PACIENT S POKROČILÝM ZÁKLADNÍM ONEMOCNĚNÍM V INTENZIVNÍ PÉČI aneb JAK DALEKO MÁME JÍT?????



Na co reálně umíráme v bohaté části světa?

Top 10 causes of deaths in upper-middle-income countries in 2016



Source: Global Health Estimates 2016: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2016. Geneva, World Health Organization; 2018. World Bank list of economies (June 2017), Washington, DC: The World Bank Group; 2017 (https://dataheipdesk.worldbank.org/knowledgebase/articles/905519-world-bank-country-and-lending-groups).



Respirační mortalita

ČR versus Evropa





Vývoj respirační mortality 2008-2015-2030 Aneb co nás čeká v další dekádě

TABLE 2 Projected proportion of deaths due to leading	ng respiratory caus	ses	
Percentage of deaths in WHO European region	2008	2015	2030
Lower respiratory infections	2.3	2.2	1.9
COPD	2.5	2.7	3.2
Trachea/bronchus/lung cancer	3.9	3.9	4.1
Tuberculosis	0.8	0.7	0.4



Kdy zahájit paliativní péči? Dříve než by nás napadlo





Potenciál paliativní péče respiračních chorob

Condition	Disease-focused treatment	Palliative treatment
Lung cancer	Surgery/radiation/chemotherapy	Treatment of side-effects from medical treatments, such as management of fatigue, nausea, decreased appetite and dyspnoea
Chronic obstructive COPD pulmonary disease (COPD)	Bronchodilators (oral/inhaled)/ oxygen/pulmonary rehabilitation	Counselling and medications to reduce anxiety and dyspnoea; moving air (fan) to reduce dyspnoea perception
Cystic fibrosis (CF)	Antibiotics/enzymes/percussive therapy/lung transplant	Teaching mastery skills to manage dyspnoea, opioids to control intractable coughing
Pulmonary arterial hypertension (PAH)	Antibiotics for infection/targeted medications/oxygen	Discussions of disease trajectory/treatment options/ advanced care planning

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American Thoracic Society

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Palliative Care for People with Respiratory Disease or Critical Illness



Condition	Medical Treatment	Palliative Care
Lung cancer	Chemotherapy or radiation therapy	Medication to treat side effects of your medical treatments. Side effects managed by palliative care might include fatigue, nausea, poor appetite, pain, or difficulty breathing.
Chronic lung disease, such as Chronic Obstructive Pulmonary Disease (COPD) or Idiopathic Pulmonary Fibrosis (IPF)	Oxygen and bronchodilators (inhalers)	Medicines and counseling to help with anxiety and difficulty breathing. A fan blowing cool air to reduce shortness of breath.
Severe pneumonia	Antibiotics and care in an intensive care unit (ICU)	Medications to reduce pain, help with sleep, or reduce feelings of anxiety.





Kritéria terminální fáze plicních chorob (očekávaná délka života < 6M)

- 2. Hypoxemia at rest on ambient air, as evidenced by Po₂ less than or equal to 55 mm Hg; or oxygen saturation less than or equal to 88% on supplemental oxygen determined either by arterial blood gases or oxygen saturation monitors; OR hypercapnia, as evidenced by Pco₂ ≥ 50 mm Hg. These values may be obtained from recent (within 3 mo) hospital records.
- Right heart failure secondary to pulmonary disease (cor pulmonale) (e.g., not secondary to left heart disease or valvulopathy).
- Unintentional progressive weight loss of greater than 10% of body weight over the preceding 6 months.
- 5. Resting tachycardia > 100/minute.

CHOPN poměrně velký pro Image: ChopN poměrně velký poměrně	Original Article Factors to Inform Clinicians About the End of Life in Severe Chronic Obstructive Pulmonary Disease Relevant MD, MS, Wendy Stemion, MD, Paul Noverne, MS, Alice Stemberg, Schl, Robert M, Kaplan, PhD, Andrew Eko, MD, MPH, Robert Wise, MD, Fernando Martinez, MD, James Utz, MD, and Frank Stanbo, MD, for the National Employeema Trearment Trial (NETT) Research Group Dipartment of Medicine (R.B., 105, JUC) and Canner Costor (PNA). May Clina, Bichesie, Minanak, Department of Epidemility (AA) and Department of Medicane (R.R., 10 Key, JUC) and Canner Costor (PNA). May Clina, Bichesie, Minanak, Department of Fishermility (AA) and Department of Medicane (R.R., 10 Kernaly of Galifornia San Dags, San Dags, California, Department of Medicine (R.A., University of Galifornia San Dags, San Dags, California (Medicine (FAA), University of Pathongh, Pathongem, 103		
Variables	Odds Ratio	95% Confidence Interval	P- value
Maximal inspiratory pressure (cm H ₂ O)	2.29	1.45-3.62	0.0004
Feeling upset or downhearted	1.97	1.16-3.33	0.0117
Gait speed decline by 0.137 at 6 mo or six-minute walk	1.70	1.09-2.66	0.0202
decline by 50 m			



Obtíže při CHOPN > Obtíže při BCA



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Breathlessness, Functional Status, Distress, and Palliative Care Needs Over Time in Patients With Advanced Chronic Obstructive Pulmonary Disease or Lung Cancer: A Cohort Study



Co signalizuje riziko blízkého konce u CHOPN?





Journal of Research in Medical Sciences



J Res Med Sci. 2013 Jul; 18(7): 594-600.

PMCID: PMC3897028 PMID: 24516493

Comparing end-of-life care in hospitalized patients with chronic obstructive pulmonary disease with and without palliative care in Taiwan





Chronické respirační nemoci existují spolu

Annals of Internal Medicine

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ORIGINAL RESEARCH 1 OCTOBER 1986

Higher Risk of Lung Cancer in Chronic Obstructive Pulmonary Disease: A Prospective, Matched, Controlled Study

DAVID M. SKILLRUO, M.D.; KENNETH P. OFFORD, M.S.; B. DREW MILLER, M.D.

Article, Author, and Disclosure Information

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MORE W

Abstract

To assess the risk of lung cancer in patients with chronic obstructive pulmonary disease, we matched, on the basis of age, sex, occupation, and smoking history, 113 persons ("cases") who had a forced expiratory volume in 1 second (FEV₁) of 70% or less of predicted normal with 113 control persons who had an FEV₁ of 85% or more. All persons were observed from 1973-74 through 1984 for a diagnosis of lung cancer, death from lung cancer, and death from any cause. At entry, subjects had an age range of 4,5 to 59 years; men numbered 186 and women 4.0. Histologically proven lung cancer developed in 9 cases and in 2 controls, all men. The rate of development of lung cancer was significantly different in the two groups (p = 0.024): the to-year cumulative percentage was 8.8% for cases and 2.0% for controls. Overall 10-year survival was estimated to be 74.0% for cases and 91.1% for controls (p < 0.001).

COPD

The Impact of Coexisting COPD on Survival of Patients With Early-Stage Non-small Cell Lung Cancer Undergoing Surgical Resection

Rihong Zhai, MD, PhD; Xiaojin Yu, PhD; Andrea Shafer, MPH; John C. Wain, MD, FCCP; and David C. Christiani, MD, FCCP

Background: COPD is a recognized risk factor for lung cancer, but studies of coexisting COPD in relation to lung cancer outcomes are limited. We assessed the impact of COPD on overall survival (OS) and progression-free survival (PFS) in patients with early-stage non-small cell lung cancer (NSCLC).

Methods: Patients (N = 902) with early-stage (stage IA-IIB) NSCLC treated with surgical resection were retrospectively analyzed. The association of self-reported, physician-diagnosed COPD with survivals of NSCLC was assessed using the log-rank and Cox regression models, adjusting for age, sex, BMI, smoking, stages, and performance status.

Results: Among this cohort of patients with NSCLC, 330 cases had physician-diagnosed COPD, and 572 did not have COPD. The 5-year OS in patients with COPD (54.4%) was significantly lower (P = .0002) than that in patients without COPD (69.0%). The 5-year PFS rates for patients with COPD and without COPD were 50.1% and 60.6%, respectively (P = .007). Compared with patients without COPD, patients with COPD had increased risk of worse OS (adjusted hazard ratio [HRadj] = 1.41, P = .002) and PFS (HRadj = 1.67, P = .003). The associations between COPD and worse survival outcomes were stronger in men and in squamous cell carcinoma (SCC). Conclusions: Coexisting COPD is associated with worse survival outcomes in patients with early-

ge NSCLC, particularly for men and for SCC. CHEST 2014; 145(2):346–353



Místo úmrtí na CHOPN versus BCA?



Country	Abbreviations	Total number of deaths	COPD deaths (N)	COPD deaths (% of all deaths)	Lung cancer deaths (N)	Lung cancer deaths (% o all deaths)
npj Prin	nary Care Re	spiratory M	edicine		w	ww.nature.com/npjpcrm
	OPEN					
Differe	nces in pl			ween lung o		
Differe	nces in pl			ween lung o g death cer		
Joachim Coher Marylou Carden Agnes Csikos ¹³	nces in pl s: a 14-co o ¹ , Kim Beernaert ¹ , nas-Turanzas ⁷ , Bregje , Yong-Joo Rhee ¹⁴ , Jo	untry stu , Lieve Van den Blo Onwuteaka-Philip oan Teno ¹⁵ , Winne	ock ^{1,2} , Lucas Mori sen ⁸ , Rod MacLeo Ko ¹ , Luc Deliens	g death cer n ^{3,4} , Katherine Hunt ⁵ , G od ⁹ , Miguel Ruiz-Ramos 1,16 and Dirk Houttekie	tificate Suido Miccinesi ⁶ ¹⁰ , Donna M Wil	data , son ¹¹ , Martin Loucka ¹² ,
Differe patient Joachim Coher Marylou Carder	nces in pl s: a 14-co 1 ⁽¹⁾ , Kim Beernaert ¹ , nas-Turanzas ⁷ , Bregje	untry stu , Lieve Van den Blo Onwuteaka-Philip	ock ^{1,2} , Lucas Mori sen ⁸ , Rod MacLeo	g death cer n ^{3,4} , Katherine Hunt ⁵ , G od ⁹ , Miguel Ruiz-Ramos	tificate Suido Miccinesi ⁶ ¹⁰ , Donna M Wil	data



Doma s paliací = BCA Nemocnice bez paliace = CHOPN





ARTICLE

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Differences in place of death between lung cancer and COPD



ORIGINAL RESEARCH

Paliativní péče na JIP

Palliative Care for Patients Dying in the Intensive Care Unit with Chronic Lung Disease Compared with Metastatic Cancer

Crystal E. Brown, Ruth A. Engelberg, Elizabeth L. Nielsen, and J. Randall Curtis Division of Putmonary and Dificial Care. Department of Medicine. Harborview Medical Center, University of Washington, Seattle, Washington OPCD-ID: 0000-0002-1229-7422 (CE.B.).

Table 2. Palliative care processes and lengths of stay for patients dying in the intensive care unit

	ILD	COPD Ug	Metastatic Cancer
		COPD	
Processes of care, n (%n)	~~~		
No CPR 1 h before death	94.9 (75)	89.0 (527)	93.0 (147)
Pain assessed in day before death	75.9 (60)	81.6 (483)	91.1 (144)
DNR at time of death	78.5 (62)	81.8 (482)	87.3 (137)
Prognosis discussed	21.5 (17)	31.4 (186)	44.3 (70)
Palliative care consultation	12.7 (10)	8.8 (52)	10.8 (17)
Spiritual care involvement	50.6 (40)	44.2 (261)	44.3 (70)
Life support withheld/withdrawn	75.9 (60)	75.0 (442)	76.3 (119)
Presence of advance directive	63.3 (31)	62.2 (253)	58.9 (63)
ength of stay, median (IQR)	()	()	
Hospital LOS, d	7.0 (4.0-12.0)	6.0 (3.0-12.0)	6.0 (3.0-12.0)
ICU LOS, d	4.2 (1.6-8.6)	2.9 (1.1-7.4)	2.3 (0.9-5.3)



Jak (ne)funguje paliativní péče u IPF ?





Respiratory Research

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The impact of palliative care on quality of life, anxiety, and depression in idiopathic pulmonary fibrosis: a randomized controlled pilot study

Katherine Januari (1), Drew Roslelle, Gl Wang & Hyun Joo Kim Respiratory Research 21, Article number; 2 (2020) | Cite this article 379 Accessos | 4 Altmetric | Metrica



S čím obecně přicházejí lidé v paliativním režimu?

Our study of 404 patients, reported 79 (19.5%, 95%CI: [16.0-23.7]%) being admitted with LSC limitations in the IMCU. This group of LSC limited patients presented with higher chronic and acute severity scores. The most common admission diagnosis of LSC limited patients was acute respiratory failure (51%). Non-invasive ventilation (NIV) was frequently used within this population (39%). Hospital mortality for LSC limited patients was high (53%) and associated with age (OR = 1.07, 95%CI: [1.01–1.13)]), SOFA score (OR 1.29, 95%CI: [1.01–1.64]), and hypoxemic respiratory failure (OR 7.2, 95%CI: [1.27–40.9]). Withdrawal of LSC occurred in 19.5% of cases, often accompanied with terminal sedation with or without

NIV removal (43.8%).



DESEASCH ABTICLE

Patients with limitation or withdrawal of life supporting care admitted in a medico-surgical intermediate care unit: Prevalence, description and outcome over a six-month period



Kdo určen k paliaci a nikoliv k maximální JIP péči ?

EUROPEAN CLINICAL RESPIRATORY JOURNAL 2018, VOL. 5, 1530029 https://doi.org/10.1080/20018525.2018.1530029

REVIEW ARTICLE



OPEN ACCESS

Chack for updatas

Danish respiratory society position paper: palliative care in patients with chronic progressive non-malignant lung diseases

Kristoffer Marsaa^a, Svend Gundestrup^b, Jens-Ulrik Jensen^c, Peter Lange^c, Anders Løkke ^{Od}, Nassim Bazeghi Roberts^b, Saher Burhan Shaker^c, Anita Rath Sørensen^d, Ingrid Louise Titlestad^e, Laura Hohwü Thomsen^f, Ulla Møller Weinreich ^{Og}, Elisabeth Bendstrup ^{Otd} and Torgny Wilcke^{*c}





Terminologie



Chronic lung failure is defined as a permanently reduced lung function and daily symptoms limiting daily activities despite optimal standard therapy. Palliative care can be started at this point. Terminal lung failure is present when a patient with chronic lung failure meets the criteria of being terminally ill and when life expectancy is limited to weeks or a few months. Imminently dying is when death is expected shortly i.e. within hours or a few days



CHOPN terminální plicní selhání





The patient is considered to be in the terminal phase of the disease when dependent on help from others because of dyspnea or general weakness over a period of several months, and when at least two of the following criteria are fulfilled:

• At least two hospitalizations because of a COPD exacerbation and/or one hospitalization requiring treatment with non-invasive ventilation (NIV) or a ventilator within the past 6 months.

- Need of long-term oxygen therapy (LTOT)
- Permanent NIV treatment at home
- Body mass index (BMI) <18 despite optimal nutrition, including nutritional supplementation
 - Progressive or newly diagnosed severe comorbidity

ILD (zejm.IPF) terminální plicní selhání





The patient is considered to be in the terminal phase of the disease when dependent on help from others because of dyspnea or general weakness over a period of several months, and when fulfilling at least two of the following criteria:

• Two or more respiratory hospitalizations (e.g., due to infection or exacerbation) within the last year

- Peripheral oxygen saturation <88% at rest
- Reduced physical activity level (6-minute walk distance <212 m)
 - Pulmonary hypertension

 Forced vital capacity (FVC) <50% of predicted or % FVC decline >10% of predicted or % predicted diffusion capacity for carbon monoxide (DLCO) decline >15% of predicted during the last 6 months

Progressive or newly diagnosed severe comorbidity

Umírající respirační pacient



The patient is imminently dying when the disease has progressed to a stage where only symptomatic treatment is warranted. All other treatment possibilities are futile, and death is expected within hours or few days.





Závěr

• <u>BCA</u> častým důvodem paliativní péče vč.limitace přístupu k JIP

- <u>Chronické nemaligní respirační choroby</u> (CHOPN, IPF) redukují QoL, zkracují život a způsobují symptomy obdobně jako BCA
- Chronické nemaligní respirační choroby mají omezený přístup k paliativní péči a méně predikovatelný časový průběh
- Přitom paliace je u těchto nemocí stejná jako u BCA
- Pečlivé posouzení dokumentace oš.l. NEZBYTNÉ (souvislosti)



Hledání biomarkerů signalizujících riziko smrti kvůli respiračnímu onemocnění

J Sex Med. 2015 Jul;12(7):1568-76. doi: 10.1111/jsm.12918. Epub 2015 Jun 23.

Erectile Dysfunction is Associated with Subsequent Cardiovascular and Respiratory Mortality in Cohort of 1,436 Chinese Elderly Men.

Chung RY¹, Chan D¹, Woo J², Kwok T², Leung JC¹, Lai FT¹, Wong SY¹.

Author information

Abstract

INTRODUCTION: Erectile dysfunction (ED) is commonly shown to be associated with subsequent cardiovascular mortality, but not respiratory mortality, despite respiratory disease being highly prevalent among ED patients.

AIM: We aim to examine associations of ED with all-cause and cause-specific (i.e., cardiovascular and respiratory) mortality in a prospective cohort of 1,436 Chinese men, followed up from 2001 for a median of 11.5 years.

METHODS: ED measurement was based on a single question of four categories at the 4-year follow up.

MAIN OUTCOME MEASURES: Outcome measures include all-cause and cause-specific mortality (i.e., cardiovascular and respiratory mortality, classified according to the International Classification of Disease-version 10 [ICD-10]). Multivariable regression models estimated associations between ED and all-cause and cause-specific mortality, adjusting for the presence of chronic conditions, and socio-demographics and lifestyle factors. For each category of disease-specific mortality, subjects with the corresponding diseases and death cases from other causes were excluded. Cancer mortality was included for comparison.

RESULTS: Participants who were completely impotent had significantly increased risk of all-cause (HR = 1.63, 95% CI = 1.20-2.23), cardiovascular (HR = 3.94, 95% CI = 1.77-8.76) and respiratory mortality (HR = 3.16, 95% CI = 1.46-6.81) compared with non-impotent participants, adjusting for chronic conditions, and socio-demographics and lifestyle factors.

CONCLUSION: ED is significantly associated with subsequent all-cause mortality, possibly via its association with cardiovascular and respiratory mortality. Primary care practitioners should pay attention to ED patients' cardiovascular and respiratory risk profiles, which may benefit their prognosis.





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