# Visual Patient Avatar

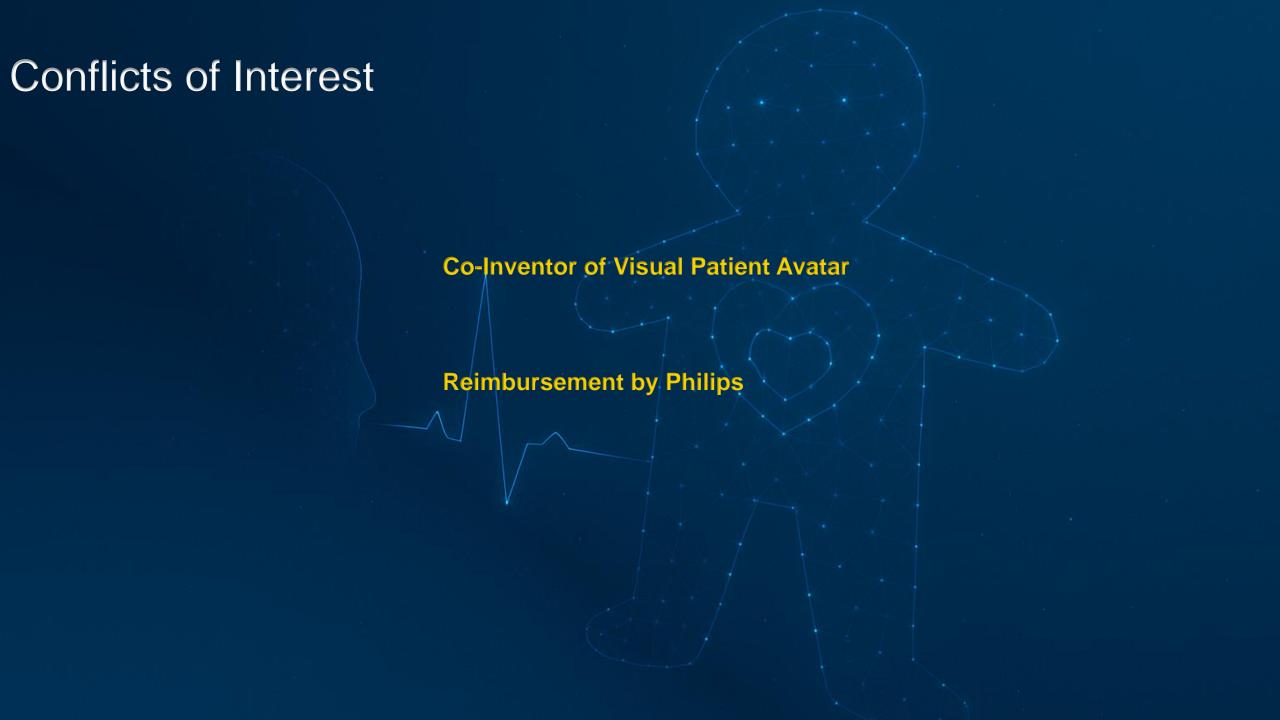
More Than Just a Nice Picture on the Screen

PD Dr. med. Tadzio Roche MD

Visualization Technology Research Group Institute of Anaesthesiology and Perioperative Medicine University Hospital Zurich, Zurich, Switzerland

31st Congress ČSARIM Prague – October 10 2025





## Agenda Visual Patient Avatar

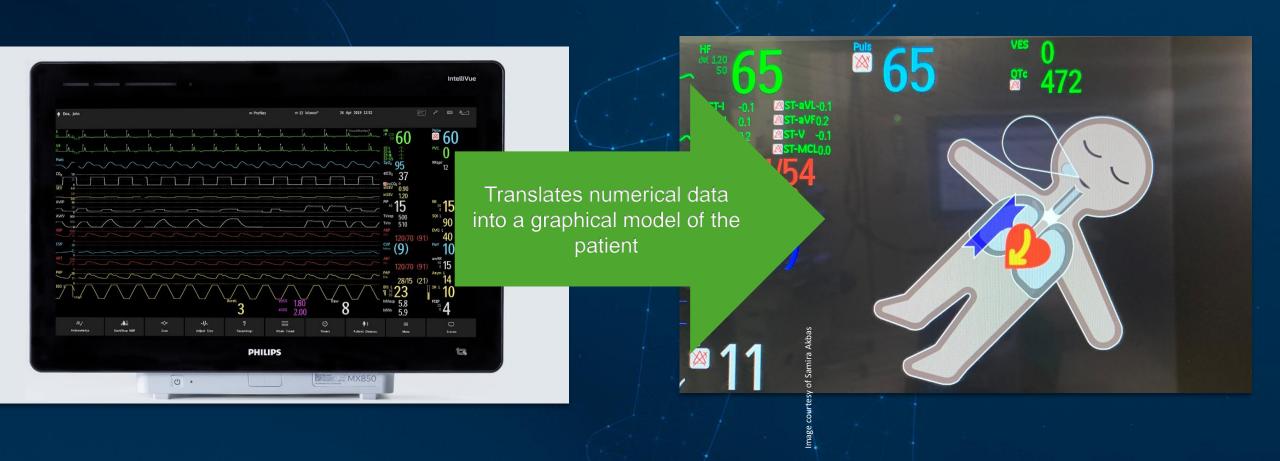
**Visual Patient Avatar** 

**Situation Awareness and Patient Safety** 

Clinical Reality and User-centred Design

Research evidence

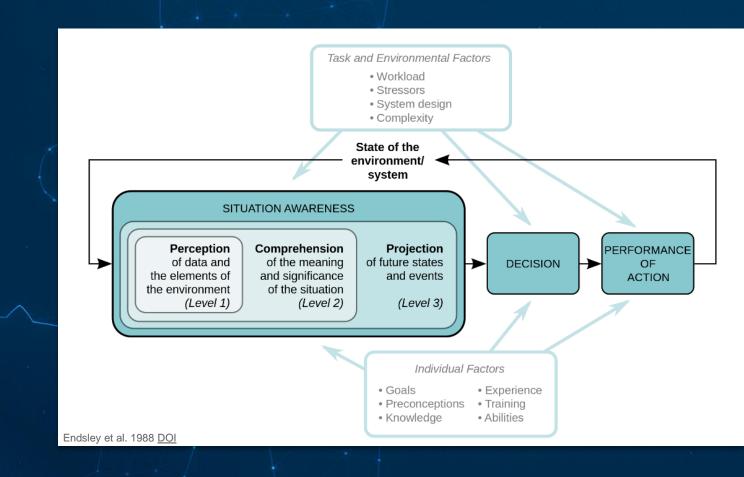
#### Visual Patient Avatar



#### Situation Awareness and Patient Safety

Situation Awareness means being aware of what is happening around you and understanding what that information means to you now and in the near future.

Endsley et al. 1988 DOI Schulz et al., Anesthesiology 2013 DOI



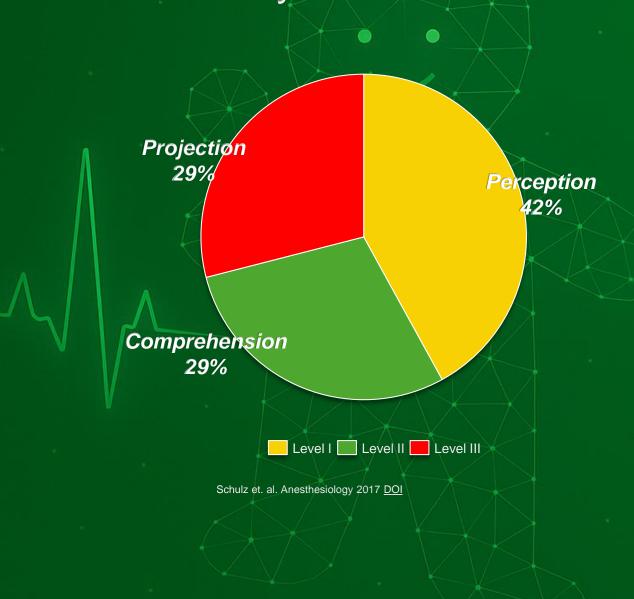
#### Situation Awareness and Patient Safety

Situation awareness failures cause 88% of aviation accidents.

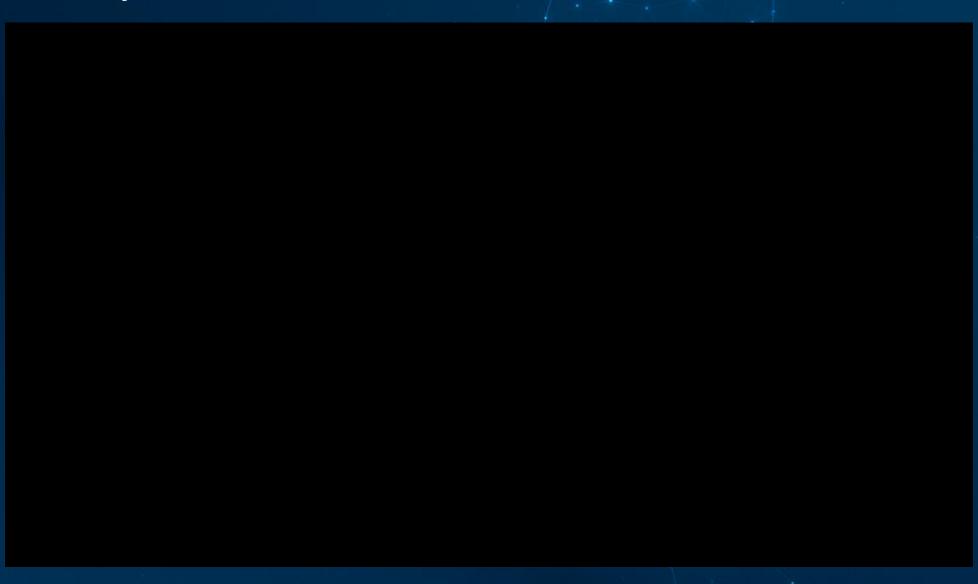
Endsley et al. 1995 DOI, FAA 2023 LINK

Situation awareness failures cause 80% of anesthesia and intensive care incidents.

Schulz et. al. BMCA 2016 <u>DOI</u>, Schulz et. al Anesthesiology 2017 <u>DOI</u>

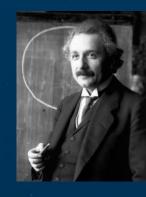


# Clinical Reality



#### Clinical Reality





#### **Information Overload**

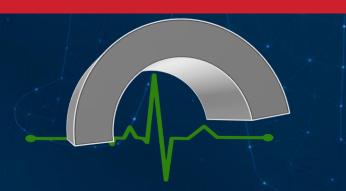
- Many data streams
- Complex and dynamic
- Growing number of param

More data ≠ more information



# Interplay of System Factors

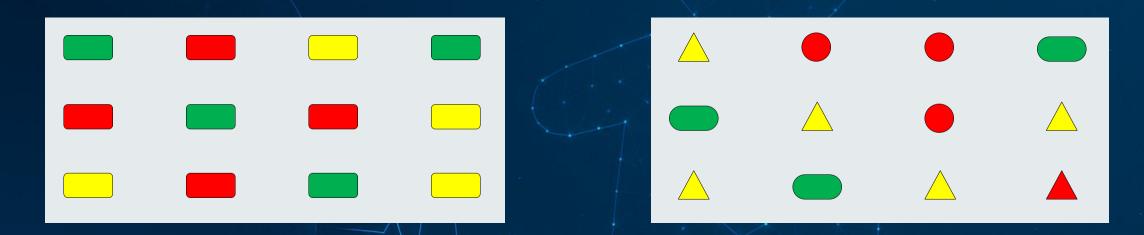
Workload, fatigue, distractions, and other stressors



Humans can only remember 7 +/- 2 numbers in short term memory

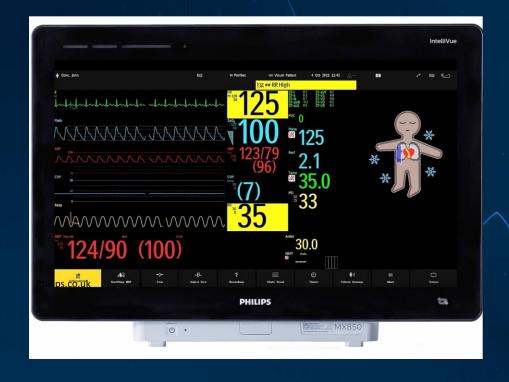
Miller et al. 1956 <u>LINK</u>

#### Read the colors



YELLOW RED GREEN YELLOW
RED GREEN RED
YELLOW RED GREEN RED

#### Improve Situation Awareness



#### User-centred interface design

Passing on **relevant** information to users as **quickly** as possible with as **little cognitive effort** as possible.

## Visual Patient Avatar History



2000



Revolutionized aviation industry in < 20 years

improves patient monitoring



2025



Research Evidence: Visual Patient Avatar

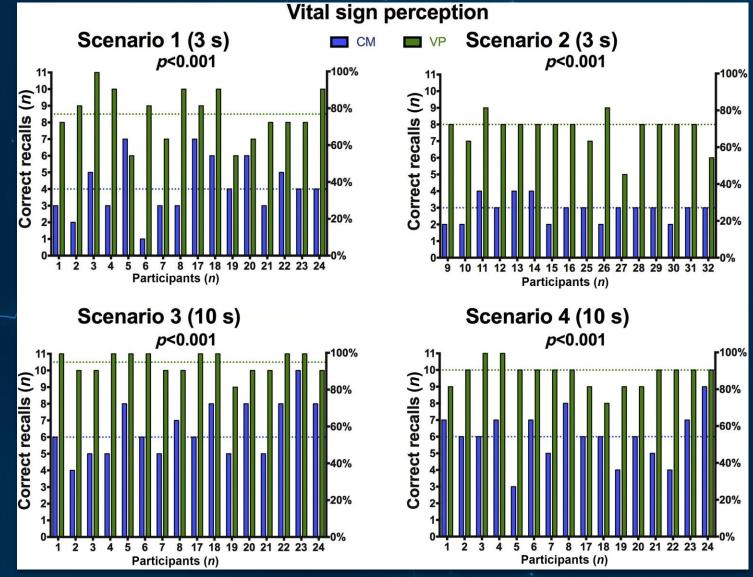
- Better vital sign perception
- Reduced workload
- Enhanced diagnostic confidence
- Improved team communication

Visit visualpatient.org

#### Better Vital sign perception



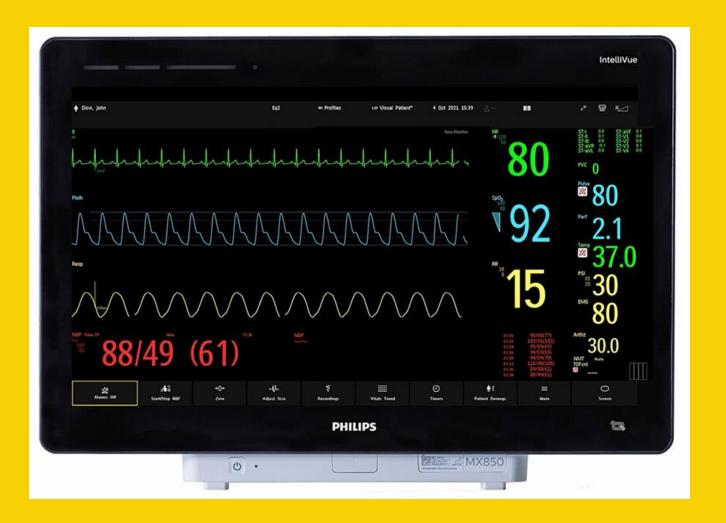




#### Live Demo

00.00.00

Desaturation = SpO2 < 90%



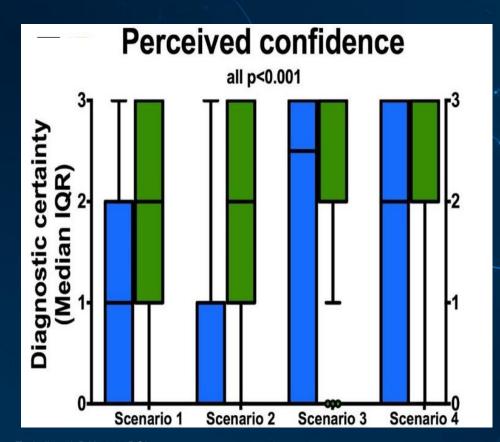
#### Live Demo

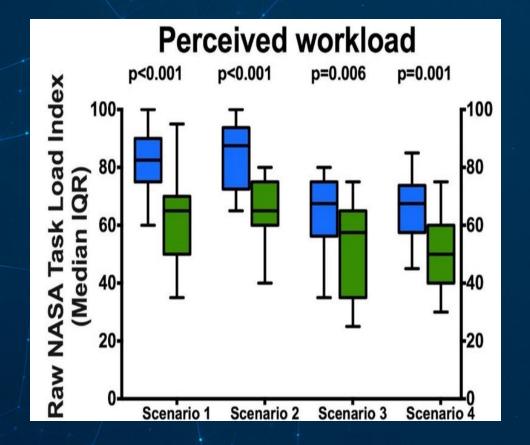
00:00.00

Desaturation = SpO2 < 90%



#### Reduced Workload and Enhanced Diagnostic Confidence





Tscholl et al. BJA 2018 DOI

## Improved team communication



(HR 1.78; 95% CI 1.13-2.81; P = 0.012)

Roche et al. BJA. 2021. DOI

#### Visual Patient Avatar Real-Life Implementation

- University Hospital Zurich, Switzerland (Newsweek Global Hospital Ranking 2024 #10)
- University Hospital Heidelberg, **Germany** (Newsweek #15)
- Vienna General Hospital, Austria (Newsweek #27)
- Oslo Universitetssykehus, Norway (Newsweek # 29)
- New York Presbyterian Hospital, **USA** (Newsweek #55).







#### Visual Patient Avatar Real-Life Implementation

New York-Presbyterian Weill Cornell Medical Center, NY, USA



#### Take home massage Visual Patient Avatar

- User-initiated development of situation awareness tool
- Translates numerical data into an intuitive patient avatar
- Better vital sign perception
- Reduced workload
- Enhanced diagnostic confidence
- Improved team communication

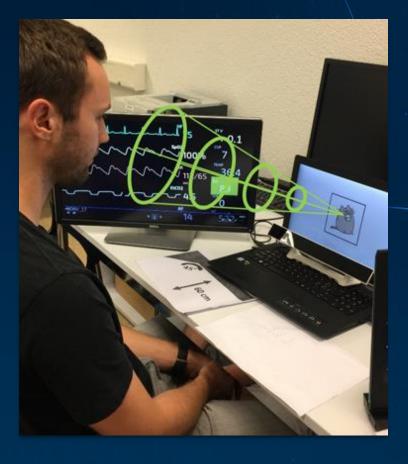
Performance

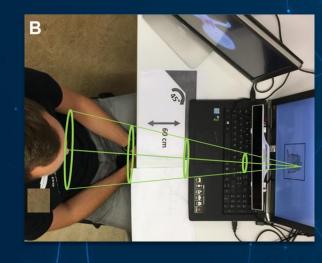
**Decision-Making** 

**Situation Awareness** 

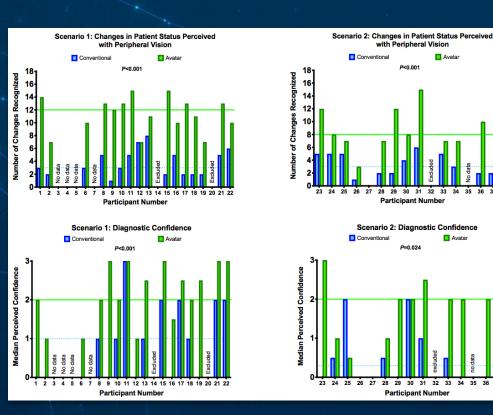
Thank you very much for your attention 🛝

#### Situation Awareness Evidence: Peripheral Vision









Pfarr et al. JMIR 2019 DOI

50° 5′ 11″ N, 14° 24′ 43″ O

#### Real-life feedback: Positive user perceptions and areas for improvement

Three user feedback studies:

Lunkiewicz et al. Children. 2022. Hunn et al. Bioengineering. 2024 Radavicute et al. Nature Sci Rep. 2024



- Quick overview & rapid problem identification: Helps providers identify issues faster.
- Increases confidence & reduces perceived workload:
   Reduces decision-making uncertainty.
- Positive reception in pediatric anesthesia:
  - Children & parents respond positively to the avatar.
  - Helps comfort children during anesthesia induction.

#### Areas for Improvement:

More options to customize visualization thresholds

## Multiple Patient Monitoring: Better Vital sign perception

