



Cílená léčba život ohrožujícího krvácení dle trombelastometrie : soumrak masivních transfuzních protokolů

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masivní transfuzní prot

X

„plasma free protokol“

masivní transfuzní protokoly X plasma free protokol

Léčba krvácení “ naslepo” - nereflektuje organismu během mi transfuzními protokoly” je „terapie lní požadavky ho mu ho cení

ha na použití ho objemu plazmy (FFP), v které je zka koncentrace ch ch faktorů, která neodpovídá potřebám krvácejícího pacienta

prava a expedice FFP prodlužuje čas do tku by pacienta a zvyšuje expozici m transfuzním přípravkům

masivní transfuzní protokoly

X

plasma free protokol

Koncept „plazma free“ terapie řeší tento problém některých metod (ROTEM, TEG)

Přístupuje k terapii poruch koagulace způsobem „early-goal directed terapie“ – časnou terapií šitou na míru konkrétnímu pacientovi

Okamžitá dostupnost komponent koagulace (fibrinogen, PCC, f. XIII) zrychluje čas do zahájení léčby

„plazma free koncept“ je dle mnoha studií vysoce efektivní a bezpečný, je spojen s nižším počtem erytrocytů i trombocytů, se zkrácením pobytu na ICU i délkou UPV

Nezvyšuje incidenci tromboembolických komplikací

RESEARCH

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Management of bleeding and coagulopathy following major trauma: an updated European guideline

Donat R Spahn¹, Bertil Bouillon², Vladimir Cerny^{3,4}, Timothy J Coats⁵, Jacques Duranteau⁶, Enrique Fernández-Mondéjar⁷, Daniela Filipescu⁸, Beverley J Hunt⁹, Radko Komadina¹⁰, Giuseppe Nardi¹¹, Edmund Neugebauer¹², Yves Ozier¹³, Louis Riddez¹⁴, Arthur Schultz¹⁵, Jean-Louis Vincent¹⁶ and Rolf Rossaint^{17*}

European Society of Anaesthesiology

ESA



European Society of Anaesthesiology

ESA

Guidelines on the management of severe perioperative bleeding

Sibylle A. Kozek-Langenecker¹, Arash Afshari², Pierre Albaladejo³, Cesar Aldecoa Alvarez Santullano⁴, Edoardo De Robertis⁵, Daniela C. Filipescu⁶, Dietmar Fries⁷, Klaus Görlinger⁸, Thorsten Haas⁹, Georgina Imberger¹⁰, Matthias Jacob¹¹, Marcus Lancé¹², Juan Llau¹³, Sue Mallett¹⁴, Jens Meier¹⁵, Niels Rahe-Meyer¹⁶, Charles Marc Samama¹⁷, Andrew Smith¹⁸, Cristina Solomon¹⁹, Philippe Van der Linden²⁰, Anne Juul Wikkelso²¹, Patrick Wouters²², Piet Wyffels²²

2013

II. Diagnostika a monitorace krvě

Coagulation monitoring

Recommendation 12

We recommend

trauma

post-

ly, repeated

prothrombin time

thromboplastin time (APTT),

ets. (Grade 1C)

Použití viskoelastických metod

and that **viscoelastic methods** also be

used to assist in characterising the

coagulopathy and in guiding haemostatic therapy.

(Grade 1C)

V. Management krváčení a koagulace

Antifibrinolytic agents

Recommendation 24

We recommend that tranexams...
early as possible to the...
at risk of significant...
infused over 1 g...
infused...
tranexamová kyselina
... should be administered to the...
within 3 h after injury. (Grade 1B)
... tools for the management of bleeding
... administration of the first dose of
... acid **en route to the hospital.** (Grade 2C)

V. Management krváčení a koagulace

Plasma

Recommendation 26

We recommend the initial

(fresh frozen plasma

plasma) (Grade

patient


FFP nebo fibrinogen

, we suggest an optimal

ratio of at least **1:2**. (Grade 2C)

that plasma transfusion be avoided in

without substantial bleeding. (Grade 1B)



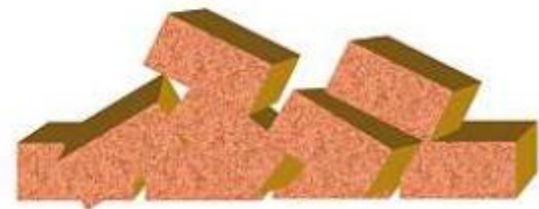
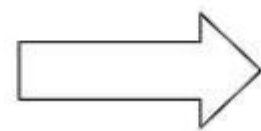
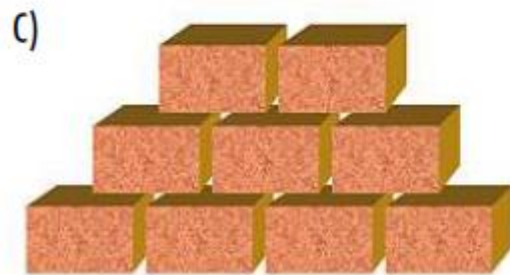
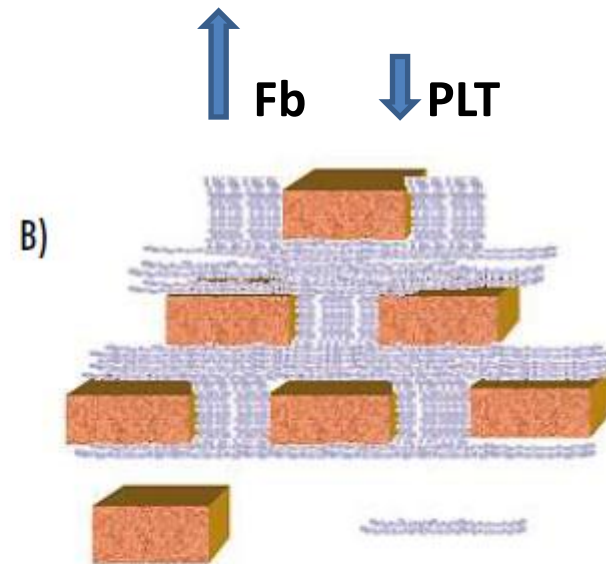
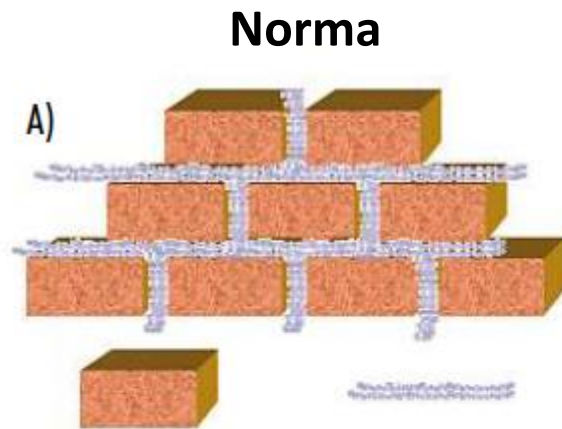
- Trauma indukovanou koagulopatii rozvíjí $\frac{1}{4}$ až $\frac{1}{2}$ všech pacientů s traumatem

- V případě masivní krevní ztráty, dosahuje hladina fibrinogenu kritických hodnot dříve než ostatní prokoagulační faktory nebo trombocyty.

Brohi K, Singh J, Heron M, Coats T: Acute traumatic coagulopathy. *J Trauma* 2003, **54**(6):1127-1130.

Maegele M, Lefering R, Yucel N, Tjardes T, Rixen D, Paffrath T, Simanski C, Neugebauer E, Bouillon B: Early coagulopathy in multiple injury: an analysis from the German Trauma Registry on 8724 patients. *Injury* 2007, **38**(3):298-304.

role fibrinogenu v koagulaci



pouze trombocyty

[Possibilities and limitations of thromboelastometry/thromboelastography](#)

T. Lang^{1,2}, M. von Depka²

Hämostaseologie 2006 26 6: 21-29

Fibrinogen & cryoprecipitate

Recommendation 27

We recommend treatment with

continuing

accompanied by

deficit or a plasma fibrinogen

**Fibrinogen iniciálně 3-4 g
dále dle viskoelastických metod**

crystalline fibrinogen concentrate dose of 3-4 g or 50 mg/kg of

crystalline concentrate, which is approximately equivalent to 15-20 single donor units in a

70 kg adult. Repeat doses may be guided by viscoelastic monitoring and laboratory

assessment of fibrinogen levels. (Grade 2C)

Prothrombin complex concentrate

Recommendation 31

We recommend the early use of prothrombin complex concentrate for emergency reversal of vitamin K antagonist therapy.

If a concomitant thrombocytopenia is present, we suggest that PCC be used in addition to thromboelastometric evidence of delayed clotting.

Thromboelastometry appears to be a useful tool to guide

therapy in patients with traumatic coagulopathy.

PCC při prodloužení iniciace

Cena, komplikace

- Implementation of **transfusion and coagulation management algorithms (based on ROTEM/TEG)** can reduce transfusion-associated costs in trauma, cardiac surgery and liver transplantation. **B**
- **Goal-directed therapy with coagulation factor concentrates (fibrinogen and/or PCC)** may reduce transfusion-associated costs in trauma, cardiac surgery and liver transplantation. **B**
- Thromboembolic events are associated with increased in-hospital and post-hospital costs. **B**
- **Targeted therapy with fibrinogen and/or PCC guided by ROTEM/TEG** is not associated with an increased incidence of thromboembolic events. **C**



ROTEM



Rotem : klasické vyšetření

15 minut : 45 minut

Ize i méně ☺

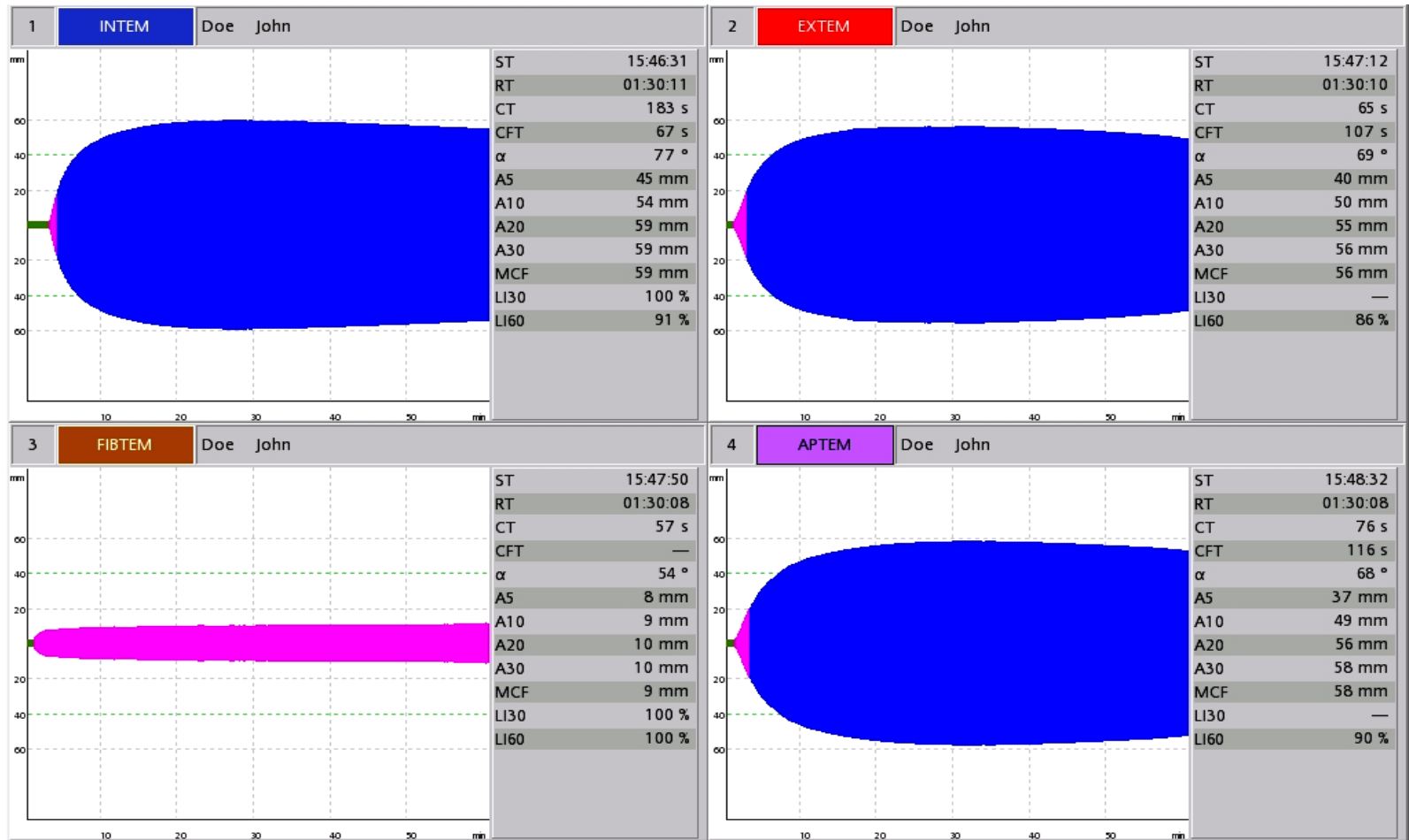
- Špatná citlivost k inhibitorům funkce destiček

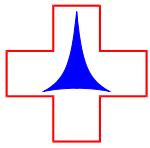
**MULTIPLATE,
ROTEM PLATELET**

- Špatná citlivost ke kumarinům a LMWH



ROTEM - VZOR NORMÁLNÍCH HODNOT





Traumacentrum KN Liberec a.s.

Organizace urgentního traumatologického příjmu KNL



Triage pozitivní pacient

**Standardní postup
15 minut**



**Diagnostika a terapie
Vyloučení či vyřešení život ohrožujících stavů**

**Dýchací cesty
Zdroje velkého krvácení: hemothorax, hemoperitoneum,
nestabilní pánev, fraktury dlouhých kostí, zevní krvácení
Tenzní pneumothorax
Tamponáda srdeční**

Oběhově stabilní x nestabilní pacient

CT v režimu polytrauma

Další řešení



PRIORITY U AKUTNÍHO KRVÁCENÍ

- ✓ Optimalizace podmínek **pH, teplota, iCa**
- ✓ Je přítomna **hyperfibrinolýza**
- ✓ Jaká je hladina **fibrinogenu**
- ✓ Dostačuje hladina **koagulačních faktorů**
- ✓ Je dostatečná hladina **trombocytů**



REVIEW

Open Access

Early and individualized goal-directed therapy for trauma-induced coagulopathy

Herbert Schöchl^{1,2*}, Marc Maegele³, Cristina Solomon¹, Klaus Görlinger⁴ and Wolfgang Voelckel²

Abstract

Severe trauma-related bleeding is associated with high mortality. Standard coagulation tests provide limited information on the underlying coagulation disorder. Whole-blood viscoelastic tests such as rotational thromboelastometry or thrombelastography offer a more comprehensive insight into the coagulation status in trauma. The results are available within minutes and they provide information about the initiation of the speed of clot formation, and the quality and stability of the clot. Viscoelastic tests help to tailor coagulation therapy according to the actual needs of each patient, reducing the amount of transfused blood products. The concept of early, individualized and goal-directed therapy is explored. A hospital algorithm for managing trauma-induced coagulopathy is presented.

Keywords: ROTEM, TEG, trauma, goal-directed coagulation therapy

Introduction

Major brain injury and uncontrolled hemorrhage are the primary causes of death in trauma patients [1-3]. One-quarter of all trauma patients die within the first hour of injury [4].

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AUVA PROTOKOL

Na našem pracovišti je od poloviny roku 2013 používán AUVA protokol v léčbě život ohrožujícího krvácení, vytvořený v Trauma hospital Salzburg, Austria.



Algorithm for treating bleeding in patients with trauma-induced coagulopathy

AUVA PROTOKOL

Optimalizace podmínek

Temperature
BGA
Electrolytes
Blood cell count

Optimize preconditions

Temperature > 34°C
pH > 7.2
Calcium > 1mmol/L
Haematocrit > 24%

Severe trauma (ISS>16)
and / or severe shock

TXA 15-20 mg/kg BW

Run ROTEM (EXTEM, INTEM, FIBTEM, APTEM)*

1. Focus on:
hyperfibrinolysis

EXTEM CT > APTEM CT†

Treat fibrinolysis
TXA 15-20 mg/kg BW†

2. Focus on:
fibrin deficit

FIBTEM CA10 < 7 mm

Increase FIBTEM CA10 to 10-12 mm
Fibrinogen concentrate 2-6 g
(Cryoprecipitate, FFP)

Later on, repeat step 2 if necessary

3. Focus on:
thrombin generation
deficit

EXTEM CT > 80 sec
(with EXTEM CT ≈ APTEM CT)

Treat coagulation factor deficiency
PCC 20 U/kg BW§
(FFP)

4. Focus on:
platelet deficit

EXTEM CA10 < 40 mm
(with FIBTEM CA10 > 12 mm
and platelet count < 50,000/μL)

Increase platelet count to
≥ 50,000/μL†
Platelet concentrate

Severe clot
deficiency

Treat immediately

EXTEM CA10 < 30 mm

TXA 15-20 mg/kg BW†
Fibrinogen concentrate 6-8 g and
PCC 20-30 U/kg BW
(Cryoprecipitate, FFP [high doses])
Platelet concentrate (increase platelet count
to ≥ 50,000/μL)

Hyperfibrinolýza

Fibrinogen

PCC při prodloužení iniciace

Trombocyty

F XIII

ROTEM may also identify:

Potential heparin
exposure
(e.g. cell-saver blood)

HEPTEM CT < INTEM CT

Treat heparin effect
Protamine 1000-2000 U

Clot instability
not related to
hyperfibrinolysis

EXTEM ML > 15%
and APTEM ML > 15%

Consider
Factor XIII 1250 U

KAZUISTIKA

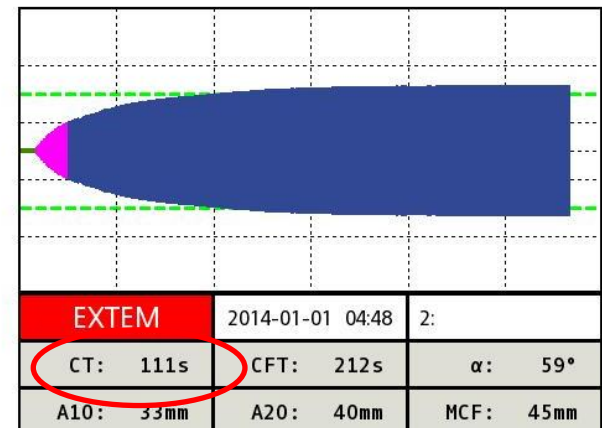
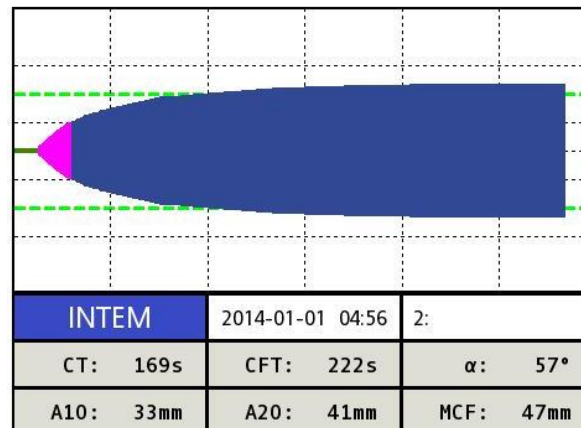
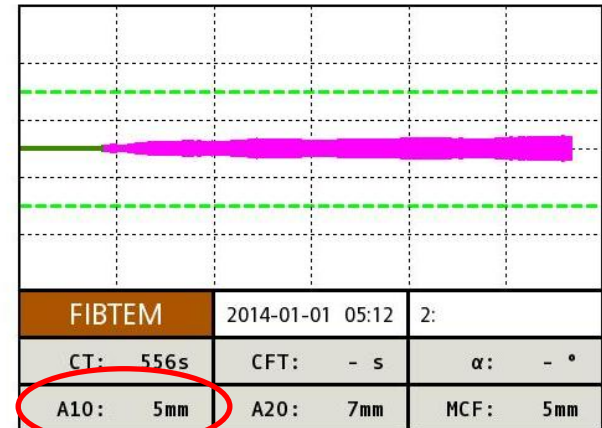
- Muž 24 let
- Řidič OA – čelní náraz
- Kominutivní fr. femuru + antebrachii l.sin.

○ **Fibtem A10 5 mm**

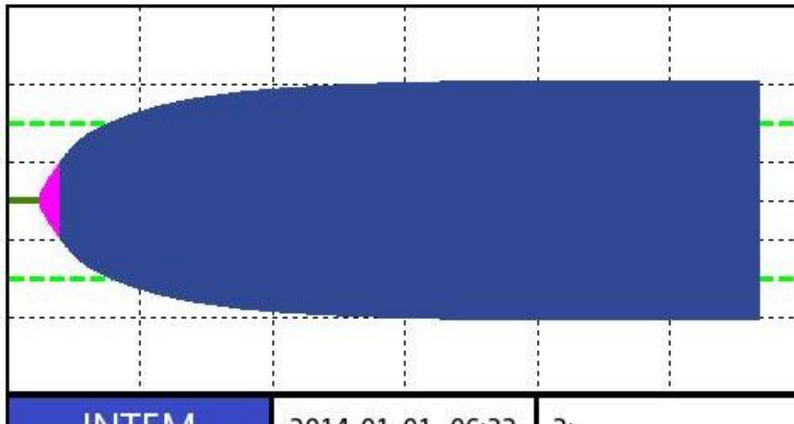
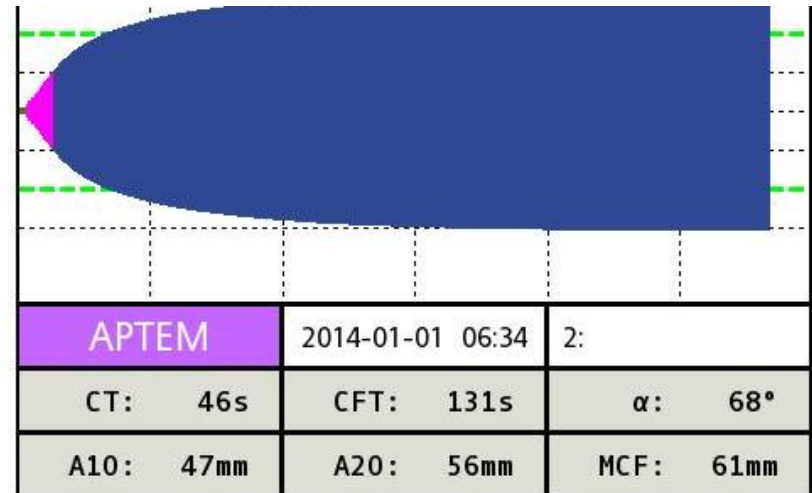
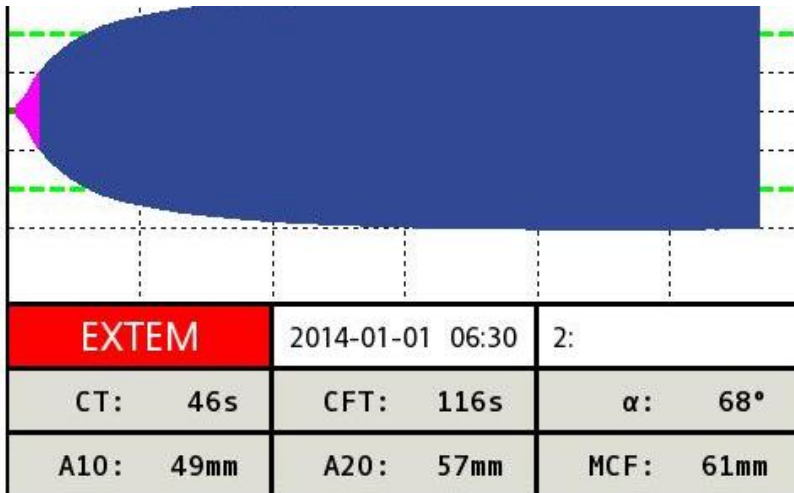
○ **EXTEM CT 111s**

○ **Fb 0,9 g/l**

○ **INR 2,3 aPTT 57,9s**



KAZUISTIKA



TXA 1000 mg
Fibrinogen 6 g
PCC 1000 i.u.
6 x EBR

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Anesth Analg. 2013 Nov;117(5):1063-71. doi: 10.1213/ANE.0b013e3182a52876.

Is dilutional coagulopathy induced by different colloids reversible by replacement of fibrinogen and factor XIII concentrates?

Kind SL¹, Spahn-Neit GH, Emmert MY, Eismon J, Seifert B, Spahn DR, Theusinger OM

Author information

Abstract

BACKGROUND: In this *in vitro* trial, we assessed the effect on blood coagulation of 60% dilution with different colloids and investigated reversibility by replacement of factor XIII (F XIII), fibrinogen, and the combination of fibrinogen and F XIII.

METHODS: Using the blood of 12 volunteers, the following measurements were performed at baseline and after 60% dilution with (hydroxyethyl starch solutions) HES 130/0.42, gelatin, or balanced gelatin solution: blood gas analyses, coagulation factor concentrations (F I, F II, F VII, F VIII, F XIII), impedance aggregometry (Multiplate®), and rotational thromboelastometry (ROTEM). Then F XIII and fibrinogen as well as a combination of both were added, in concentrations corresponding to 6 g fibrinogen and 1250 IU F XIII in adults. ROTEM measurements and determination of factor concentrations were again performed.

RESULTS: Colloid dilution led to a significant reduction of fibrinogen polymerization, especially with HES. Platelet function was impaired by all colloids, with gelatin having a significantly greater effect (area under the curve, collagen Test, $P \leq 0.008$) than HES and balanced gelatin solution. The substitution of F XIII only did not improve clot formation. Substitution of fibrinogen improved the polymerization of fibrinogen in dilutions with gelatin and balanced gelatin solution ($P = 0.002$), whereas HES-induced coagulopathy could not be corrected. The combination of fibrinogen and F XIII showed a better effect than the addition of fibrinogen only for certain variables.

CONCLUSION: Coagulation and platelet function are impaired by all 3 colloids. However, *in vitro* gelatin-induced coagulopathy was significantly more reversible than HES-induced coagulopathy.

PMID: 24029856 [PubMed - indexed for MEDLINE]

Publication Types, MeSH Terms, Substances

ORIGINAL ARTICLE

The effect of fibrinogen concentrate and factor XIII on thromboelastometry in 33% diluted blood with albumin, gelatine, hydroxyethyl starch or saline *in vitro*

Christoph Johannes Schlimp¹, Janne Cadamuro², Cristina Solomon¹, Heinz Redl¹, Herbert Schöchl^{1,3}

¹Ludwig Boltzmann Institute for Experimental and Clinical Traumatology, Austrian Workers' Compensation Board (AUVA) Research Centre, Vienna; ²Department of Laboratory Medicine, University Hospital of Salzburg, Salzburg; ³Department of Anaesthesiology and Intensive Care, Austrian Workers' Compensation Board (AUVA) Trauma Hospital Salzburg, Salzburg, Austria

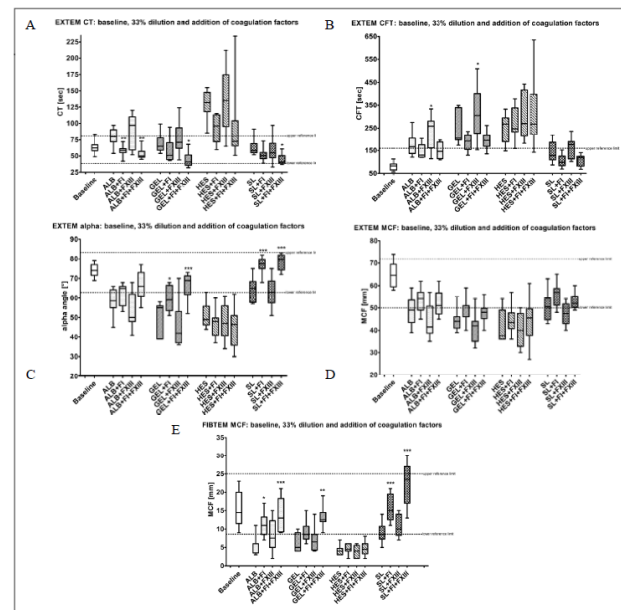


Figure 1 - Effects of *in vitro* 33% dilution of human (n=8) whole blood with albumin (ALB), gelatin (GEL), hydroxyethyl starch (HES) and physiological saline (SL) and administration of fibrinogen (F) corresponding to 3 g in a patient of 70 kg bodyweight, factor XIII (FXIII) corresponding to approximately 10,000 IU in a patient of 70 kg bodyweight, or the combination of both to the diluted sample. Box plot (minimum, 25th percentile, median, 75th percentile, maximum) values are from thromboelastometry using the extrinsic activated (EXTEM) and the functional fibrin polymerisation (FIBTEM) tests with following parameters: clotting time (CT), clot formation time (CFT), alpha angle and maximum clot firmness (MCF). *P < 0.05; **P < 0.01; ***P < 0.001 after substitution of the coagulation factor(s) as compared with dilution alone in each group.



Discussion. ROTEM parameters in dilutional coagulopathy *in vitro* cannot be improved with factor XIII alone in any tested diluent. The combination of fibrinogen and factor XIII is highly effective in raising FIBTEM maximum clot firmness after dilution with albumin, gelatine and saline back to normal values, but is ineffective in 130/0.4 hydroxyethyl starch.



**Pokud vás daná problematika zajímá, dovolujeme si vás pozvat
do Liberce na námi pořádaný kurz :**

**„ KURZ POUŽITÍ ROTAČNÍ TROMBELASTOMETRIE V PERIOPERAČNÍ A
INTENZIVNÍ MEDICÍNĚ “**

V případě zájmu nás prosím kontaktujte na :

ivana.zykova@nemlib.cz, nebo paya.sedlak@gmail.com

Příští kurz bude probíhat v termínech: **21.10.2014**

