

Plíce a sepse

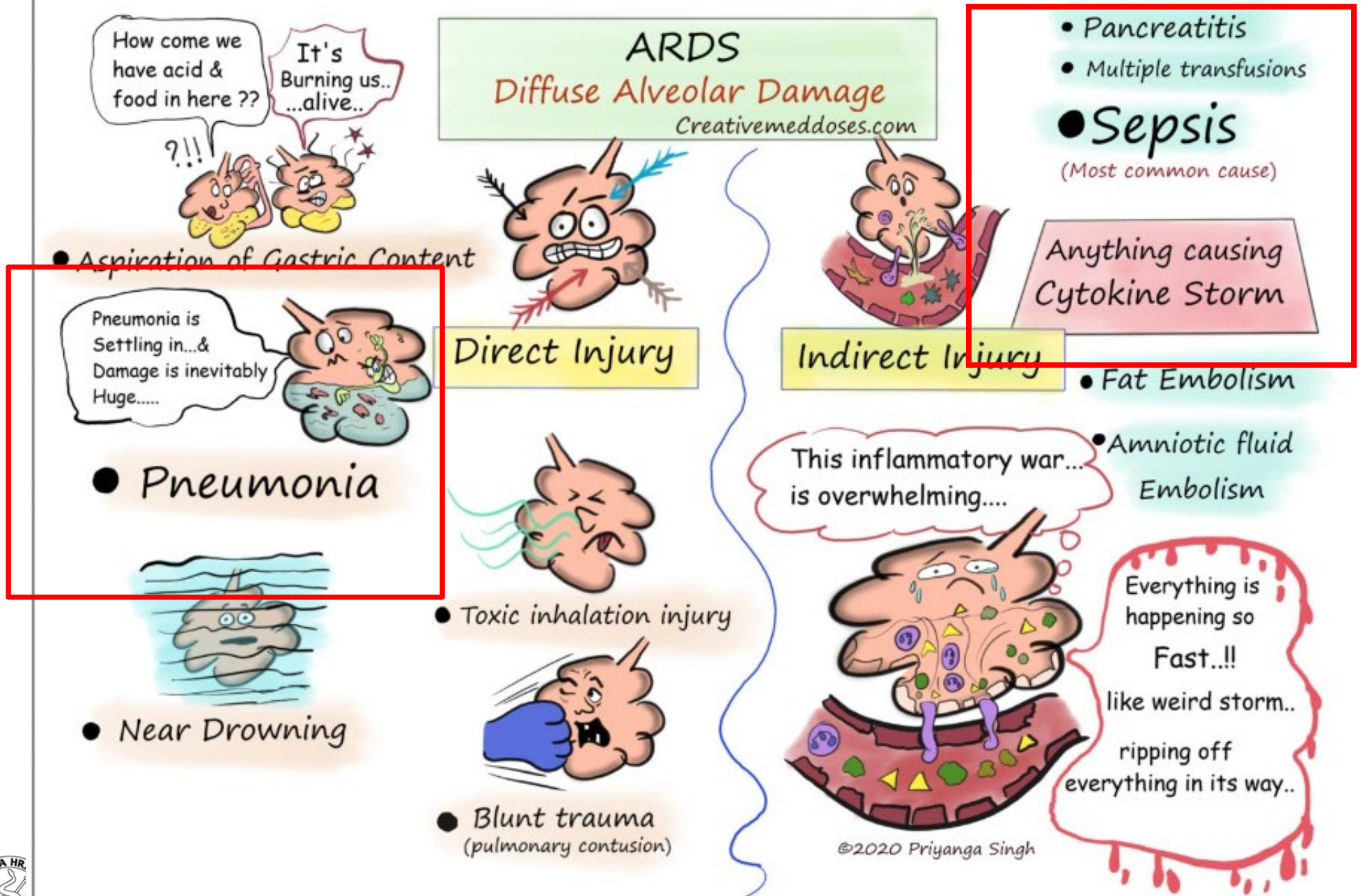
Pavel Dostál

Klinika anesteziologie, resuscitace a intenzivní medicíny

Univerzita Karlova, Lékařská fakulta v Hradci Králové

Fakultní nemocnice Hradec Králové

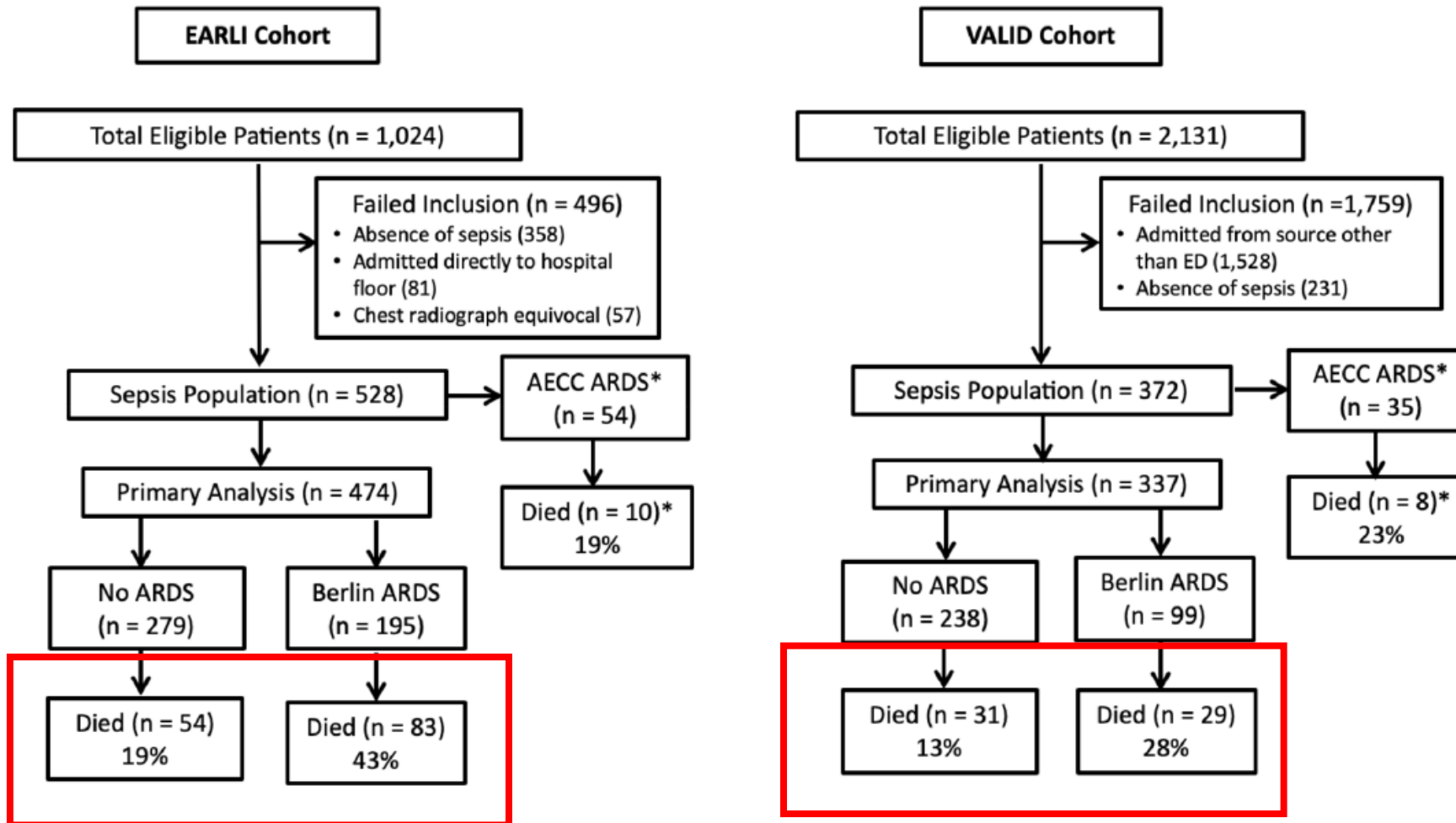




Epidemiologie

- 25-50% pacientů se sepsí má S-ALI se smrtností kolem 40%
 - Sevransky JE, Levy MM, Marini JJ. Mechanical ventilation in sepsis-induced acute lung injury/acute respiratory distress syndrome: an evidence-based review. Crit Care Med. (2004) 32:S548–53. doi: 10.1097/01.CCM.0000145947.19077.25
 - Rubenfeld GD, Caldwell E, Peabody E, Weaver J, Martin DP, Neff M, et al. Incidence and outcomes of acute lung injury. N Engl J Med. (2005) 353:1685–93. doi: 10.1056/NEJMoa050333
- 68,2% pacientů se sepsí mělo ALI s 90denní mortalitou 35,5%
 - Xie J, Wang H, Kang Y, Zhou L, Liu Z, Qin B, et al. The epidemiology of Sepsis in Chinese ICUs: a National Cross-Sectional Survey. Crit Care Med. (2020) 48:e209–18. doi: 10.1097/CCM.0000000000004155

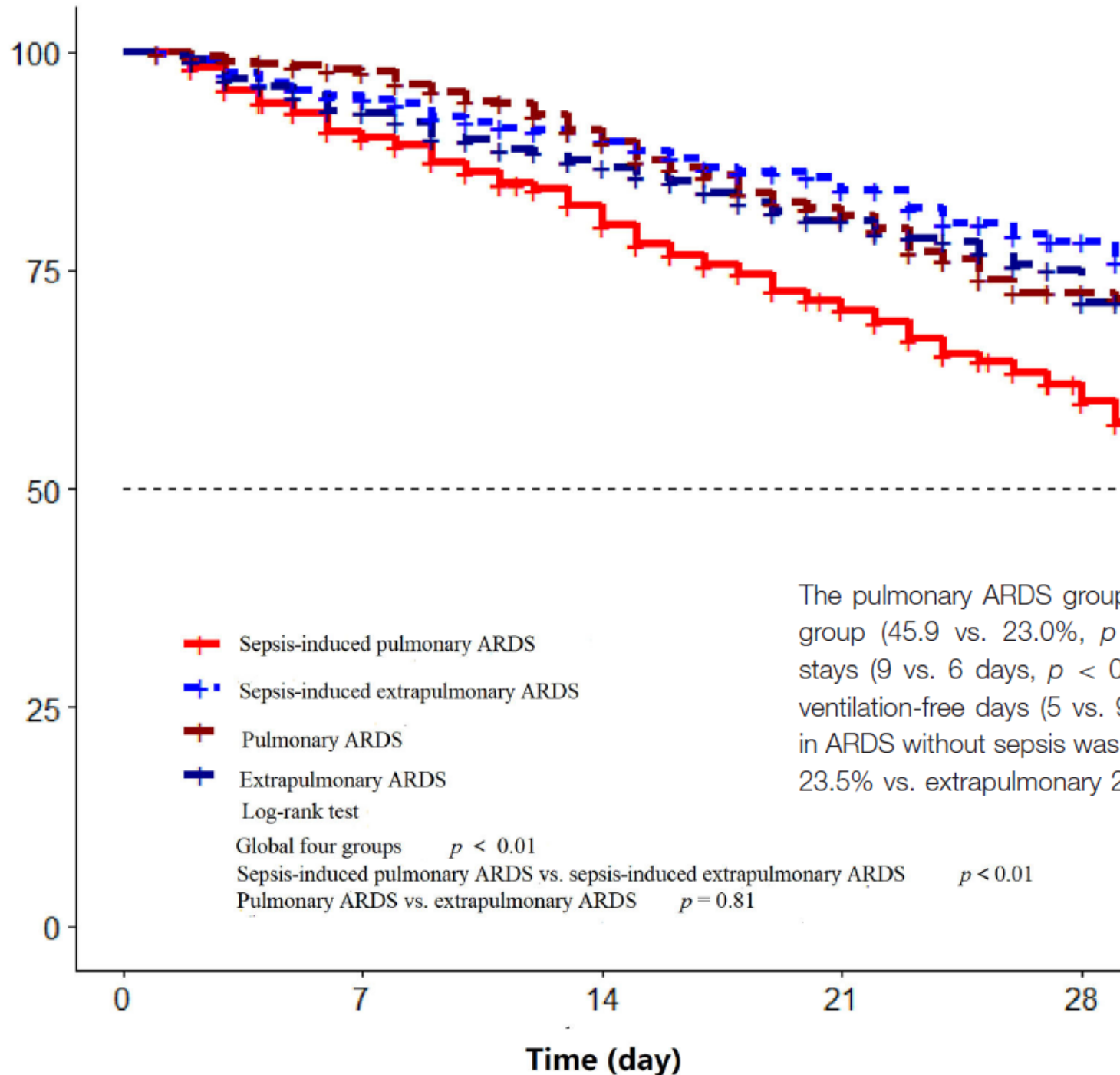
Acute respiratory distress syndrome-attributable mortality in critically ill patients with sepsis



The Association Between Etiologies and Mortality in Acute Respiratory Distress Syndrome: A Multicenter Observational Cohort Study

Yan Wang¹, Linlin Zhang¹, Xiuming Xi^{2*}, Jian-Xin Zhou^{1*} and the China Critical Care Sepsis Trial (CCCST) Workgroup

Survival probability (%)



The pulmonary ARDS group had higher mortality compared with the extrapulmonary group (45.9 vs. 23.0%, $p < 0.01$), longer intensive care unit (ICU) and hospital stays (9 vs. 6 days, $p < 0.01$, 20 vs. 18 days, $p = 0.01$, respectively), and fewer ventilation-free days (5 vs. 9 days) in the presence of sepsis. However, the mortality in ARDS without sepsis was inverted compared with extrapulmonary ARDS (pulmonary 23.5% vs. extrapulmonary 29.2%, $p = 0.04$). After adjusting for the Acute Physiology

	Sepsis-induced pulmonary ARDS <i>n</i> = 647	Sepsis-induced extrapulmonary ARDS <i>n</i> = 396	<i>p</i>	Pulmonary ARDS <i>n</i> = 536	Extrapulmonary ARDS <i>n</i> = 559	<i>p</i>
Gender, male, <i>n</i> (%)	431 (66.6%)	306 (66.7%)	0.65	339 (63.2%)	377 (67.4%)	0.15
Age, year, median (IQR)	65 (50–78)	63 (51–75)	<0.01	65 (53–77)	58 (45–68)	<0.01
BMI, kg/m ² median (IQR)	22.2 (20.2–24.2)	22.7 (20.3–24.9)	<0.01	22.7 (20.2–24.9)	22.5 (20.3–24.5)	0.77
APACHE II score, median (IQR)	21 (16–27)	17 (12–24)	<0.01	13 (8–19)	13 (8–20)	0.51
SOFA median (IQR)	7 (4–10)	6 (2–10)	0.01	2 (2–5)	2 (1–5)	0.96
Admission to ARDS onset, days median (IQR)	1 (1,2)	1 (1–4)	<0.01	3 (1–4)	3 (1–4)	0.07
PaO ₂ /FiO ₂ , mmHg, median (IQR)	150 (124–198)	151 (142–214)	0.01	150 (150–200)	150 (153–206)	0.11

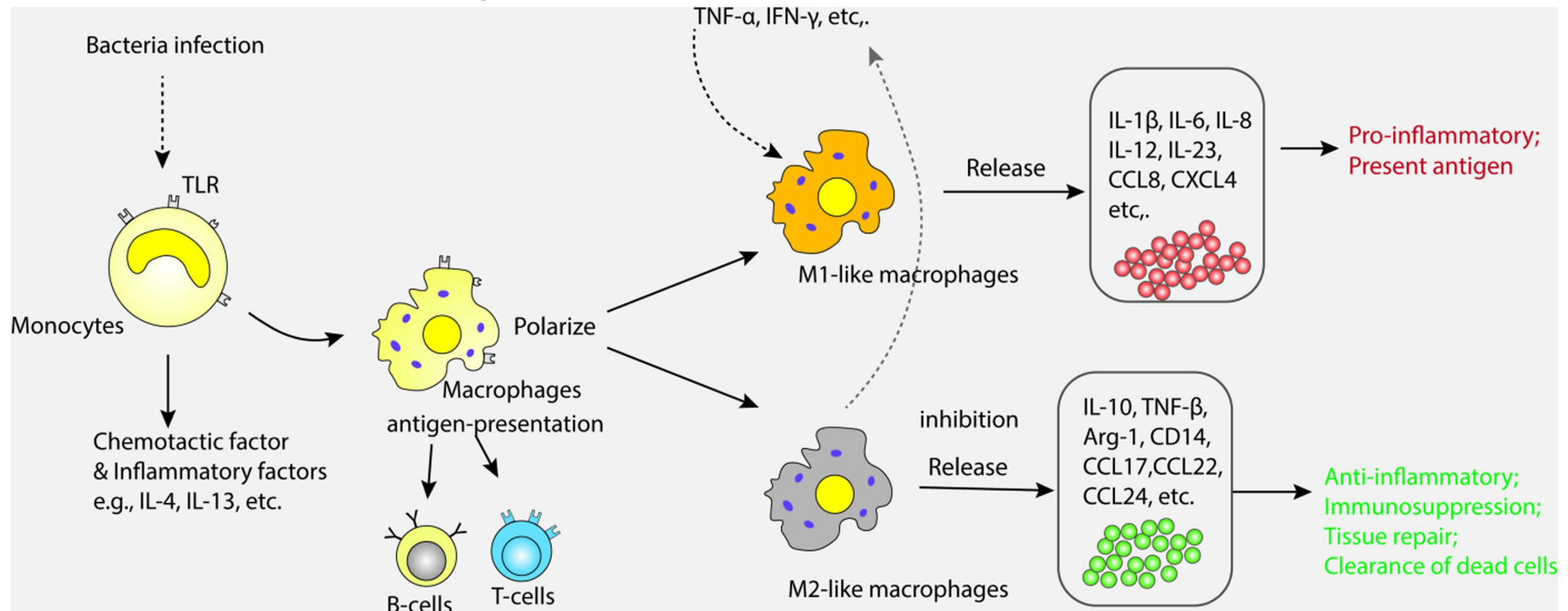
Outcomes

No. organ failure, median (IQR)	1(1-1)	1(1-1)	0.01	1(1-1)	1(1-1)	0.03
Ventilation-free days within 28 days, days median (IQR)	5 (5-13)	9 (5-18)	<0.01	13 (11-26)	12 (10-25)	0.06
Length of ICU stay, days median (IQR)	9 (4-20)	6 (3-12)	<0.01	4 (2-11)	4 (2-12)	0.18
Length of hospital stay, days median (IQR)	20 (11-31)	18 (10-29)	0.01	17 (11-27)	17 (19-28)	0.25



Patogeneze

• Aktivace makrofágů



Patogeneze

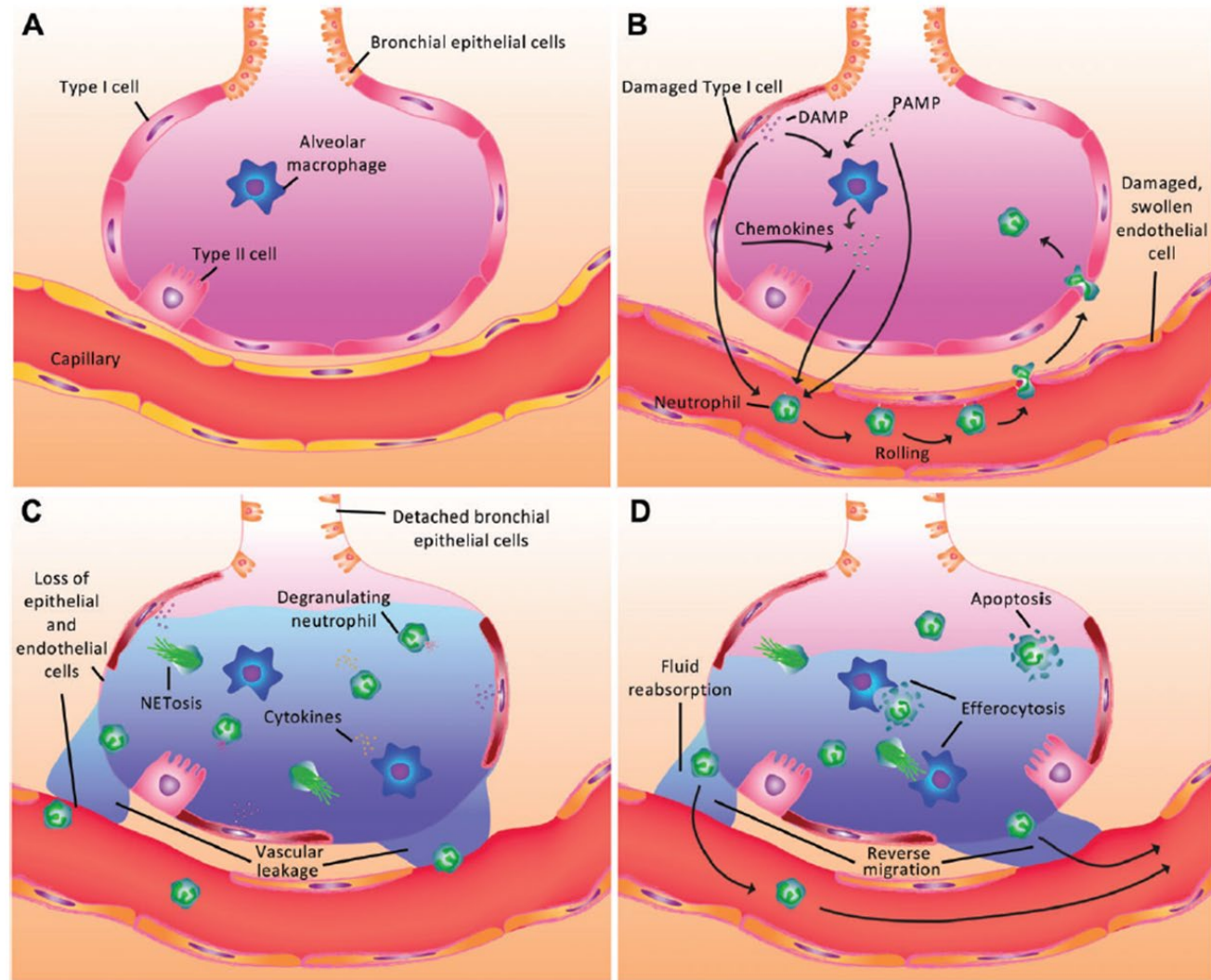
- Aktivace makrofágů
- Aktivace neutrofilů

Journal of Pathology
J Pathol 2019; 247: 672–685
Published online 15 February 2019 in Wiley Online Library
(wileyonlinelibrary.com) DOI: 10.1002/jpath.5221

INVITED REVIEW

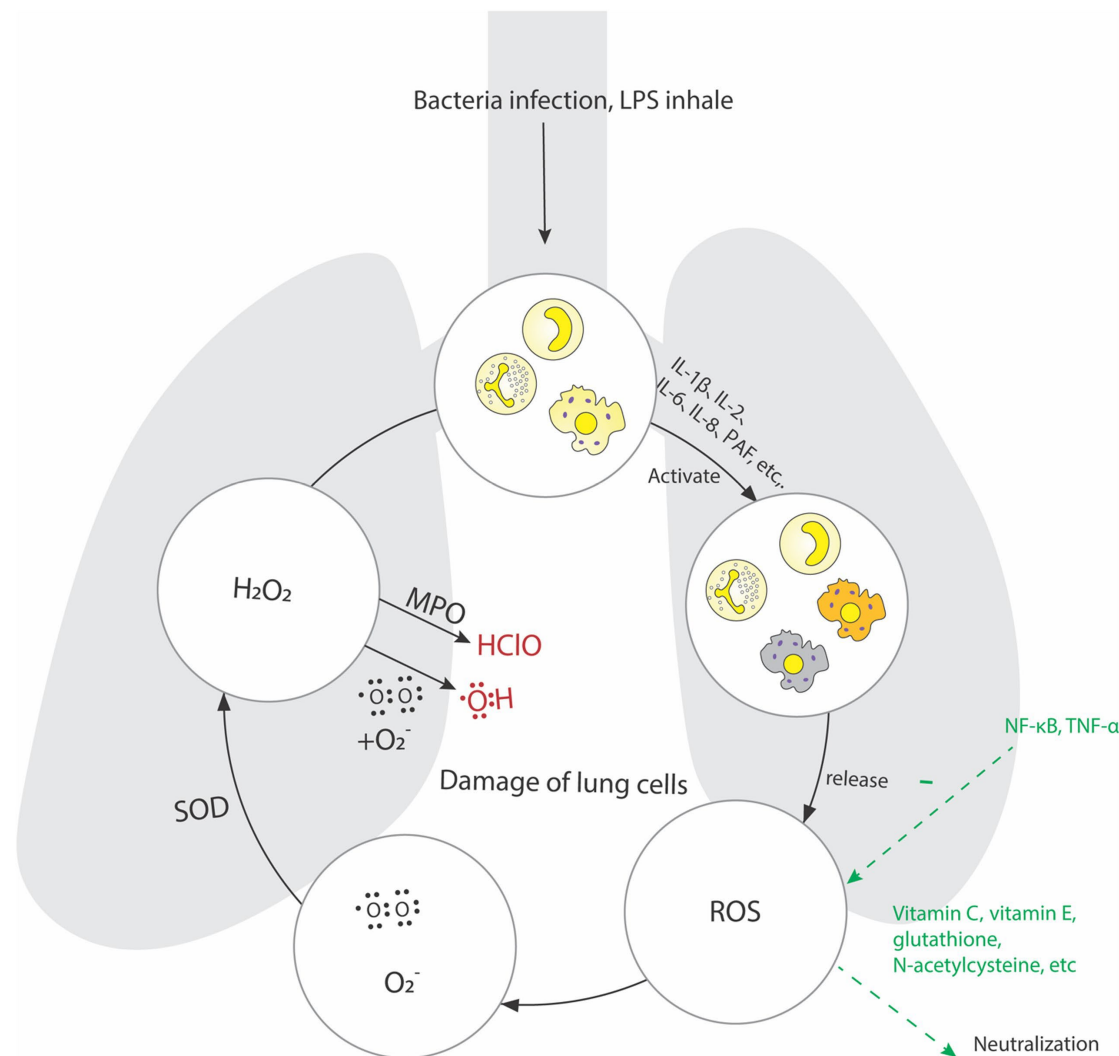
Neutrophils in the initiation and resolution of acute pulmonary inflammation: understanding biological function and therapeutic potential

Philippe MD Potey, Adriano G Rossi, Christopher D Lucas and David A Dorward*



Patogeneze

- Aktivace makrofágů
- Aktivace neutrofilů
- Oxidativní stres a ROS

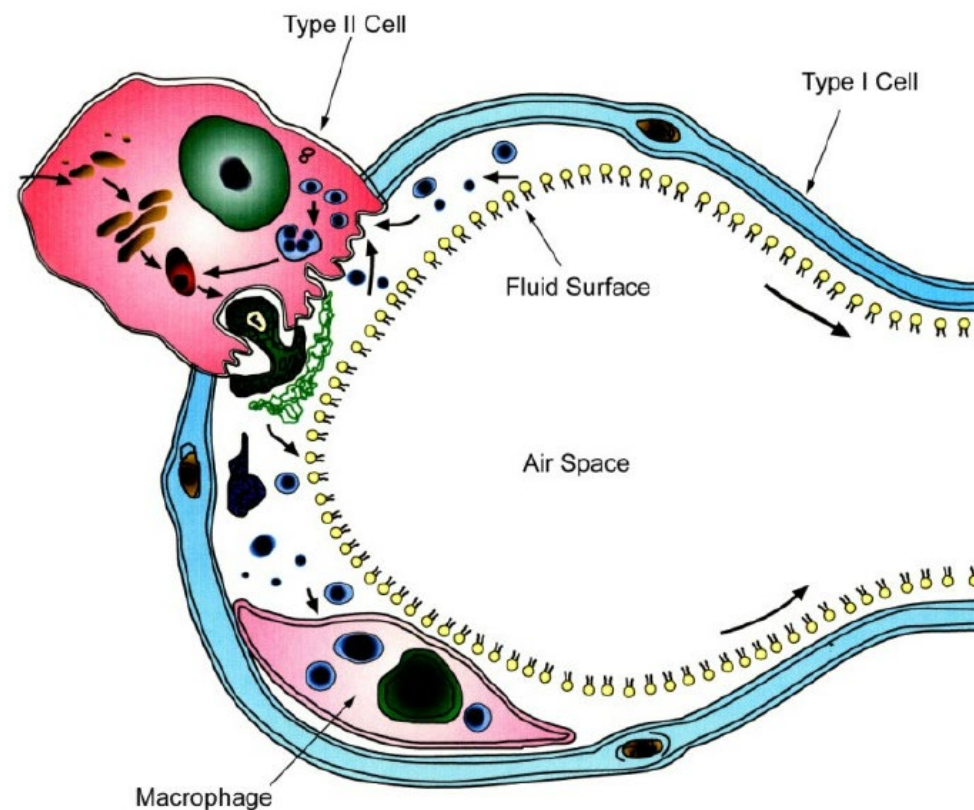


Patogeneze

- Aktivace makrofágů
- Aktivace neutrofilů
- Oxidativní stres a ROS
- Poškození glykokalyx
- Aktivace koagulace

Patogeneze

- Aktivace makrofágů
- Aktivace neutrofilů
- Oxidativní stres a ROS
- Poškození glykokalyx
- Aktivace koagulace
- Dysfunkce surfaktantu
- Genetické faktory



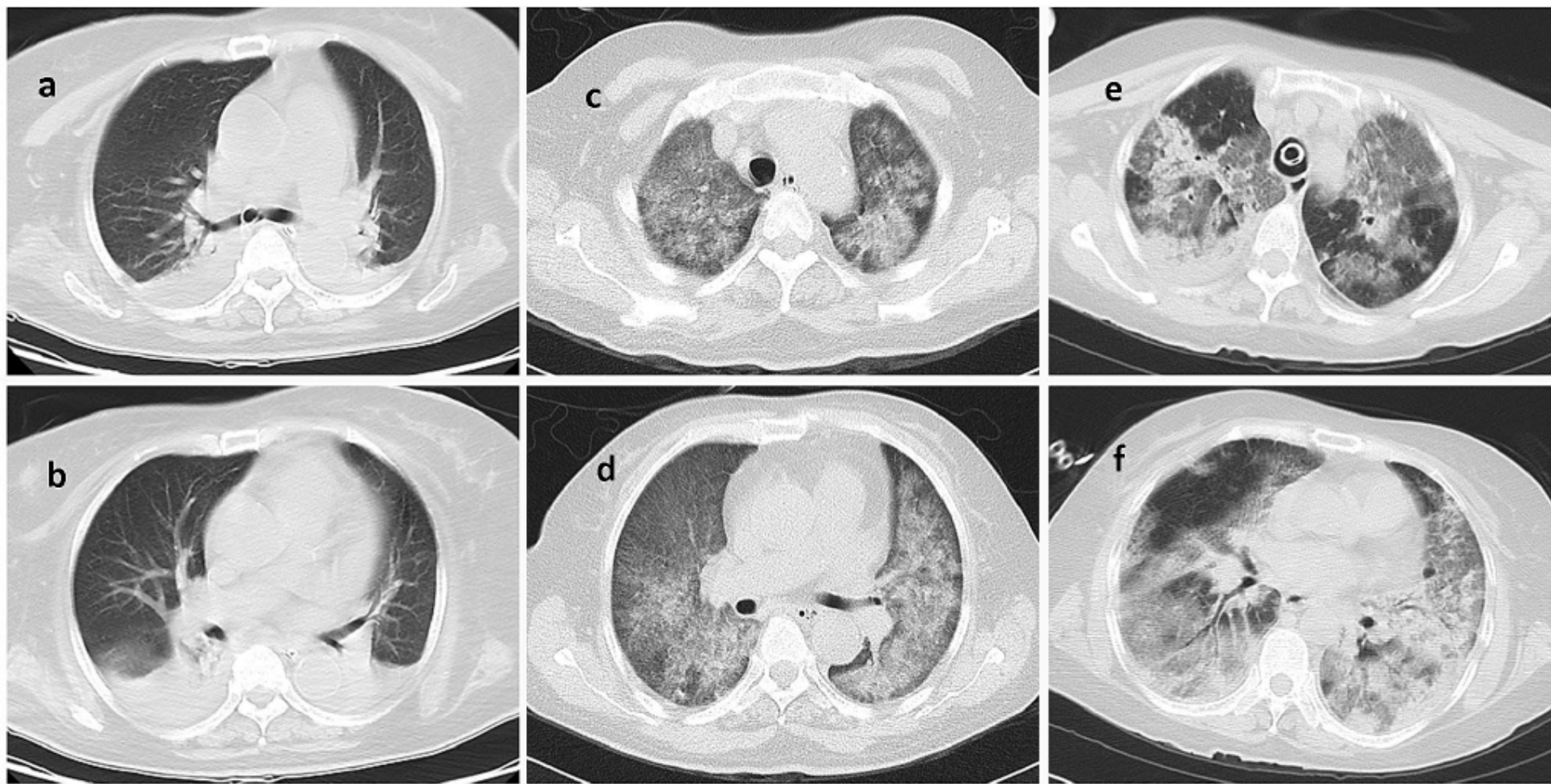
Almstrand, Ann-Charlotte. Analysis of Endogenous Particles in Exhaled Air.

Subfenotypy ARDS a potenciální terapie



Příklady subfenotypizací

Fyziologické	Klinické	Biologické
PaO ₂ /FiO ₂	Úrazový vs neurazový	Genomické
Poměr dechového objemu a mrtvého prostoru	Přímé vs nepřímé poškození	Transkriptomické
Hybný tlak	Fokální nebo difuzní poškození S nebo bez akutního poškození ledvin	Proteomické Metabolomické

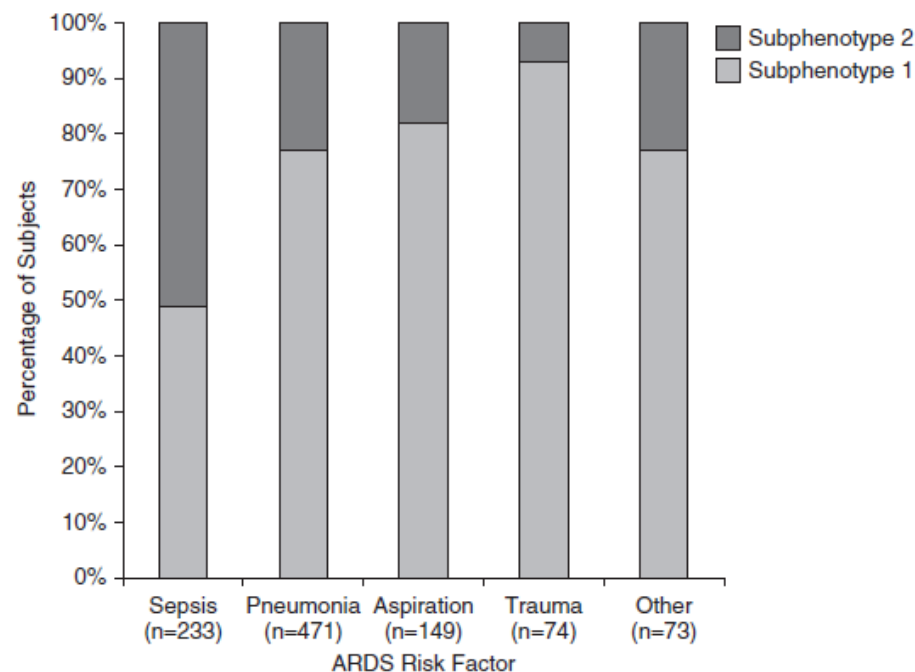
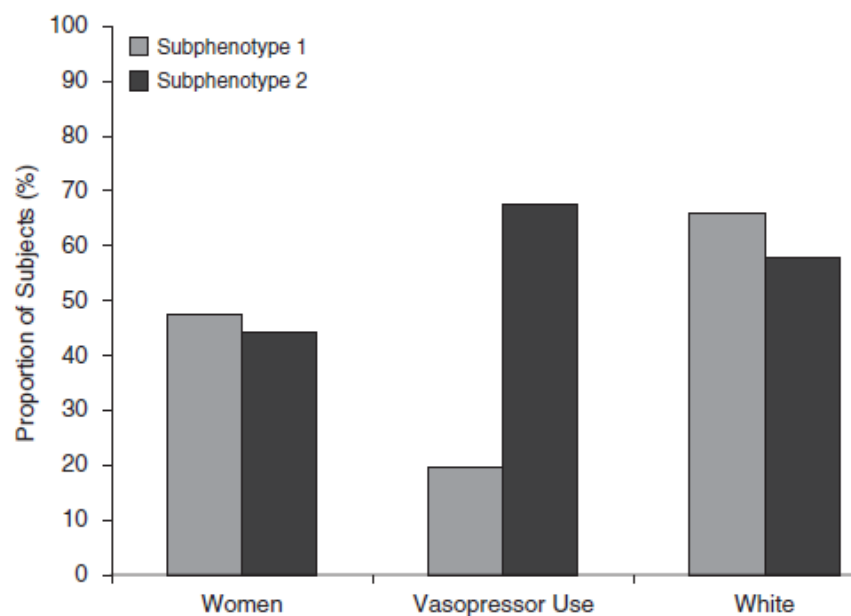


Hyperinflamatorní vs hypoinflamatorní fenotyp



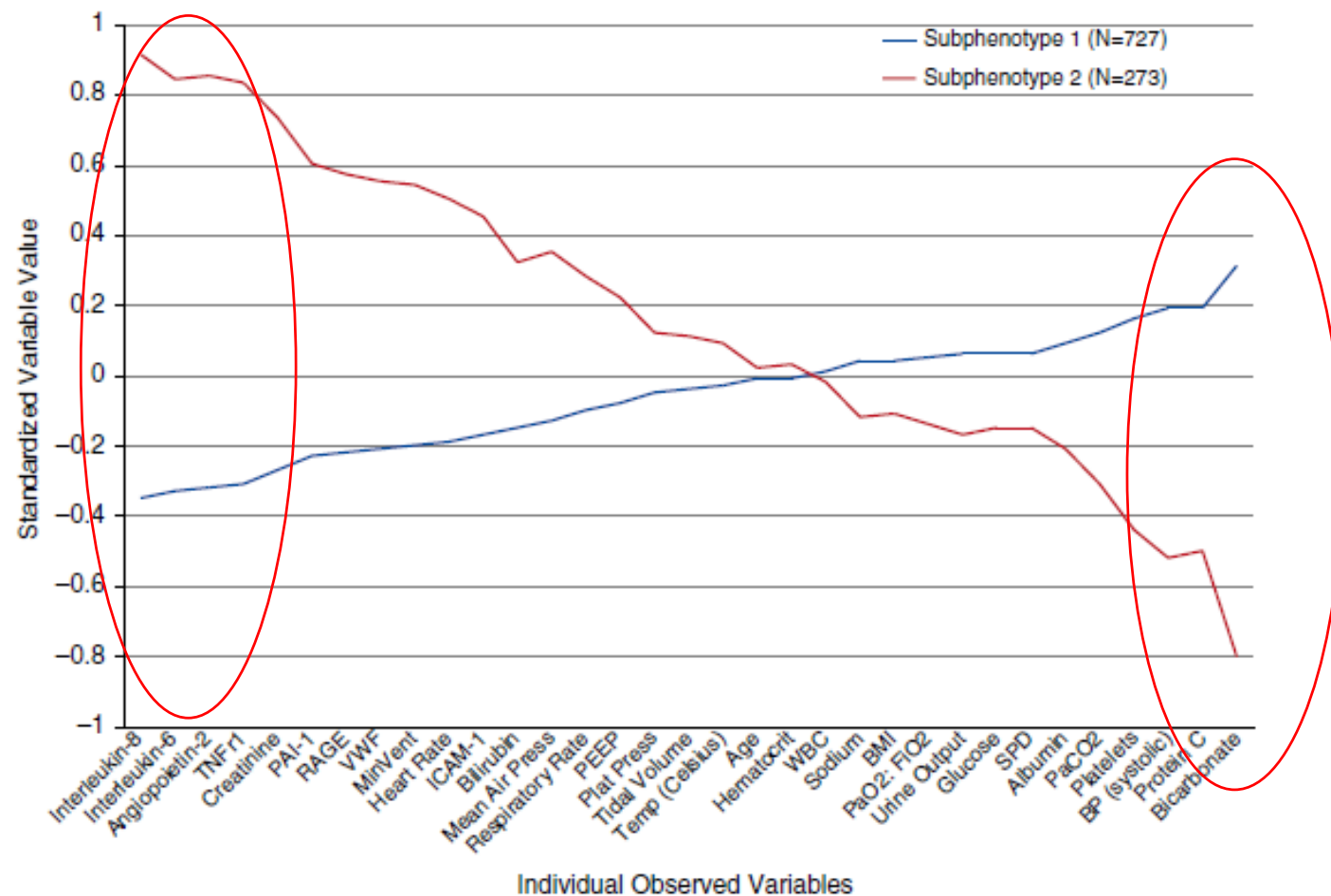
Acute Respiratory Distress Syndrome Subphenotypes Respond Differently to Randomized Fluid Management Strategy

Katie R. Famous¹, Kevin Delucchi², Lorraine B. Ware^{3,4}, Kirsten N. Kangelaris⁵, Kathleen D. Liu^{6,7}, B. Taylor Thompson⁸, and Carolyn S. Calfee^{1,7}; for the ARDS Network



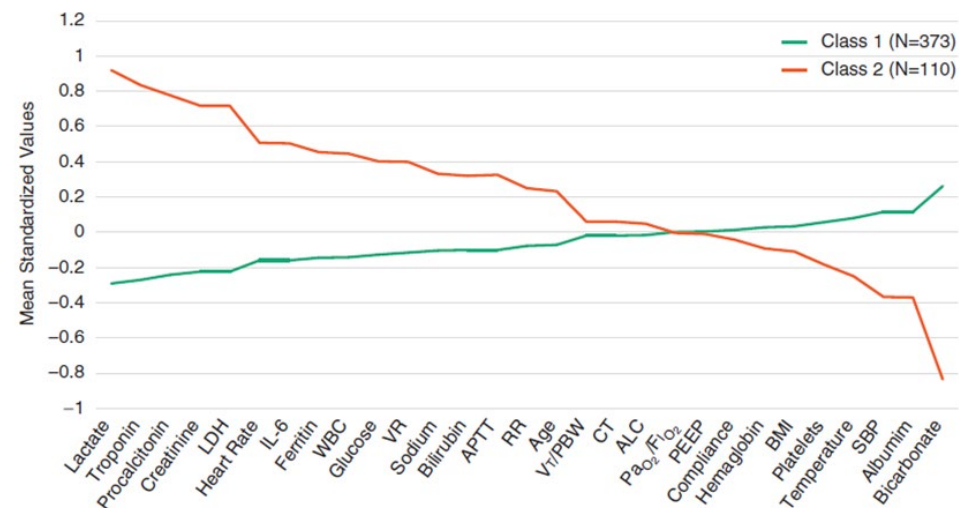
Acute Respiratory Distress Syndrome Subphenotypes Respond Differently to Randomized Fluid Management Strategy

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Hypoinflamatorní fenotyp

- Nízká/žádná podpora oběhu
- Normální bikarbonát
- Normální nebo jen mírně snížený albumin
- Normální laktát
- Bez výrazné trombocytopenie
- Nižší IL-6 (cca do 500), Nízké PCT



Am J Respir Crit Care Med Vol 204, Iss 11, pp 1274–1285, Dec 1, 2021

Statiny

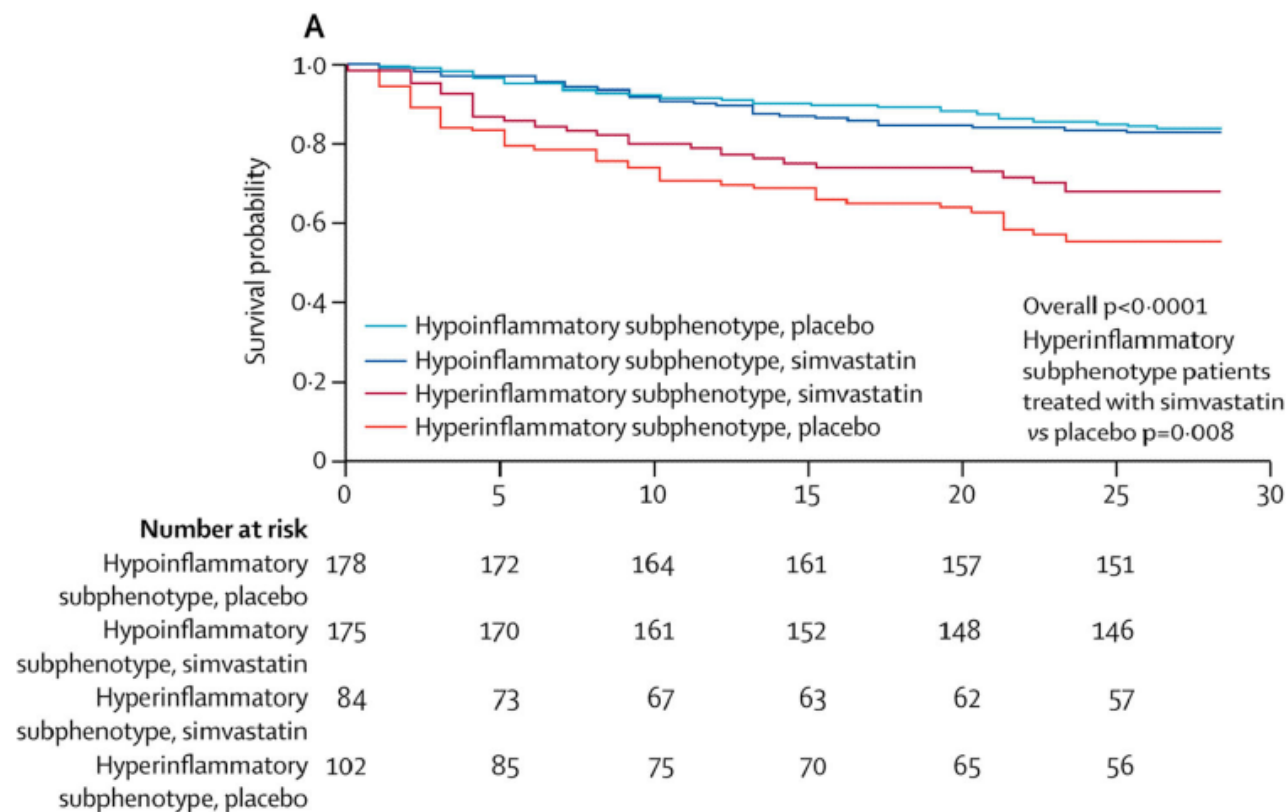


20

Simvastatin 80 mg/d do 48 h od dg. ARDS,
max 28 dní

ARDS Subphenotypes and Differential Response to Simvastatin: Secondary Analysis of a Randomized Controlled Trial

Carolyn S. Calfee, MD^{1,2,3}, Kevin L. Delucchi, PhD⁴ [Professor], Pratik Sinha, PhD¹, Michael A. Matthay, MD^{1,2,3} [Professor], Jonathan Hackett, MBBCh⁵, Manu Shankar-Hari, PhD^{6,7}, Cliona McDowell, MSc⁸, John G. Laffey, MD^{9,10,11} [Professor], Cecilia M. O’Kane, PhD⁵, Daniel F. McAuley, MD^{5,12} [Professor], and Irish Critical Care Trials Group



The effects of statin therapy on mortality in patients with sepsis

A meta-analysis of randomized trials

Mengyan Chen, MSc, Mingxia Ji, MSc*, Xiaoshui Si, BS

Abstract

Background: Much controversy persists regarding the role of statins therapy in patients with sepsis. This systematic review and meta-analysis of randomized trials aimed to evaluate the clinical efficacy of statin therapy on mortality from sepsis.

Methods: We comprehensively searched PubMed, Embase, and Cochrane controlled trials register for relevant clinical studies. Randomized controlled trials reporting the effect of statin therapy on mortality in septic patients were included. Pooled risk estimates were calculated with a fixed-effects model. Heterogeneity was determined by Cochran chi-square test and the I^2 statistic.

Results: Nine trials with a total of 2333 patients were included. Seven randomized trials were eligible for the in-hospital mortality analysis. There were 257 deaths among 1078 individuals in the statin treatment group and 268 deaths among 1081 individuals in the control group. There was no statistically significant difference (RR, 0.96; 95% CI, 0.83–1.11). Five randomized trials reported data on 28 day-hospital mortality. There were 123 deaths among 613 individuals in the statin treatment group and 141 deaths among 633 individuals in the control group. There was no statistically significant difference (RR, 0.90; 95% CI, 0.73–1.11).

Conclusion: This systematic review and meta-analysis of randomized trials indicates that statin therapy has no effect on mortality outcomes in patients with sepsis compared with placebo.

Abbreviations: CI = confidence interval, ICU = intensive care unit, RR = relative risk, SIRS = systemic inflammatory response syndrome.

Keywords: meta-analysis, mortality, sepsis, statins



Hodnocení

- Potenciální benefit u hyperinflammatorního fenotypu
- Nejasný efekt při kombinaci s dalšími imunomodulačními postupy (kortikoidy)
- Potenciální závažné NÚ
- Pragmatický závěr: ponechat, ale nenasazovat z této indikace

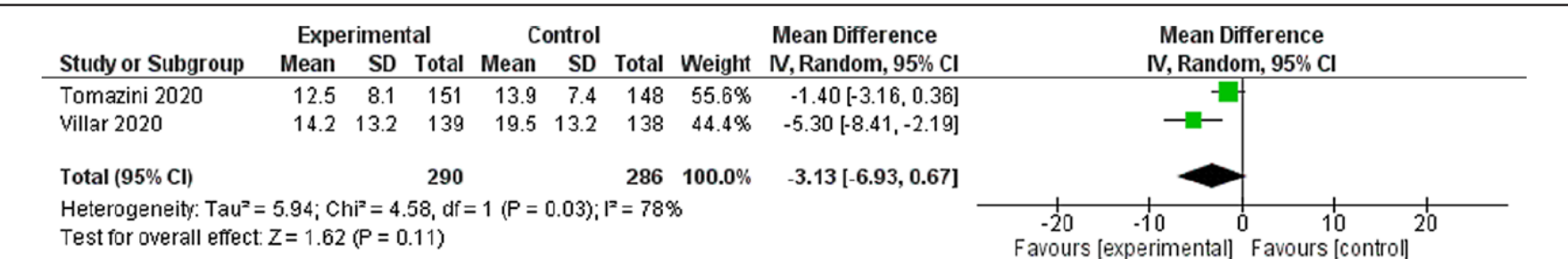
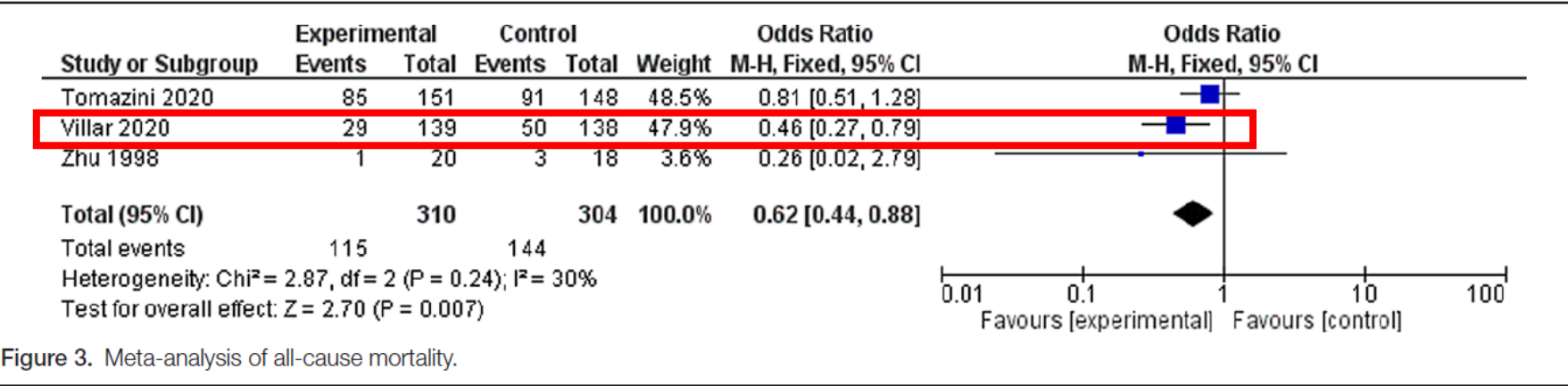
Kortikoidy

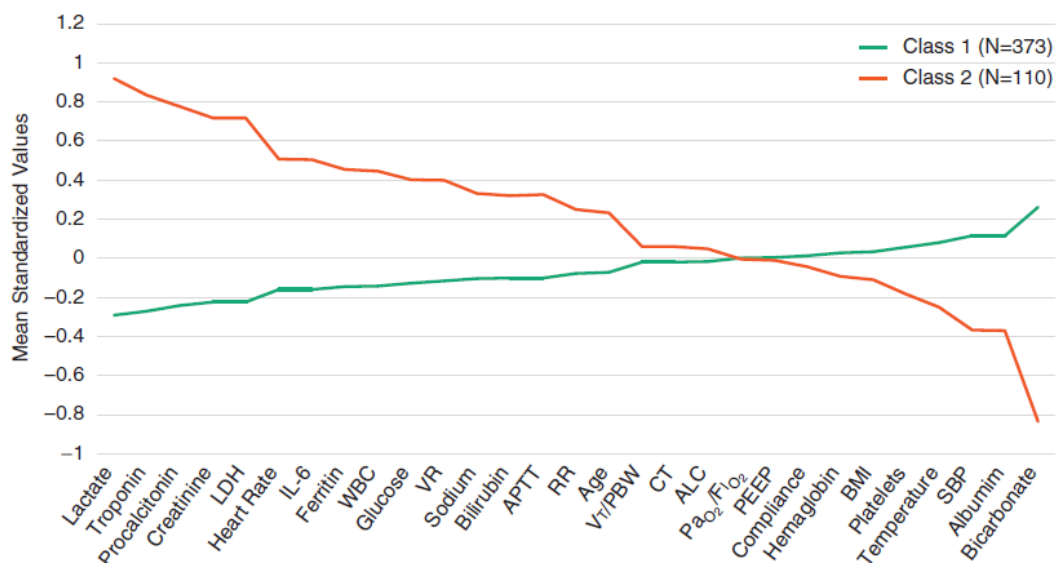


24
Moderate to severe ARDS
20 mg of dexamethason per day (1st to 5th day)
10 mg of dexamethrasion per day (6th to 10th day)

Dexamethasone for the treatment of acute respiratory distress syndrome
A systematic review and meta-analysis

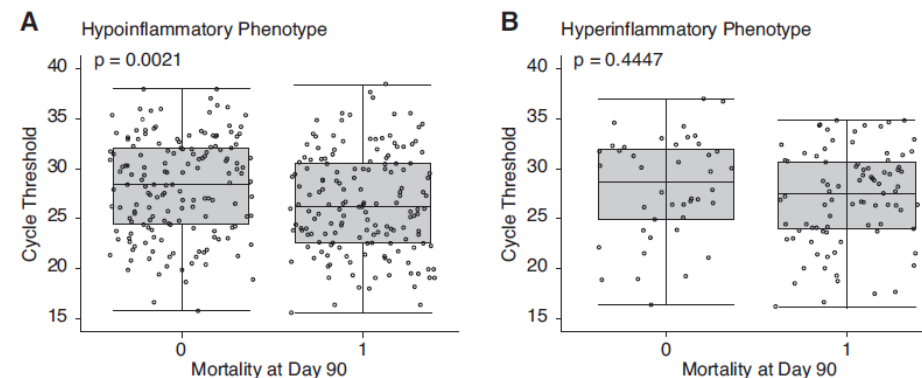
Long-hua Feng, MM^{a,*}, Xiao-dan Li, MM^{a,*}, Xiao-yu Zhang, MM^b, Peng-jiang Cheng, MB^a, Zheng-yun Feng, MB^{a,*} 





Latent Class Analysis Reveals COVID-19–related Acute Respiratory Distress Syndrome Subgroups with Differential Responses to Corticosteroids

Pratik Sinha^{1*}, David Furfaro^{2*}, Matthew J. Cummings², Darryl Abrams², Kevin Delucchi³, Manoj V. Maddali⁴, June He¹, Alison Thompson², Michael Murn², John Fountain⁵, Amanda Rosen⁵, Shelief Y. Robbins-Juarez⁶, Matthew A. Adan⁶, Tejus Satish⁶, Mahesh Madhavan⁷, Aakriti Gupta⁷, Alexander K. Lyashchenko⁸, Cara Agerstrand², Natalie H. Yip², Kristin M. Burkart², Jeremy R. Beitler², Matthew R. Baldwin², Carolyn S. Calfee^{9,10,11‡}, Daniel Brodie^{2‡}, and Max R. O'Donnell^{2,12‡}



ARDS Subphenotype			
Corticosteroid Use	Hypoinflammatory	Hyperinflammatory	P Value
Yes	115/226 (51%)	57/94 (61%)	0.0295
No	51/113 (45%)	37/48 (77%)	
COVID-19–related ARDS Class			
Corticosteroid Use	Class 1	Class 2	P Value
Yes	120/244 (49%)	52/76 (68%)	0.0273
No	58/127 (46%)	30/34 (88%)	

Hodnocení

- **Septická dávka hydrocortisonu** u pacientů se septických šokem
- **Časný ARDS (+ hyperinflamatorní subfenotyp)** – Dexamethason
- **CAP (+hyperinflamatorní subfenotyp?)**
 - Hydrokortison 200 mg iv bolus následovaný infuzí 10 mg/h na 7 dní
 - nebo
 - Methylprednisolon 0,5 mg/kg iv každých 12 h po 7 dní (zahájení do 36 h od přijetí do nemocnice, C reaktivní protein >150 mg/l
 - nebo
 - Methylprednisolon 40 mg iv bolus, poté
 - Dny 1–7: 40 mg/d
 - Dny 8–14: 20 mg/d
 - Dny 15–17: 12 mg/d
 - Dny 18–20: 4 mg/d
- Chaudhuri D, Nei AM, Rochweg B, Balk RA, Asehnoune K, Cadena R, Carcillo JA, Correa R, Drover K, Esper AM, Gershengorn HB, Hammond NE, Jayaprakash N, Menon K, Nazer L, Pitre T, Qasim ZA, Russell JA, Santos AP, Sarwal A, Spencer-Segal J, Tilouche N, Annane D, Pastores SM. 2024 Focused Update: Guidelines on Use of Corticosteroids in Sepsis, Acute Respiratory Distress Syndrome, and Community-Acquired Pneumonia. Crit Care Med. 2024 May 1;52(5):e219-e233. doi: 10.1097/CCM.00000000000006172.



Tekutinová terapie



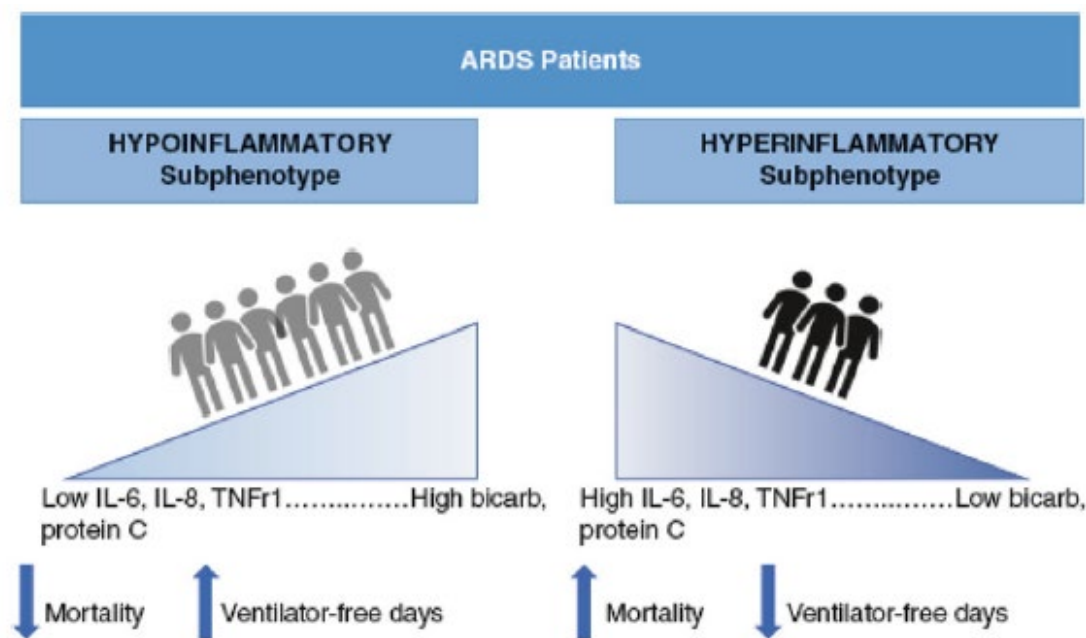
REVIEW

Open Access



ARDS Subphenotypes: Understanding a Heterogeneous Syndrome

Jennifer G. Wilson¹ and Carolyn S. Calfee^{2,3*}



Intervention/trial cohort analyzed	Outcome	Hypoinflammatory subphenotype response		Hyperinflammatory subphenotype response	
		Intervention	Control	Intervention	Control
High vs. low PEEP/ ALVEOLI* [27]	90-day mortality	24% high PEEP	16% low PEEP	42% high PEEP	51% low PEEP
Conservative vs. liberal fluid strategy/ FACCT* [29]	90-day mortality	18% conservative fluid strategy	26% liberal fluid strategy	50% conservative fluid strategy	40% liberal fluid strategy
Simvastatin/ HARP-2 [40]	28-day survival	No difference		Improved survival with simvastatin ($p = 0.008$)	
Rosuvastatin/SAIRS [41]	90-day mortality	No difference		No difference	

PEEP positive end-expiratory pressure; * p value <0.05 for interaction between treatment and subphenotype

Co ještě máme (klinicky k dispozici)?

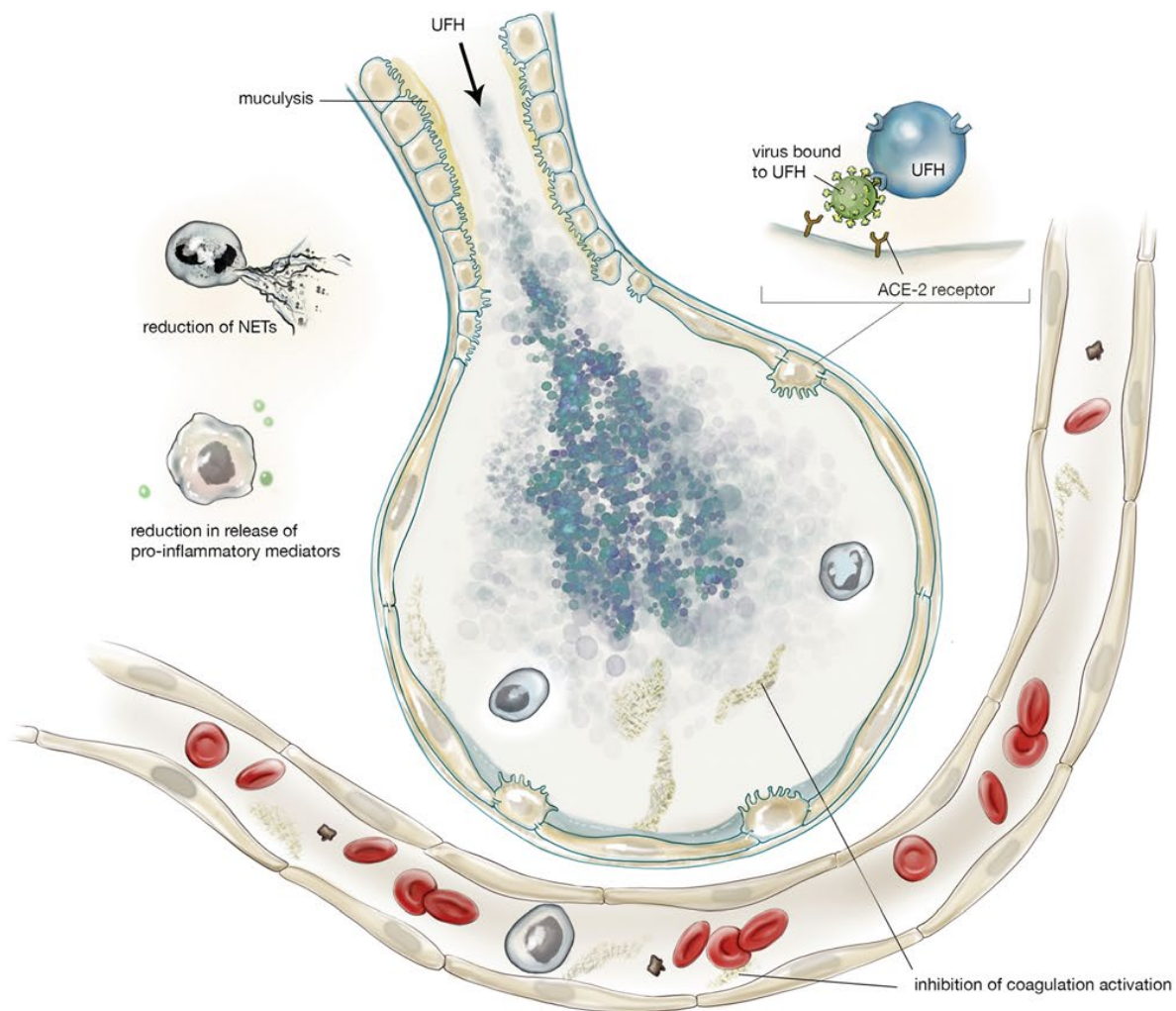


Další

- ASA, aprotinin, heparin, ..
- Albumin
- Anti-endothelin 1 (bosentan)
- Sildenafil
- Epoprostenol
- Sivelestat
- Dornása alfa
- Přípravky tradiční čínské medicíny
- ...

Inhalační aplikace heparinu





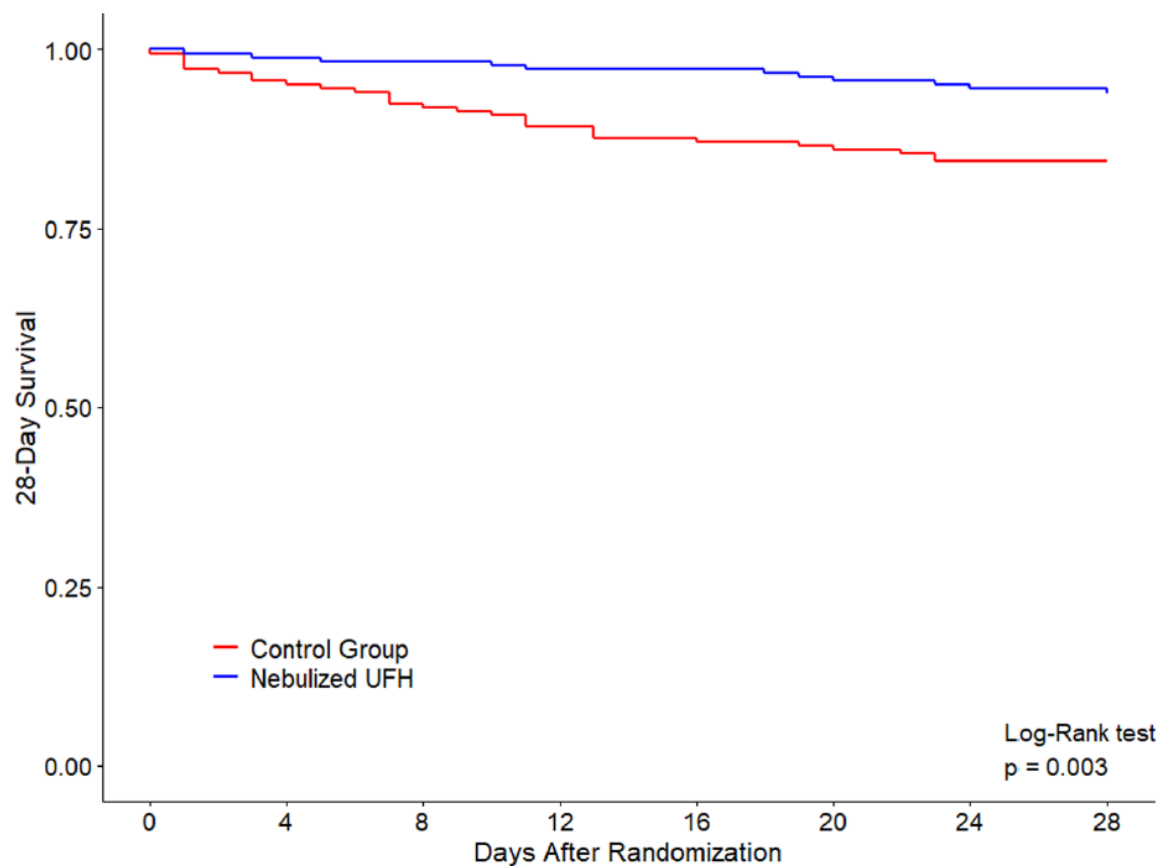
Nebulised heparin as a treatment for COVID-19: scientific rationale and a call for randomised evidence

Frank M. P. van Haren^{1,2*}, Clive Page³, John G. Laffey^{4,5}, Antonio Artigas⁶, Marta Camprubi-Rimblas⁷, Quentin Nunes⁸, Roger Smith⁹, Janis Shute¹⁰, Mary Carroll¹¹, Julia Tree¹², Miles Carroll¹², Dave Singh¹³, Tom Wilkinson¹¹ and Barry Dixon⁹

- Vazba SARS-CoV2 na ACE-2 receptor alveolárních buněk
- Tvorba hyalinních membrán
- Mikrovaskulární trombóza
- Antiinflamatorní vlastnosti
- Snížení tvorby NETs
- Sekretolytické vlastnosti

Efficacy of inhaled nebulised unfractionated heparin to prevent intubation or death in hospitalised patients with COVID-19: an investigator-initiated international meta-trial of randomised clinical studies

Frank M. P. van Haren,^{a,b,*} Sarah J. Valle,^b Ary Serpa Neto,^{c,d} Marcus J. Schultz,^{e,f} John G. Laffey,^{g,h} Antonio Artigas,ⁱ Barry Dixon,^j Alicia B. Vilaseca,^k Ruben A. Barbera,^k Tarek I. Ismail,^l Rabab S. Mahrous,^m Mohamed Badr,ⁿ Gilberto DeNucci,^{o,p} Carlos Sverdlhoff,^{o,q} Marta Camprubi-Rimblas,ⁱ David W. Cosgrave,^{g,h} Bairbre McNicholas,^{g,h} Catriona Cody,^r Gerard Curley,^s Thomas L. Smoot,^t Sabrina Staas,^t Khine Sann,^t Caitlin Sas,^t Anusha Belani,^t Christopher Hillman,^t Sidharta Kusuma Manggala,^u Dita Aditiansih,^{u,v} Adhrie Sugiarto,^u Mira Yulianti,^u Herikurniawan Herikurniawan,^u Robert Sinto,^u Aino Nindya Averkari,^v Septian Adi Permana,^w Ashley Woodcock,^x Mary Carroll,^y Tom Wilkinson,^y Dave Singh,^z Janis Kay Shute,^{aa} Miles Carroll,^{ab} and Clive Page^{ac}



10000 - 25000j (5 ml) á 6-8 h

eClinicalMedicine
2025;■: 103339

Published Online XXX

<https://doi.org/10.1016/j.eclinm.2025.103339>



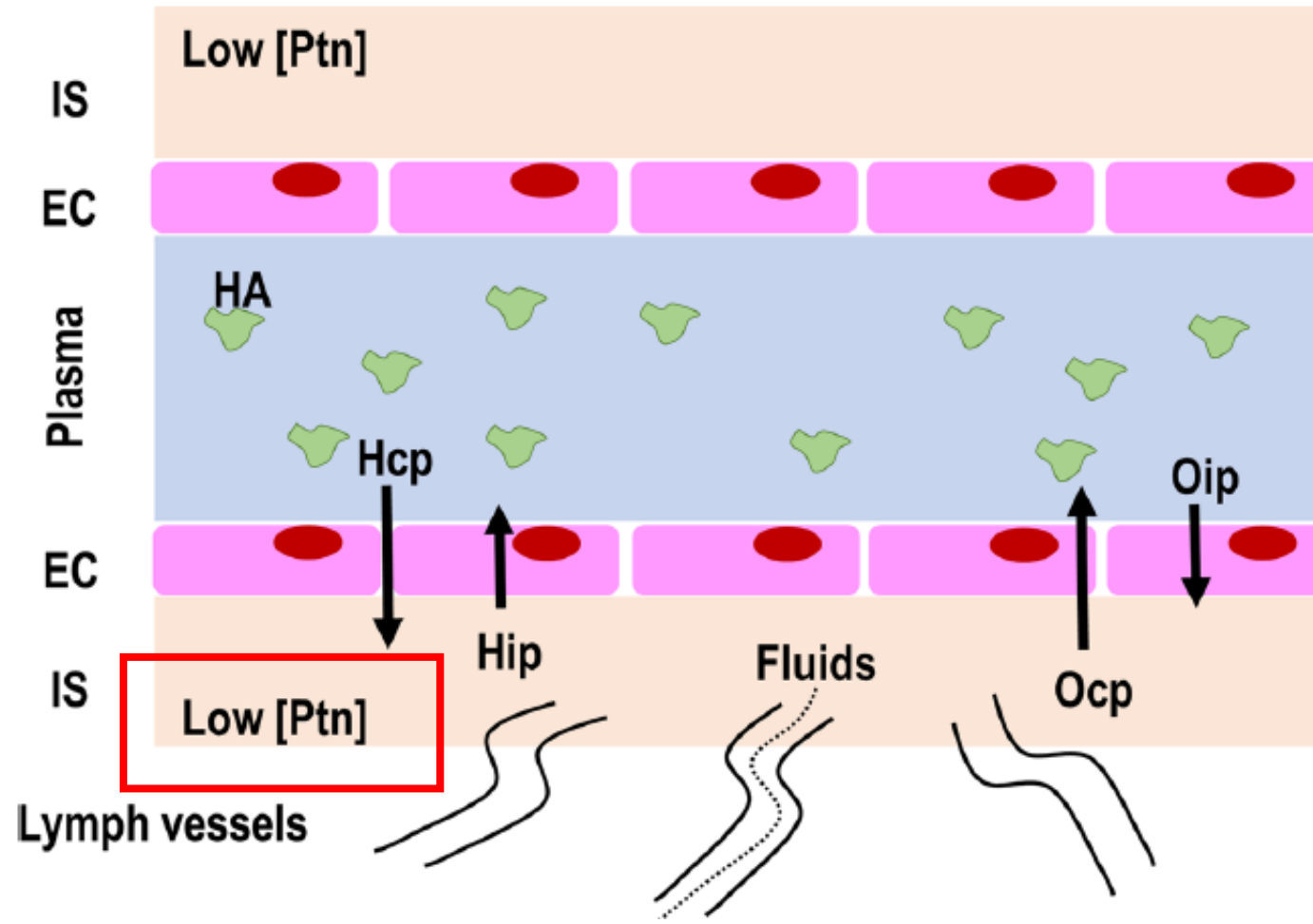
Závěry

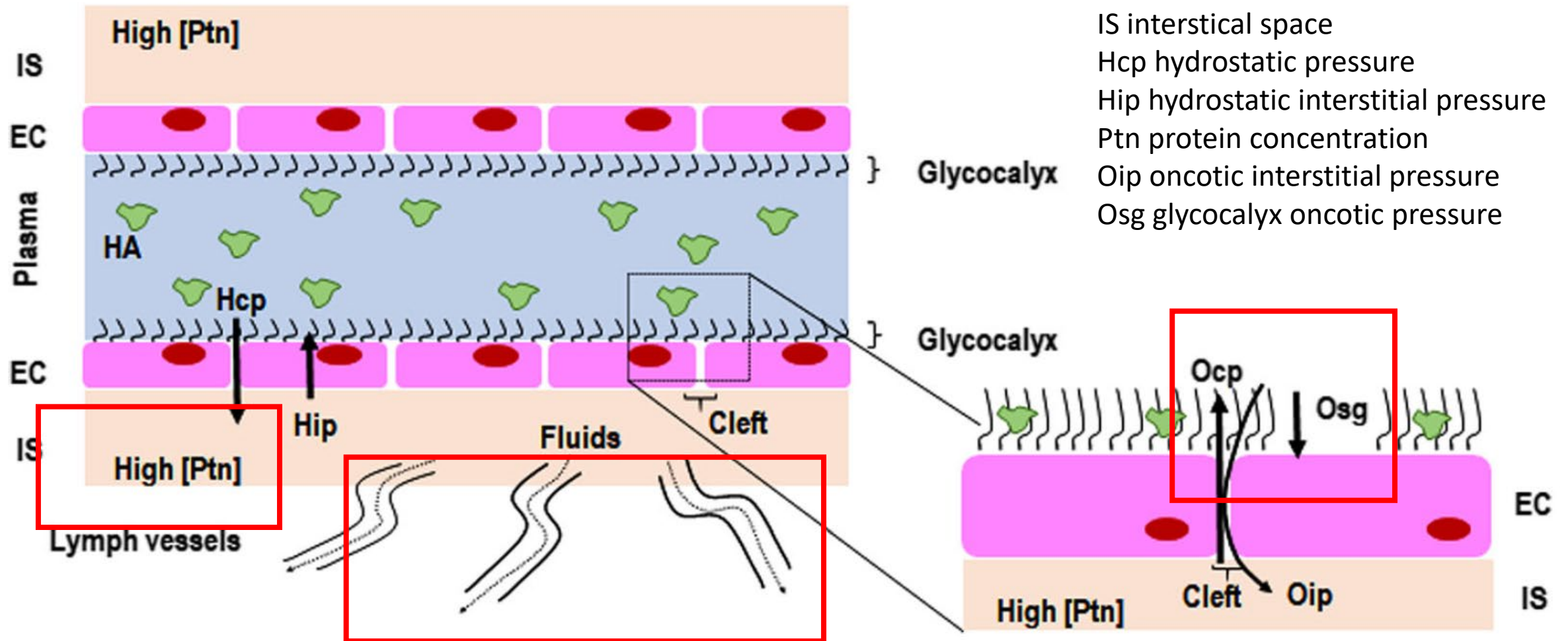
- Základem je řešení příčiny + podpůrná terapie
- Pacienti tvoří heterogenní populaci, efekt intervencí pravděpodobně závisí na konkrétní subpopulaci
- Ke zvážení je časné použití kortikoidů a/nebo simvastatinu
- Nepřiměřená/předčasná restrikce tekutin může být riziková i nemocných s hyperinflamatorním fenotypem
- Řada nových intervencí testovaných při COVID-19, není ale jasný vztah k ostatním nemocných s plicní infekcí

pavel.dostal@fnhk.cz

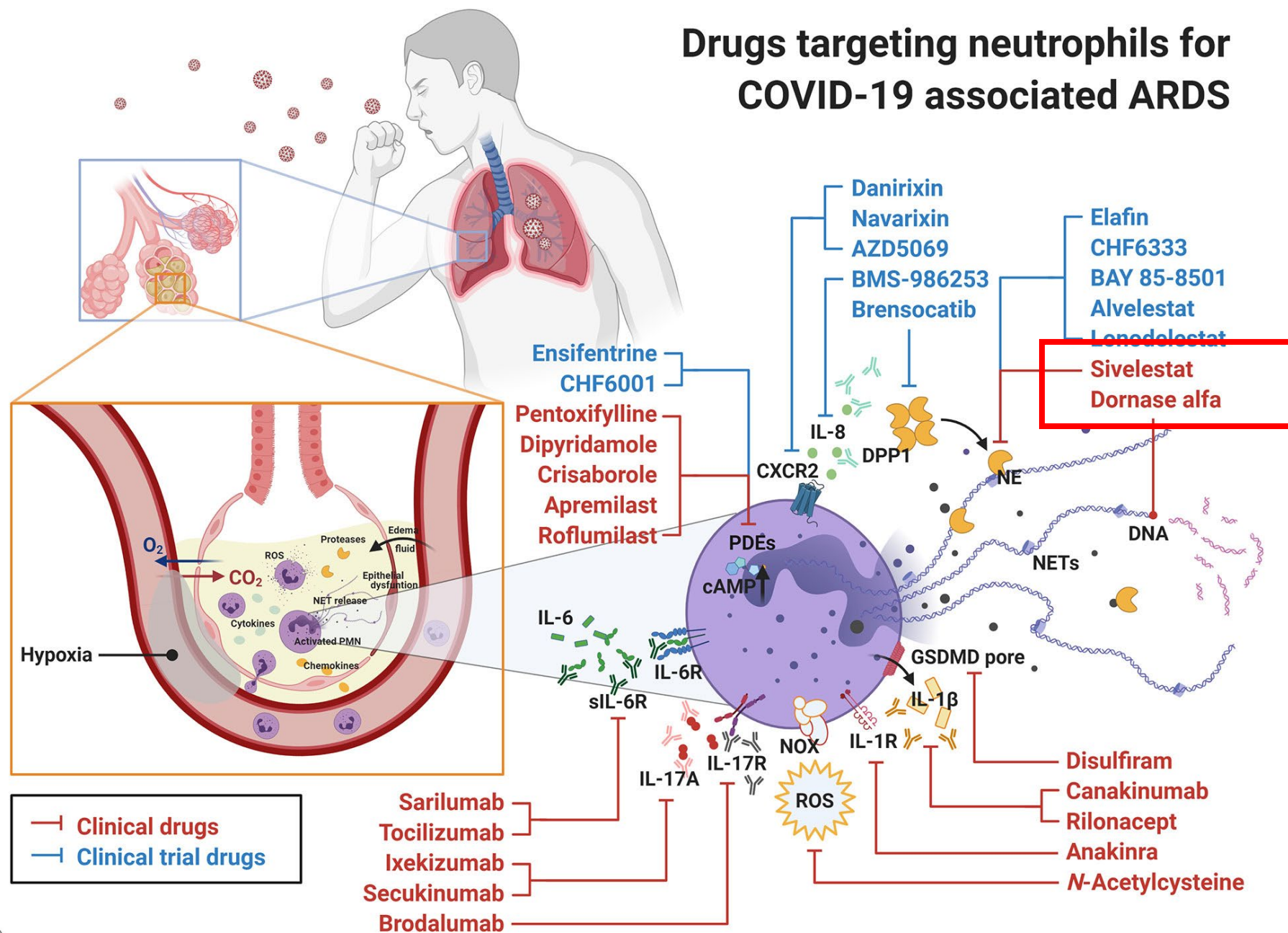


$$\text{Fluid Flow} = K [(H_{cp} - H_{ip}) - \sigma (O_{cp} - O_{ip})]$$





Drugs targeting neutrophils for COVID-19 associated ARDS



Sivelestat



Effect of sivelestat sodium in patients with acute lung injury or acute respiratory distress syndrome: a meta-analysis of randomized controlled trials

Shenglan Pu¹, Daoxin Wang^{1*}, Daishun Liu², Yan Zhao¹, Di Qi¹, Jing He¹ and Guoqi Zhou¹

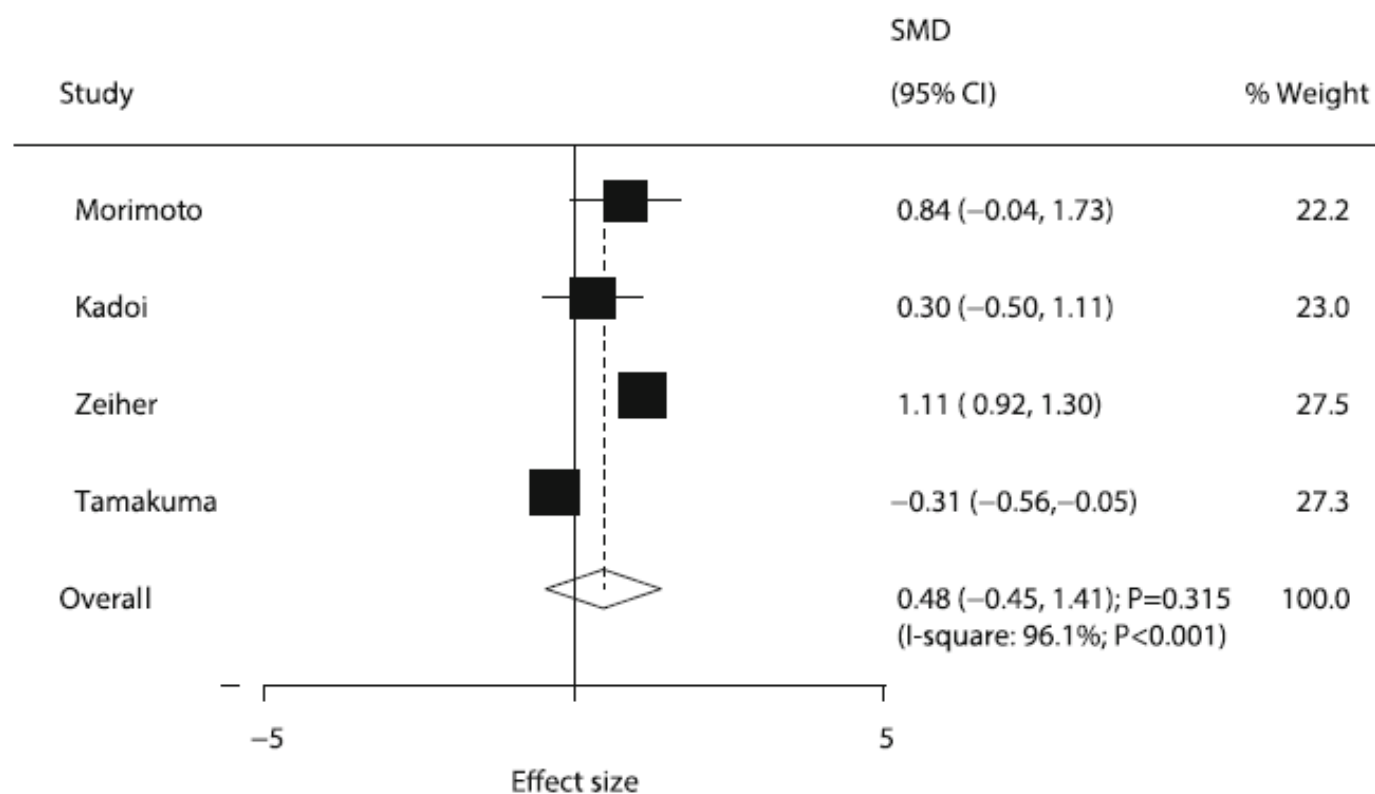


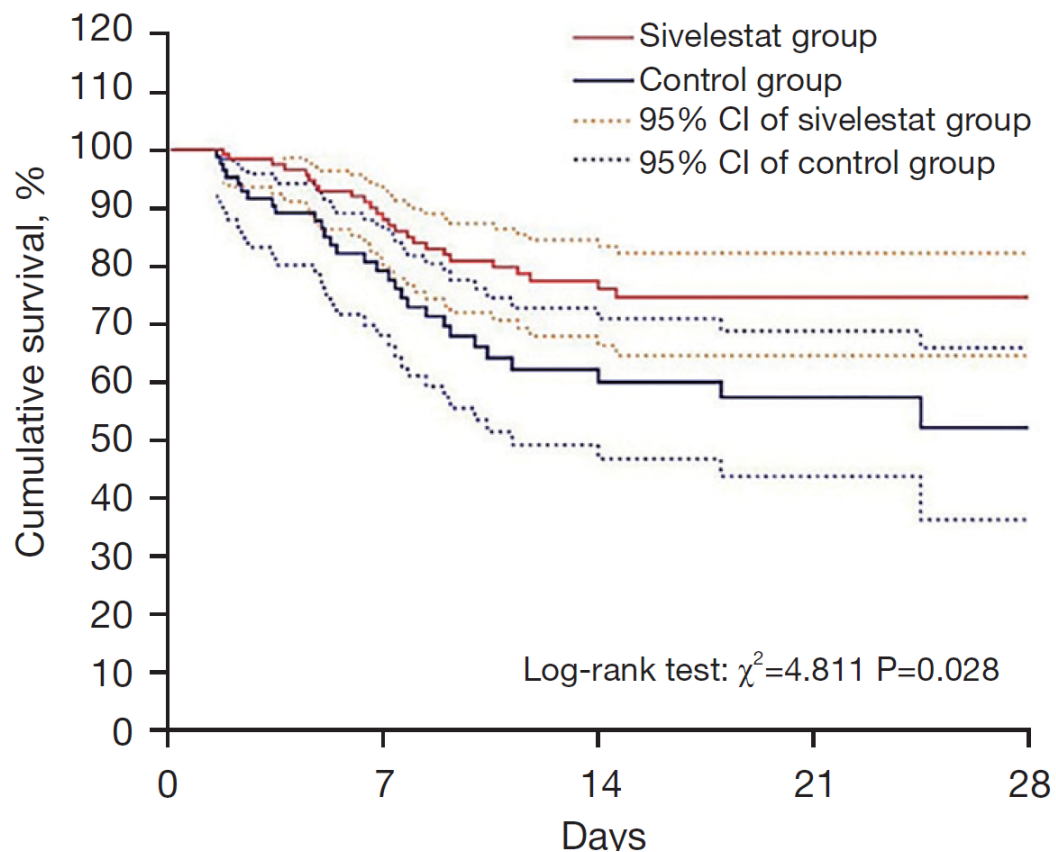
Fig. 4 Effect of sivelestat therapy on $\text{PaO}_2/\text{FiO}_2$



41 Sivelestat (Elaspol) has been approved for clinical use in Japan and the Republic of Korea.

Sivelestat improves clinical outcomes and decreases ventilator-associated lung injury in children with acute respiratory distress syndrome: a retrospective cohort study

Yi Wang^{1,2#}, Min Wang^{2#}, Hua Zhang², Ying Wang², Yanqiang Du², Zhangyan Guo², Le Ma², Yong Zhou², Huiping Zhang³, Li Liu¹

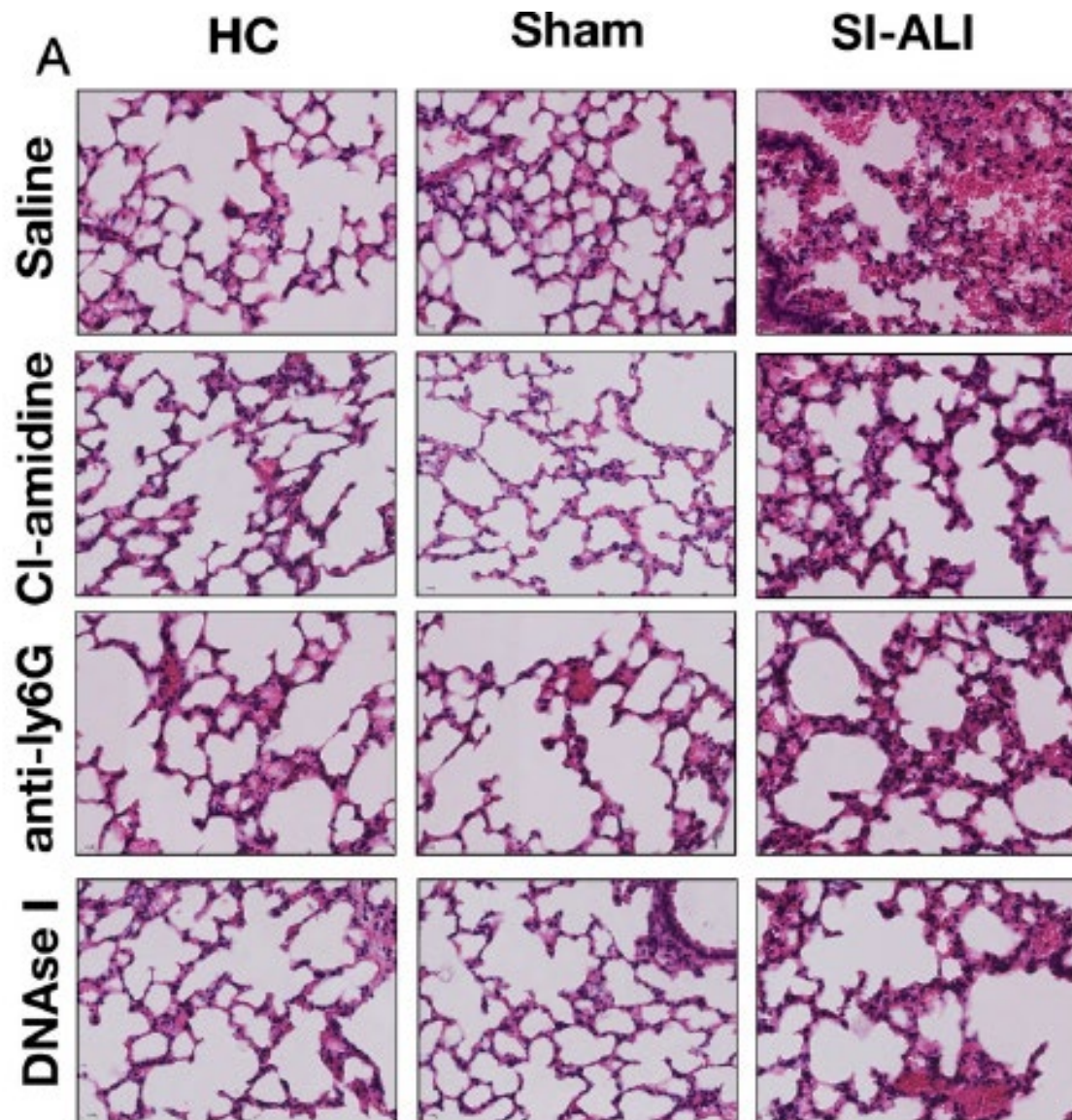


DNAse



Neutrophil extracellular traps mediate m⁶A modification and regulates sepsis-associated acute lung injury by activating ferroptosis in alveolar epithelial cells

Hao Zhang, MD, PhD^{1,3,11*}; Jinlong Liu, PhD^{2*}; Yilu Zhou^{8*}; Mengdi Qu, PhD¹; Yanghanzhao Wang, MD¹; Kefang Guo, MD, PhD¹; Ruling Shen, PhD⁷; Zhirong Sun, MD, PhD⁴; Juan P. Cata, MD^{5,6}; Shuofei Yang, MD, PhD¹⁰; Wankun Chen, MD, PhD^{1,2,9} and Changhong Miao, MD, PhD^{1,3,9,11}



Inhibition of NETs formation

Neutrophil depletion

NETs degradation

NETs contribute to the progression of sepsis-associated ALI by inducing ferroptosis in alveolar epithelial cells

NETs promote METTL3 upregulation by activating the TLR9/MyD88/NF- κ B pathway in alveolar epithelial cells

METTL3 knockout inhibits NETs-induced ferroptosis in alveolar epithelial cells and protects mice against sepsis-associated ALI

International Journal of Biological Sciences

2022; 18(8): 3337-3357. doi: 10.7150/ijbs.69141

Nebulized in-line endotracheal dornase alfa and albuterol administered to mechanically ventilated COVID-19 patients: a case series

Andrew G. Weber¹, Alice S. Chau², Mikala Egeblad^{3*}, Betsy J. Barnes^{4*}  and Tobias Janowitz^{3,5}

Pulmozyme

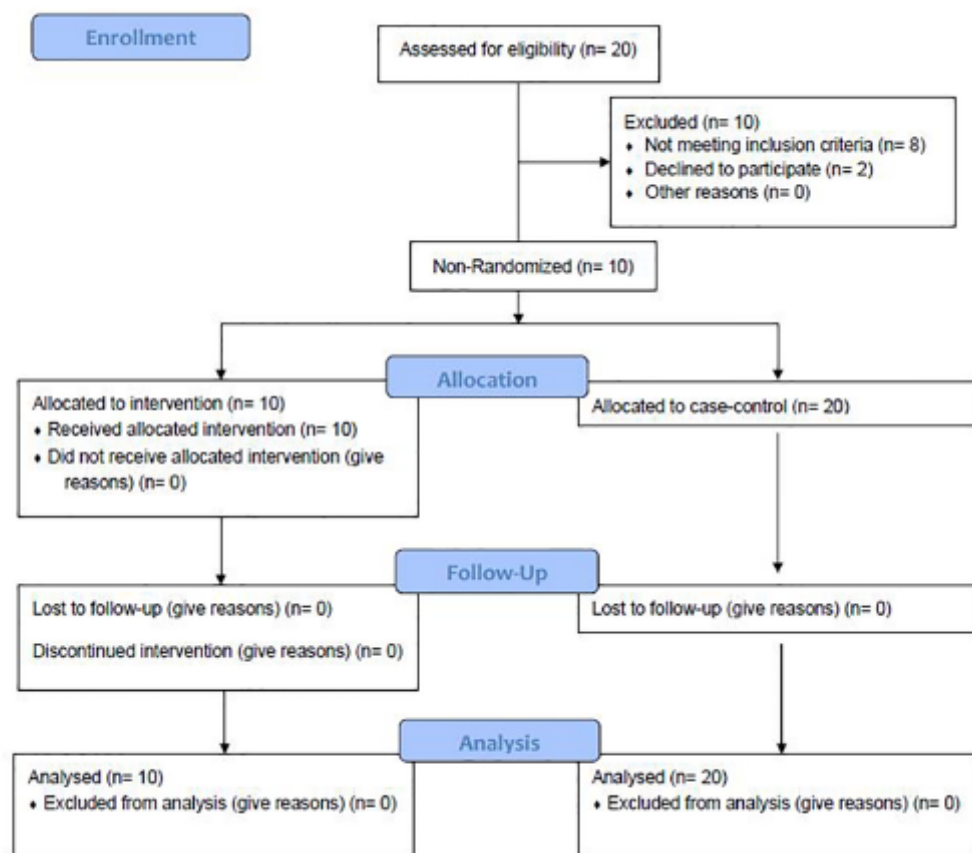
mands. All patients received the same treatment doses: nebulized dornase alfa (2.5 mg) co-administered twice daily with the short-acting β_2 -agonist albuterol (2.5 mg) to improve delivery to the alveoli (referred to as nDA + A). Of note, β_2 -adrenoreceptor agonism may also inhibit NET formation by direct action on neutrophils (Marino et al. 2018). The treatment was administered with an Aerogen® Solo in-line nebulizer to avoid open aerosol generation, which would place staff at risk of exposure to SARS-CoV-2.



Patients in the treatment group received nebulized dornase alfa (2.5mL) via vibrating mesh through the ventilator circuit twice daily for three days after enrollment. Control group patients

Non-Randomized Trial of Dornase Alfa for Acute Respiratory Distress Syndrome Secondary to Covid-19

Zachary M. Holliday^{1*}, Alexander P. Earhart², Mohammed M. Alnijoumi¹, Armin Kravac¹, Lee-Ann H. Allen³ and Adam G. Schrum^{3,4,5}



Δ Lung compliance from Day 0
(95% CI)

Day 1 (mL/cmH ₂ O)	-4.2 to 3.9	-1.7 to 7.9	0.28
Day 2	-3.1 to 2.3	-1 to 9	0.08
Day 3	-9.8 to -1.6	-0.8 to 13.3	<0.01
Day 4	-9.4 to -1.8	-3.2 to 11.3	<0.01
Day 5	-8.4 to -1.3	-1.8 to 16.6	<0.01
Day 14	-17.9 to -2.4	-16.3 to 17.8	0.09

Δ PEEP from Day 0 (95% CI)

Day 1 (cmH ₂ O)	-0.7 to 1.7	-0.8 to 1.2	0.74
Day 2	-0.8 to 1.7	-1.7 to 0.9	0.34
Day 3	-1.1 to 2.4	-3.1 to 1.3	0.27
Day 4	-1.6 to 2.2	-4.5 to 1.6	0.28
Day 5	-1.4 to 3.1	-5.5 to 2	0.19
Days on Mechanical Ventilation*	18.2 (8-38)	15.2 (5-29)	0.47
Days in ICU*	22.1 (11-47)	16.5 (7-30)	0.23
Days of Hospitalization*	28.7 (15-60)	22.5 (8-52)	0.61
Secondary Pulmonary Infections**	5 (25%)	3 (30%)	0.78
Mortality, 28-day**	9 (45%)	4 (40%)	0.8
Mortality, 90-day**	11 (55%)	4 (40%)	0.46

Aerosolized Dornase Alfa (DNase I) for the Treatment of Severe Respiratory Failure in COVID-19: A Randomized Controlled Trial

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