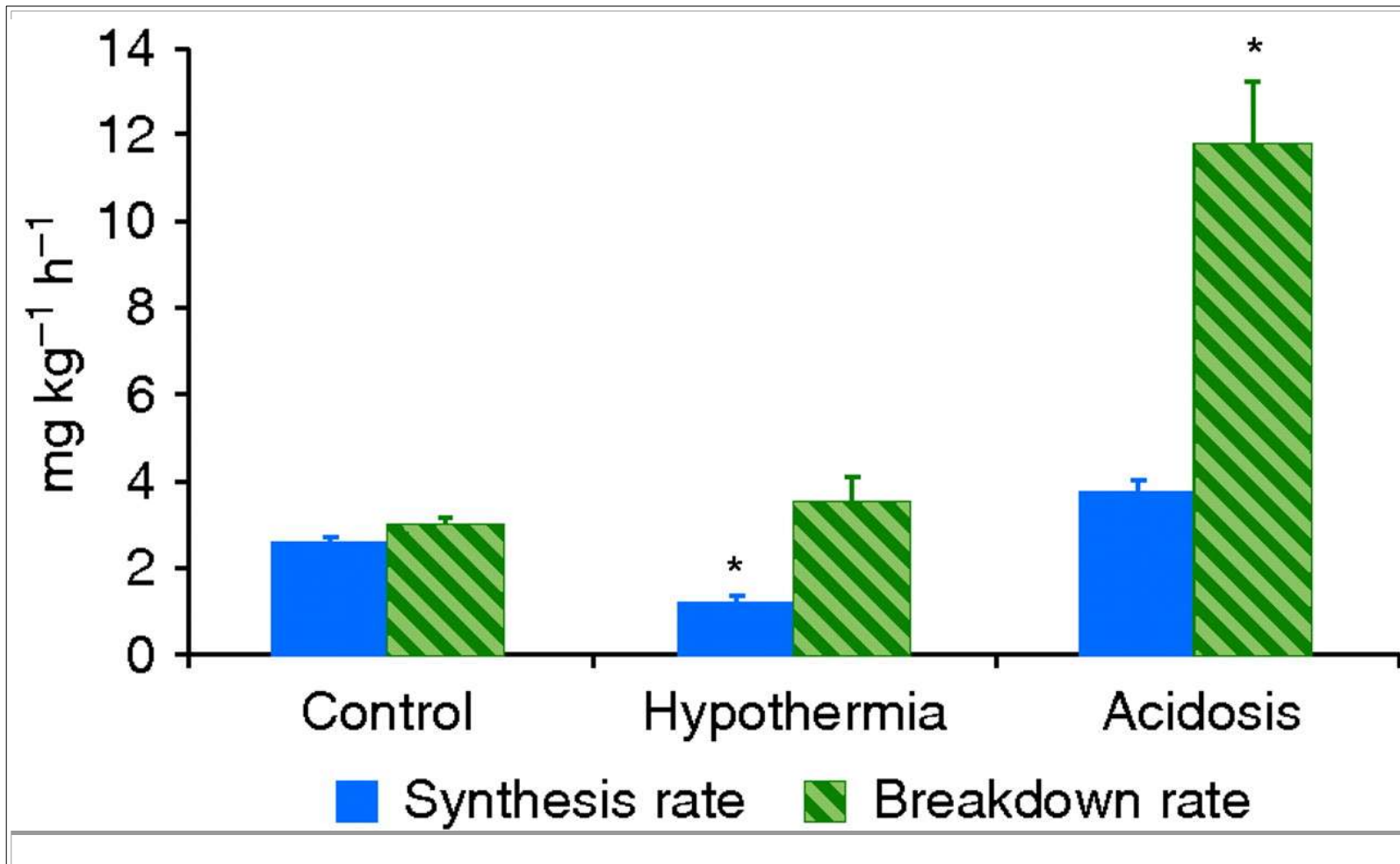
### 1.7. General coagulation management

We suggest assessing fibrinogen levels in parturients with bleeding, as levels less than  $2 \text{ g l}^{-1}$  may identify those at risk of severe PPH. **2B**



Adaptováno z Hess et al. J Trauma. 2008;65:748-54

Changes in fibrinogen synthesis and breakdown in pigs after haemorrhage, hypothermia, and acidosis.



Fries D , and Martini WZ. Br. J. Anaesth. 2010;105:116-121



# Effect of early tranexamic acid administration on mortality, hysterectomy, and other morbidities in women with post-partum haemorrhage (WOMAN): an international, randomised, double-blind, placebo-controlled trial



Published Online  
 April 26, 2017  
[http://dx.doi.org/10.1016/S0140-6736\(17\)30638-4](http://dx.doi.org/10.1016/S0140-6736(17)30638-4)

WOMAN Trial Collaborators\*

## Summary

**Background** Post-partum haemorrhage is the leading cause of maternal death worldwide. Early administration of tranexamic acid reduces deaths due to bleeding in trauma patients. We aimed to assess the effects of early administration of tranexamic acid on death, hysterectomy, and other relevant outcomes in women with post-partum haemorrhage.

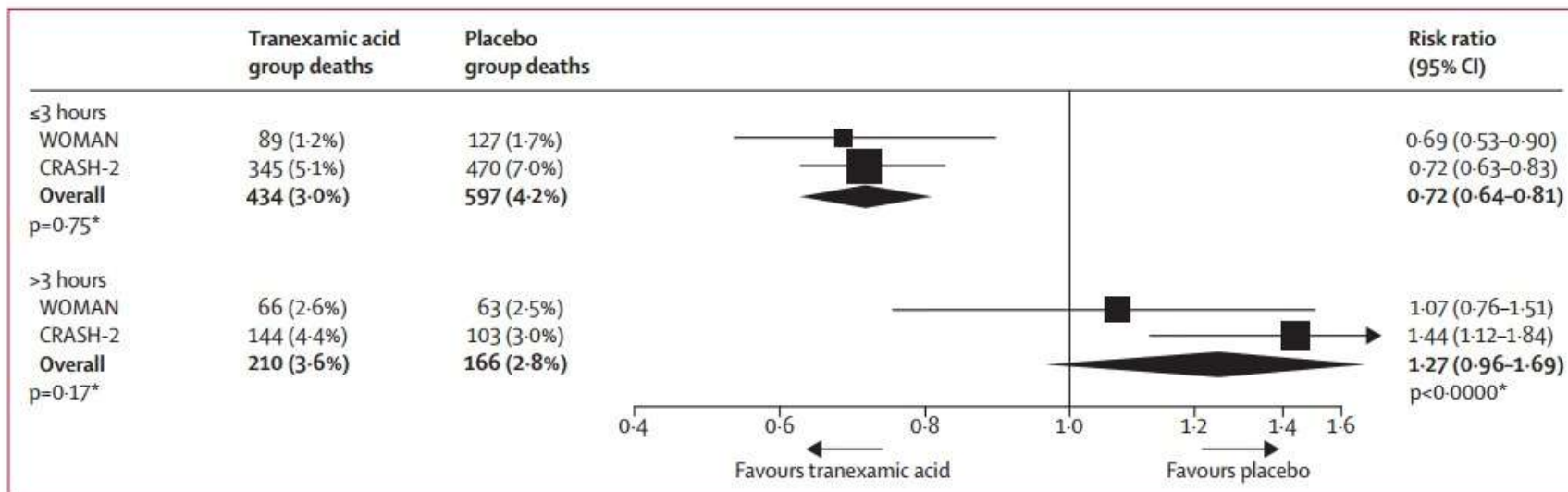


Figure 5: Time to treatment

\*Heterogeneity p value.

**Interpretation** Tranexamic acid reduces death due to bleeding in women with post-partum haemorrhage with no adverse effects. When used as a treatment for postpartum haemorrhage, tranexamic acid should be given as soon as possible after bleeding onset.

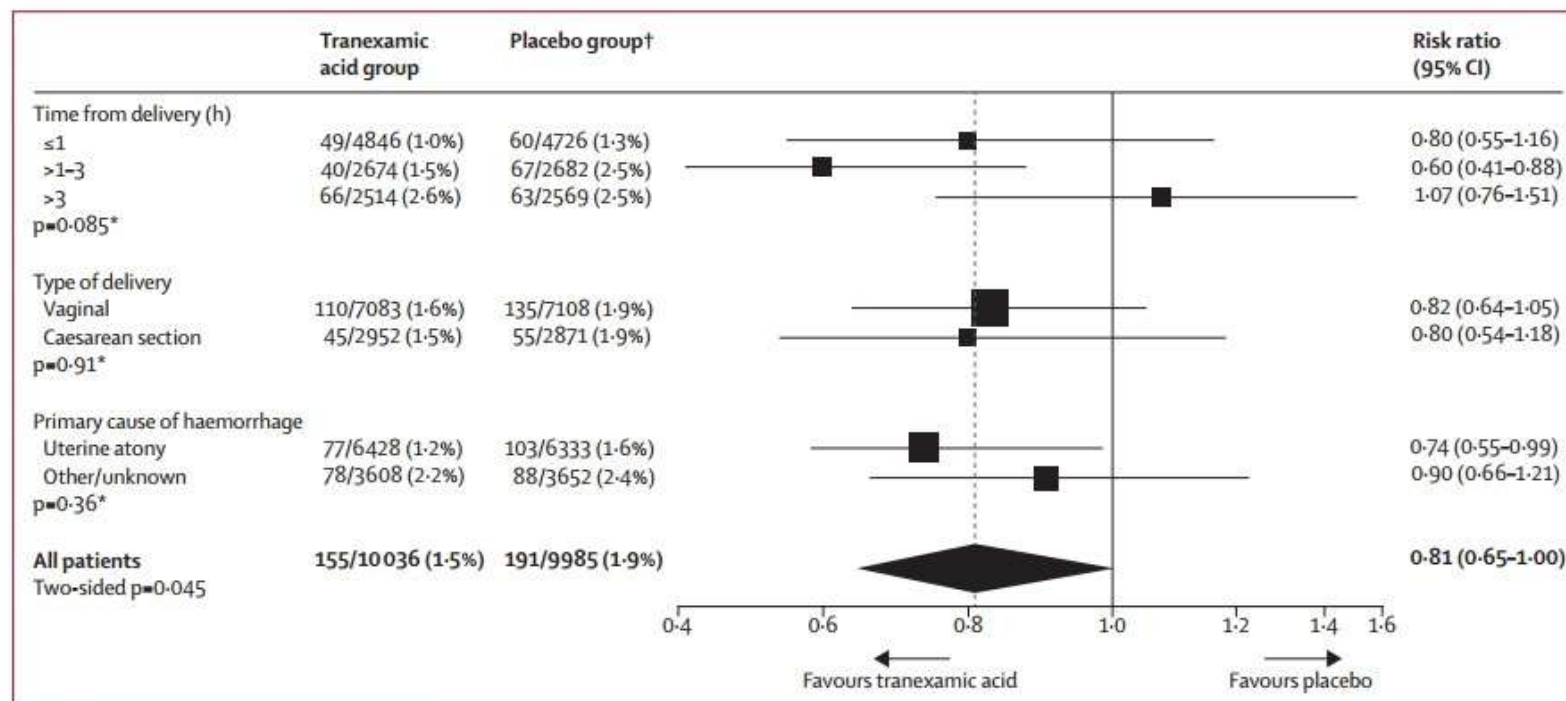


Figure 3: Death from bleeding by subgroup

\*Heterogeneity p value. †One patient excluded from subgroup analysis because of missing baseline data.

### 3.6.6.

V úvodní etapě léčby pacientů se ŽOK doporučujeme použití jednoho ze dvou následujících postupů:

- a) použití jednotek čerstvě zmražené plazmy (FFP) v poměru k jednotkám erytrocytových transfuzních přípravků (ETP) aspoň 1:2. (1B),
- b) podání fibrinogenu a ETP podle jejich aktuálních hodnot/hladin. (1C)







**35**  
**minut**



**=**



**8**  
**minut**

## GUIDELINES

### 1.7. General coagulation management

### Guidelines

Fibrinogen concentration of less than 1.5 to 2 g l<sup>-1</sup> is considered as hypofibrinogenaemia in acquired coagulopathy and is associated with increased bleeding risk. **1C**

Cesar Aldecoa,  
 Dietmar Fries,  
 et al.,  
 et al.,  
 et al.,  
 Kai Zacharowski

We suggest an initial fibrinogen concentrate dose of 25 to 50 mg kg<sup>-1</sup>. **2C**

Plasma transfusion alone is not sufficient to correct hypofibrinogenaemia. **C**

# National audit of the use of fibrinogen concentrate to correct hypofibrinogenaemia

N. D. Gollop,<sup>1</sup> J. Chilcott,<sup>2</sup> A. Benton,<sup>3</sup> R. Rayment,<sup>2</sup> J. Jones<sup>4</sup> & P. W. Collins<sup>2</sup>

<sup>1</sup>The School of Medicine, <sup>2</sup>Department of Haematology, University Hospital of Wales and School of Medicine, Cardiff University Cardiff,

<sup>3</sup>Department of Haematology, Singleton Hospital, Swansea University Swansea, and <sup>4</sup>Welsh Blood Service Cardiff UK

Table 2. Effect of fibrinogen infusion on fibrinogen levels

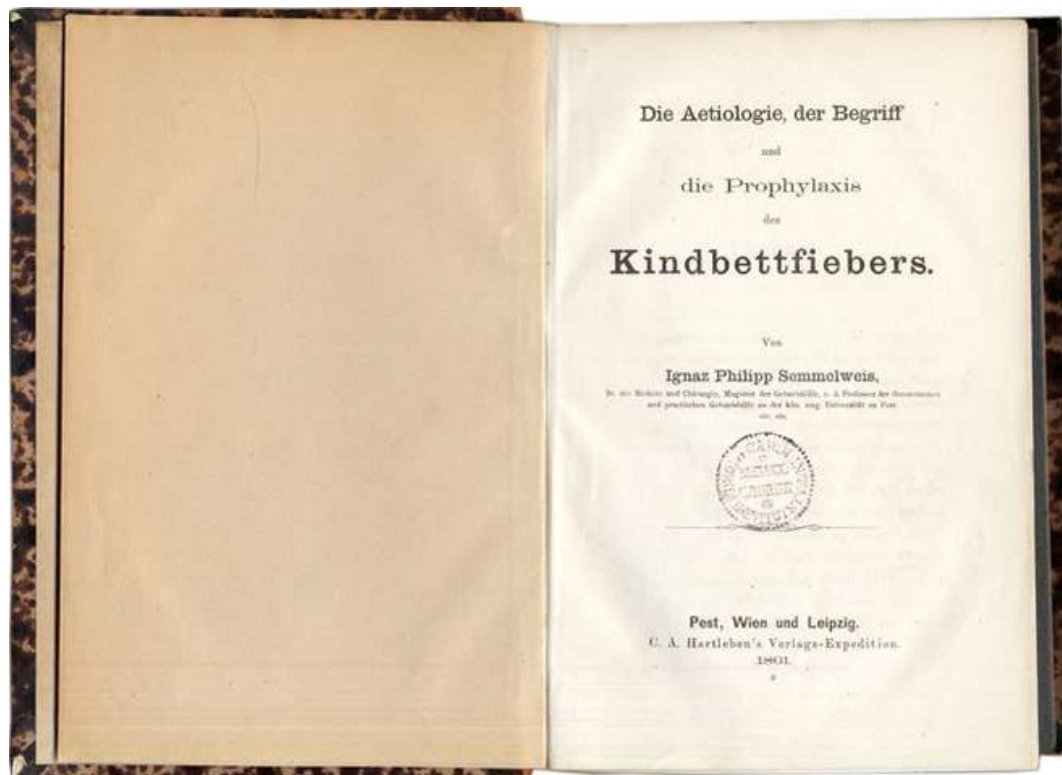
	Fibrinogen (g L <sup>-1</sup> ) before infusion	Fibrinogen (g L <sup>-1</sup> ) after infusion	Absolute increment in fibrinogen (g L <sup>-1</sup> )	Adjusted increment in fibrinogen (g L <sup>-1</sup> increase per mg kg <sup>-1</sup> infused)
Bleeding patients (n = 46)	1.0 (0.7–1.3) 0.4–3.4	2 (1.4–2.4) 0.5–4.3	0.9 (0.5–1.3) –0.6 to 2.6	0.02 (0.01–0.03) –0.01 to 0.1
Non-bleeding patients (n = 17)	0.9 (0.5–1.2) 0.3–1.7	1.7 (1.3–2.5) 0.9–3.7	0.8 (0.6–1.5) 0.1–3.2	0.02 (0.01–0.03) 0–0.08

Fibrinogen levels and observed increment are shown. Data are median, (IQR) and range.

pro zvýšení o 1 g/l  
je nutná dávka  
60 mg/kg

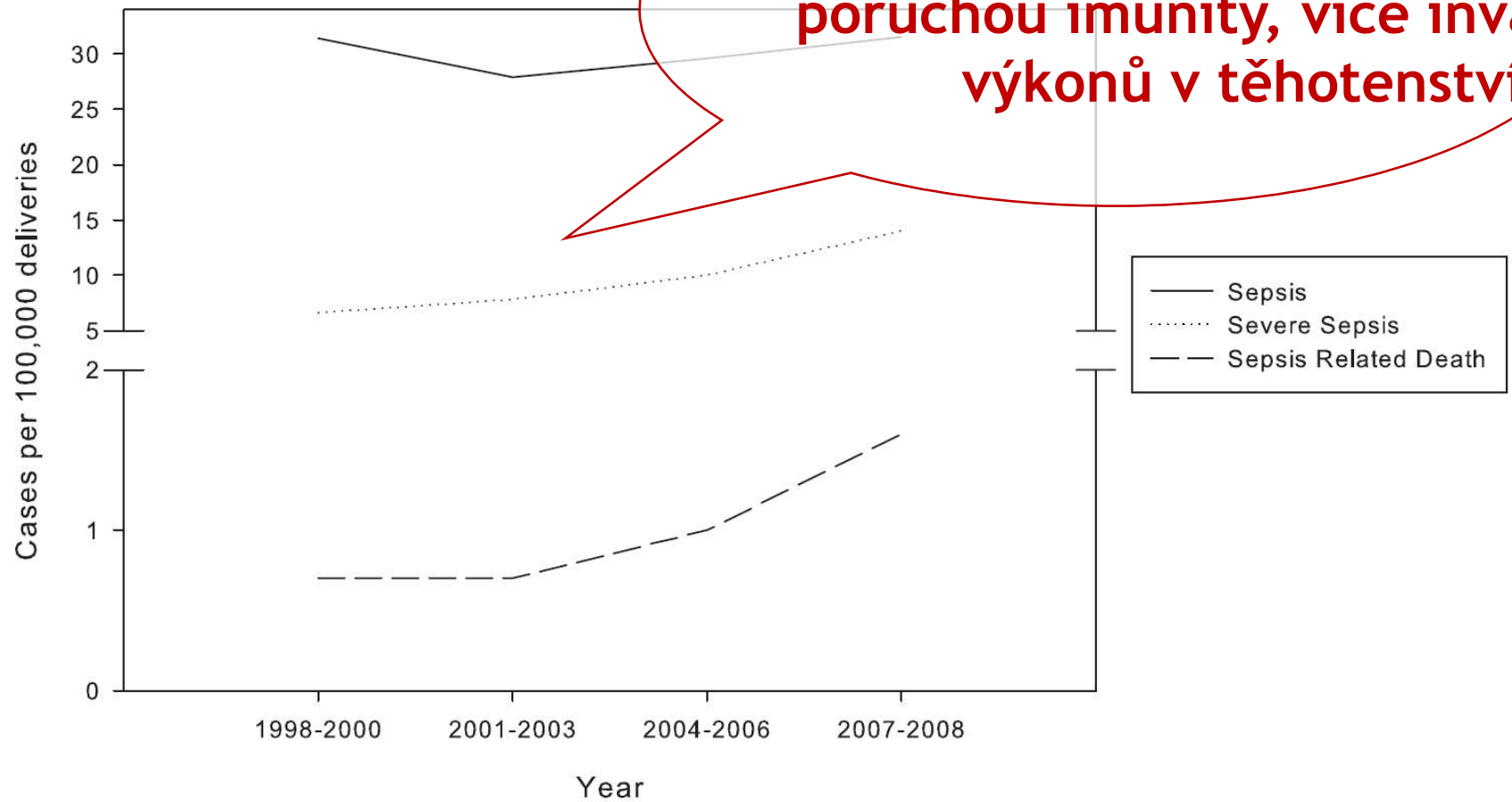






## Maternal Severe Sepsis in the United States

Figure 1. Temporal trends for maternal sepsis, severe sepsis, and sepsis-related death during 1998 to 2008 in the United States.



Starší a nemocnější rodičky poruchou imunity, více invazivních výkonů v těhotenství...

Royal College of  
Obstetricians &  
Gynaecologists

## Bacterial Sepsis following Pregnancy

Green-top Guideline No. 64b  
April 2012

NICE accredited  
[www.nice.org.uk/accreditation](http://www.nice.org.uk/accreditation)

Sepsis v těhotenství  
Verze: 1.2.

Česká gynekologická a porodnická společnost ČLS JEP  
Česká společnost intenzivní medicíny ČLS JEP  
Česká společnost anesteziologie, resuscitace a intenzivní medicíny ČLS JEP ?  
Česká společnost nemocniční epidemiologie a hygieny ČLS JEP ?  
Společnost pro epidemiologii a mikrobiologii ČLS JEP ?  
Česká společnost infekčního lékařství ČLS JEP ?  
Česká neonatologická společnost ČLS JEP ?

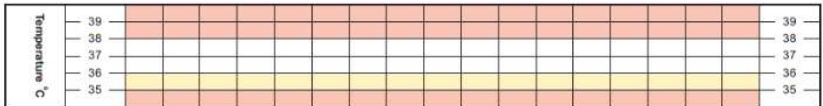
**MEZIOBOROVÝ DOPORUČENÝ POSTUP**

**DIAGNOSTIKA A LÉČBA SEPSÉ  
V SOUVISLOSTI S TĚHOTENSTVÍM**

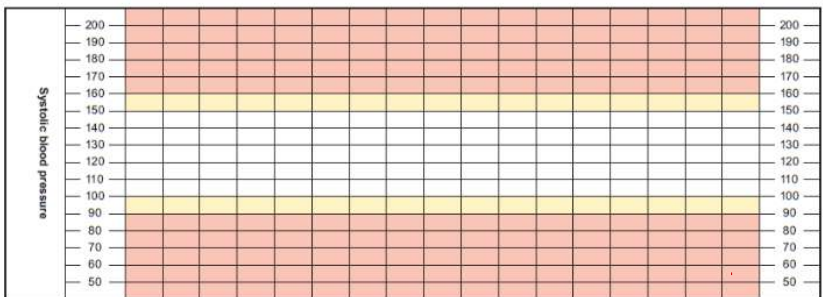
Adámková Václava  
 Balík Martin  
 Bláha Jan  
 Černý Vladimír  
 Kolář Milan  
 Melichar Jan  
 Pařízek Antonín  
 Plavka Richard

Name:	Ward:	Consultant:
Hospital Number:	Date of Birth:	Height:

Date:																				
Time:																				

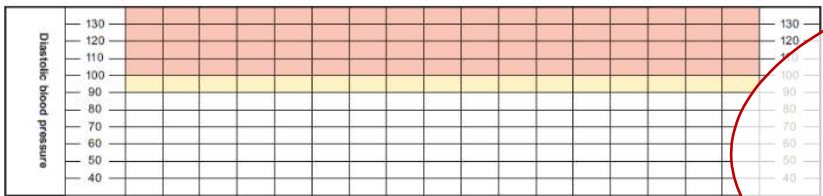


Individual Parameters >37°

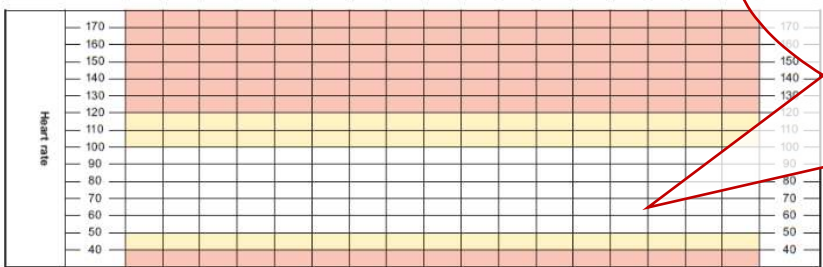


Individual Parameters SBP>

MAP mmHg																				
----------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--



Individual Parameters DBP



Individual Parameters Pulse Rate:

RESP (write rate in corresp. box)	>30																			>30	
	21-30																				21-30
	11-20																				11-20
	0-10																				0-10
Saturations	95-100%																				95-100%
	<95%																				<95%
Administered O <sub>2</sub> (L/min.)																					%

Individual Parameters Resp. Rate:

Date:																				
Time:																				

URINE	passed (Y/N)																				passed (Y/N)
Proteinuria	protein ++																				protein ++
	protein >=3+																				protein >=3+
Urinalysis																					
Oedema (Y/N)																					
Amniotic fluid	Clear/Pink																				Clear/Pink
	Green																				Green
NEURO RESPONSE (✓)	Alert																				Alert
	Voice																				Voice
	Pain																				Pain
	Unresponsive																				Unresponsive
Pain Score (no.)	0-1																				0-1
	2-3																				2-3
Lochia	Normal																				Normal
	Heavy/Excess/Offensive																				Heavy/Excess/Offensive
Tigger	YES (✓)																				YES (✓)
	NO (✓)																				NO (✓)
Wound site check	YES (✓)																				YES (✓)
	NO (✓)																				NO (✓)
Nausea score																					
Bowel action																					
Daily weight																					

**To nejdůležitější je si včas všimnout!**  
**A všimnout si musejí hlavně porodní asistentky!**

Neuro Responses	
Alert	Patient is alert and conscious
Verbal	Patient responds to verbal stimulus
Pain	Patient responds to painful stimulus
Unresponsive	Patient is unresponsive to any stimulus

PAIN SCORE (assess pain on movement, deep breathing or coughing)	
• No pain at rest or on movement	0
• No pain at rest, slight pain on movement	1
• Intermittent pain at rest, moderate pain on movement	2
• Intermittent pain at rest, moderate pain on movement	3
NAUSEA SCORE	
• None	0
• Nausea	1
• Vomiting	2

## A validation study of the CEMACH recommended modified early obstetric warning system (MEOWS)\*

S. Singh,<sup>1</sup> A. McGlennan,<sup>2</sup> A. England<sup>2</sup> and R. Simons<sup>2</sup>

*1 Consultant Anaesthetist, Barnet Hospital, Herts, UK. 2 Consultant Anaesthetist, Royal Free Hospital, London, UK*

The MEOWS was 89% sensitive, 79% specific,  
with a positive predictive value 39% and a negative predictive value of 98%.

Singh S et al. Anaesthesia 2012; 67: 12-8





ORIGINAL ARTICLE

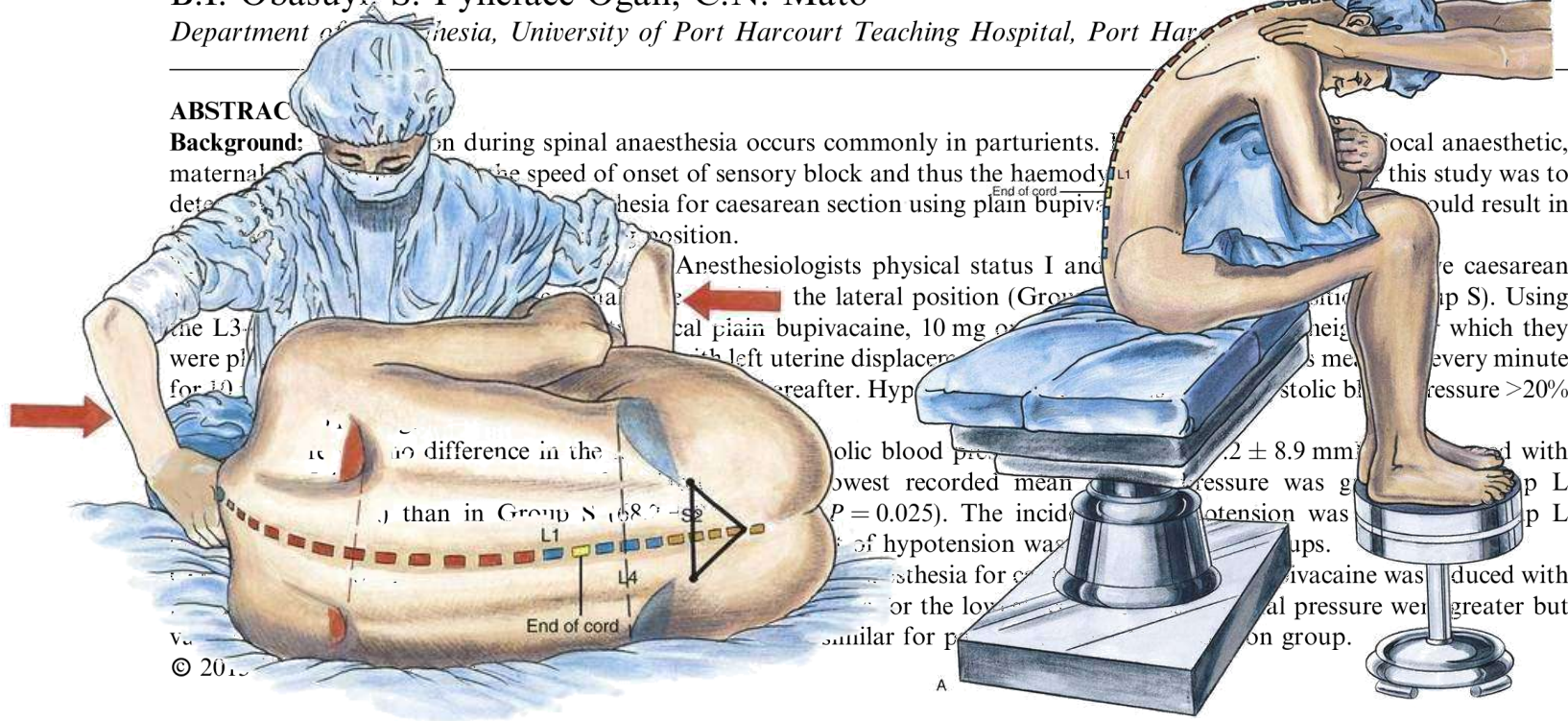
# A comparison of the haemodynamic effects of lateral and sitting positions during induction of spinal anaesthesia for caesarean section

B.I. Obasuyi, S. Fyनेface-Ogan, C.N. Mato

Department of Anaesthesia, University of Port Harcourt Teaching Hospital, Port Harcourt, Rivers State, Nigeria

ABSTRACT

**Background:** Hypotension during spinal anaesthesia occurs commonly in parturients. The aim of this study was to determine the effect of lateral and sitting positions on the speed of onset of sensory block and thus the haemodynamic response during induction of spinal anaesthesia for caesarean section using plain bupivacaine. **Methods:** A randomised controlled trial was conducted in the operating theatre of a tertiary level hospital. Forty-two nulliparous women in the second trimester of pregnancy were randomised to either the lateral or sitting position. The study was conducted between 10:00 and 12:00 hours. The primary outcome was the time to achieve a sensory block level of T4. The secondary outcome was the incidence of hypotension (systolic blood pressure <20% of baseline) during the induction of spinal anaesthesia. **Results:** The time to achieve a sensory block level of T4 was significantly shorter in the sitting group (mean 5.8 ± 1.2 min) compared to the lateral group (mean 7.2 ± 1.5 min, P = 0.025). The incidence of hypotension was significantly lower in the sitting group (19%) compared to the lateral group (38%, P = 0.025). **Conclusion:** The sitting position is superior to the lateral position for the induction of spinal anaesthesia for caesarean section using plain bupivacaine. **Keywords:** Spinal anaesthesia, sitting position, lateral position, hypotension, sensory block.





**Table 3 Haemodynamic data, ephedrine use and intraoperative blood loss**

	Group L (n = 50)	Group S (n = 50)	P value
Baseline SBP (mmHg)	122.4 ± 8.6	124.2 ± 9.9	0.3
Baseline MAP (mmHg)	93.0 ± 7.8	91.8 ± 8.9	0.4
Baseline heart rate (beats/min)	91.4 ± 8.5	92.3 ± 11.4	0.6
Incidence of hypotension	17 (34%)	28 (56%)	0.027
Time from IT injection to first hypotension (min)	11.8 ± 10.7	9.8 ± 8.2	0.5
Lowest SBP within 30 min of IT injection (mmHg)	99.2 ± 8.9	95.4 ± 12.3	0.08
Lowest MAP within 30 min of IT injection (mmHg)	72.9 ± 11.2	68.2 ± 9.6	0.02
Lowest heart rate within 30 min from IT injection (beats/min)	83 ± 11	79 ± 10	0.05
Incidence of ephedrine use	3 (6%)	5 (10%)	0.4
Total dose of ephedrine (mg)	5 ± 0	5 ± 0	1
SBP <90 mmHg	7 (14%)	14 (28%)	0.08
Blood loss (mL)	631 ± 171	697 ± 241	0.1

Data are mean ± SD or as number (%). SBP: systolic blood pressure; MAP: mean arterial pressure; IT: intrathecal.

**Table 5 Incidence of complications**

	Group L (n = 50)	Group S (n = 50)	P value
Nausea	2 (4%)	4 (8%)	0.4
Vomiting	0 (0%)	1 (2%)	0.3
Shivering	7 (14%)	11 (22%)	0.2
Dizziness/sleepiness	3 (6%)	5 (10%)	0.4
Respiratory distress	2 (4%)	7 (14%)	0.08

Data are number (%).

**Spinál aplikovaný  
v sedě má vyšší  
výskyt hypotenze  
než na boku**



ORIGINAL ARTICLE

ELSEVIER  
[www.obstetanesthesia.com](http://www.obstetanesthesia.com)

# The impact of gestational age and fetal weight on the risk of failure of spinal anesthesia for cesarean delivery

O.A. Adesope, L.M. Einhorn, A.J. Olufolabi, M. Cooter, A.S. Habib

*Department of Anesthesiology, Duke University Medical Center, Durham, NC, USA*

## ABSTRACT

**Background:** There are limited data about spinal dosing for cesarean delivery in preterm parturients. We investigated the hypothesis that preterm gestation is associated with an increased incidence of inadequate spinal anesthesia for cesarean delivery compared with term gestation.

**Methods:** We searched our perioperative database for women who underwent cesarean delivery under spinal or combined spinal-epidural anesthesia with hyperbaric bupivacaine  $\geq 10.5$  mg. The primary outcome was the incidence of inadequate surgical anesthesia needing conversion to general anesthesia or repetition or supplementation of the block. We divided patients into four categories:  $<28$ , 28 to  $<32$ , 32 to  $<37$  and  $\geq 37$  weeks of gestation. The chi-square test was used to compare failure rates and a multivariable regression analysis was performed to investigate potential confounders of the relationship between gestational age and failure.

**Results:** A total of 5015 patients (3387 term and 1628 preterm) were included. There were 278 failures (5.5%). The incidence of failure was higher in preterm versus term patients (6.4% vs. 5.1%,  $P=0.02$ ). Failure rates were 10.8%, 7.7%, 5.3% and 5% for  $<28$ , 28 to  $<32$ , 32 to  $<37$  and  $\geq 37$  weeks of gestation, respectively. In the multivariable model, low birth weight ( $P<0.0001$ ), gestational age ( $P=0.03$ ), ethnicity ( $P=0.02$ ) and use of combined spinal-epidural anesthesia ( $P<0.0001$ ) were significantly associated with failure.

**Conclusions:** At standard spinal doses of hyperbaric bupivacaine used in our practice ( $\geq 10.5$  mg), there were higher odds of inadequate surgical anesthesia in preterm parturients. When adjusting for potential confounders, low birth weight was the main factor associated with failure.

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**Table 2 Distribution of failure by gestational age, type of neuraxial block and birth weight**

Management of Failure	According to gestational age			
	<28 weeks (n=30)	28 to <32 weeks (n=28)	32 to <37 weeks (n=50)	≥37 weeks (n=170)
Block repeated	6 (20.0%)	5 (17.9%)	3 (6.0%)	27 (15.9%)
Converted to GA	7 (23.3%)	6 (21.4%)	12 (24.0%)	16 (9.4%)
Spinal with IV adjuvants/N <sub>2</sub> O	8 (26.7%)	8 (28.6%)	11 (22.0%)	23 (13.5%)
CSE with epidural lidocaine and IV adjuvants/N <sub>2</sub> O	3 (10%)	1 (3.6%)	3 (6.0%)	9 (5.3%)
CSE with epidural lidocaine	6 (20.0%)	8 (28.6%)	21 (42.0%)	95 (55.9%)

jiné rozvinutí páteře,  
vliv progesteronu na  
nervové dráhy  
u malých týdnů...

	According to birth weight	
	Low birth weight (n=87)	Normal birth weight (n=183)
Block repeated	12 (13.8%)	26 (14.2%)
Converted to GA	23 (26.4%)	17 (9.3%)
Spinal with IV adjuvants/N <sub>2</sub> O	22 (25.3%)	27 (14.8%)
CSE with epidural lidocaine and IV adjuvants/N <sub>2</sub> O	5 (5.8%)	11 (6.9%)
CSE with epidural lidocaine	25 (28.7%)	102 (55.7%)

jako rizikový faktor je  
významnější menší  
hmotnost plodu

Data are number (%).

GA: general anesthesia; IV: intravenous; N<sub>2</sub>O: nitrous oxide; CSE: combined spinal-epidural



ORIGINAL ARTICLE

ELSEVIER

[www.obstetanesthesia.com](http://www.obstetanesthesia.com)

# The extension of epidural blockade for emergency caesarean section: a survey of Scandinavian practice

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<sup>a</sup>Department of Anaesthesiology, Næstved Hospital, Næstved, Denmark

<sup>b</sup>Department of Nursing, Oslo and Akershus University College of Applied Sciences, Oslo, Norway

<sup>c</sup>Department of Anaesthesiology, Malmö Central Sykehus, Skånes Universitetssjukukhus, Malmö, Sweden

## ABSTRACT

**Background:** Little is known about drugs and safety precautions used during epidural top-ups for emergency caesarean section in Scandinavia. We surveyed Scandinavian practice of epidural top-up regimens for emergency caesarean sections.

**Methods:** Anaesthetic departments in Denmark, Norway and Sweden were identified via National Boards of Health. An electronic questionnaire was sent to Scandinavian specialist anaesthesiologists performing obstetric anaesthesia asking for information on anaesthetic practice for emergency caesarean section.

**Results:** The response rate was 80% (n=145). One hundred and twenty (83%) specialists reported the existence of local guidelines for epidural top-ups. Fourteen (9.7%) specialists gave a full-dose top-up in the delivery room, 34 (23.4%) initiated the top-up with a test-dose, and 87 (60%) only administered local anaesthetics in the operating theatre. Twenty-five different drug combinations for epidural top-ups were reported. Lidocaine was used by 67 (47.9%) and ropivacaine was used by 53 (37.9%). Seventy (50%) specialists added opioid to the top-up, 15 (10.7%) added bicarbonate and 53 (37.9%) supplemented with adrenaline. Median top-up volume ranged from 16 to 19 mL for lidocaine, ropivacaine and chloroprocaine. One-hundred-and-eighteen (81%) specialists recommended trainees use the same regimen. Forty (83%) of 48 specialists topping-up in the labour unit had ephedrine readily available. During transport, pulse oximetry was used by nine (19%) and non-invasive blood pressure monitoring by eight (17%).

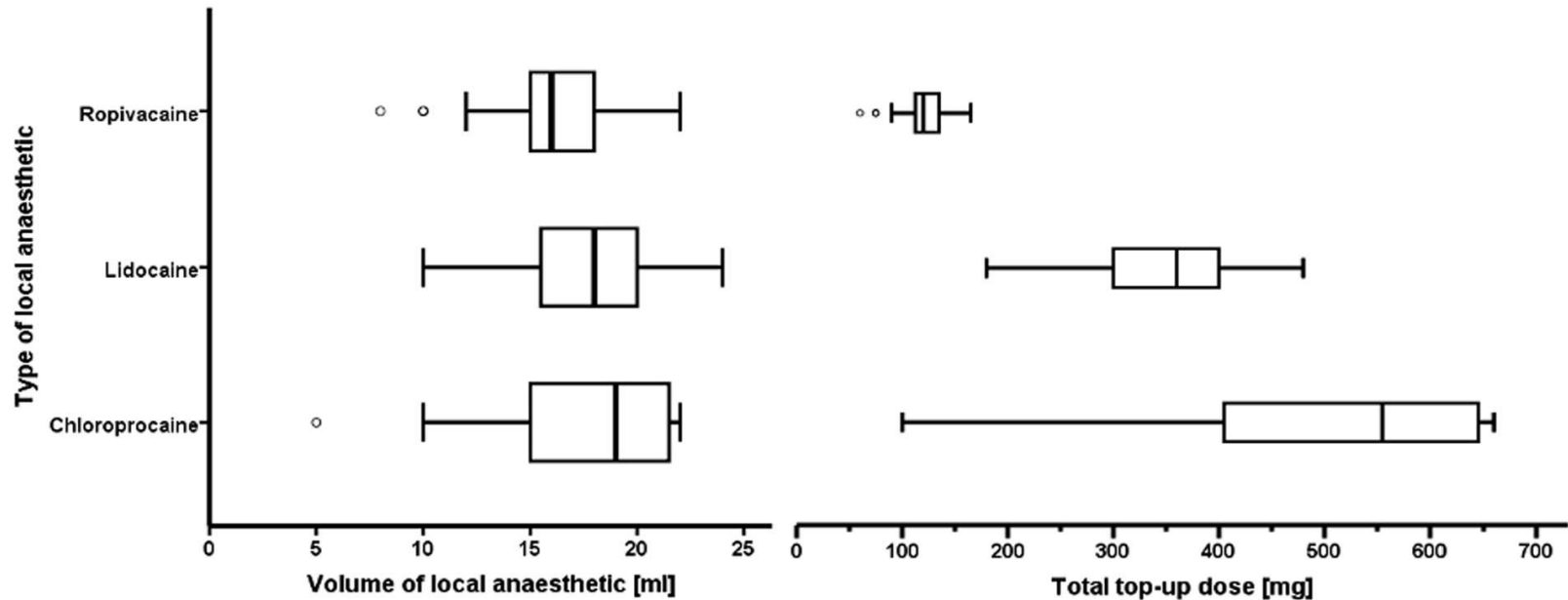
**Conclusions:** Epidural top-ups for emergency caesarean section in Scandinavia are used frequently but normally performed in the operating theatre. Drugs used differ greatly between countries and departments although top-up volumes appear similar. During transport, available equipment and drugs were limited. Best practice guidelines and national guidelines present little information on epidural top-ups that could explain the variation found.

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**Table 1** Location of epidural top-up in Denmark, Norway and Sweden

	Denmark (n=43)	Norway (n=43)	Sweden (n=59)	Total (n=145)	Trainee recommendation (n=138)
Full dose in labour ward	6 (14.0%)	5 (11.6%)	3 (5.1%)	14 (9.7%)	10 (6.9%)
Test dose in labour ward	9 (20.9%)	7 (16.3%)	18 (30.5%)	34 (23.4%)	26 (17.9%)
Transfer to theatre before giving local anaesthetic	22 (51.2%)	29 (67.4%)	36 (61.0%)	87 (60.0%)	95 (65.5%)
No top-up					
Alternative not described	0	0	1 (1.7%)	1 (0.7%)	0
Spinal anaesthesia	2 (4.7%)	1 (2.3%)	0	3 (2.1%)	3 (2.1%)
Unclear*	4 (9.3%)	1 (2.3%)	1 (1.7%)	6 (4.1%)	4 (2.8%)

Data are number (%). \*Dependent on clinical presentation.



**Fig. 3** Drug volumes and doses of the three most frequently used local anaesthetics in Scandinavia when initiating epidural top-up (n=126). Vertical bar: median; Box: interquartile range; Whiskers: range (excluding outliers); Circles represent outliers

**Table 2 Drug combinations for epidural top-ups used in Denmark, Norway and Sweden**

Denmark	
Drug combinations	Frequency
2% lidocaine + adrenaline	12 (29.3%)
2% lidocaine + sufentanil + adrenaline	7 (17.1%)
2% lidocaine + fentanyl + adrenaline + bicarbonate	6 (14.6%)
2% lidocaine + sufentanil + adrenaline + bicarbonate	5 (12.2%)
2% lidocaine	2 (4.9%)
2% lidocaine + fentanyl + bicarbonate	2 (4.9%)
0.75% ropivacaine	2 (4.9%)
2% lidocaine + adrenaline + bicarbonate	1 (2.4%)
2% lidocaine + 0.5% bupivacaine	1 (2.4%)
2% lidocaine + fentanyl + adrenaline	1 (2.4%)
2% lidocaine + sufentanil	1 (2.4%)
2% lidocaine + sufentanil + bicarbonate	1 (2.4%)
Spinal	2 (4.9%)

Norway	
Drug combinations	Frequency
3% chloroprocaine	9 (22.0%)
0.75% ropivacaine	8 (19.5%)
2% lidocaine	6 (14.6%)
2% lidocaine + fentanyl + adrenaline	5 (12.2%)
3% chloroprocaine + fentanyl	4 (9.8%)
2% lidocaine + adrenaline	3 (7.3%)
0.5% bupivacaine	2 (4.9%)
2% lidocaine + fentanyl	2 (4.9%)
3% chloroprocaine + sufentanil	1 (2.4%)
0.75% ropivacaine + fentanyl	1 (2.4%)
Spinal/not reported	2 (4.9%)

Sweden	
Drug combinations	Frequency
0.75% ropivacaine	17 (29.3%)
0.75% ropivacaine + sufentanil	12 (20.7%)
0.75% ropivacaine + fentanyl	9 (15.5%)
2% lidocaine + sufentanil + adrenaline	5 (8.6%)
2% lidocaine + adrenaline	4 (6.9%)
2% lidocaine + sufentanil	2 (3.4%)
0.75% ropivacaine + sufentanil + morphine	2 (3.4%)
1% ropivacaine + fentanyl	2 (3.4%)
0.5% bupivacaine	1 (1.7%)
2% lidocaine + fentanyl + adrenaline	1 (1.7%)
1% lidocaine + adrenaline	1 (1.7%)
2% mepivacaine + adrenaline	1 (1.7%)
2% mepivacaine + fentanyl + adrenaline	1 (1.7%)
Not reported	1 (1.7%)

Data are number (%).



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# Journal of Clinical Anesthesia

Original Contribution

## Remifentanil as an alternative to epidural analgesia for vaginal delivery: A meta-analysis of randomized trials

Myeongjong Lee, MD<sup>a</sup>, Fang Zhu, MD, PhD<sup>b</sup>, Jessica Moodie, MLIS<sup>b</sup>, Zhe Zhang, MD<sup>e</sup>,  
Davy Cheng, MD, MSc<sup>b,c</sup>, Janet Martin, PharmD, MSc(HTA)<sup>b,c,d,\*</sup>

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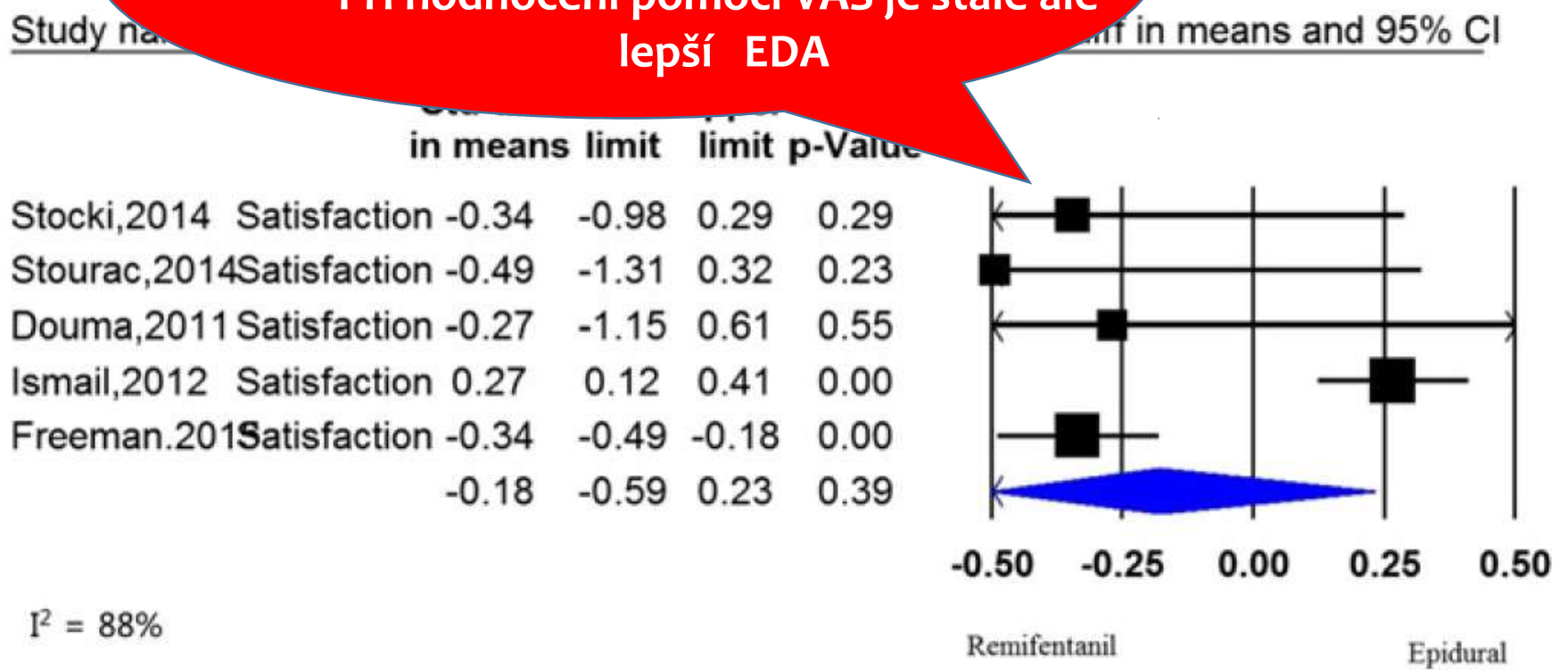
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dobrá alternativa EDA, dokonce míra spokojenosti rodičky je u RMF i vyšší (opíát)  
 Při hodnocení pomocí VAS je stále ale lepší EDA



**Fig. 3.** Standardized mean differences in Maternal Satisfaction Scores for remifentanyl PCA vs epidural analgesia.



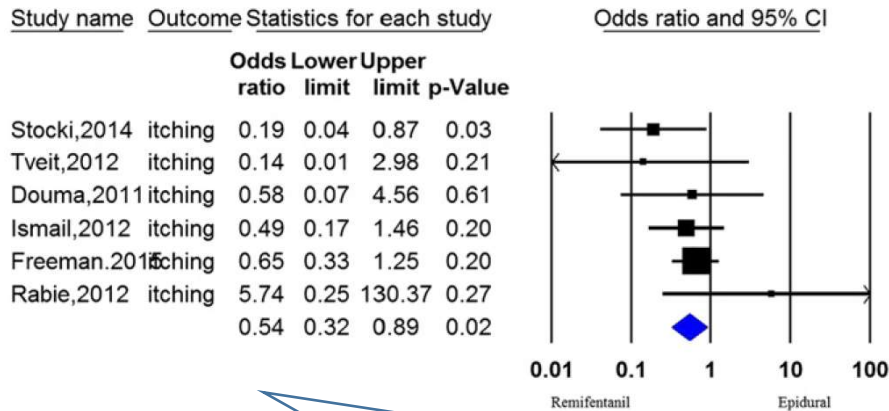


Fig. 5. Odds ratio for incidence

proti RMF je hlavně pruritus,  
proti EDA častější hypoxie (pokles TK?)

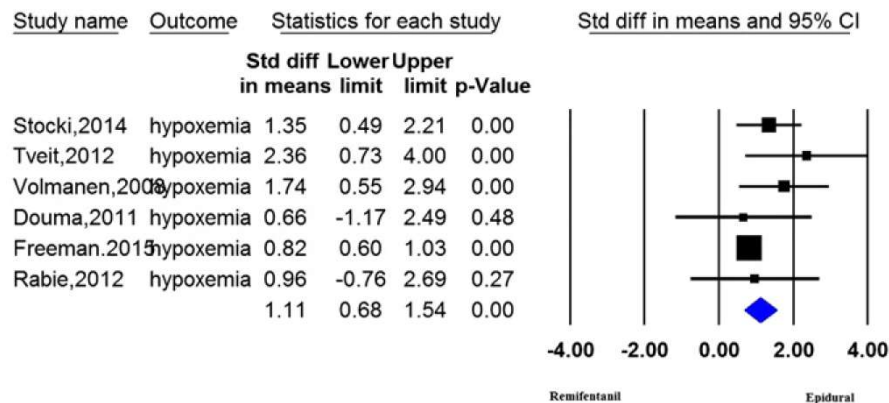


Fig. 7. Odds ratio for incidence of hypoxemia for remifentanil PCA vs epidural analgesia.



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ORIGINAL ARTICLE

# Ultrasound to identify the lumbar space in women with impalpable bony landmarks presenting for elective caesarean delivery under spinal anaesthesia: a randomised trial

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## ABSTRACT

**Background:** Ultrasound can facilitate neuraxial blockade in patients with poorly defined anatomical surface landmarks, but there are no studies comparing an ultrasound-guided technique with landmark palpation for spinal anaesthesia. The objective of this study was to compare pre-procedural lumbar ultrasonography with landmark palpation to locate the needle insertion point in women with impalpable lumbar spinous processes presenting for caesarean delivery.

**Methods:** After institutional ethics committee approval, 20 women with impalpable lumbar spinous processes presenting for elective caesarean delivery were recruited. Patients were randomised to palpation or ultrasound. The primary outcome of the study was the number of needle passes to achieve lumbar puncture. Secondary outcomes were the overall procedural time and patient satisfaction score.

**Results:** There was no difference in mean ( $\pm$ SD) body mass index of both groups (ultrasound  $39.1 \pm 5.02$  kg/m<sup>2</sup> vs. palpation  $38.3 \pm 3.77$  kg/m<sup>2</sup>). There were significantly fewer needle passes in the ultrasound group (median 3 [IQR 1.8–3.2]) compared to the palpation group (median 5.5 [IQR 3.2–7.2] ( $P=0.03$ )). More time was required to locate the needle insertion point in the ultrasound group (ultrasound  $91.8 \pm 30.8$  s vs. palpation  $32.6 \pm 11.4$  s,  $P < 0.001$ ). There was no difference in the total procedural time between groups (ultrasound  $191.8 \pm 49.4$  s vs. palpation  $192 \pm 110.9$  s,  $P=0.99$ ).

**Conclusion:** The use of ultrasonography to locate the needle insertion point reduced the number of needle passes in women with impalpable lumbar spinous processes undergoing elective caesarean delivery under spinal anaesthesia. Its use did not prolong overall procedural time.

**Table 1 Patient characteristics**

	Palpation (n=10)	Ultrasound (n=10)	<i>P</i> Value
Age (years)	33.2 ± 1.70	29.7 ± 2.12	0.20
Height (m)	1.64 ± 0.89	1.63 ± 0.7	
Weight (kg)	105 ± 17	104 ± 8.6	
Body mass index (kg/m <sup>2</sup> )	38.4 ± 1.06	39.1 ± 1.59	0.72
Total body fat (%)	34.2 ± 2.64	39.8 ± 2.08	0.11

Data are mean ± SD.

s UZ navigací méně pokusů

**Table 2 Needle passes and procedural times**

	Palpation (n=10)	Ultrasound (n=10)	<i>P</i> Value
Number of needle redirections	5.5 [3.2–7.2]	3 [1.8–3.2]	0.03
New space attempted	1	0	
Total time (s)	192 ± 110.9	191.8 ± 49.4	0.99
Time to mark insertion point (s)	32.6 ± 11.4	91.8 ± 30.8	<0.001
Time to identification of CSF (s)	159.4 ± 104	100 ± 54.4	0.127

Data are median [IQR] or mean ± SD.



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## Journal of Clinical Anesthesia



## Original Contribution

## The use of ultrasound in planned cesarean delivery under spinal anesthesia for patients having nonprominent anatomic landmarks



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## ARTICLE INFO

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Ultrasound

Vertebral column

Landmark

Spinal anesthesia

## ABSTRACT

**Study objective:** The aim of the study was to compare conventional landmark method with ultrasound-guided spinal anesthesia in cesarean delivery cases where spinous processes and interspinous spaces were not prominent on physical examination.

**Design:** Randomized controlled clinical trial.

**Setting:** Operating rooms of university hospital of Erzurum, Turkey.

**Patients:** Sixty-four 18- to 45-year-old American Society of Anesthesiologists I-II patients scheduled for cesarean delivery under spinal anesthesia having hardly palpated anatomic landmarks on vertebral column.

**Interventions:** Palpation difficulty of vertebral column landmarks was scored as 0, 1, 2, or 3 from easy to difficult for all patients in sitting position. The patients with score 2 or 3 were randomly allocated into 2 groups as group C (conventional, n = 32) and group U (ultrasound, n = 32) in which ultrasound guidance was used.

**Measurements:** The number of skin punctures, the number of needle steering, the number of puncture tried vertebral levels, and procedure time were all recorded.

**Main results:** The number of skin punctures was significantly lower in group U ( $P < .001$ ). Successful subarachnoid puncture on first attempt was also significantly higher in group U ( $P < .01$ ). The duration of procedure in the patients with score 2 was determined to be significantly longer in the ultrasound-guided group ( $P < .001$ ).

**Conclusions:** Ultrasound guidance is an effective and safe method to reduce the number of puncture attempts, improve the success rate of subarachnoid access on the first attempt, and reduce the need to puncture multiple levels, although it prolongs procedure time in patients with score 2 according to our scoring system designed for this current study.

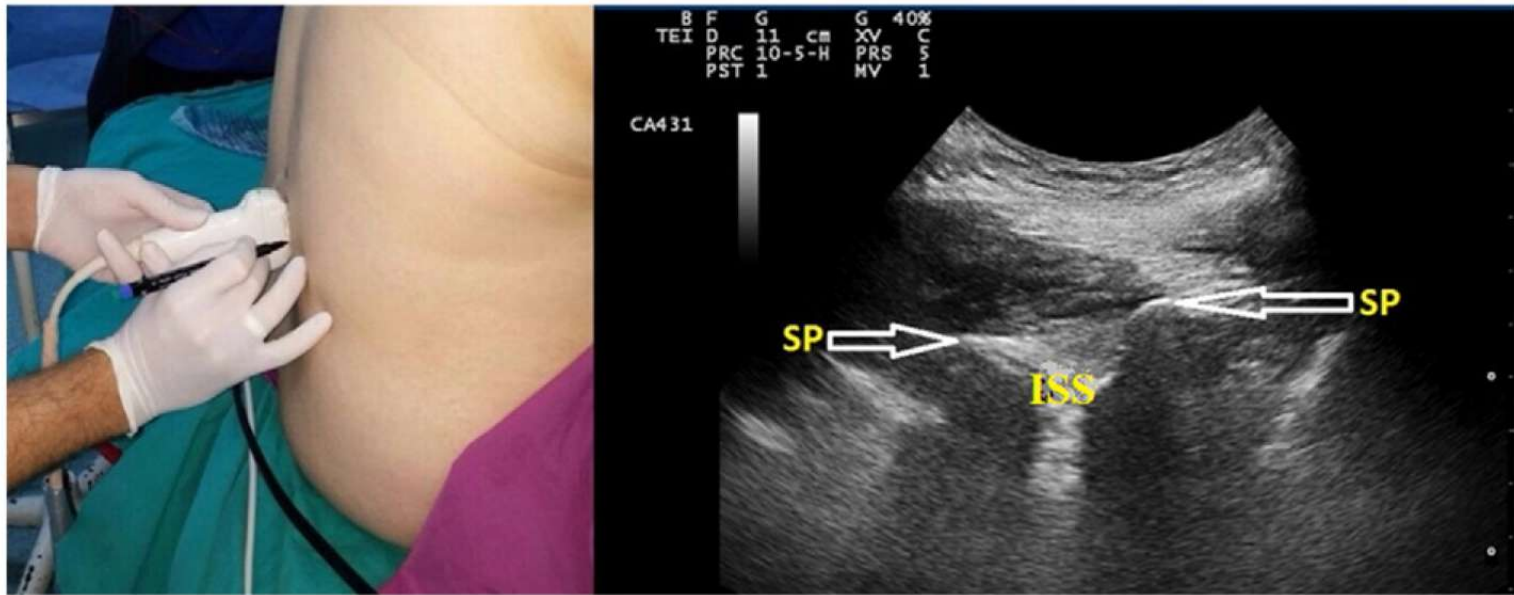


Fig. 1. Lumbar sagittal sonogram, spinous process (SP), and interspinous space (ISS).

**Table 2**

Comparison of the data related to the spinal block intervention

	Ultrasound group (n = 32)	Conventional group (n = 32)	P
No. of punctures <sup>a</sup>	1.19 ± 0.47	1.84 ± 0.85	.000*
No. of needle steering <sup>a</sup>	2.66 ± 1.38	3.50 ± 2.05	.058
No. of puncture tried vertebral levels <sup>a</sup>	1.09 ± 0.30	1.28 ± 0.46	.056
Procedure time (s) <sup>a</sup>	242.34 ± 63.17	204.59 ± 113.21	.105

<sup>a</sup> All data are stated as mean ± SD.

\* P > .05 according to the independent-sample t test.



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ORIGINAL ARTICLE

## Ultrasound-guided spinal anaesthesia in obstetrics: is there an advantage over the landmark technique in patients with easily palpable spines?

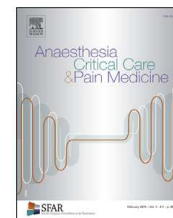
T. Ansari, A. Yousef, A. El Gamassy, M. Fayez  
*Department of Anaesthesia, Corniche Hospital, Abu Dhabi, United Arab Emirates*

platí to i u  
„jednoduchých“ punkcí!

**Table 2 Outcome data for landmark and ultrasound groups**

	Landmark ( <i>n</i> = 75)	Ultrasound ( <i>n</i> = 75)	<i>P</i> value
Procedure time (s)	52.5 ± 55.8	41.4 ± 44.7	0.18
Number of skin punctures	1.31 ± 0.7	1.12 ± 0.4	0.07
Number of passes	1.99 ± 1.5	1.67 ± 1.2	0.20
Successful spinal anaesthesia after one puncture	61 (81.3%)	69 (92%)	0.153
Successful spinal anaesthesia after one pass	47 (62%)	49 (65%)	0.175
Headache VRS (0–10)	0	0.4 ± 0.3	0.32
Backache VRS (0–10)	0.27 ± 0.9	0.11 ± 0.5	0.23
Patient satisfaction VRS (0–10)	9.69 ± 0.7	9.75 ± 0.6	0.65

Data are mean ± SD or number (%). VRS: verbal rating scale.



## Original Article

# Influence of needle diameter on spinal anaesthesia puncture failures for caesarean section: A prospective, randomised, experimental study



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## ARTICLE INFO

## Article history:

Available online 6 October 2015

## Keywords:

Spinal anaesthesia  
Caesarean section  
Diameter  
Needle  
Failure  
Postdural puncture headache

## ABSTRACT

**Objectives:** Spinal anaesthesia represents the technique of choice for elective caesarean section. The purpose of this study was to compare the puncture failure rates with 25, 26 or 27 gauge (G) pencil-point, Whitacre type (with introducer) needles during spinal anaesthesia for caesarean section.

**Study design:** Prospective, randomised, experimental study in healthy subjects.

**Patients and methods:** We recruited 330 adults, consecutively scheduled parturients, randomised into three groups. The subarachnoid puncture procedure was standardised. The flexibility of the three needle types was assessed in vitro, and a force was applied using a dynamometer. The occurrence of postdural puncture headache was also evaluated.

**Results:** The number of spinal puncture failures was significantly higher in the 27 G group, than in the 25 G ( $P = 0.006$ ) group and the 26 G ( $P < 0.001$ ) group, but did not differ between the 25 G and 26 G groups ( $P = 0.606$ ). Ten postdural puncture headaches were observed without significant differences among the groups.

**Conclusions:** This prospective study showed that puncture failures occur less frequently with the use of 25 G or 26 G pencil-point needles as compared to 27 G needles, probably due to the higher flexibility of the latter. This characteristic was demonstrated in vitro, in a reproducible model. This experiment suggests that a 26 G pencil-point needle is the optimal gauge for performing spinal anaesthesia for scheduled caesarean sections.

**Table 2**

Spinal puncture failures and incidence of postdural puncture headache. The number of puncture failures was statistically significant in the 27 G group ( $P=0.006$  versus the 25 G group,  $P<0.001$  versus the 26 G group). No statistically significant difference was found between the 25 G and 26 G groups ( $P=0.606$ ). Only 2 general anaesthesia procedures were carried out after 25 G attempt failures.

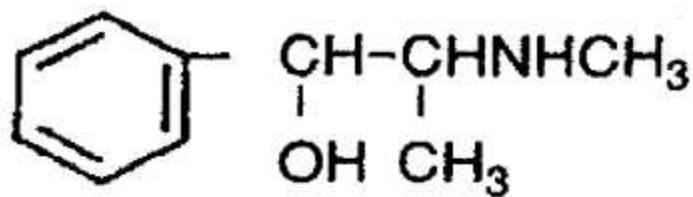
Group	25 G	26 G	27 G
Number of patients: <i>n</i>	109	121	98
Failure: <i>n</i> (%)	2 (1.8) <sup>a</sup>	1 (0.9) <sup>a</sup>	12 (10.9)
Headache: <i>n</i> (%)	5 (4.6)	3 (2.5)	2 (2.0)
Blood patch: <i>n</i>	1	1	0

<sup>a</sup>  $P < 0.05$ , 27 G vs. 25 G and 26 G.

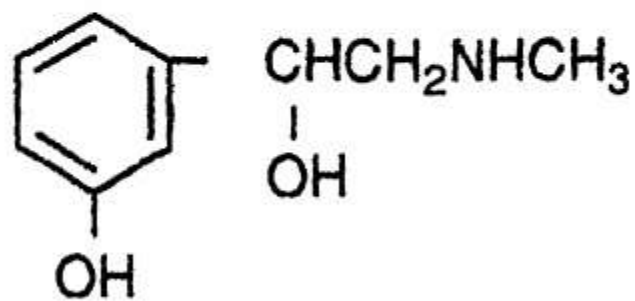


**27 G více selhání,  
26 G více PDPH**





Ephedrine



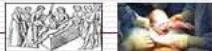
Phenylephrine

Figure 1. Biochemical structure of basic vasopressors.



# HYPOTENZE

- vzhledem k nedostatečnému efektu preloadu i co-loadu je ve většině případů vhodné současné podání vasopresorů (efedrin, phenylephrin)
- lékem volby je **efedrin** (bolus 5-15 mg iv.)
- nebo **phenylephrin** (bolus 0,05-0,15 mg iv.)



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360 Kč

# Adrenergic Receptor Specificity

Drug	$\alpha_1$	$\alpha_2$	$\beta_1$	$\beta_2$	Dopaminergic
Epinephrine	←————→				
Ephedrine	←————→				
Norepinephrine	←————→				
Phenylephrine	↔				
Isoproterenol			←————→		
Dopamine	↔		←————→		
Dobutamine			↔		
terbutaline				↔	

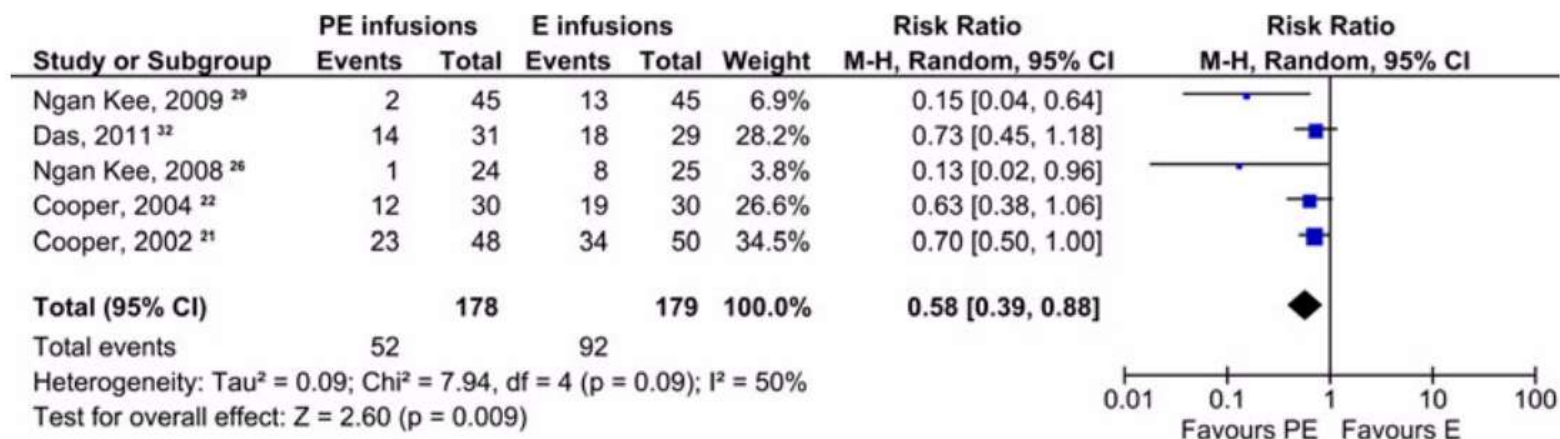


Figure 4 Forest plot for the rate of hypotension during caesarean section before fetal delivery: prophylactic phenylephrine (PE) infusion vs ephedrine (E) infusion. M-H, Mantel-Haenszel; Random, random-effects model.

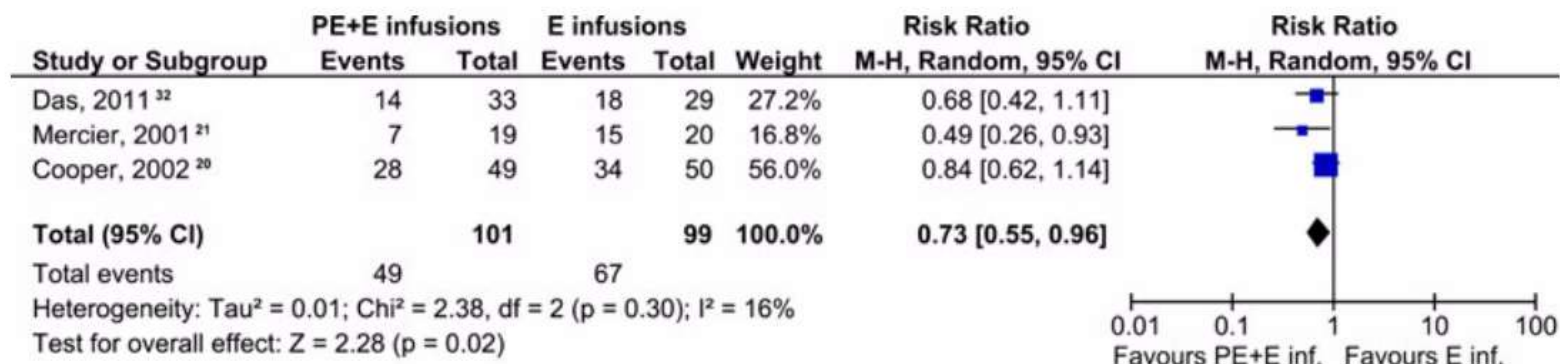
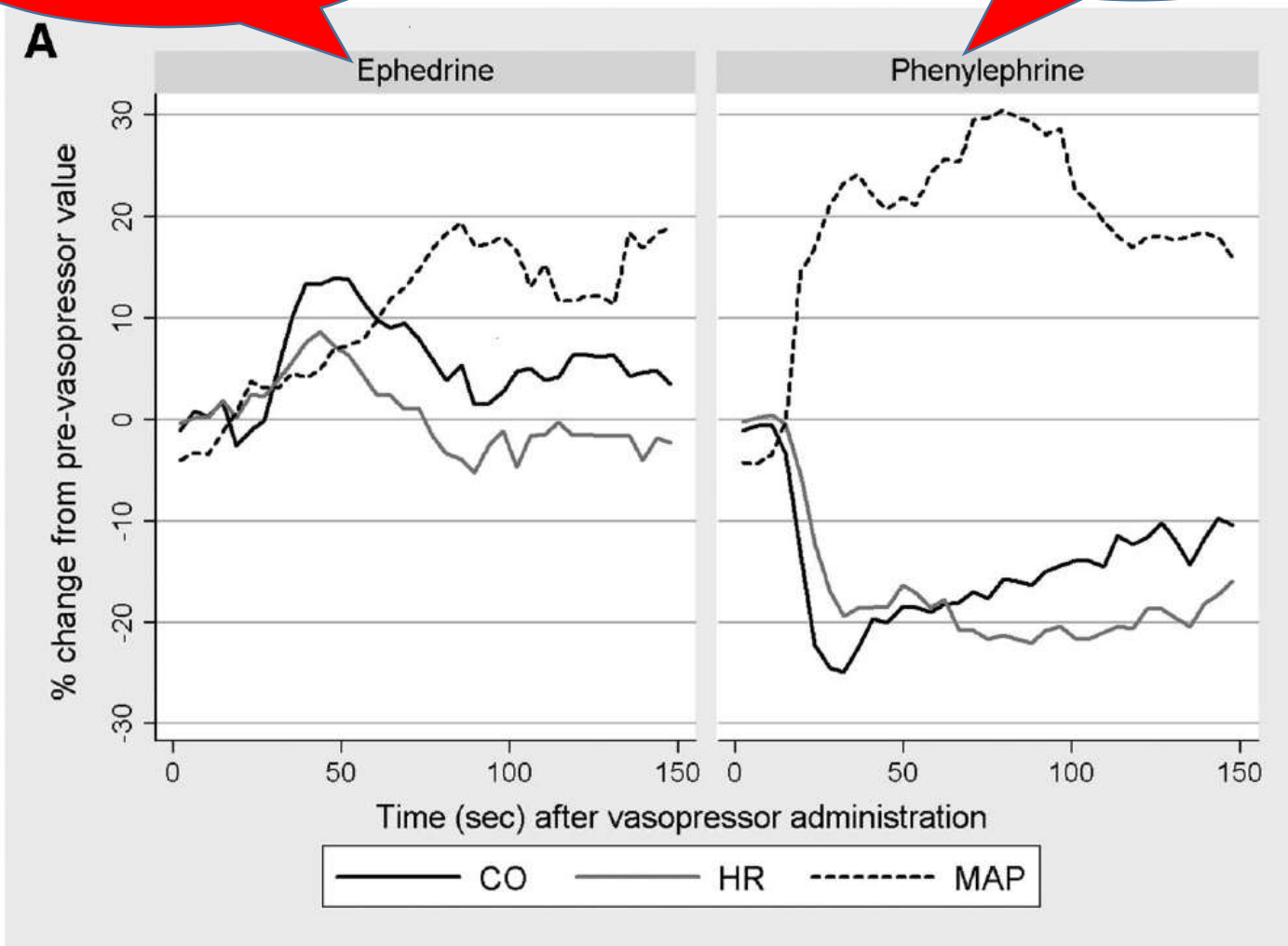


Figure 5 Forest plot for the rate of hypotension during caesarean section before fetal delivery: prophylactic ephedrine (E) infusion with or without phenylephrine (PE). inf, infusion; M-H, Mantel-Haenszel; Random, random-effects model.

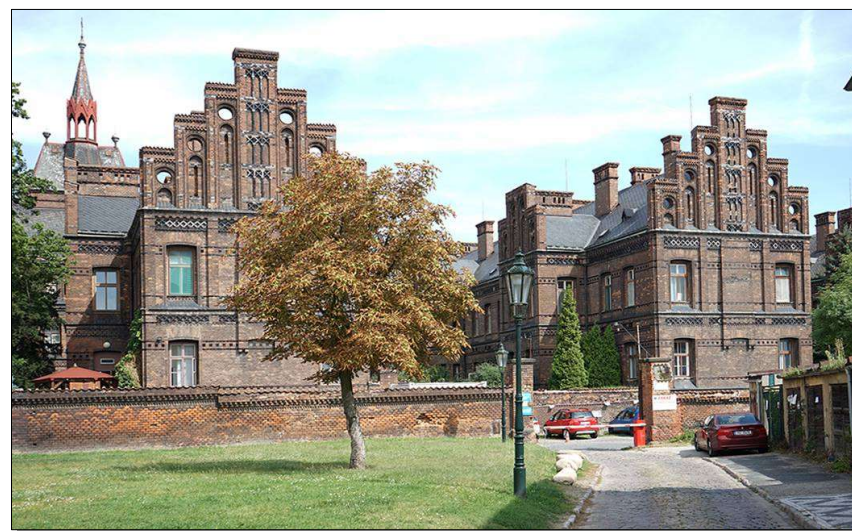
vyšší srdeční výdej

reflexní bradykardie



Dyer RA et al. Anesthesiology. 2009 Oct;111(4):753-65

# EVIDENCE BASED MEDICINE



ORIGINAL ARTICLE

# High-Frequency Oscillation for Acute Respiratory Distress Syndrome

Duncan Young, D.M., Sarah E. Lamb, D.Phil., Sanjoy Shah, M.D.,  
Iain MacKenzie, M.D., William Tunnicliffe, M.Sc., Ranjit Lall, Ph.D.,  
Kathy Rowan, D.Phil., and Brian H. Cuthbertson, M.D.,  
for the OSCAR Study Group\*

N Engl J Med 2013; 368:806-813

ABSTRACT

**BACKGROUND**

Patients with the acute respiratory distress syndrome (ARDS) require mechanical ventilation to maintain arterial oxygenation, but this treatment may produce secondary lung injury. High-frequency oscillatory ventilation (HFOV) may reduce this secondary damage.

**METHODS**

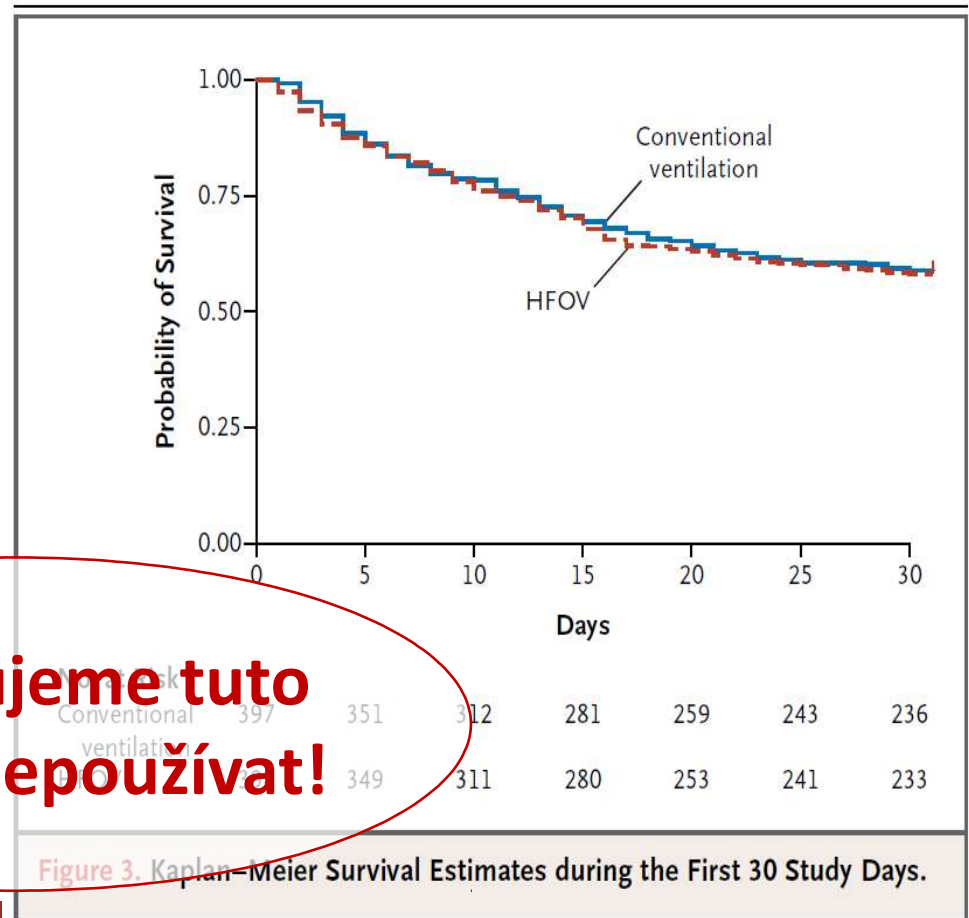
In a multicenter study, we randomly assigned adults requiring mechanical ventilation for ARDS to undergo either HFOV with a Novalung R100 ventilator (Metran) or usual ventilatory care. All the patients had a ratio of the partial pressure of arterial oxygen (P<sub>a</sub>O<sub>2</sub>) to the fraction of inspired oxygen (F<sub>i</sub>O<sub>2</sub>) of 200 mm Hg (26.7 kPa) or less and an expected duration of ventilation of at least 2 days. The primary outcome was all-cause mortality 30 days after randomization.

**RESULTS**

There was no significant between-group difference in the primary outcome, which occurred in 166 of 398 patients (41.7%) in the HFOV group and 163 of 397 patients (41.1%) in the conventional-ventilation group (P=0.85 by the chi-square test). After adjustment for study center, sex, score on the Acute Physiology and Chronic Health Evaluation (APACHE) II, and the initial P<sub>a</sub>O<sub>2</sub>:F<sub>i</sub>O<sub>2</sub> ratio, the hazard ratio for death in the conventional-ventilation group was 1.03 (95% confidence interval, 0.75 to 1.40; P=0.87 by logistic regression).

**CONCLUSIONS**

The use of HFOV had no significant effect on 30-day mortality in patients undergoing mechanical ventilation for ARDS. (Funded by the National Institute for Health Research Health Technology Assessment Programme; OSCAR Current Controlled Trials number, ISRCTN10416500.)





# Pouze 3 nemocnice měli zkušenost s HFOV, 6 částečnou a 20 žádnou zkušenost !

## METHODS

### Study Design

We conducted a randomized, controlled trial of HFOV, as compared with conventional mechanical ventilation. Patients were recruited from adult general intensive care units (ICUs) in 12 university hospitals, 4 university-affiliated hospitals, and 13 district general hospitals in England, Wales, and Scotland. Three hospitals had previous experience with HFOV with the use of SensorMedics 3100B ventilators (CareFusion), and the remainder had limited experience (in 6 hospitals) or no experience (in 20 hospitals) with HFOV. Details regarding HFOV training are provided in the [Supplementary Appendix](#), available with the full text of this article at NEJM.org. The full [protocol](#) is also available at NEJM.org.

### Study Treatments

Patients in the HFOV group were treated with the use of a Novalung R100 ventilator (Metran)<sup>7</sup>

ORIGINAL ARTICLE

# Hydroxyethyl Starch 130/0.42 versus Ringer's Acetate in Severe Sepsis

Anders Perner, M.D., Ph.D., Nicolai Haase, M.D.,  
Anne B. Guttormsen, M.D., Ph.D., Jyrki Tenhunen, M.D., Ph.D.,  
Gudmundur Klemenzson, M.D., Anders Åneman, M.D., Ph.D.,  
Kristian R. Madsen, M.D., Morten H. Møller, M.D., Ph.D., Jeanie M. Elkjær, M.D.,  
Lone M. Poulsen, M.D., Asger Bendtsen, M.D., M.P.H., Robert Winding, M.D.,  
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ORIGINAL ARTICLE

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# Hydroxyethyl Starch 130/0.42 versus Ringer's Acetate in Severe Sepsis

**častější dialýza**

Outcome	HES 130/0.42 (N=398)	Ringer's Acetate (N=400)	Relative Risk (95% CI)	P Value
<b>Primary outcome</b>				
Dead or dependent on dialysis at day 90 — no. (%)	202 (51)	173 (43)	1.17 (1.01–1.36)	0.03
Dead at day 90 — no. (%)	201 (51)	172 (43)	1.17 (1.01–1.36)	0.03

**vyšší 90<sup>ti</sup> denní mortalita**

# Sepsis in European intensive care units: Results of the SOAP study\*

Jean-Louis Vincent, MD, PhD, FCCM; Yasser Sakr, MB, BCh, MSc; Charles L. Sprung, MD; V. Marco Ranieri, MD; Konrad Reinhart, MD, PhD; Herwig Gerlach, MD, PhD; Rui Moreno, MD, PhD; Jean Carlet, MD, PhD; Jean-Roger Le Gall, MD; Didier Payen, MD; on behalf of the Sepsis Occurrence in Acutely Ill Patients Investigators

## Mortality, %

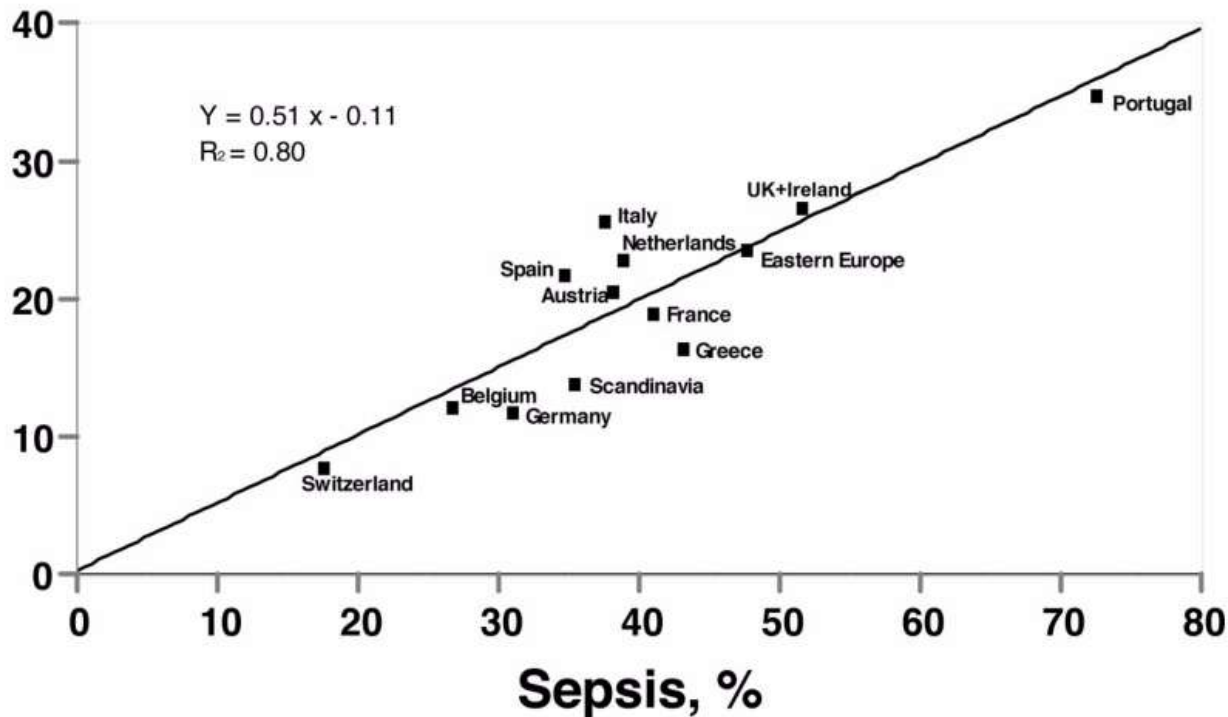
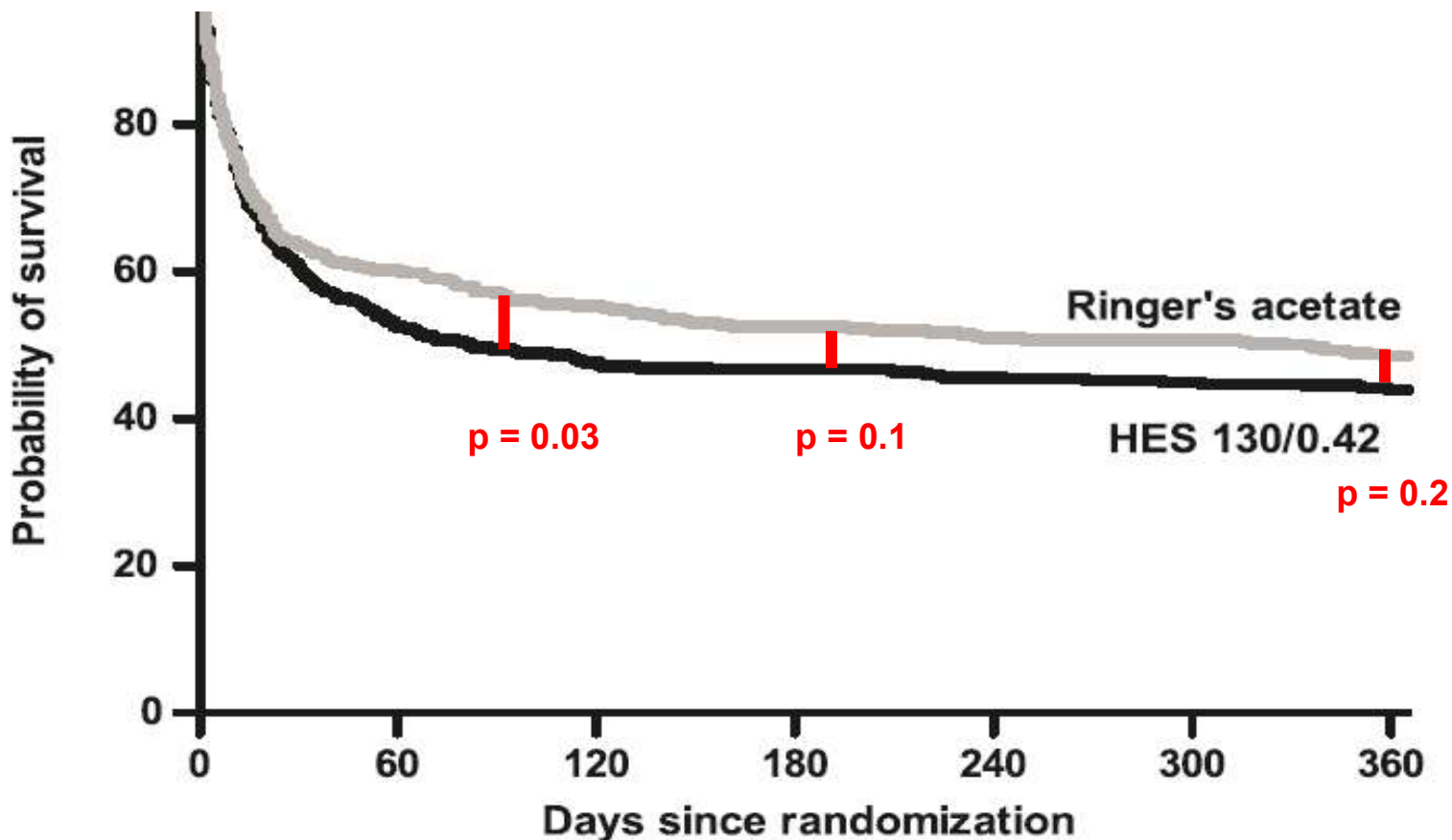


Figure 2. Relationship between intensive care unit mortality rates for all patients and frequency of sepsis in the various European countries.

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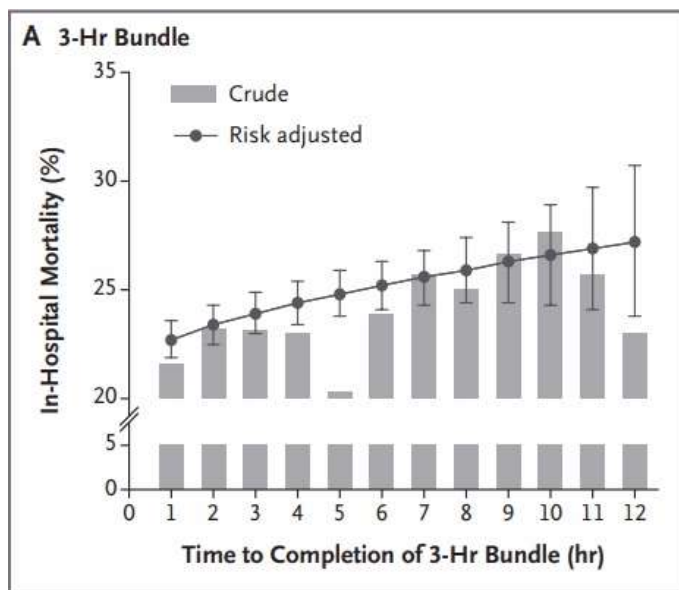
## Long-term outcomes in patients with severe sepsis randomised to resuscitation with hydroxyethyl starch 130/0.42 or Ringer's acetate



# Time to Treatment and Mortality during Mandated Emergency Care for Sepsis

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**Figure 3. Crude In-Hospital Mortality and Predicted Risks of In-Hospital Death.**

Shown are the crude in-hospital mortality and predicted risks of in-hospital death, with adjustment for covariates across a range of time after protocol initiation, for the completion of the 3-hour bundle of sepsis care (Panel A), the administration of broad-spectrum antibiotics (Panel B), and the completion of the initial bolus of intravenous fluids (Panel C) in a typical patient. I bars represent 95% confidence intervals.

