



# The immune system as source of diagnostics marker and therapeutic targets

IMMUNOPHENOTYPES ASSOCIATED WITH SHORT-TERM SURVIVAL IN PATIENTS WITH SEPTIC SHOCK AND LONG-TERM CHANGES IN IMMUNE SIGNATURE



Jan Frič

Principal Investigator

Marcela Hortová-Kohoutková

Marco De Zuani

Kamila Bendíčková

Federico Tidu

Petra Buřilová

Ivana Andrejčínová

Ondřej Vymazal

Veronika Bosáková

Zdeněk Zadražil

Ondřej Mrkva

Jana Bartoňová



# Outline

- the importance of the immune system in sepsis
- why sepsis research @FricLab
- diagnostics markers from the immune system
- therapeutic targets originated in the immune system
- Adverse effects of sepsis - trained immunity



# BACKGROUND

## Myeloid cell signalling during immunosuppression



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nature  
COMMUNICATIONS

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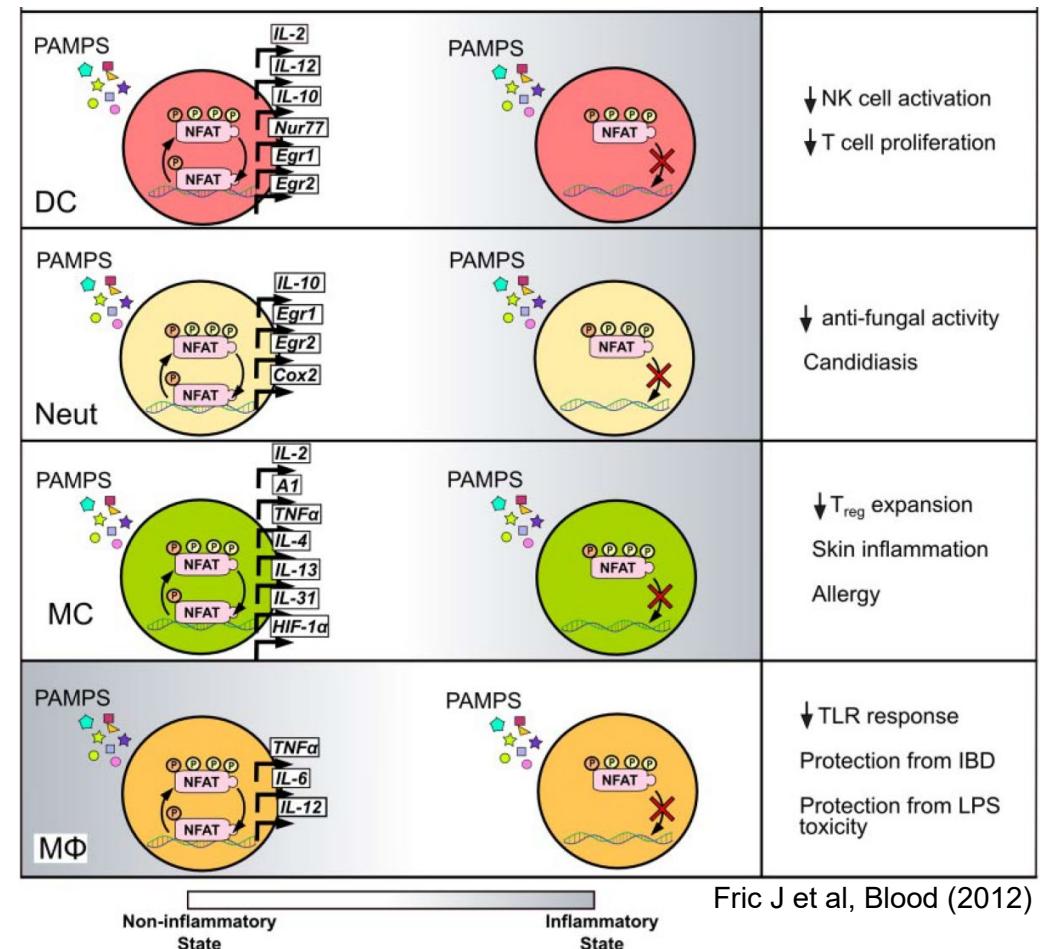
Cell Reports

STEM CELLS®

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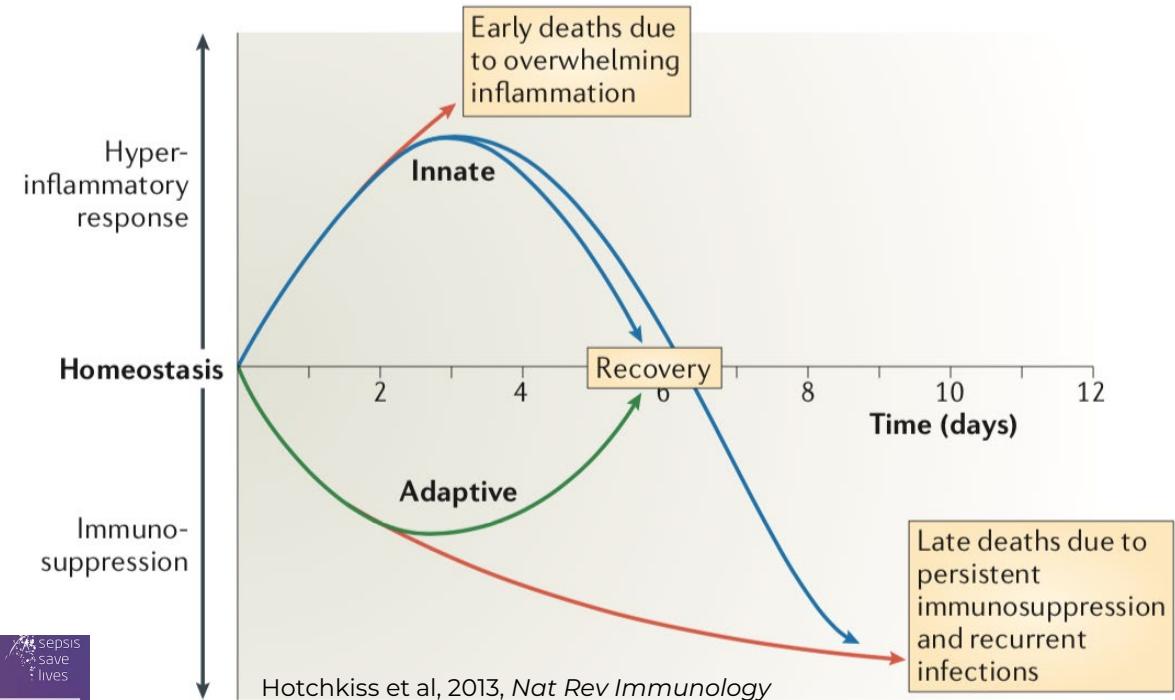
Susceptibility of immuno-suppressed patients to infections is due to inhibition of NFAT in myeloid cells (not only T cell).

# BACKGROUND

## Sepsis

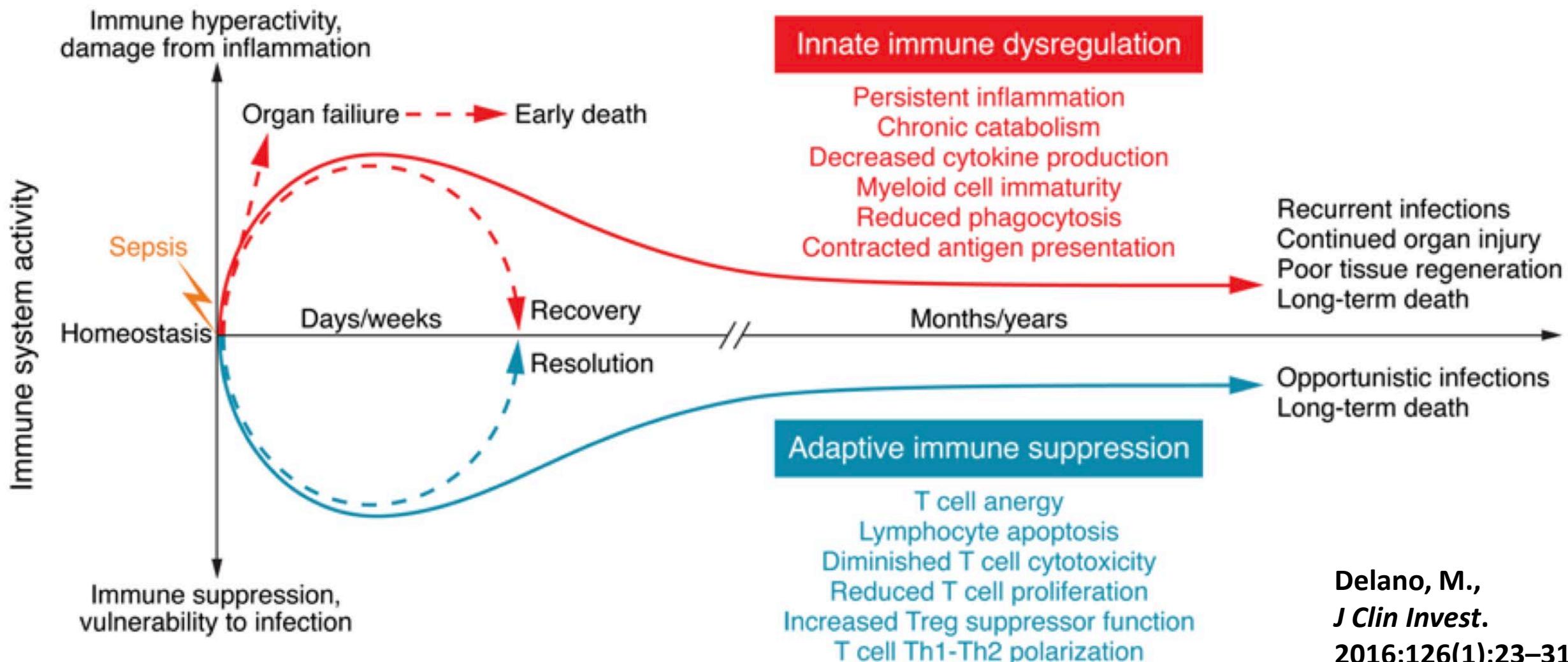
### Sepsis:

- Life-threatening organ dysfunction;
- Highly **heterogeneous** syndrome;
- Dysregulated **host response** to infection;
- Sustained excessive **inflammation**;
- Immune **suppression**;
- Inflammatory storm followed by immunosuppressive phase
- Pathogens – respiratory (35-68%): Enterococcus, Pseudomonas, Candida, Stenotrophomonas
- **No predictable markers:**
  - CRP
  - presepsin,
  - procalcitonin
  - >200)



# BACKGROUND

## Immune dysregulation in sepsis



Delano, M.,  
*J Clin Invest.*  
2016;126(1):23–31.

# BACKGROUND

Sepsis – all immune cells & all cytokines are involved



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DOI: 10.1002/bies.202000067

## PROBLEMS & PARADIGMS

### Prospects & Overviews

BioEssays WILEY

## How immune-cell fate and function are determined by metabolic pathway choice

The bioenergetics underlying the immune response

Marcela Hortová-Kohoutková<sup>1</sup> | Petra Lázničková<sup>1,2</sup> | Jan Frič<sup>1,3</sup>

SHOCK, Vol. 54, No. 5, pp. 606–614, 2020

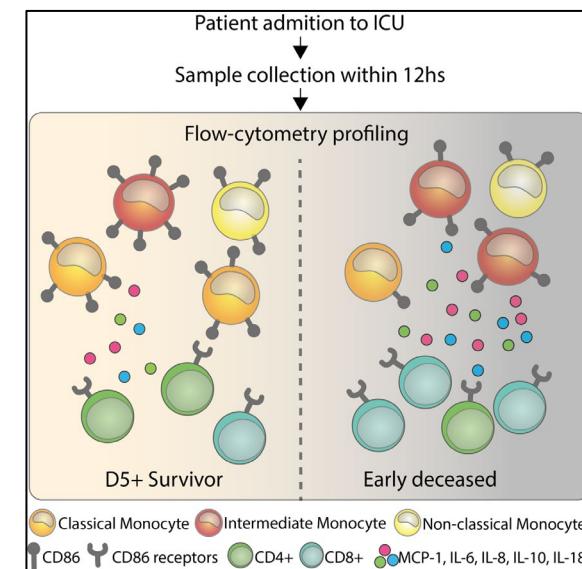
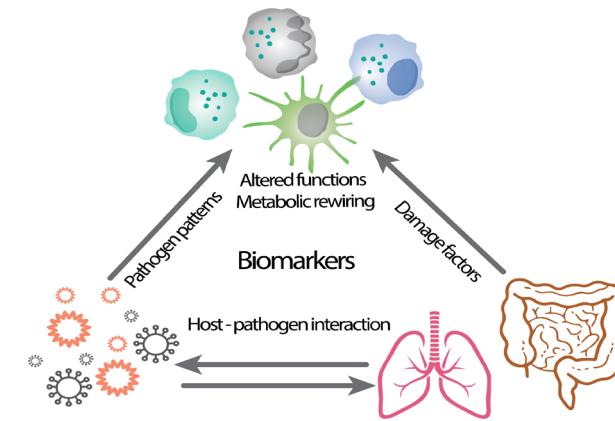
OPEN

Review Article

SHOCK  
Injury, Inflammation, and Sepsis: Laboratory and Clinical Approaches

## PHAGOCYTOSIS-INFLAMMATION CROSSTALK IN SEPSIS: NEW AVENUES FOR THERAPEUTIC INTERVENTION

Marcela Hortová-Kohoutková,\* Federico Tidu,\* Marco De Zuani,\* Vladimír Šrámek,† Martin Helán,† and Jan Frič\*‡



CREATING THE FUTURE OF MEDICINE

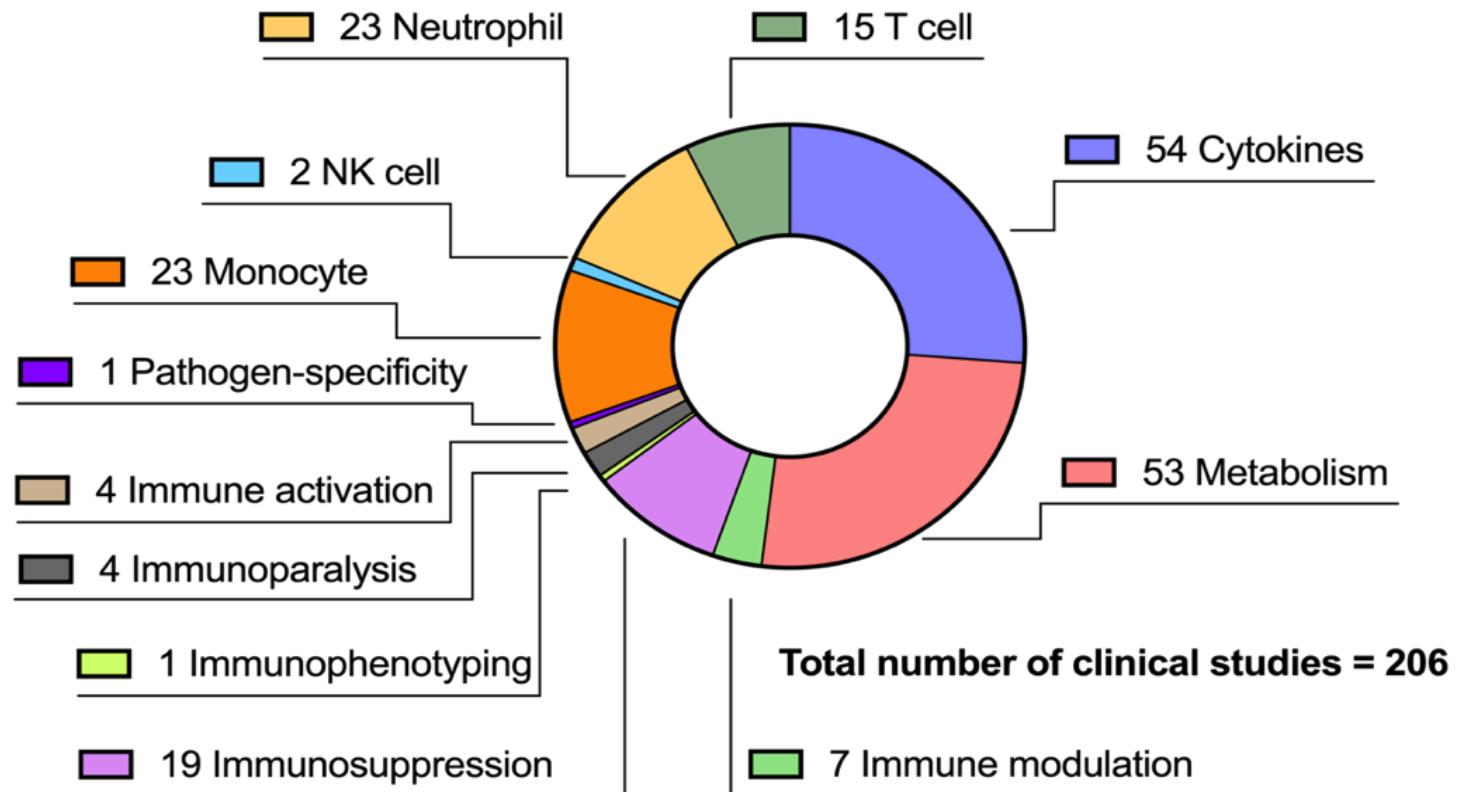
# BACKGROUND

Complexity of sepsis – central role of immune system

## Fields of interest:

- Cytokines and other mediators
- Immune cells
  - neutrophils
  - monocytes
  - NK cells
- Adverse effects

## Overview of active clinical studies targeting immune system in sepsis



### Fields of interest:

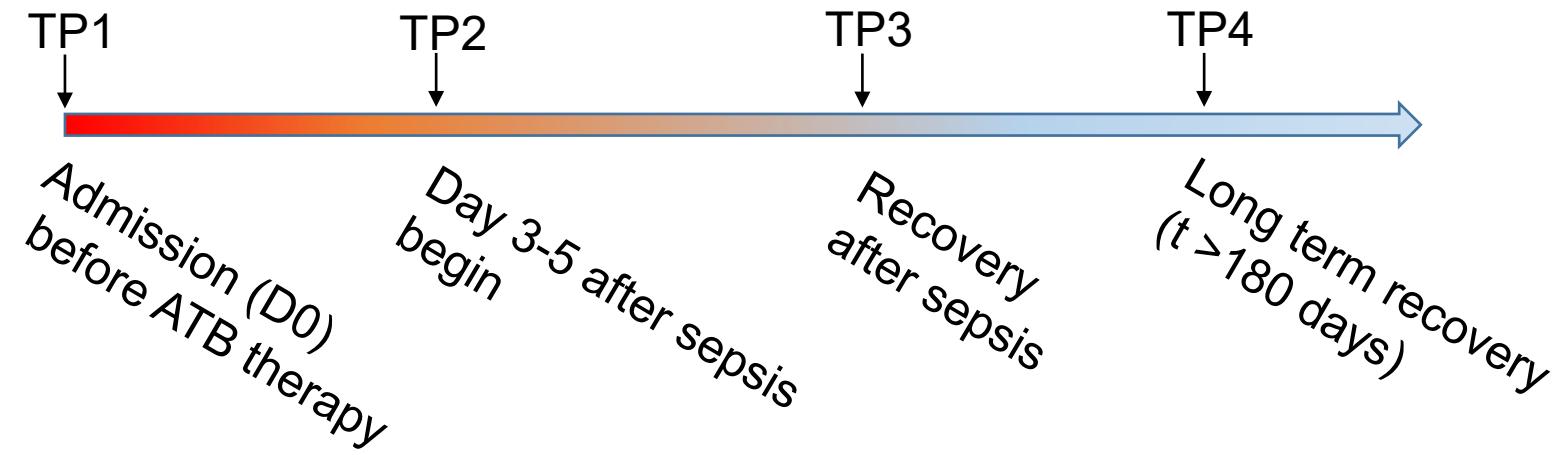
- Cytokines and mediators
- Immune cells
  - neutrophils
  - monocytes
  - NK cells
- Adverse effects

### Immune markers of sepsis progression

Immune marker associated with sepsis	Best-practise diagnostics	“Experimentally obtained”	Markers used in different centers			
			Center #1	Center #2	Center #3	Center #4
Total WBC count	✓		✓	✓	✓	✓
CRP	✓		✓	✓	✓	✓
Procalcitonine	✓		✓	✓	✓	✓
Presepsin (sCD14)		✓	✓	✓		✓
HLA-DR		✓		✓		
CD11b		✓			✓	
CD64		✓			✓	
CD69		✓			✓	
TREM		✓				✓
IL-1		✓	✓	✓	✓	✓
IL-6		✓	✓	✓	✓	✓
TNF- $\alpha$	✓		✓	✓	✓	✓

# PATIENT COHORTS

Sepsis, septic shock, febrile neutropenia



# PATIENT COHORTS

Septic shock 41 patients (early deceased and early survivors)



Demographic and clinical characteristics of patients with septic shock

Characteristic	Total	D5+ Survivors	Early deceased	P value
Recruited patients	41	33 (80.5%)	8 (19.5%)	—
Gender				
Female	17 (41.5%)	14 (82.4%)	3 (17.6%)	—
Male	24 (58.5%)	19 (79.2%)	5 (20.8%)	—
Age, mean (range)	71.3 (49-89)	70.6 (49-89)	74.1 (66-85)	.3850
Comorbidities, mean	2.23	2.22	2.25	.8253
BMI, mean	27.80	27.48	29.12	.3699
SOFA, mean	11.46	10.82	14.13	.0360
CRP mg/l, mean	224.32	213.38	268.06	.5388
Lactate mmol/l, mean	2.15	1.72	3.90	.0045
Origin of septic shock				
Pneumonia	17	17 (100%)	0 (0%)	—
Abdominal infection	7	5 (71.4%)	2 (28.6%)	—
Urosepsis	6	3 (50%)	3 (50%)	—
Soft tissue infection	5	3 (60%)	2 (40%)	—
Mediastinitis	3	3 (100%)	0 (0%)	—
Other	3	1 (33.3%)	2 (66.7%)	—

Abbreviations: BMI, body mass index; CRP, c-reactive protein; SOFA, sequential organ failure assessment.



Marcela Hortová-Kohoutková  
Petra Lázničková  
Kamila Bendíčková

Journal of Cellular and Molecular Medicine

## Differences in monocyte subsets are associated with short-term survival in patients with septic shock

Marcela Hortová-Kohoutková<sup>1</sup> | Petra Lázničková<sup>1,2</sup> | Kamila Bendíčková<sup>1</sup> |  
Marco De Zuani<sup>1</sup> | Ivana Andrejčinová<sup>1,2</sup> | Veronika Tomášková<sup>1,3</sup> | Pavel Suk<sup>1,3</sup>  
Vladimír Šramek<sup>3</sup> | Martin Helán<sup>1,3</sup> | Jan Fric<sup>1,4</sup>

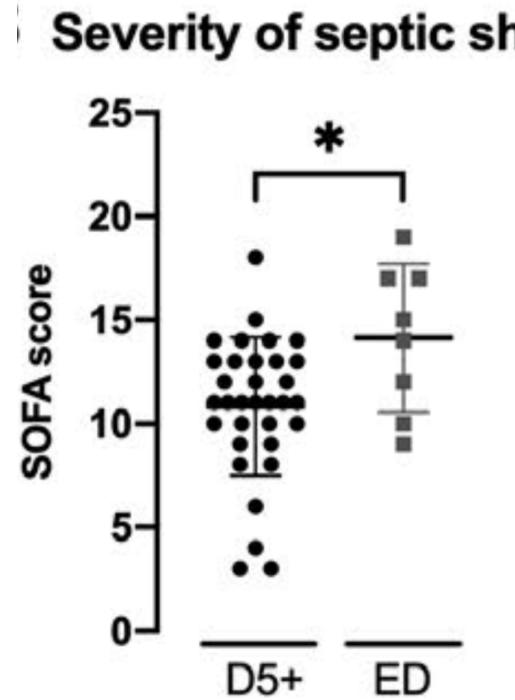
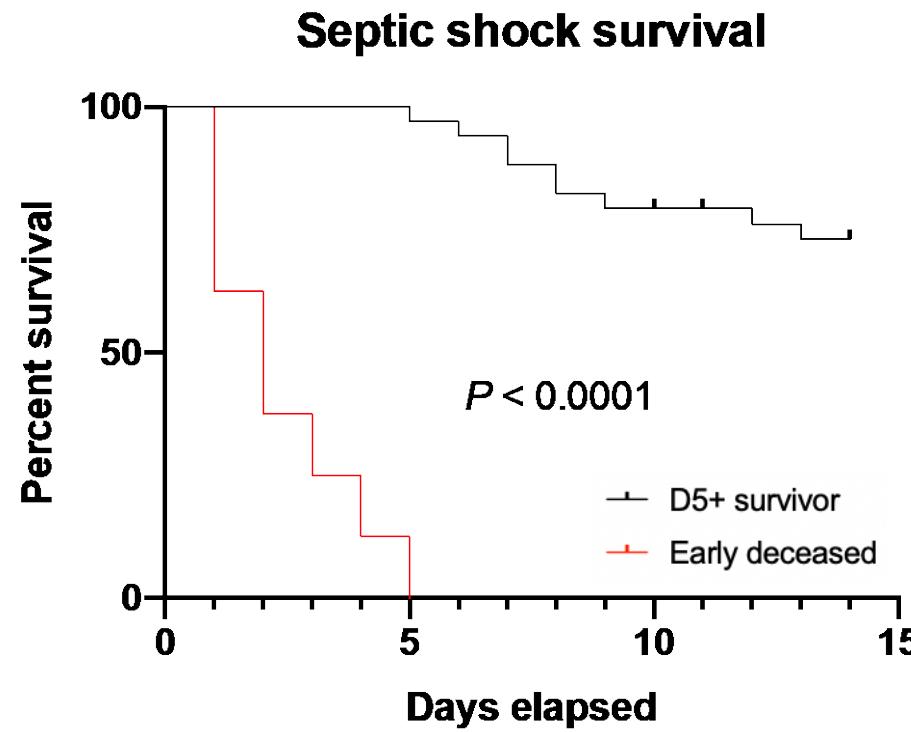
J Cell Mol Med. 2020;24:12504-12512.



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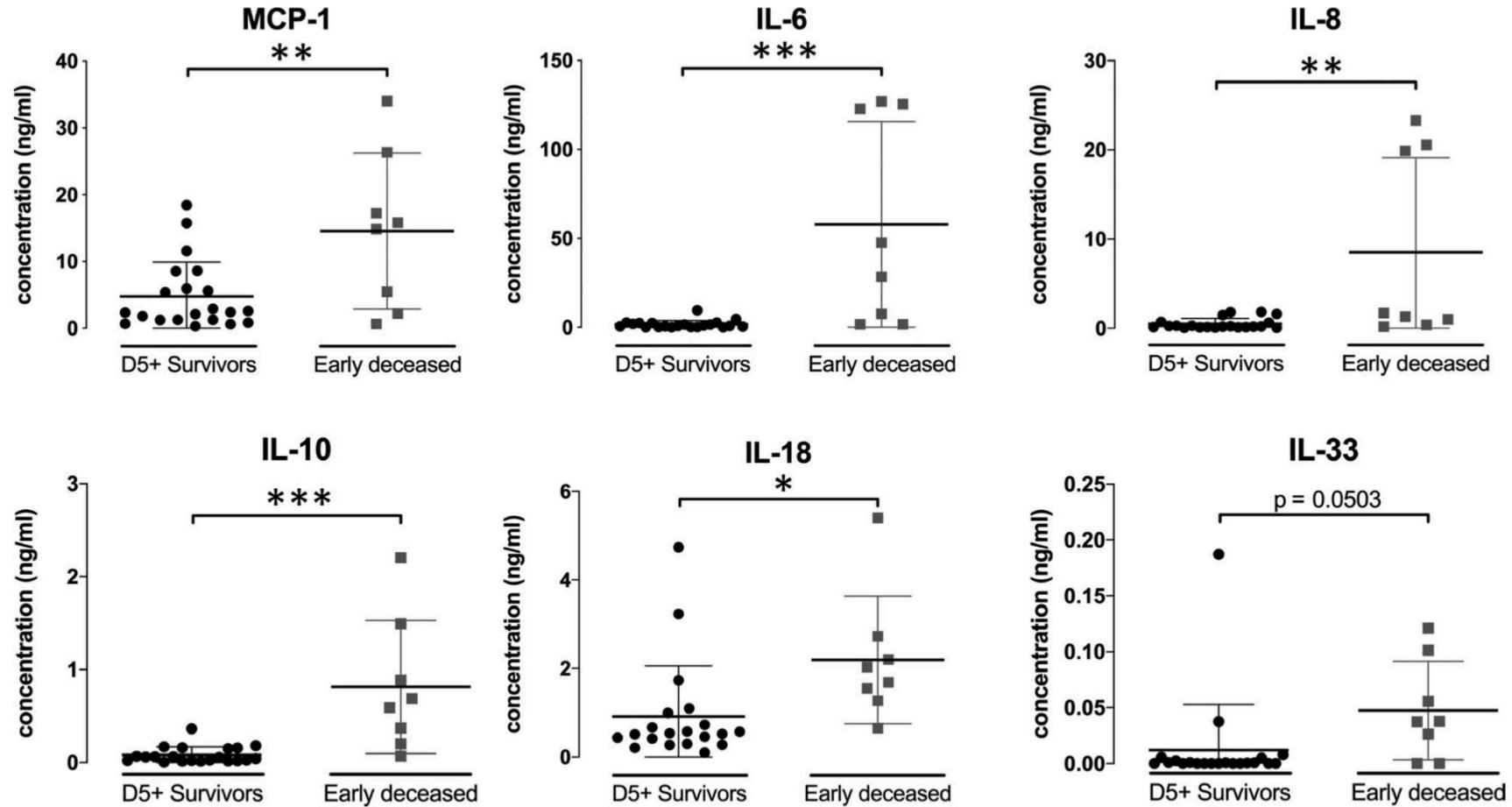
# PATIENT COHORTS

Septic shock 41 patients (early diseased and early survivors)



# RESULTS

## Monocytes in patients with septic shock

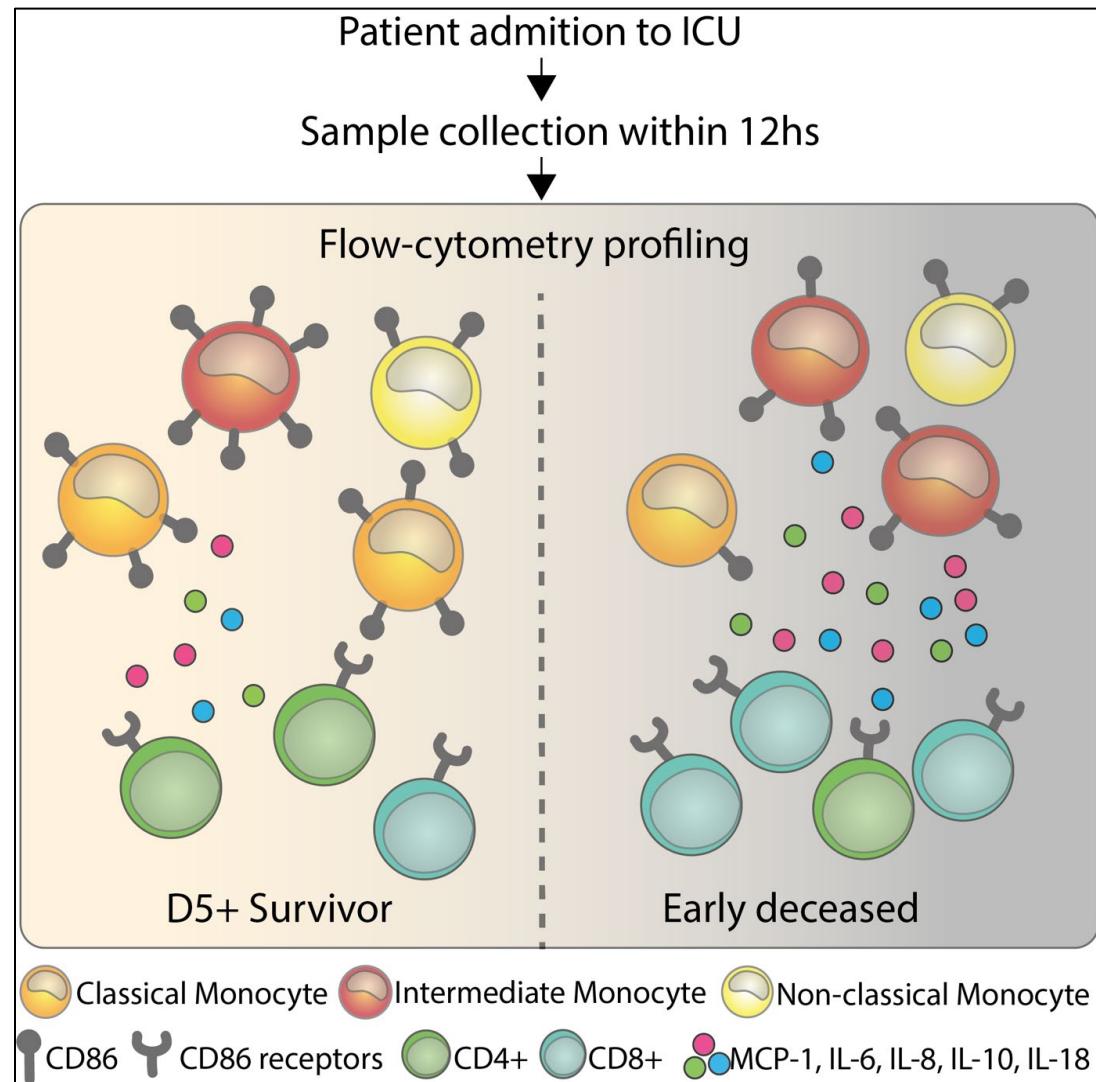


# BACKGROUND

Complexity of sepsis – central role of immune system

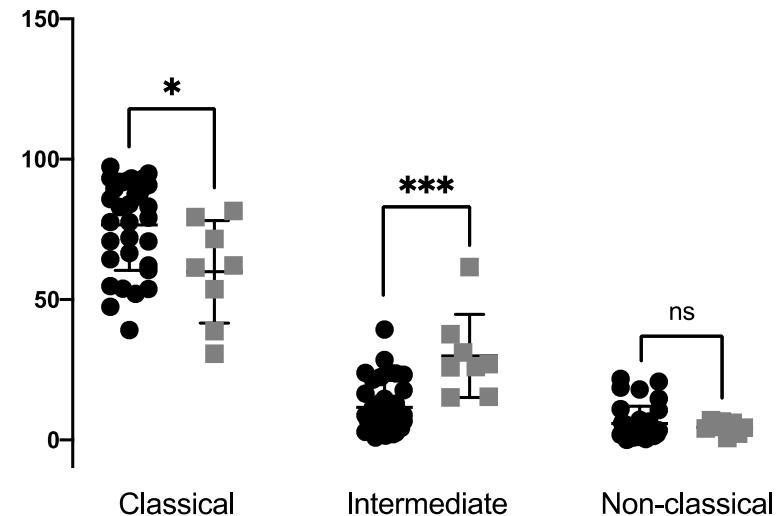
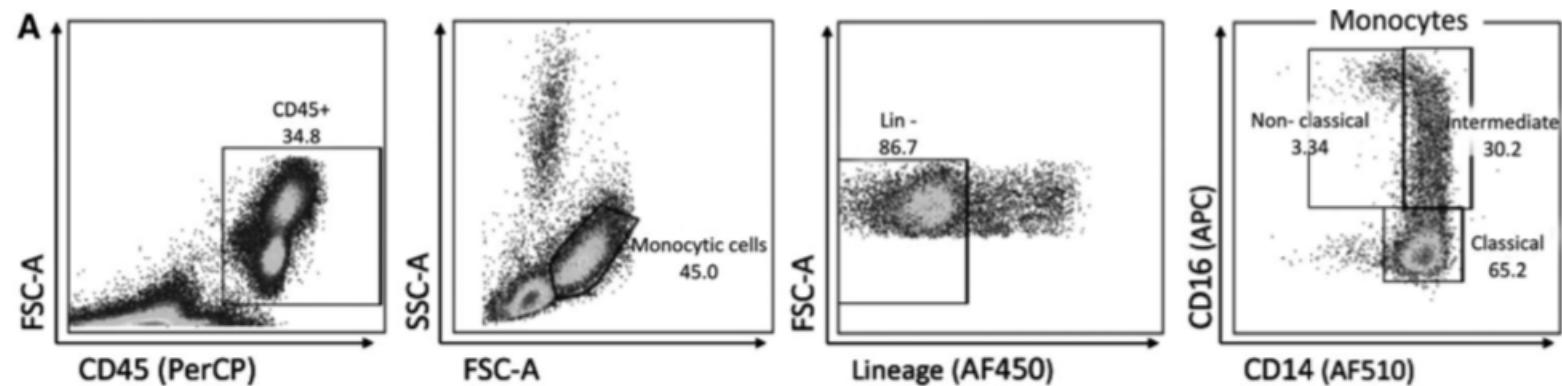
## Fields of interest:

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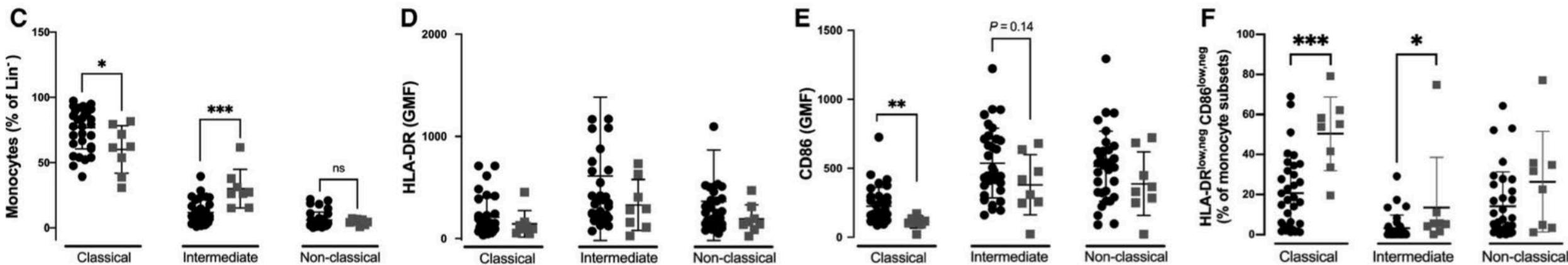
# RESULTS

## Monocytes in patients with septic shock



# RESULTS

## Monocytes in patients with septic shock

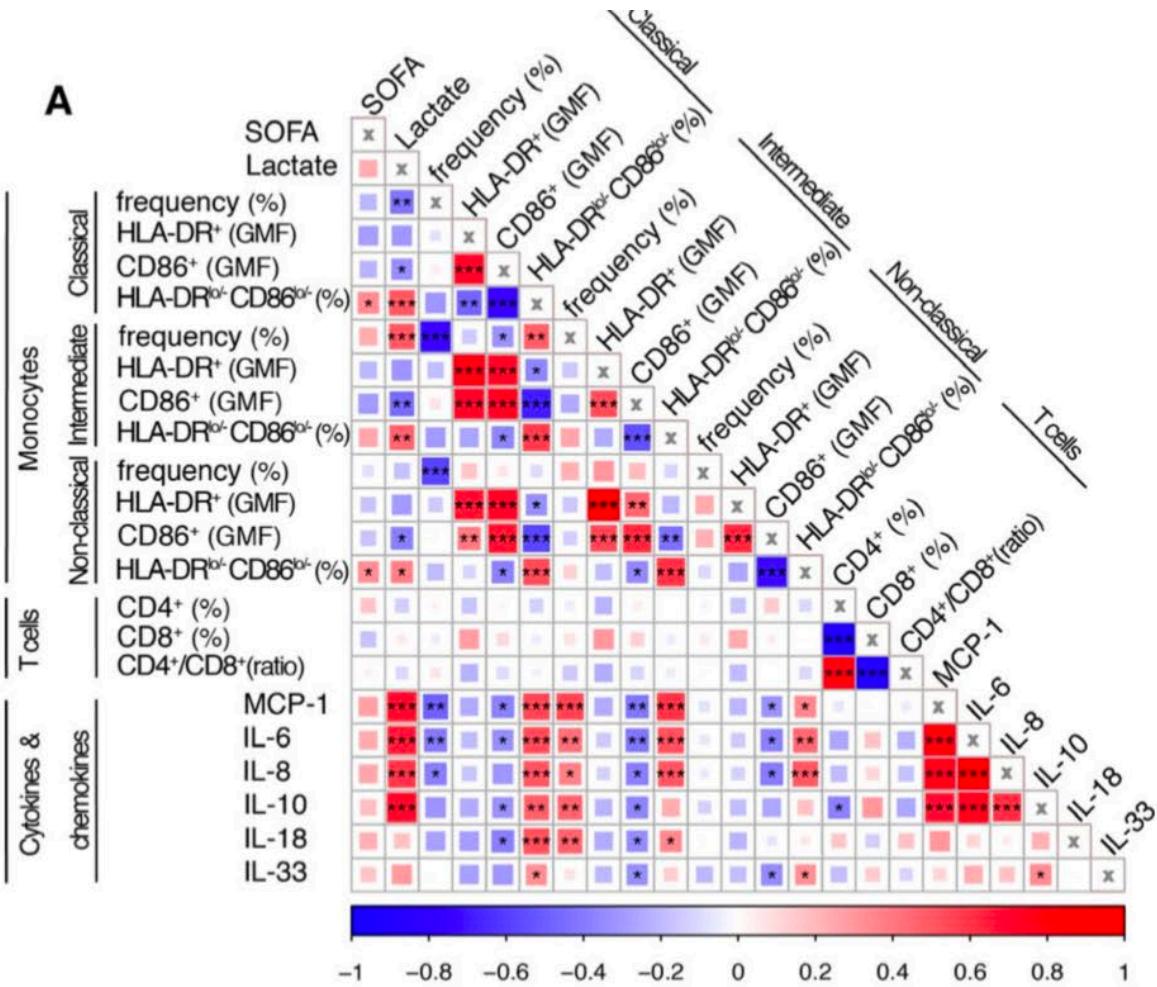


Frequency of classical and intermediate monocytes assessed at the time of admission to the intensive care unit are significantly distinct in patients with septic shock who survived longer than five days from those who died.

# RESULTS

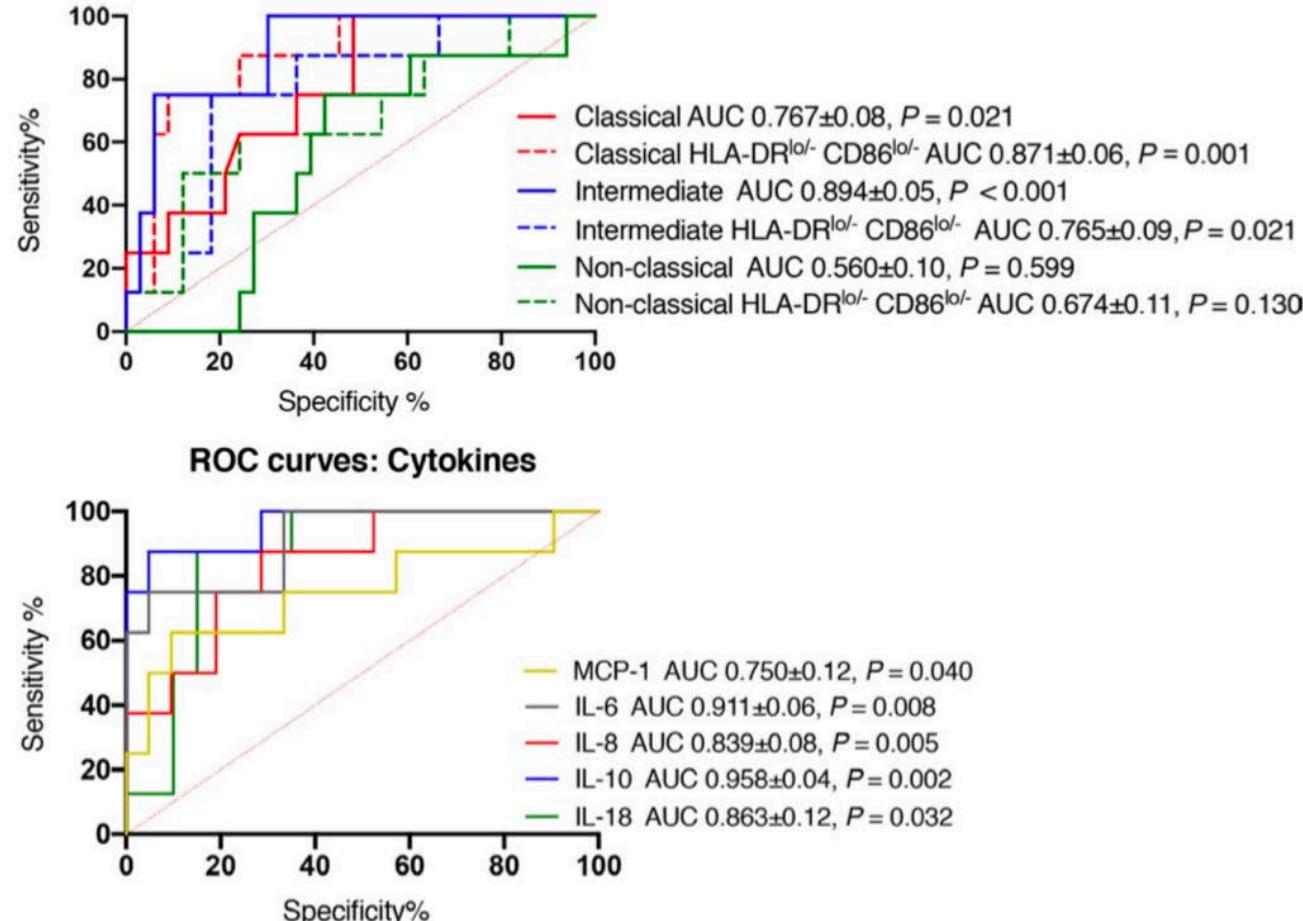
## Monocytes in patients with septic shock

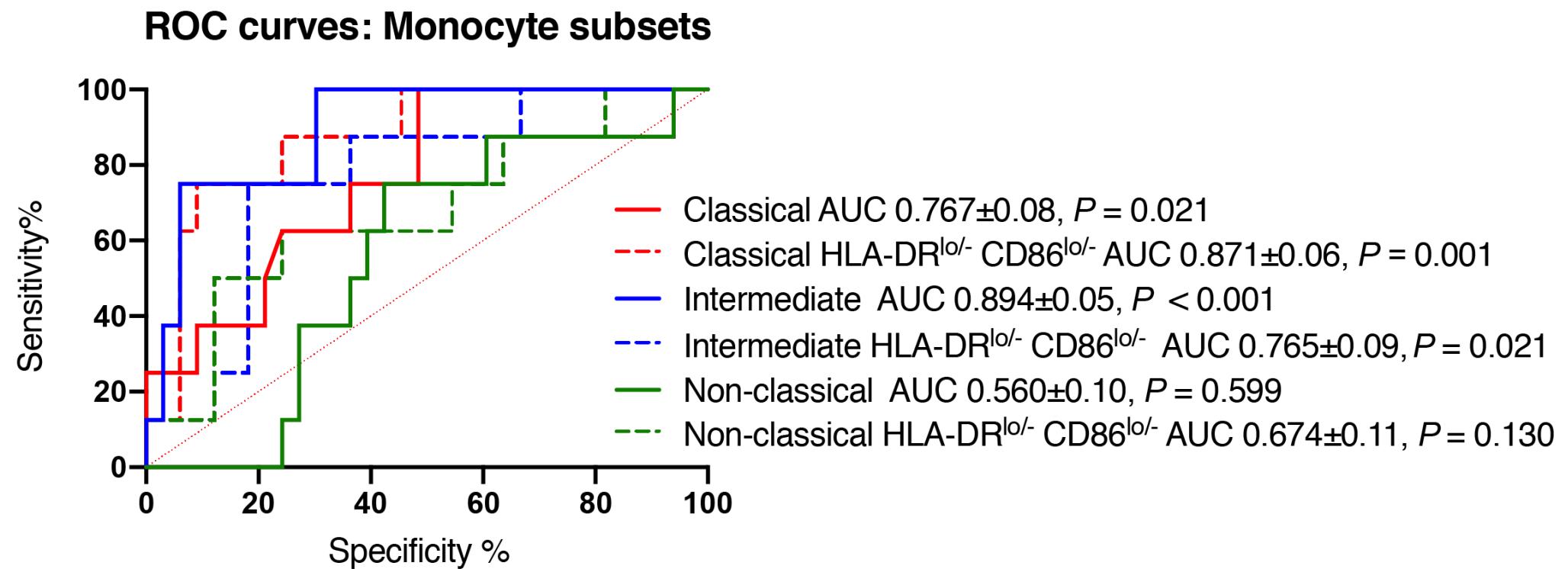
**A**



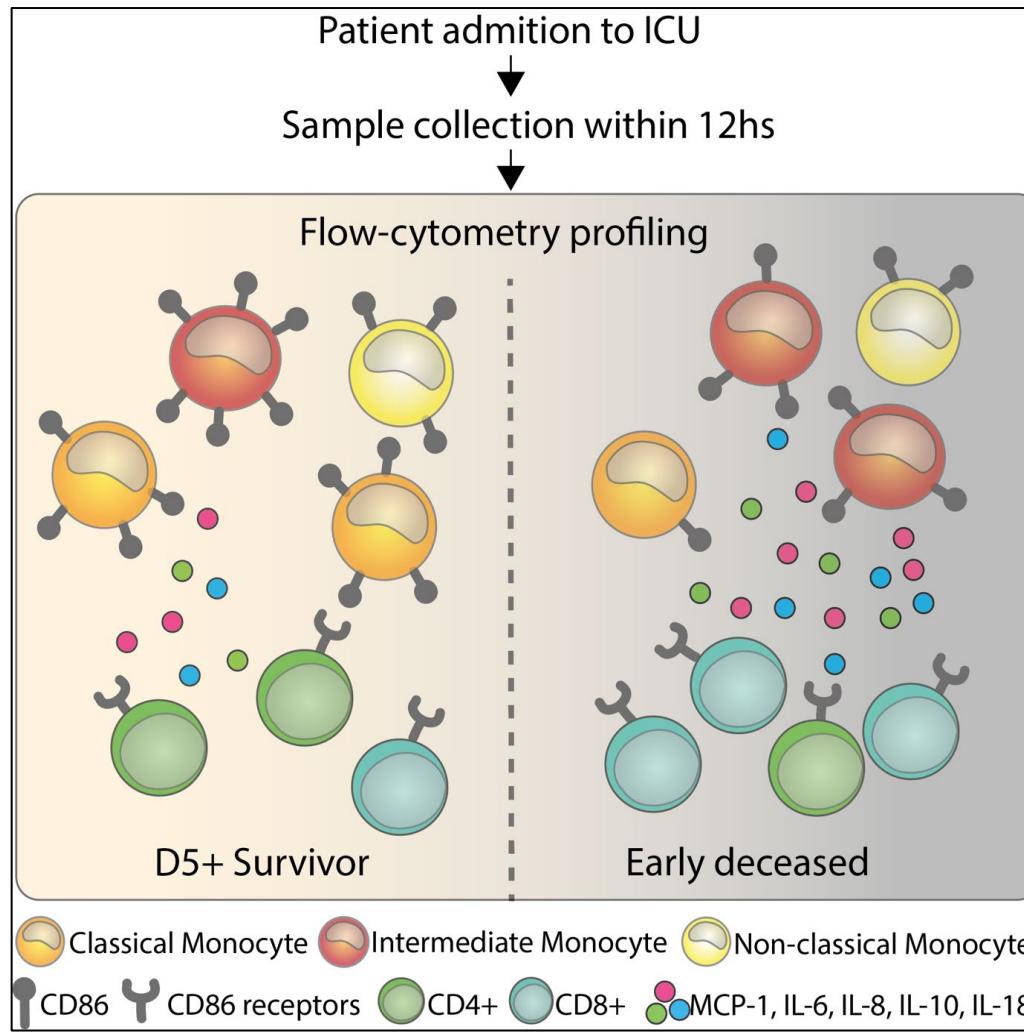
The changes in monocytes correlate significantly with differences in serum levels of inflammatory cytokines MCP-1, IL-6, IL-8, IL-10, and IL-18.

**B** ROC curves: Monocyte subsets





# CONCLUSION



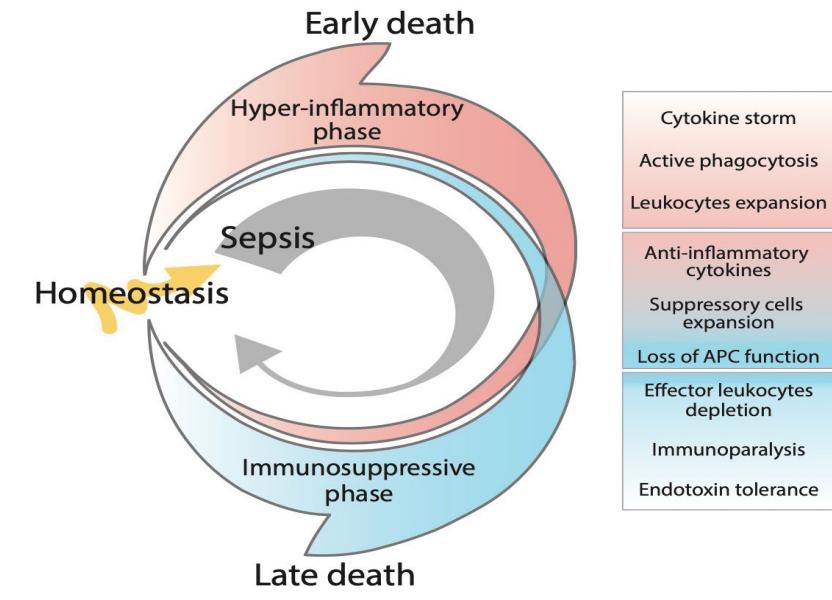
## Monocyte subset frequency:

- predictive marker of septic shock survival
- independent on stimuli inducing septic shock

Monocytes activation status (CD86) significantly reduced

## GOAL:

Advantage of timely cytometric analysis for identification of high risk group of patinets and ev. non - responders to conventional therapy





# The role of metabolism and transcription factor networks in myeloid cells and progression of human sepsis

AFNUSA  
ICRC  
ST. ANNE'S UNIVERSITY HOSPITAL BRNO  
INTERNATIONAL CLINICAL RESEARCH CENTER

Journal of Cellular and Molecular Medicine

## Differences in monocyte subsets are associated with short-term survival in patients with septic shock

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J Cell Mol Med. 2020;24:12504–12512.

European Journal of  
Immunology

Immunity to infection

## Short Communication

### Human myeloid-derived suppressor cell expansion during sepsis is revealed by unsupervised clustering of flow cytometric data

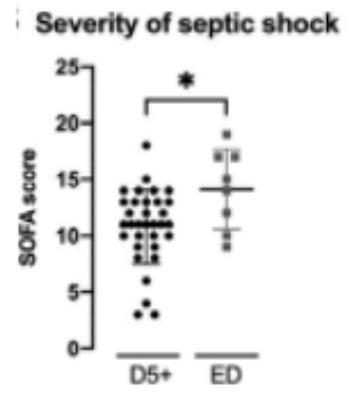
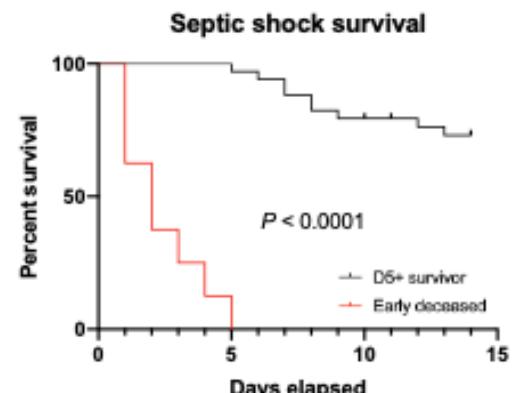
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and Jan Frič<sup>1,4</sup>

frontiers  
in Immunology

ORIGINAL RESEARCH  
published: 13 December 2021  
doi: 10.3389/fimmu.2021.741484

## Polymorphonuclear Cells Show Features of Dysfunctional Activation During Fatal Sepsis

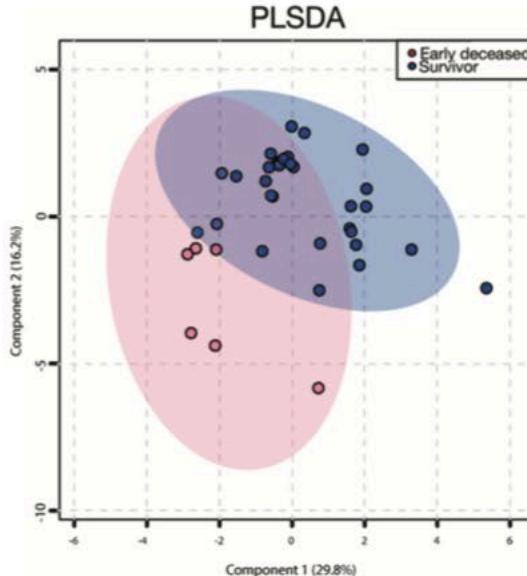
Marcela Hortová-Kohoutková<sup>1†</sup>, Marco De Zuani<sup>1†</sup>, Petra Lázničková<sup>1,2</sup>,  
Kamila Bendíčková<sup>1</sup>, Ondřej Mrkva<sup>1</sup>, Ivana Andrejčinová<sup>1,2</sup>, Alexandra Mýtníková<sup>1</sup>,  
Ondřej Polanský<sup>1</sup>, Kamila Kočí<sup>1</sup>, Veronika Tomášková<sup>3</sup>, Vladimír Šrámek<sup>3</sup>,  
Martin Helán<sup>1,3</sup> and Jan Frič<sup>1,4\*</sup>



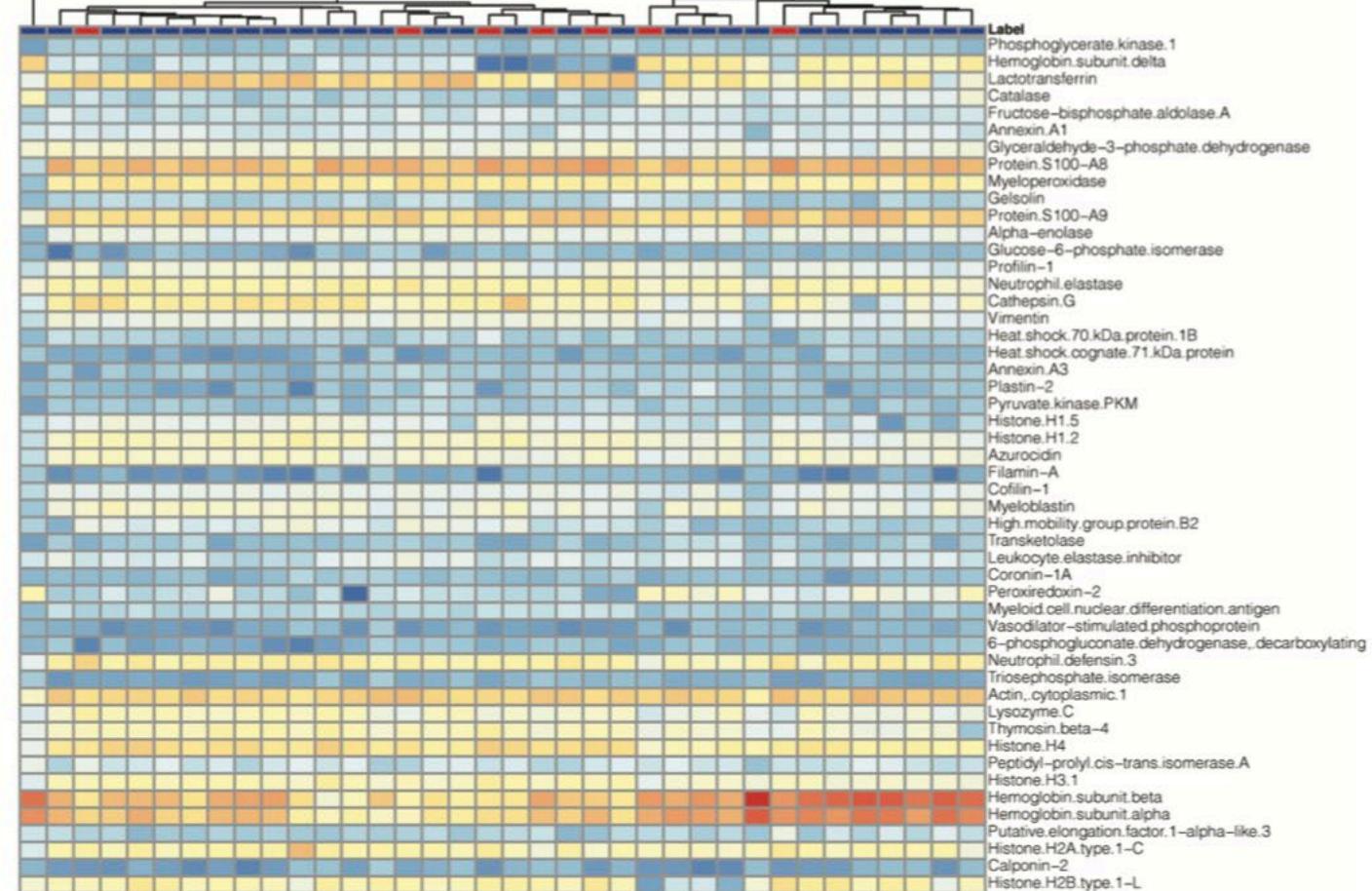
Profound and longterm changes of myeloid cells and their functions during sepsis

# Overview and analysis of proteomics data.

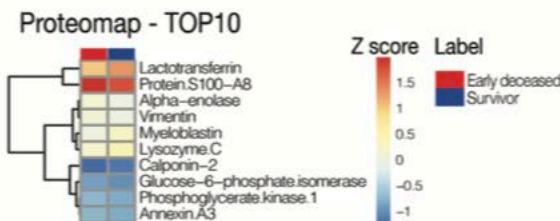
**A**



**B**



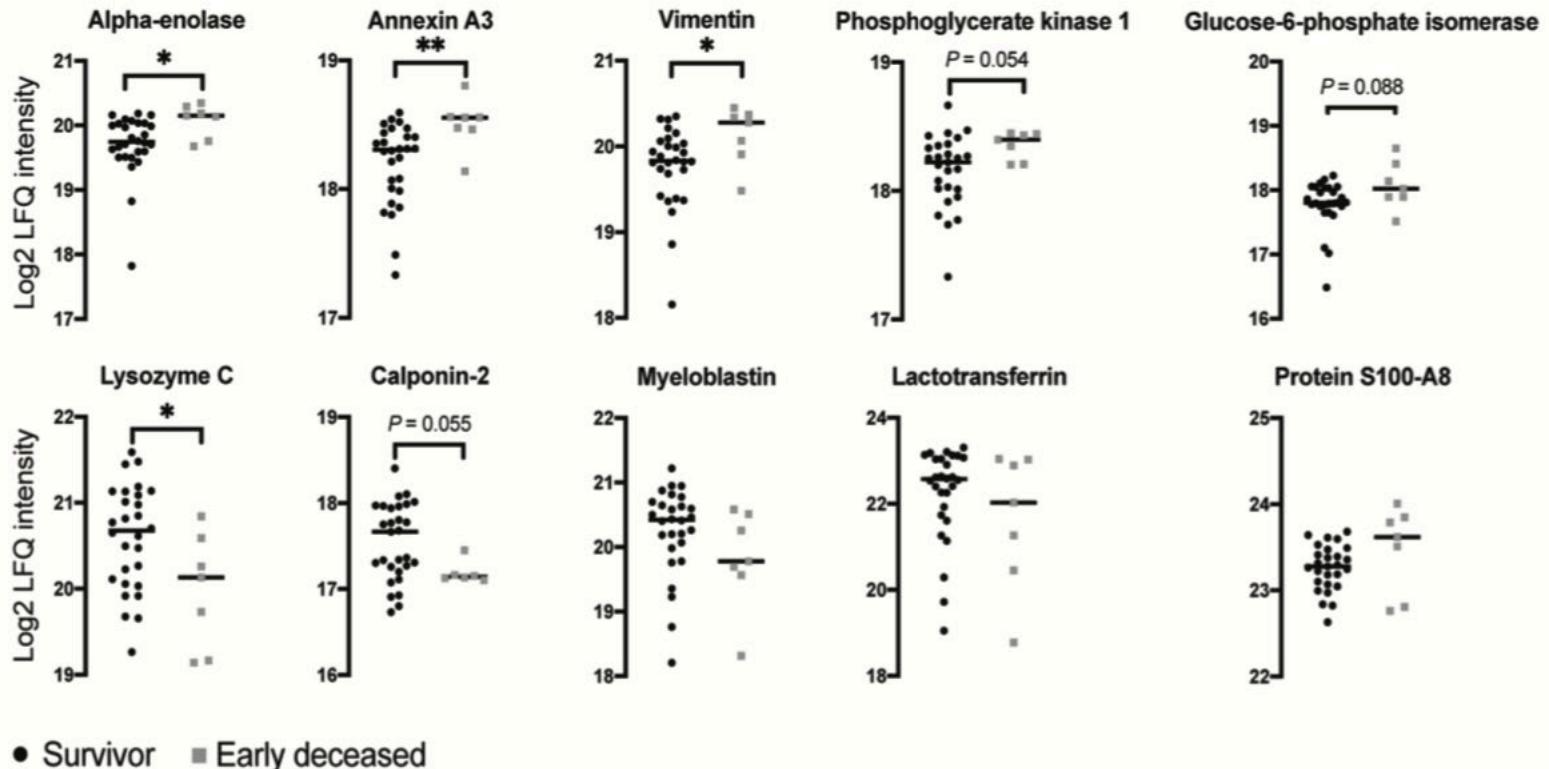
**C**



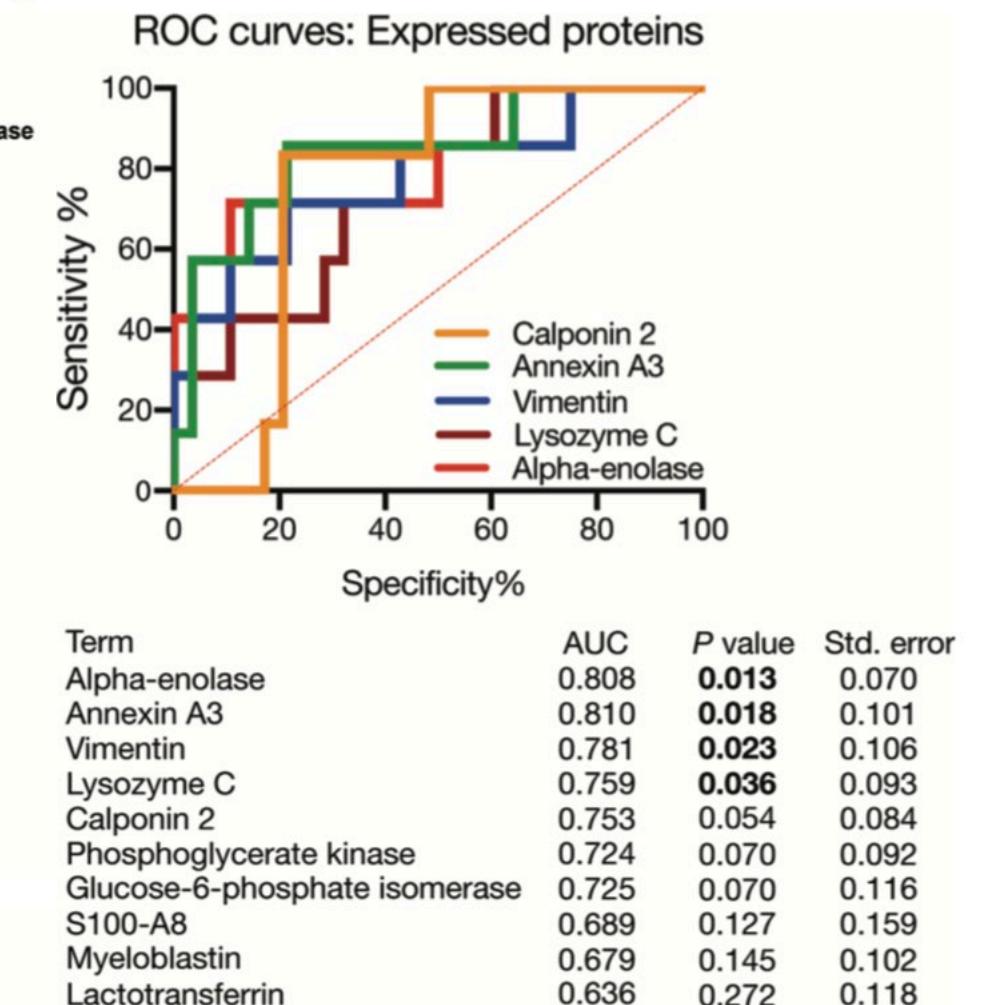
**Polymorphonuclear Cells Show Features of Dysfunctional Activation During Fatal Sepsis**

The LFQ intensities of the top 10 proteins were quantified and showed significant changes in alpha-enolase, Annexin A3, Vimentin, and Lysozyme

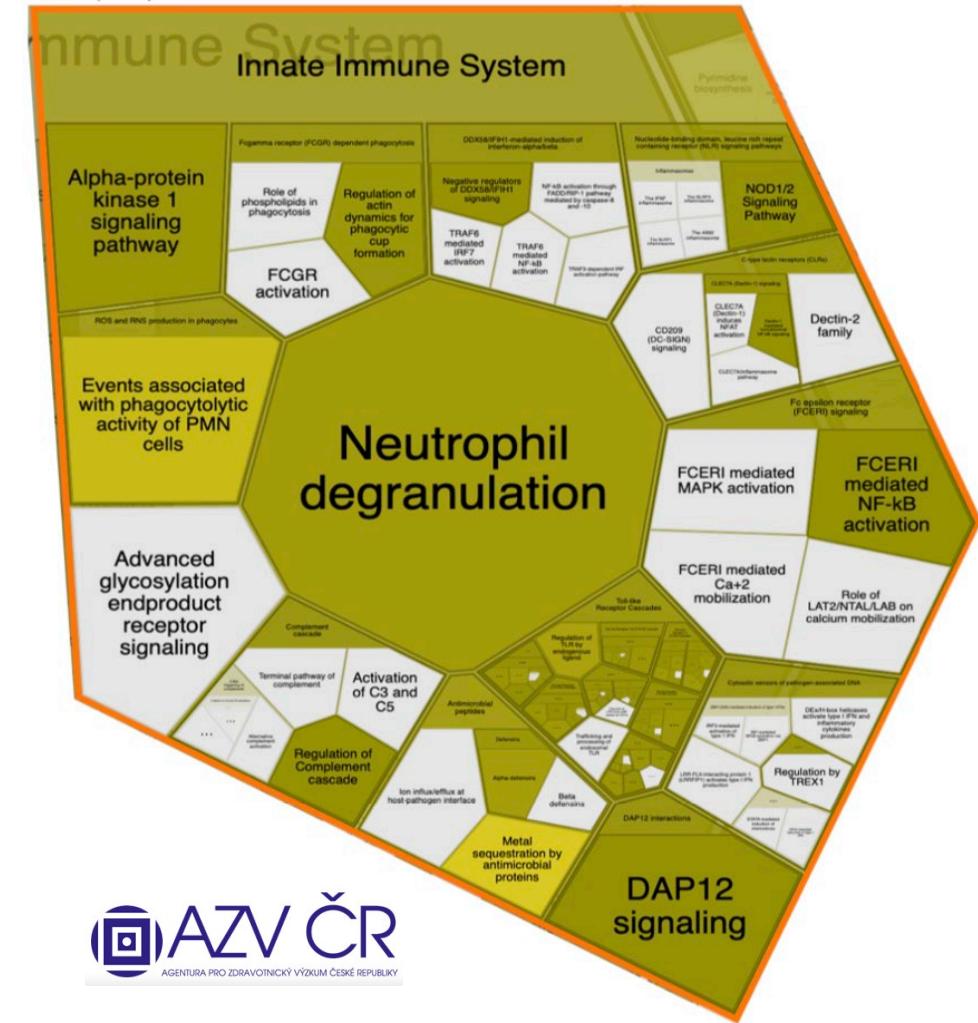
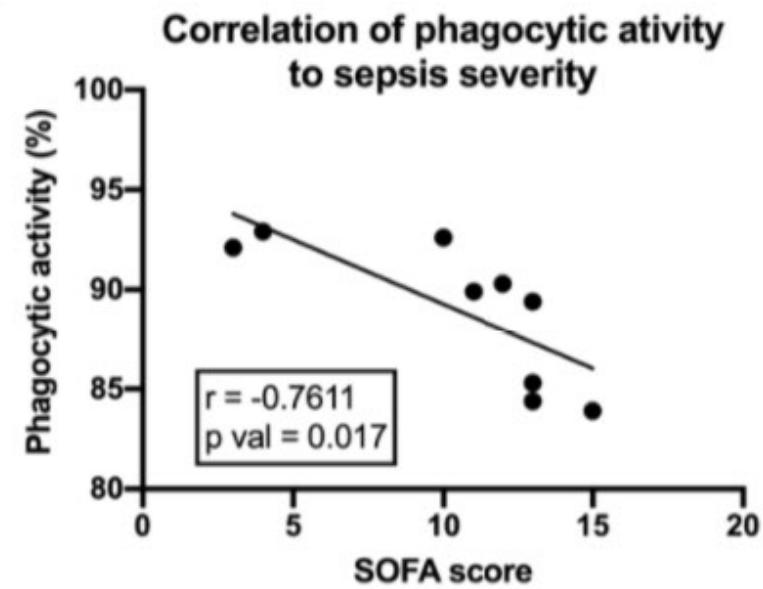
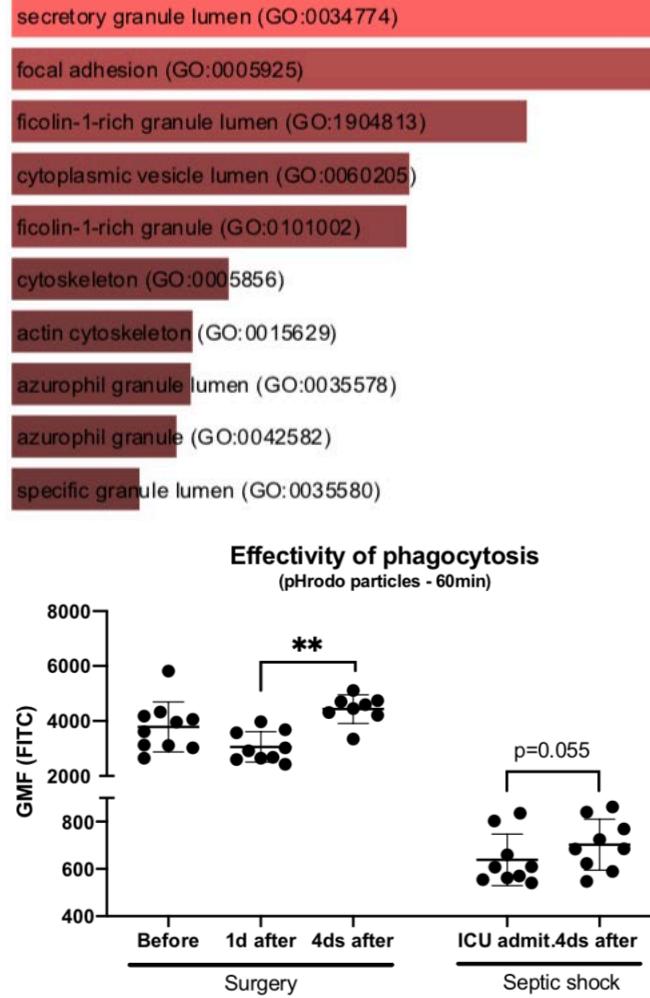
D



B



# Predictive potential of dynamic changes in neutrophil and monocyte subsets in SIRS and sepsis development after surgery or trauma.



# Outline

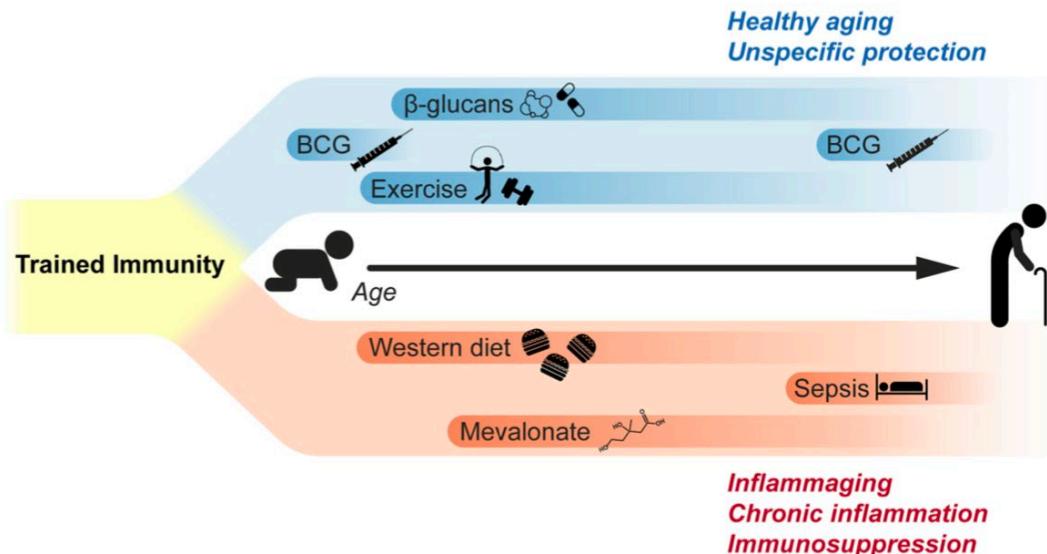
- the importance of the immune system in sepsis
- why sepsis research @FricLab
- diagnostics markers from the immune system
- therapeutic targets originated in the immune system
- **Adverse effects of sepsis - trained immunity**



## Train the Trainer: Hematopoietic Stem Cell Control of Trained Immunity

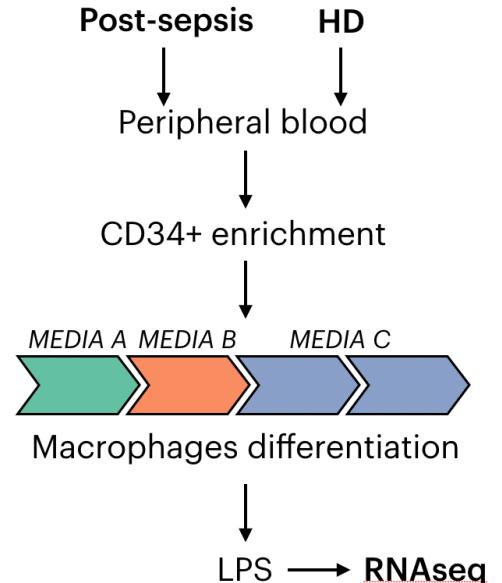
Marco De Zuani<sup>1</sup> and Jan Fric<sup>1,2\*</sup>

<sup>1</sup> International Clinical Research Center, St. Anne's University Hospital, Brno, Czechia, <sup>2</sup> Institute of Hematology and Blood Transfusion, Prague, Czechia

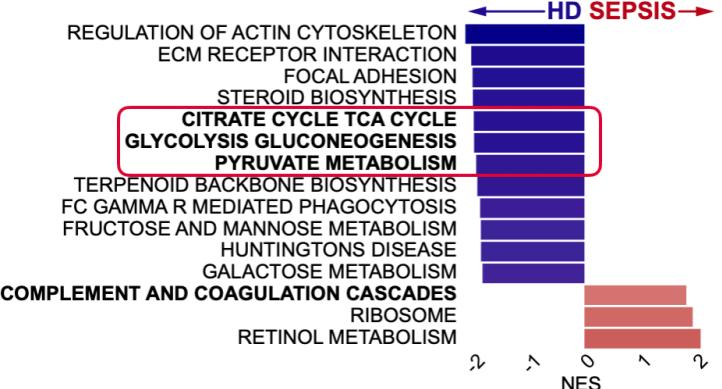


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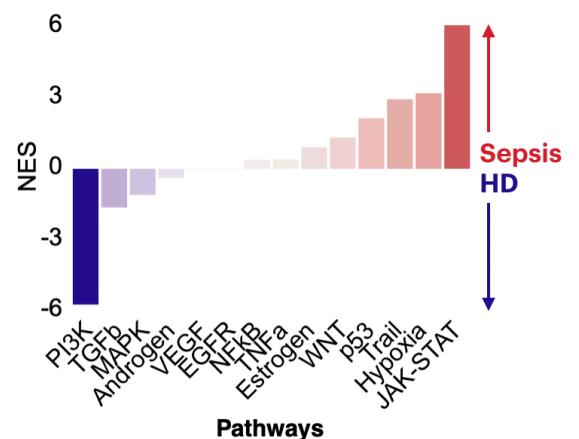
## HSDM transcriptome profiling



### Gene-set enrichment analysis (GSEA)



Macrophages derived from post-sepsis HSCs are metabolically impaired



# „Trained immunity“ – význam u nových pandemií?

Paměť vrozené imunity jako nástroj pro obranu organismu před mikrobiální a SARS-CoV-2 pneumonií se závažným průběhem

- *Trained immunity* – tzv. vyškolená imunita
- Antigenní stimulace vede ke vzniku paměťových buněk
- Poskytuje zkříženou ochranu proti různým patogenům

- Podstatou je epigenetické a metabolické přeprogramování buněk vrozené imunity a jejich hematopoetických prekurzorů
- Možná aktivace očkováním

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ORIGINAL ARTICLE

SCANDINAVIAN JOURNAL OF  
**Immunology** WILEY

## High CD4-to-CD8 ratio identifies an at-risk population susceptible to lethal COVID-19

Marco De Zuani<sup>1</sup> | Petra Lazníčková<sup>1,2</sup> | Veronika Tomašková<sup>3</sup> |  
Martina Dvončová<sup>3</sup> | Giancarlo Forte<sup>1</sup> | Gorazd Bernard Stokin<sup>1,4</sup> |  
Vladimir Šrámek<sup>3</sup> | Martin Helán<sup>1,3</sup> | Jan Frič<sup>1,5</sup>

<sup>1</sup>International Clinical Research Center, St. Anne's University Hospital Brno, Brno, Czech Republic

<sup>2</sup>Department of Biology, Faculty of Medicine, Masaryk University, Brno, Czech Republic

<sup>3</sup>Department of Anaesthesiology and Intensive Care, Faculty of Medicine, Masaryk University, Brno, Czech Republic

<sup>4</sup>Celica BIOMEDICAL, Ljubljana, Slovenia

<sup>5</sup>Institute of Hematology and Blood Transfusion, Prague, Czech Republic

Cílená aktivace „trained immunity“ (např. pomocí BCG vakcinace) by mohla mít ochranou roli při vzniku nových pandemií, než bude vyvinuta specificky cílená vakcína.



# Myeloid derived suppressor cells expansion in septic shock and in long-term sepsis survivors



Marco  
De Zuani

## Myeloid derived suppressor cells (MDSCs):

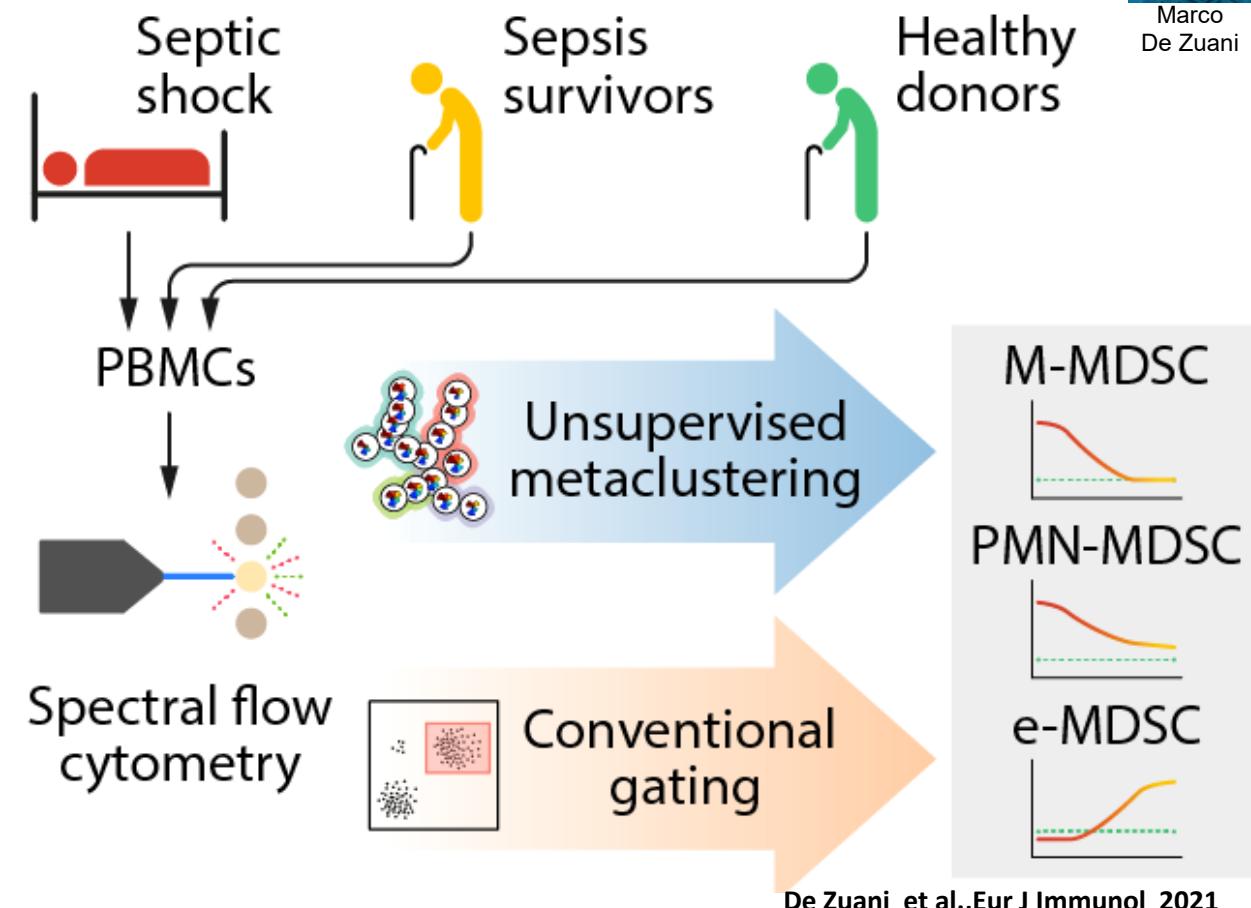
- heterogeneous population of immature myeloid cells
- strong immunosuppressive activity, especially on T cells and NK cells
- low frequencies in healthy donors, but rapidly expand in pathological conditions (cancer, infections, ... )
- a pathologic role by suppressing the protective immune response
- few studies reported that MDSC expansion might actually be beneficial, restraining potentially damaging inflammation - **dual role of MDSCs in sepsis**
- **Roles in acute sepsis as well as in the long-term complications seen in survivors.**

Short Communication | Clinical | Free Access |



Human myeloid-derived suppressor cell expansion during sepsis is revealed by unsupervised clustering of flow cytometric data

Marco De Zuani, Marcela Hortová-Kohoutková, Ivana Andrejčinová, Veronika Tomášková, Vladimír Šrámek, Martin Helán, Jan Frič



De Zuani et al., Eur J Immunol 2021



CREATING THE FUTURE OF MEDICINE

# Myeloid derived suppressor cells expansion in septic shock and in long-term sepsis survivors



**Table 1: Cohort characteristics**

<b>Study cohort</b>			<b>Post-sepsis cohort</b>	n	6
	Female	Male			
Sex	12		Sex	Female	4 (66%)
	6 (50%)			Male	2 (33%)
Age, mean (range)	64.75 (28-77)		Age, mean (range)		69.50 (60-76)
Comorbidities, mean	3.25		Comorbidities, mean		2.17
BMI [kg/m <sup>2</sup> ], mean	27.24		BMI [kg/m <sup>2</sup> ], mean		28.78
Mortality	5 (41.7%)		Data at ICU admission	SOFA, mean	10.00
Causative agent	1 (8.3%)			CRP [mg/l], mean	386.78
	5 (41.7%)			Leucocyte count [10 <sup>9</sup> /l], mean	8.767
TP1	2 (16.7%)			Horowitz index, mean	218.04
	2 (16.7%)			Noradrenalin dose [ug/kg/min], mean	0.09
	2 (16.7%)		Causative agent	Abdominal infection, n	2 (33.3%)
	13.3			Pneumonia, n	1 (16.7%)
	240.41			Mediastinitis / empyema, n	2 (33.3%)
	22.23		follow-up	Combined, n	1 (16.7%)
	204.84			Leucocyte count [10 <sup>9</sup> /l], mean	6.12
	0.382		<b>Control Cohort</b>	n	7
TP2	5.9		Sex	Female	4 (57%)
	81.88			Male	3 (43%)
	16.26		Age, mean (range)		70.8 (63-82)
	295.65		Comorbidities, mean		2.4
	0.01		BMI [kg/m <sup>2</sup> ], mean		29.79
			CRP [mg/l], mean		2.75



CREATING THE FUTURE OF MEDICINE

# Multidimensional flow cytometry clustering demonstrates MDSCs expansion during septic shock and in long-term survivors



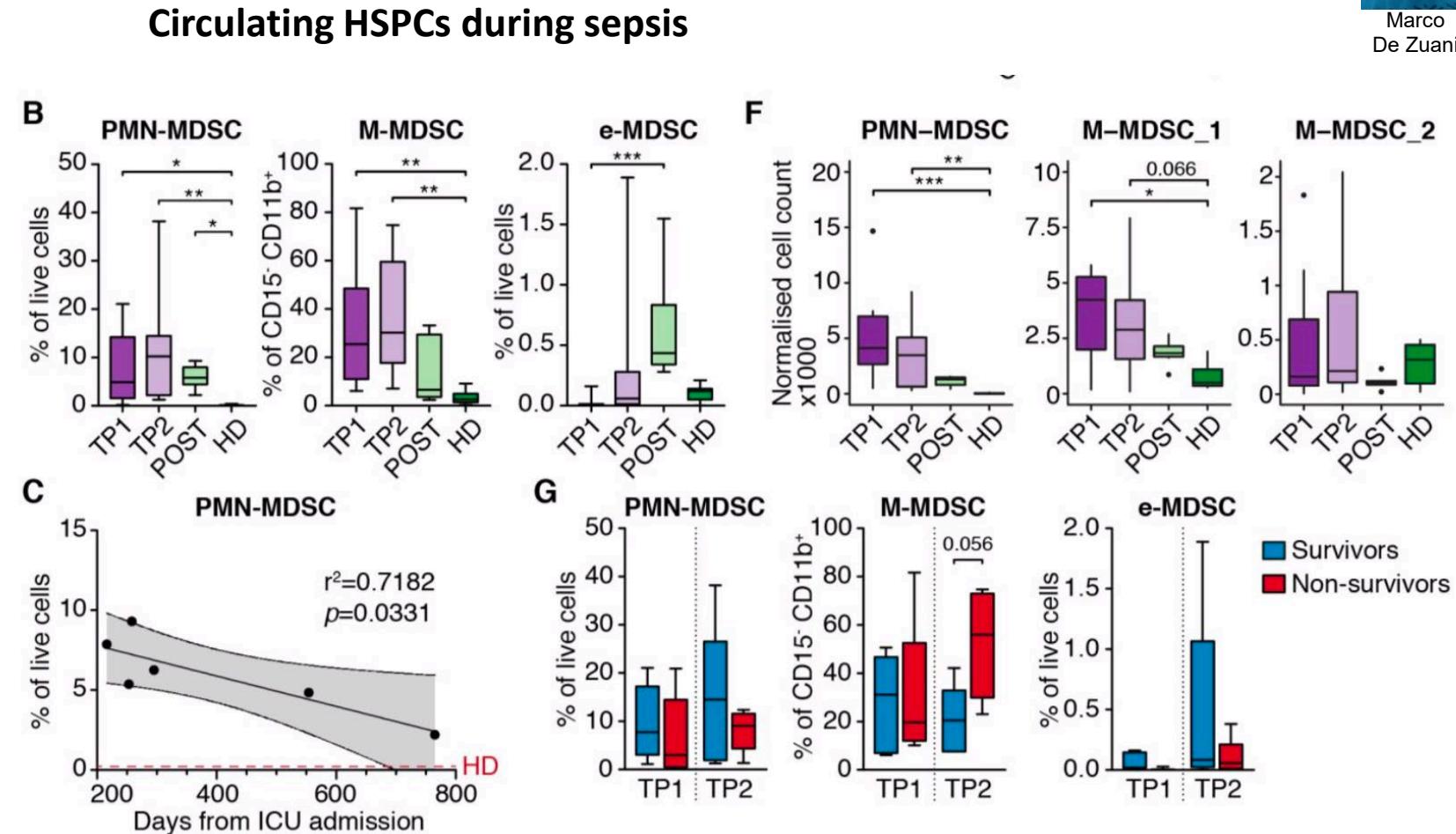
Marco  
De Zuani

## Study overview:

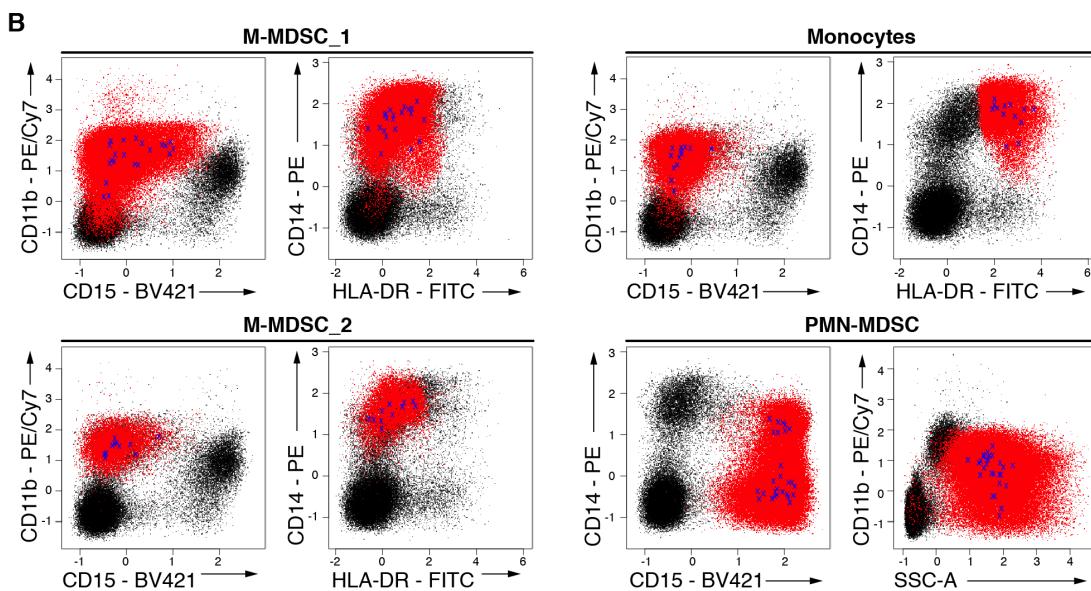
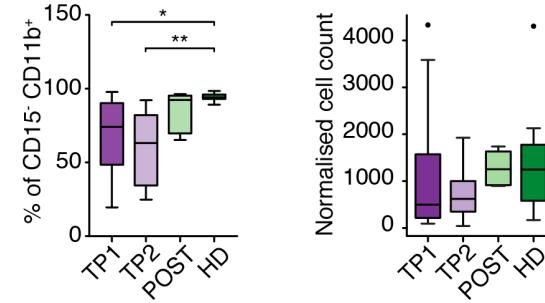
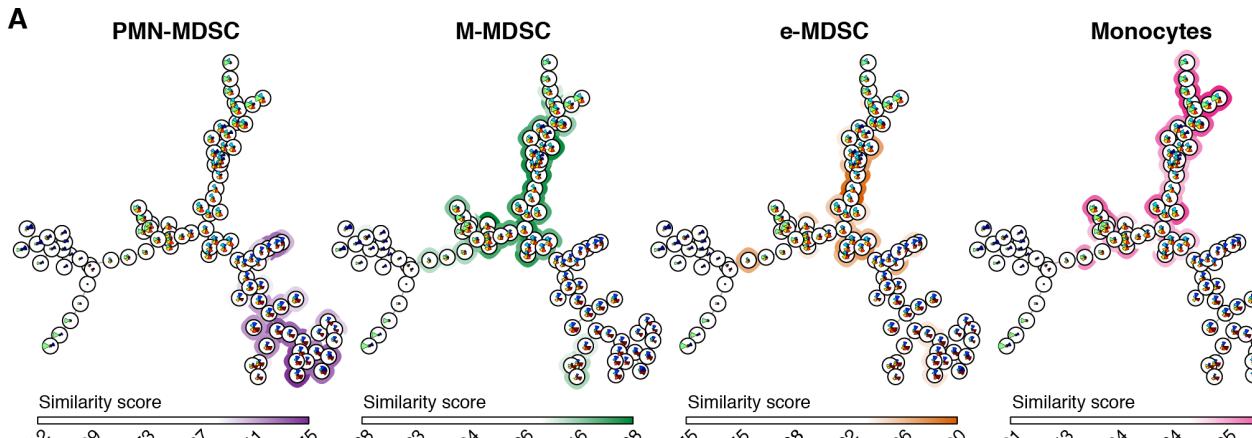
- combined comprehensive flow cytometry phenotyping with unsupervised clustering using self-organizing maps

MDSC subsets in blood:

- myeloid - M-MDSCs
- polymorphonuclear PMN-MDSCs
- early-stage (e)-MDSCs
- severe sepsis patients
- long-term sepsis survivors
- age-matched controls



# Results - Unsupervised clustering confirms M-MDSC and PMN-MDSC expansion during sepsis



- The background intensity of the nodes in each minimum spanning tree plot corresponds to the degree of similarity with the training profile. Nodes with an “identity score” higher than 0.9 were used to identify the main metaclusters.
- To confirm whether the identifier metaclusters were phenotypically concordant with those of the manually-gated cells, the events in each metacluster were gated on the representative 2Dplots used for manually gating the MDSCs populations.

# CONCLUSION



- we demonstrate that both M-MDSCs and PMN-MDSCs but not e-MDSCs are present at high levels in patients with early-stage sepsis
- high levels of PMN-MDSCs were also present in long-term survivors many months after discharge, suggesting a possible role in sepsis-related complications.
- employing unsupervised clustering of flow cytometric data we have confirmed the likely involvement of human MDSC subsets **in acute sepsis**, and revealed their expansion in sepsis survivors at **late timepoints**.
- the application of this strategy in future studies and in the clinical/diagnostic context would enable rapid progress towards a full understanding of the roles of MDSC in sepsis and other inflammatory conditions.



Marco De Zuan



## Cellular & Molecular Immunoregulation

**Marcela Hortová-Kohoutková**  
**Marco De Zuani**  
**Kamila Bendíčková**  
**Petra Lázničková**  
**Ivana Andrejčínová**  
**Ondřej Vymazal**  
**Veronika Bosáková**  
**Miriam Slezáková**



@FricLab



**Giancarlo Forte**



Children Hospital, Brno

**Tomáš Kepák (+POTR)**

**Zdeňka Křenová**

**Petr Štourač**



THIRD FACULTY OF MEDICINE  
Charles University

**Lenka Rossmeislová**



Czech Centre for Phenogenomics

**Lukáš Kučera**

**Radislav Sedláček**

**Ashkan Zareie**



University of Perugia

**Teresa Zelante**

**Giuseppe Paolicelli**

**Luigina Romani**



Department of Clinical Immunology and Allergology

**Marcela Vlková**

**Jiří Litzman**

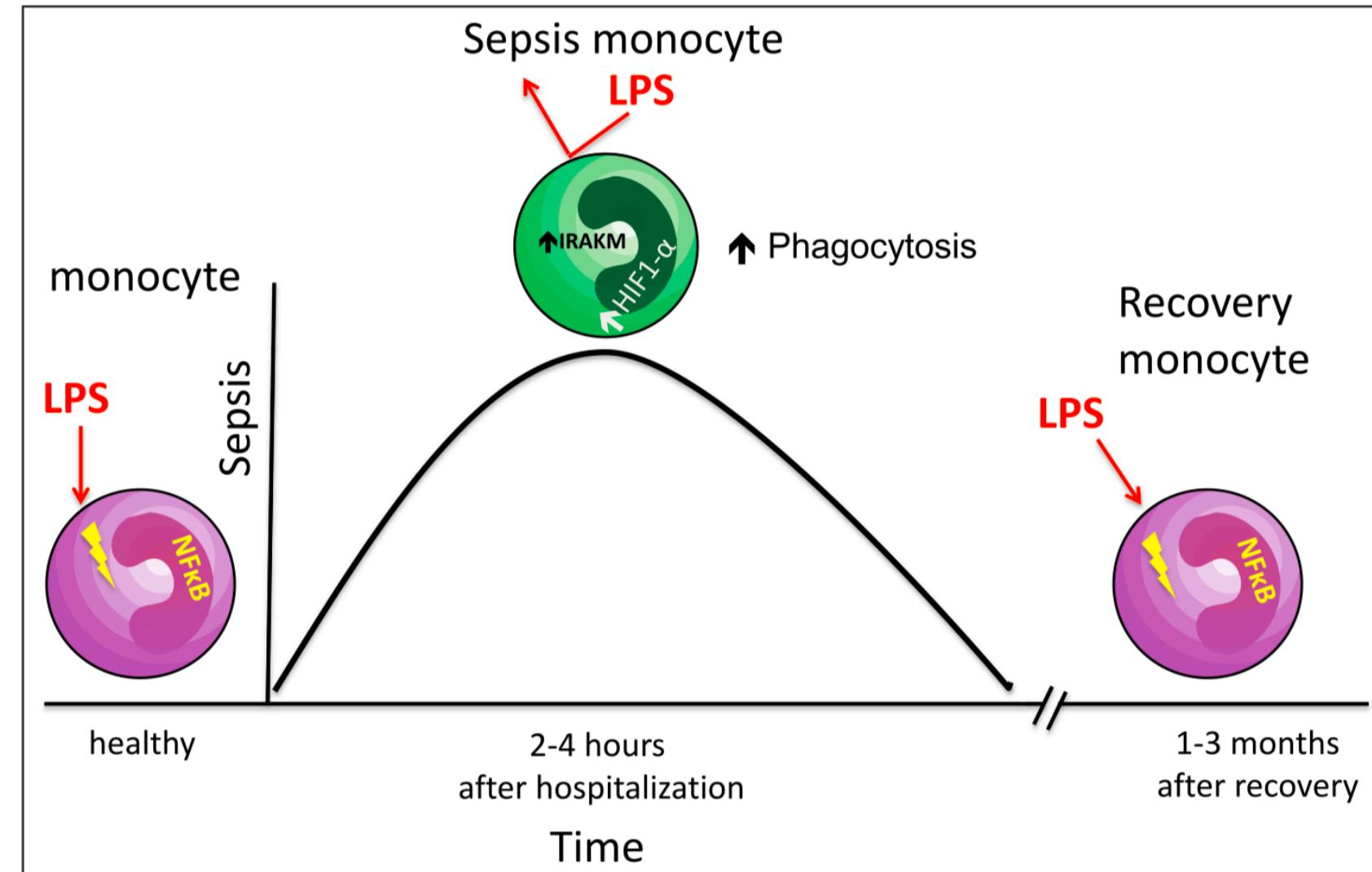


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# BACKGROUND

## Sepsis induced monocyte plasticity



### Central role of monocytes in sepsis:

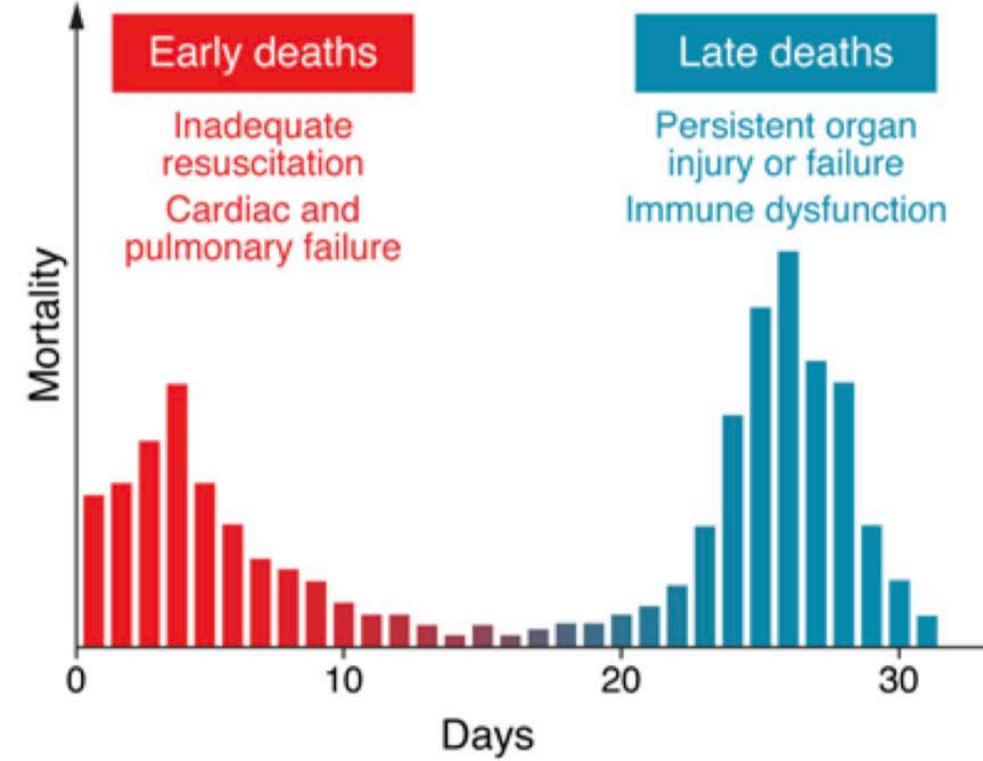
- dynamic expression changes
- reporogramming
- immunosuppressive phenotype
- long term -endotoxin tolerance

# BACKGROUND

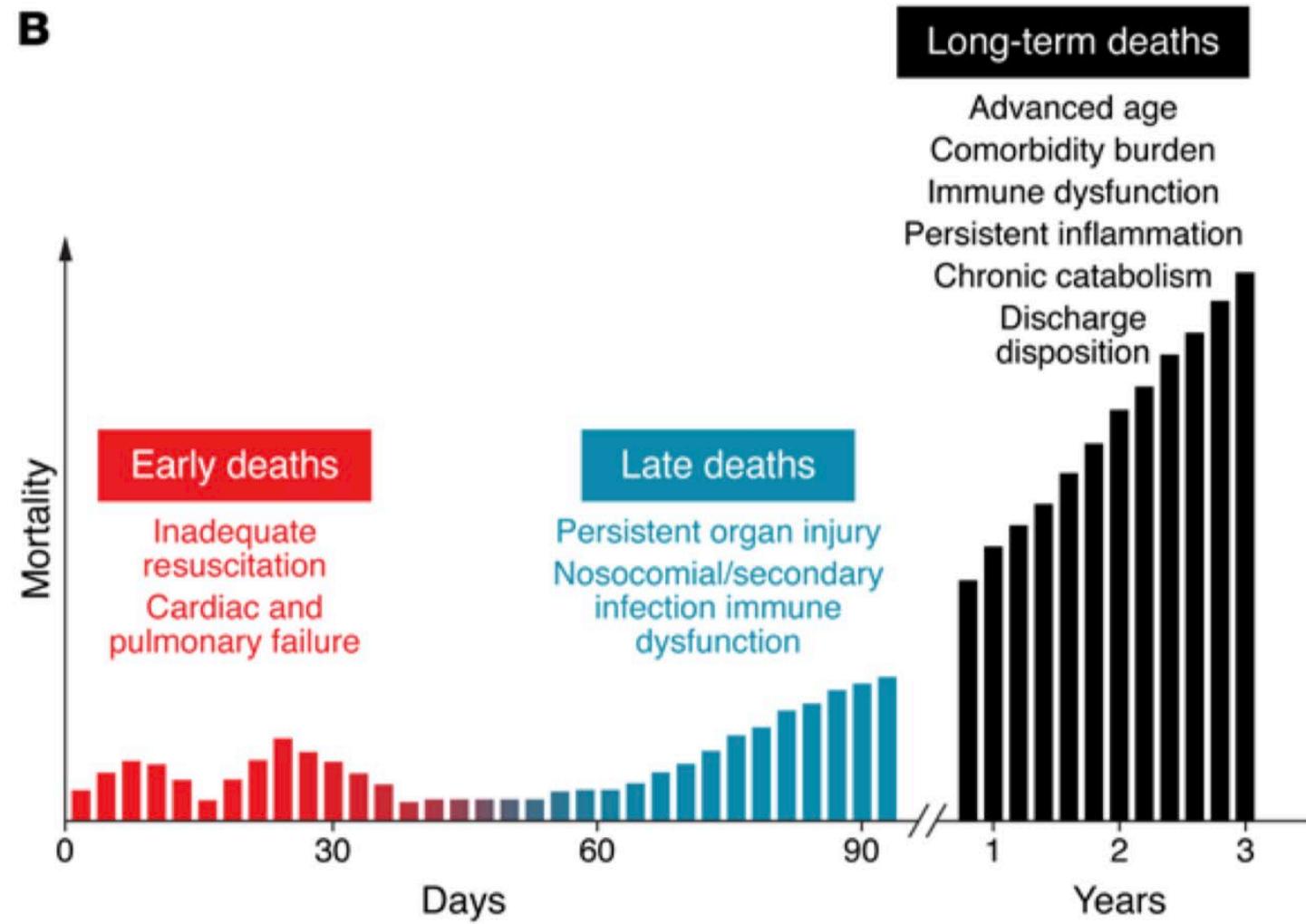
The breakthrough of modern therapies



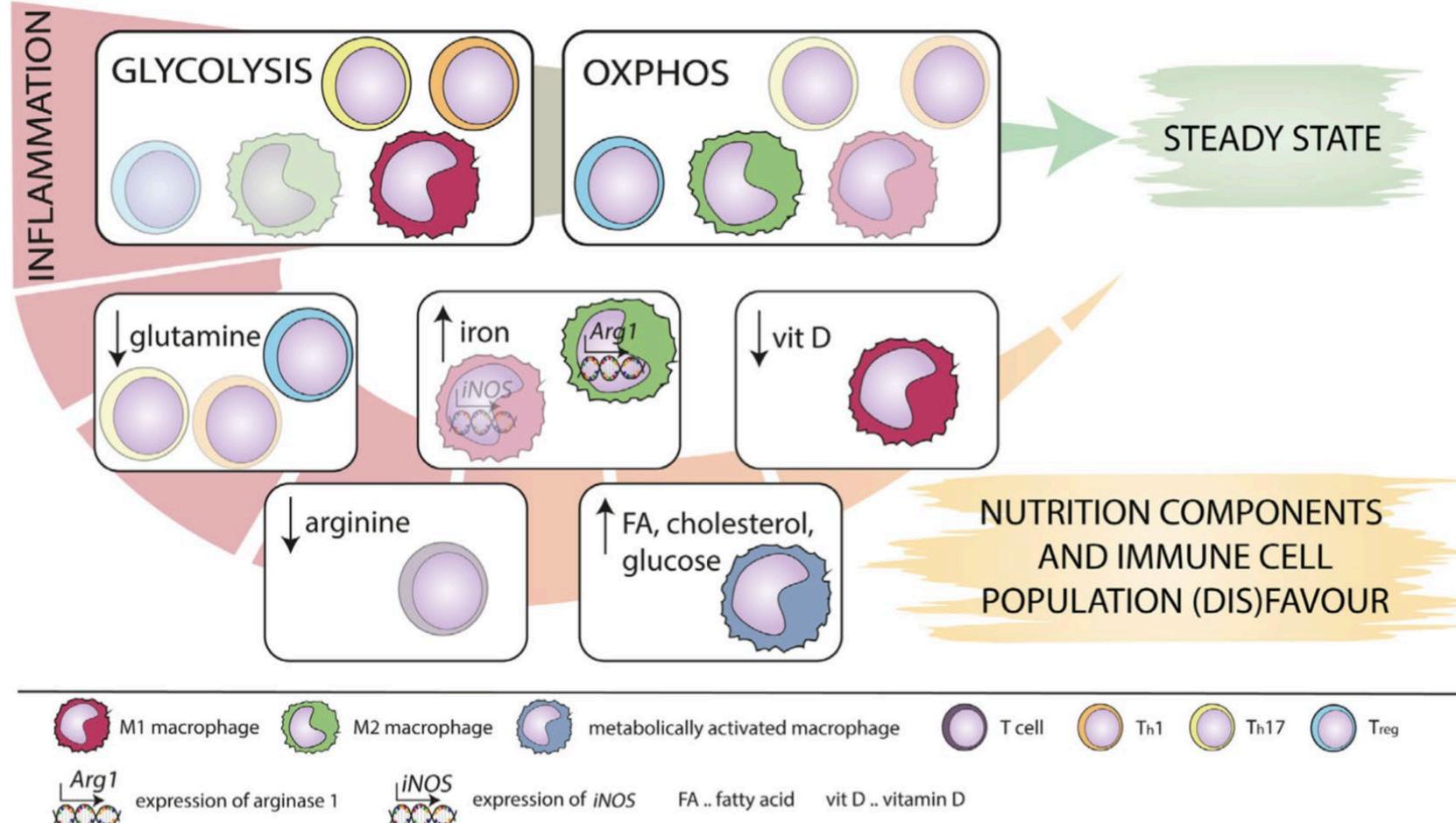
**A**



**B**



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Successful resolution of inflammation depends on nutrient availability supporting the adequate metabolic profiles of immune cells.

### **T<sub>h</sub>1 and T<sub>h</sub>17**

- high rate of glycolysis

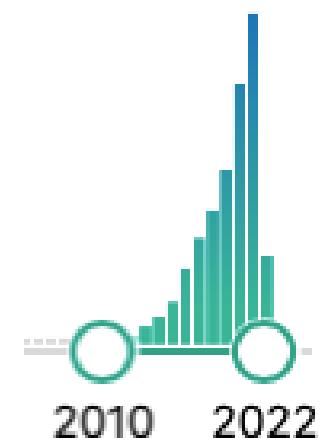
### **Treg**

- predominantly use OXPHOS

### **Macrophages**

- High plasticity from OXPHOS to glycolysis

#immunometabolism

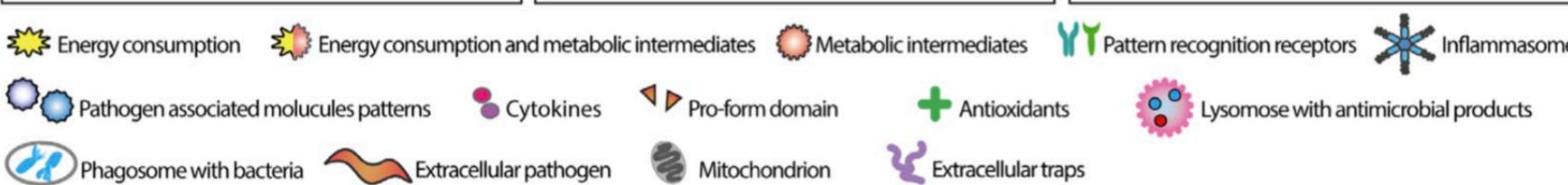
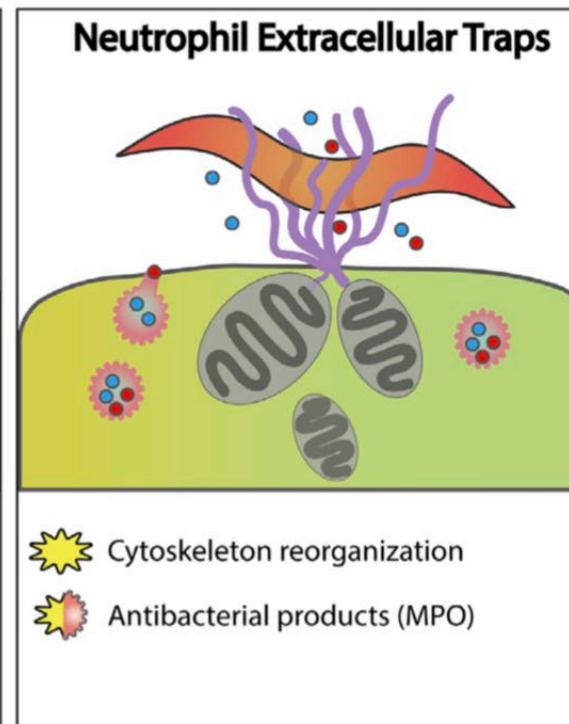
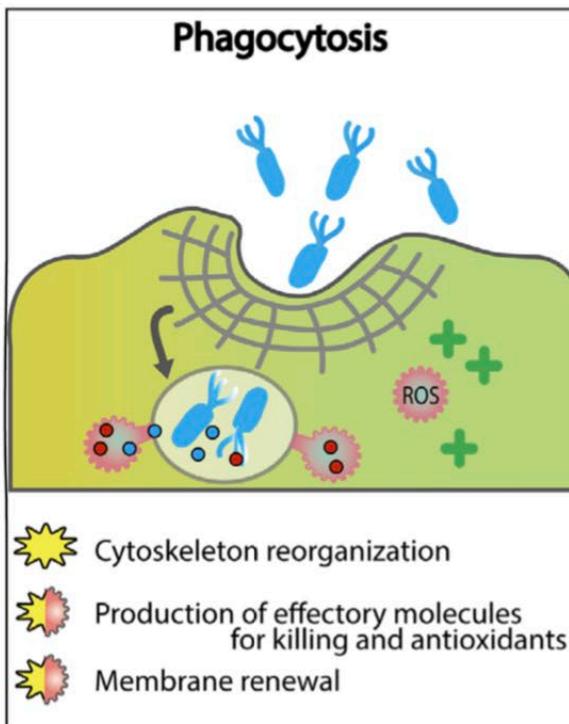
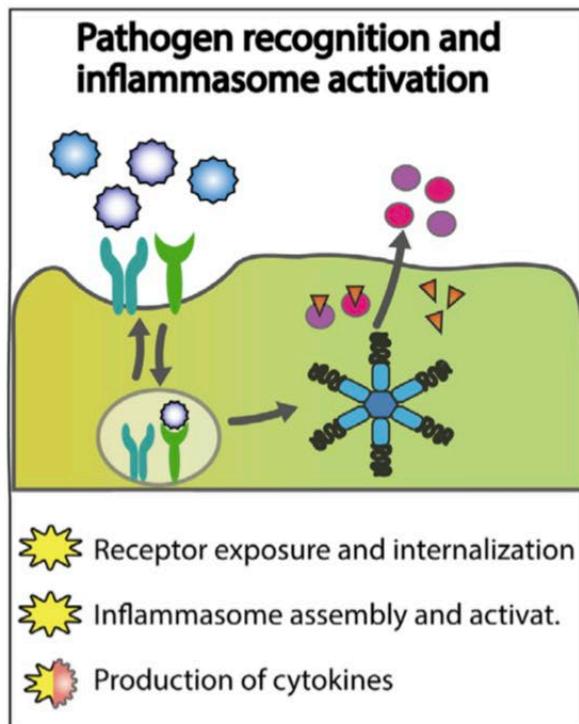


# Immune cells functions are connected to immunometabolism

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HORTOVÁ-KOHOUTKOVÁ ET AL.



### The cost of immunity:

- maintaining immune system – 30% basal metabolism
- one cytokine  $\sim 2300\text{ATP} \sim 1150$  mol. glucose

### Changes in immunometabolism to:

- increase ATP production
- intermediary metabolites production